

## ***Vitamin & Testosterone Consultations for Men***

### Payment Policies

When I started my practice I wanted to continue my lifelong commitment of providing personalized care. To achieve this I schedule longer appointment times for my patients. These are our payment policies:

- ✓ We only accept cash, credit or debit.
- ✓ We do not participate with any insurance company for men's consultations.
- ✓ Your insurance will not accept our receipt to reimburse you later.
- ✓ Full consultation fee is due at appointment check in.
- ✓ \$50 is due when scheduling each appointment. This fee is non-refundable, but counts as a deposit towards the price of the scheduled appointment.
- ✓ Blood work is usually covered by your insurance, but may not be, as plans vary.
- ✓ Saliva testing is not covered by insurance.
- ✓ Our payment policies are final and non-negotiable.

We truly look forward to working with you as you seek to improve your health and wellness.

We're excited you've chosen us.

Lisa J. Roberts, CNM  
Jewell's Naturals  
18 Haggerty Lane, Suite 103, Staunton, VA 24401  
540-414-8585

# Vitamin & Testosterone Consultations for Men

## 540-414-8585

We look forward to working with you and helping you achieve optimum health & wellness.

Lisa J. Roberts, CNM  
18 Haggerty Lane, Suite 103  
Staunton, VA 24401



## ***Vitamin & Testosterone Consultations for Men***

I have received many requests to provide advice to men regarding their vitamins and testosterone. With your encouragement I pursued advanced education to provide consultations for men. At this time I will be offering recommendations based on history taking, symptom review, and lab work as follows:

### **First appointment:**

- Medical and lifestyle history
- Review of symptoms
- Review of all lab work for past 1-2 years – please bring copies with you to the appointment
- Education on vitamins & testosterone
- Recommendations for initial blood and saliva testing
  - Time – 50 minutes
  - Cost - \$150.00

### **Second appointment:**

- Symptom and lab result analysis
- Review of lab work with you including copies of your reports
- Individualized recommendations with understandable and practical written instructions developed with you
- Recommendations for follow up lab work
  - Time – 50 minutes
  - Cost - \$150.00

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### **Third/additional follow up appointments (as needed):**

- Symptom and lab analysis
- Evaluation of response to treatment
- Review of lab work with you, copies of your reports
- Recommendations individualized for you with explanations and education
  - Time – 15-25 minutes
  - Cost - \$75.00

### **You will be responsible for:**

- ✓ Yearly physical exam with your primary health care provider (PCP) including prostate exam.
- ✓ Any prescription medications recommended during the Consultation will require an appointment and discussion with your PCP for them to prescribe.

Some PCP's will be comfortable with this process and for some it may be new. It will be important for you to have open communication with them about your health care goals and how they can help you achieve them.

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