



**LA District Educators
Reba and Jim Berry**

**Hey Lou-zee-Anna!
How you Doin'?**



If you don't use it, you'll lose it! Have you ever heard this quote? How true this is with many things. I am afraid because of this "dadgumm" Covid-19 I am going to lose some riding skills, strength of relationships and a decrease in my GWRRA participation. I heard a statement the other day that when "normal" returns, our churches can expect their attendance to remain around the 50% level because of the stay at home habits that we have built over the last several months. We cannot let this happen to our churches and we should not let this happen to our Gold Wing Chapters.

From a Directors' Meeting earlier this month, we learned that some chapters are still riding and having socially distanced gatherings. Some have not gotten together at all since the lock down commenced and several are in-between. At the "Let's Ride" event in June we had representatives from only 3 of the 6 chapters involved. 11 of the 14 participants were from 1 chapter. I know it is scary to get out and mix it up in the community, especially since most of us are in the most vulnerable list. Is there some way we can stay socially connected with our chapter and totally safe at the same time? Well, how about the following GWRRA modules over ZOOM for your next chapter gathering:

Personal and Social Training

1. Road Trippin' - Any kind of trip, not just motorcycle. I'm sure there will be many ideas shared about travel under current conditions.
2. Bee Smart, Train Your Brain - This is a really fun module directed at keeping our brains from going to mush.
3. Stress Management - Feeling any stress these days?
4. Email Etiquette - I know we are all on email these days more than usual. Can you use some professional advice?

Rider Training

1. Co-Rider - I am sending your Chapter Director a listing of all expired and going to expire in 2020 co-riders. I will be happy to schedule as many training sessions as we need. Let your CD know you want to schedule a date and have him give me a call.
2. Team Riding - This would be a great module for a chapter gathering. When we do start group riding again, this will be very beneficial.

Your District Team is just "chomping at the bit" to present one of these training modules.

Here is another gathering idea. Why not a ZOOM ice cream social? Everyone attend a ZOOM meeting with their favorite bowl of ice cream. Who will have the largest bowl, most flavors, most toppings and who will have fat free or no sugar added?



Jim and Reba