



# May 2015

## May Flowers and much more are Springing!!!

With Spring here we are starting to see some of the beauty for this time of the year. This is so exciting to see creation with all of the beauty of nature. Now is seed planting time of the year. When you stop and think about all of the intricate details and design of the human body, it starts you to think, how do I know what I need to keep it healthy. We are the managers of our bodies. How do we know what we need. I always think about what Dr. Shaklee said—If we don't know what our body needs IT does, give it a smorgasbord of nutrients and let it decide. The testimonials continue to amaze me. This month as we share some more exciting testimonials. If you or a friend could benefit from them, that is how we do our seed planting and you would also be planting with us and watching the beautiful results. It is the time of year to Share.

HAVE A WONDERFUL MONTH. Nina



## Shaklee Cleaners are Amazing!

Scour off smells like that cherry lip balm we used as kids! It's a heavy duty paste (with the H2O magic) that has pulled up SO MUCH DIRT in my house. Spots that scouring pads, steel wool and multiple cleaners could not even begin to remove. It cost me \$8.50 and I would have paid so much more for the power behind it.

-Kath (Mom and Registered Dietician)



## Warts Gone

An acquaintance's 2 1/2 year old had warts for two years and then the warts started spreading to his face. His parents tried everything including freezing and over the counter products. They used Shaklee products "hit & miss". They also tried using Shaklee with other products from the health food store. This went on for a year until I approached the family with a challenge. Use Shaklee products ONLY for one month and if you don't see any results your money will be refunded in full. These are the Shaklee products they used:

- Citriboost 1/2 scoop
- Energizing Soy Protein 2x/day
- Optiflora 1 pearl
- Nutriferon 2/day
- Basic-H applied to warts at night

After 6 weeks ALL the warts (about 30) were COMPLETELY gone. This couple now has a group that is growing fast because of these results and they received their first bonus check last month! T.R.



## Chronic Illness gone... My Son

From newborn on, my son hadn't been off antibiotics for more than 3 weeks at a time. He suffered from bronchitis, pneumonia, sinus infections and a persistent cough. We were told to STOP milk and to add more nutrition to build his immune system. He took higher than normal amounts of Vita Lea (adult), Sustained Release, Vita-C, Carotomax, and OmegaGuard. It was like a miracle! This little boy is now 12 and he hasn't been sick in six years! - C.G.

## Prostate

"I was told about Saw Palmetto and how it could help me with my prostate issue. My daughter told me about Shaklee's Saw Palmetto, so I decided to give it a try. It worked great! I ran out, so I picked up some Saw Palmetto at a Health Food store since I was a big believer that all supplements are created equal. A few days after starting on the new brand of Saw Palmetto, I noticed my symptoms returned. When my daughter asked me how I was doing, I asked her to order more Shaklee Saw Palmetto for me. Once I was on it, again my problem went away! That sure made me see the "Shaklee Difference" and I will stick with Shaklee from now on."  
- John L

## Thyroid and Diabetic Issues!

Several years ago, I was introduced to nutritional products and began using Shaklee! I was somewhat sporadic as I did not think I had a strong reason to use the products on a regular basis. More recently, I have become CONVINCED

that good nutrition within the cells makes all the difference. Here is what has happened:

I was tired, run down, no energy— just not feeling good, so I went to the doctor. I had a thyroid test and a diabetes test; both tests indicated a problem. My doctor suggested that I be retested in a couple of weeks.

I shared the above with my Shaklee person; she asked me about my protein and supplement intake. I informed her I was not taking the protein and supplements. She said, "Gwynne— Gwynne"! So I started taking my Shaklee Protein and Supplements again.

I went back for a retest and all the tests came out okay, indicating I had no problems! I now KNOW the value of Shaklee's protein and supplements for my health.

- Gwynne, Colorado Springs

## NO Antibiotics this year

Jacob is 5 and he's full of energy, but he knows he has to take his vitamins everyday to stay healthy. He doesn't have a runny nose all the time and you should see the muscle's in his arms. He is in preschool three times a week and hasn't had any illness this school year. I can't

believe the difference in Jacob's health compared to Ethan's at this age. It's incredible..Ethan was on antibiotics at least 3-4 times a year.

His supplements:

Vita-Lea Ocean Wonders....two per day  
Soy Protein....at least three times a week.

## Chronic Lymphocytic Leukemia

I have an older friend that has Chronic Lymphocytic Leukemia. There are two types—B cell, which is slow growing and T cell which grows faster. There is treatment for the slower that puts it in remission. But there is no treatment that works well for T cell. Alvin has the T cell. I have been taking thm to the cancer specialist since spring. Every two months at his appointment, his white count had risen. At one of the latter appointments I asked the doctor if interferon was ever used to help stop the disease. He said that's an interesting thought. So I pulled out my pamphlet on Nutiferon... he said that it wouldn't hurt to try. Alvin has taken 3 Nutiferon and 3 Vita C each day for two months.

At his last appointment the doctor was amazed. Alvin's blood levels greatly improved. The doctor said they were right back to where he wanted them. And to keep doing what he was doing and extended his appointments to every three months. We are just thrilled. If you see these results for this type of cancer, maybe other types too.

## Severe Osteoporosis at 27

Whitney, my 27 year old daughter, beautiful and sweet in every way, who happens to be severely disabled, was diagnosed with Osteoporosis (severe) two years ago. Because she is wheelchair bound with no weight bearing exercise, it is of course far too common. My heart was broken for her. Doctors recommended bisphosphonate drugs right away (ie Fosamax, Boniva, Actonel, Reclast), but I resisted. They were concerned and rightly so, about possible spinal fractures, being turned in bed and transferred between bed and wheelchair. So for the last two years I have been focused like a laser beam on her bone health. She has had a lifetime of Shaklee nutrition including two protein shakes per day and gobs of supplements, including Calcium. I decided to increase her Calcium, so along with a serving of OsteoMatrix in the morning along with 5,000-7,000 IU of D3, I added a serving of Chewable Calcium Magnesium in the evening. And of course the gobs of supplements mentioned earlier! Whitney takes the "shelf" including Vivix every day.



A week ago she had a second Bone Density test and I prayed for a miracle. And I believe we received one! Her Z-score went from -4.2 to -2.5!!! Her doctor said she had never seen such an improvement! I was thrilled when doc said she does not need any Recast and to keep doing what I was doing. She said if she can get patients well naturally, that is by far preferable to drugs when so little is known about long term side effects. I so appreciated her honesty and the good news. I couldn't stop smiling all day!

Whitney has a long way to go of course, but with prayer to a loving, provisional God, along with Shaklee nutrition, we are definitely on the right track. - Libby Sanders

## Eczema

"Shortly after her birth, our daughter Reese we noticed a "rash" on the back of her arms, then behind her knees, and suddenly, it appeared on the right side of her face, At her three month check up, our doctor informed us it was eczema, and not to be worried or alarmed. She wrote us a prescription for steroid cream and that was that. While this did put us at ease, her case got worse, especially on her face. I started to research before I filled the prescription. I was mortified!! Some

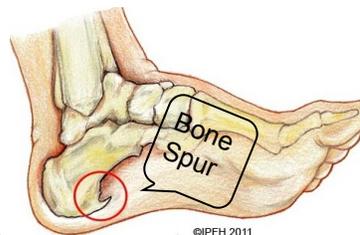


side effects included permanent discoloration to the skin pigments, and could penetrate soft thin skin and get into the blood stream.

I turned to Shaklee. We started giving her the children's vitamins, Alfalfa and Optiflora. We bathed her with Shaklee cleaners and used the Shaklee "Fresh Laundry" liquid. She was 3 1/2 to 4 months when we started this whole process. *Within THREE days, her face was almost completely clear!*

## Bone Spurs - Better With Shaklee

About a year ago, a friend of mine noticed I was limping and asked me what was wrong. I told her I had a bone spur in the middle of my heel on my right foot and it was causing me a great deal of pain. I had gone to the doctor and had three shots of Cortisone within three weeks, but nothing helped, so she preceded to tell me about Shaklee supplements and how they have helped many people, I told her I had been taking vitamins from health food stores for many years and I had always believed in nutrition, but that they hadn't helped with my bone spur.



She then told me about the "Shaklee Difference." How their science, unprecedented testing and careful choice of raw materials and especially their unique processing allows all the nutrients found in nature, but also all the unknowns that aren't discovered yet, to be part of their "food" supplement. She suggested, that just maybe I would get better results with the Shaklee food supplements. She also said that a bone spur is caused by a deficiency of Calcium which causes the body to leach calcium from the bone. She gave me the phone number of Dolores Mauk and I called her and she helped me with a program and within three to four weeks all the pain in my foot was gone and I could walk without limping. That was a year ago and I am still taking the same amounts because I don't want to have any problem with a bone spur again. And I just feel so much better all over. Here is what I am taking:

1 scoop Instant Protein & 1 scoop Meal Shake  
1 Vita-Lea, 2 B, 2 Sustained Release C, 1 E , 4 Alfalfa, 2 Cal-Mag, 2 OsteoMatrix .. all of this 3 times daily ,plus another serving of Alfalfa and Calcium again at bedtime.  
Thank you, Juanita Case

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: Remember Shaklee cures nothing but you :  
: have an amazing body that if given what it :  
: needs your body can heal itself!! We are :  
: making no claims. Not meant to diagnose or :  
: treat. :  
:.....

## Chocolate Strawberry Pecan Walnut Milkshake

- 2 scoops Chocolate Shaklee 180\* Smoothie Mix
  - 6 oz Almond milk or water
  - 1/8 to 1/4 cup of Pecans and Walnuts (grind in a coffee grinder)
  - 1 cup strawberries (frozen)
  - 4-6 ice cubes or as desired
- Blend and enjoy! Suni Ferrer  
Delicious!!! 382 calories



## Neuropathy

I have been diabetic since 1996. I have neuropathy in my legs and feet. On the days at work when I have to be on my feet for 5 hours or more, I would leave here limping because my feet were so swollen I could barely walk. I would have to go home and elevate my feet and legs for an hour or two just to be able to function in the evening.

I started taking VIVIX in 2008 and **within about 3-4 months** I noticed that when I left work - I did not have to go straight home - I could go grocery shopping or run errands and the **pain**

**and swelling was no longer in my feet.** I can't say that the VIVIX gave me more energy per se but rather I describe it as more endurance. I won't go a day without it! Mike F

## Sleep like a Baby

My husband takes Stress Relief before bed and that really helps his system calm down so he can sleep. V Hoover

I take 4 OsteoMatrix about 20 minutes before bed and I sleep soundly. I had insomnia and this was a life saver. Tonya

## Product Highlight ~ OsteoMatrix

\*Reduces the risk of osteoporosis\*

Why Take It ~ OsteoMatrix is the most concentrated and absorbable source of calcium. But everyone needs more than just calcium to build their bones. That is why OsteoMatrix has a specially formulated blend of critical nutrients including the calcium, Vitamins D & K, and magnesium to help build bone density when you're young and minimize bone loss as you age.

Nutrition Alert ~ If you are having signs of osteoporosis/arthritis, poor teeth, menstrual problems, PMS, children with growing pains, or consumption of soft drinks, OsteoMatrix can give your body what it needs to help strengthen it.



Benefits ~ Some benefits of the OsteoMatrix are it builds peak bone density, protects against bone loss in elderly, helps reduce risk of osteoporosis, helps retain normal blood pressure, promotes colon health, and relieves PMS.

Shaklee Difference~ Consumption of just two caplets of OsteoMatrix resulted in statistically significant increases in blood calcium levels as measured over a 12-hour period. For the body to use calcium to build and maintain strong bones, calcium must first be absorbed.

#21217—120 caplets at \$14.25

#21218—360 caplets at \$35.30

At Member Price