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SOPHIA'S

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CATERING



*Serving all of Northern Virginia and  
Washington, DC*

703.847.9700

ORDER ONLINE  
[www.sophiascafecatering.com](http://www.sophiascafecatering.com).

• BREAKFAST •



COLD BREAKFAST

Assorted Breakfast Pastries/Muffins.....	\$3.95
<i>add fruit salad</i> .....	\$6.95
Assorted Bagels/Cream Cheese/Jelly .....	\$3.50
<i>add fruit salad</i> .....	\$6.50
Assorted Breakfast Pastries/Muffins/Bagels.....	\$3.95
<i>add fruit salad</i> .....	\$6.95
Individual Cereal with Milk .....	\$3.45
Yogurt Parfaits.....	\$4.25
Fruit Salad Bowl.....	\$3.95
Fresh Fruit Platter .....	\$3.95

HOT BREAKFAST

Breakfast Sandwiches.....	\$4.95
<i>Assortment of egg &amp; cheese, bacon &amp; cheese, sausage, egg &amp; cheese, ham, egg &amp; cheese, on English muffins &amp; croissants</i>	
Breakfast Burrito .....	\$5.95
<i>Flour tortilla, eggs, potatoes, sausage, cheddar cheese, salsa on the side</i>	
Breakfast Strata (10-12 people).....	\$49.95
<i>Brioche bread, eggs, cheddar cheese, choice of three (3) fillings: Bacon, sausage, ham, mushrooms, tomatoes, spinach, onions, green peppers</i>	
Breakfast Buffet.....	\$8.95
<i>Scrambled eggs, home fries, croissants, choice of turkey bacon, sausage or bacon</i>	

• SANDWICHES •



Sandwich Platter (Assorted Breads).....	\$6.95	
Sandwich Platter (Assorted Breads).....	\$9.95	
<i>with chips &amp; cookies</i>		
Wrap Platter.....	\$7.50	
Sub Platter .....	\$7.75	
Add Chips.....	\$1.05	
Boxed Lunches.....	\$11.95 per person	
<i>Select any sandwich from the list below. Includes chips, cookie and soda or bottled water.</i>		
Turkey & Cheese	Chicken Salad	Italian Cold Cut
Roast Beef & Cheese	Tuna Salad	Vegetarian Wrap
Virginia Ham & Cheese	Grilled Chicken Breast	

*\*Specialty sandwiches available upon request.*

• RECEPTION MENU •



*Medium feeds 15-20; Large feeds 30-35*

*Medium/Large*

Cheese Platter.....	\$60.00/95.00
<i>Domestic and imported cheese &amp; crackers</i>	
Veggie Platter.....	\$35.00/65.00
<i>Hand-cut seasonal vegetables with ranch dipping sauce</i>	
Shrimp Platter.....	\$70.00/150.00
<i>Large shrimp, cocktail sauce, lemons</i>	
Antipasto Platter .....	\$60.00/100.00
<i>Assortment of meats, olives, marinated vegetables, pickles &amp; cheese</i>	

Medium/Large

Chicken Quesadilla .....	\$40.00/70.00
<i>Grilled chicken, cheddar-jack cheese, grilled peppers &amp; onions, sour cream and salsa</i>	
Meatballs.....	\$40.00/70.00
<i>Oven-baked with choice of BBQ sauce or sweet 'n sour sauce</i>	
Hummus.....	\$25.00/50.00
<i>Served with pita chips, carrots and celery</i>	
Marinated Antipasto Skewers .....	\$50.00/85.00
<i>Salami, grape tomatoes, kalamata olives, mozzarella cheese, artichokes</i>	
Indonesian Chicken Sate .....	\$40.00/70.00
<i>with spicy peanut sauce</i>	
Crab Cake Balls .....	\$50.00/85.00
<i>with remoulade</i>	
Wing Platter (40/80) .....	\$50.00/90.00
<i>Mild or spicy / ranch or blue cheese</i>	
English Cucumber Cup.....	\$40.00/70.00
<i>Curry chicken salad / sprout threads</i>	
Puff Pastry Pizza.....	\$35.00/65.00
<i>Roasted red peppers and mozzarella</i>	
Tomato Caprese Skewers .....	\$40.00/70.00
<i>Grape tomatoes, mini mozzarella, basil and balsamic reduction</i>	
Corn & Edamame Quesadilla.....	\$50.00/85.00
<i>Poblano, red peppers and jalapeno jack cheese</i>	
Wild Mushroom & Artisan Cheese Tart.....	\$40.00/70.00
<i>Seasoned mushrooms, mozzarella and a hint of brandy</i>	
Grilled Cheese with Brie and Granny Smith Apple.....	\$45.00/80.00
<i>Served on petit bread with house made honey mustard</i>	
Beef Short Rib Mini Panini.....	\$45.00/80.00
<i>Braised beef with creamy fontina cheese</i>	

• BBQ BUFFET PLATTERS •



Minimum order: 15 people

Pulled Pork or Chicken .....	\$15.95
<i>Baked beans, mac 'n cheese, cole slaw and corn bread</i>	
4th of July.....	\$16.95
<i>Certified angus beef burgers, kosher hot dogs, potato salad, cole slaw, baked beans, rolls</i>	

• PASTA BUFFET •



Choice of garden or caesar salad; dinner rolls

Lasagna/Meat Sauce.....	\$12.95
Vegetable Lasagna.....	\$12.95
Baked Ziti – Meat Sauce or Marinara.....	\$11.95
Chicken Française .....	\$13.95
Spaghetti with Meatballs.....	\$11.95
Fettuccini Alfredo with Chicken & Broccoli .....	\$13.95
Penne Bolognese.....	\$12.95
<i>Penne tossed with meat sauce</i>	
Penne Pomodoro.....	\$11.95
<i>Penne tossed with marinara</i>	

• HOT BUFFET PLATTERS •



*Served with farm fresh vegetables, garden or caesar salad, rolls, choice of roasted potatoes, mashed potatoes or rice*

Grilled Atlantic Salmon.....	\$14.95
Petit Filet Mignon.....	\$17.95
Oven Roasted Mediterranean Chicken.....	\$13.95
Sautéed Boneless Chicken Paillard .....	\$13.95
Slow Roasted Prime Rib .....	\$16.95
Grilled Tuscan Chicken Medallions.....	\$13.95
Grilled Rosemary Chicken Breast .....	\$13.95
Roasted Sliced Turkey Breast.....	\$12.95
Chicken Cordon Bleu.....	\$14.95
Grilled Center Cut Pork Chops .....	\$14.95
Baked Tuna Filets.....	\$14.95
Maryland Crab Cakes .....	\$16.95
Chicken Kabobs.....	\$13.95
Grilled Bistro Tenders.....	\$14.95
Lemon & Herb Tilapia .....	\$12.95

• SIDES •



*(\$3 per person) | Minimum Order: 10 people*

Greek Pasta Salad	Potato Salad
Cole Slaw	Roasted Farm Vegetables
Cucumber/Tomato/Feta/Red Onion/Vinaigrette	
Gathered Greens Salad	Greek Salad
Caesar Salad	Garden Salad

*Add grilled chicken breast to any salad, \$4.00 per person*

• BEVERAGES •



Coffee Service.....	\$30.00
<i>One gallon airport</i>	
Hot Tea Service .....	\$1.95
<i>Assorted teas</i>	
Assorted Juices .....	\$1.95
Assorted Soft Drinks.....	\$1.75
San Pellegrino.....	\$1.95
Bottled Water.....	\$1.75

• DESSERTS •



Fresh Baked Cookies.....	\$1.95
Brownie & Bar Tray.....	\$3.95
Brownie & Cookie Tray.....	\$3.85
Gourmet Cakes.....	\$4.95
Fresh Baked Cupcakes .....	\$2.95



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