

Zinc Picolinate



Clinical Applications

- Support healthy immune function*
- Support optimal wellness*

Zinc is an essential mineral which is second only to iron as the most plentiful trace element in the body. Zinc picolinate is a highly bioavailable form of the mineral.*

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

If there was a super mineral, then zinc would be a contender.

Zinc is an essential micronutrient that is crucial to more than 200 enzymatic reactions and plays a key role in growth, immune function, testosterone metabolism, and numerous other functions in your body.*

Clinical studies demonstrate zinc supplementation can increase general wellness, and that it has a beneficial impact on connective tissue, as well as reproductive and eye health.*

Benefits of Zinc supplement:

- Zinc is necessary for the development and function of the cells related to our immune response*
- Essential for activation of a certain group of white blood cells – called T-lymphocytes (T-cells) – that moderate the body's inflammatory response during times of immune stress*
- Studies have found that the antioxidant-promoting properties of zinc help mitigate oxidative stress – a process that damages cells and tissues and can lead to several chronic health conditions*
- Promotes healthy skin and eyes*
- Needed to support the body's normal production of testosterone, a hormone essential for promoting lean muscle mass*

Zinc can inhibit the absorption of copper. Long-term zinc supplementation should include copper. It's why our formula includes Copper.

Supplement Facts	
Serving Size: 1 Capsule	
Amount Per Serving	% Daily Value
Zinc (as zinc picolinate)	30 mg 200%
Copper (as copper gluconate and sodium copper chlorophyllin)	2 mg 100%
Pea Powder	100 mg *
Millet Flour	50 mg **
Lentil Powder	50 mg **
Chlorophyll (as sodium copper chlorophyllin)	1 mg *

*Daily Value not established.
Other ingredients: rice flour, gelatin, vegetable lubricant.

Suggested Use: 1 capsule once or twice daily or as directed by a healthcare professional.

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark, DE 19711

Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark, DE 19711

Zinc Picolinate

