



**CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE FOR GRADES 3-12. MENUS ARE SUBJECT TO CHANGE..**



**Nutrition Tip:** August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

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COUNTRY FIRED STEAK  
MASHED POTATOES  
GREEN BEANS  
FRESH FRUIT

TACOS  
CORN  
PEACHES  
BROCCOLI

CHICKEN ALFREDO  
SALAD  
PEARS  
BREAD

FRITO PIE  
CARROT STICKS  
FRUIT SALAD  
RICE KRISPY TREATS

HOT DOG ON BUN  
BAKED BEANS  
APPLESAUCE  
GRAHAM CRACKERS

CHICKEN FAJITAS  
MEXICAN RICE  
REFRIED BEANS  
CORN  
APPLES

HAMBURGER ON BUN  
OVEN FRIES  
APPLESAUCE  
BROCCOLI

CHICKEN PATTY  
MASHED POTATOES  
SALAD  
FRUIT  
BREAD

BBQ RIB PATTY  
BAKED BEANS  
PEACHES  
RICE KRISPY TREATS  
BREAD

NO SCHOOL TODAY

CORN DOG  
BAKED BEANS  
PEACHES  
OATMEAL COOKIE

SPAGHETTI  
BREAD STICKS  
FRUIT COCKTAIL  
BROCCOLI

PIZZA  
SALAD  
PUDDING  
GRAPES

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