



Because no two families are the same...

Parent Solutions

www.PS-CA.com

Name of service: Co-Parenting / Parallel Parenting Class 1 (6 weeks)

Explanation of service: This is a class setting. The class may be co-ed. We also offer the class curriculum on a flexible schedule for privacy and to address individual situations. This class does satisfy the requirement of the court.

The outline includes:

Understanding the difference between Co-parenting and Parallel parenting - be able to identify how you interact with the other parent.

Learn and put into practice the skills of how to exchange information, prepare for visitations, and exchange with positive interaction.

Assertive communication.

Negotiation and tension reduction skills.

Be able to understand common challenges.

Learn to address questions and behaviors of children during this process.

How this works: The co-parenting or parallel parenting classes are held on Saturdays from 12-1 pm. If you cannot meet on Saturday, we have other options for you. Please contact us so we can work with your schedule by calling 408-292-4357. The certificate of completion, handouts, and enrollment are included in the fee to attend the class. All parents must complete intake paperwork before starting the class. You must be enrolled and receive a confirmation letter to participate. The class is maintained at a minimum of 3 and a maximum of 8 participants. This service is recognized by the court.

Note: We have Co-Parenting / Parallel Parenting Class 2 available. In order to sign up for class 2, you must have completed class 1 at any time, with Parent Solutions.

Schedule: Each class is 6 weeks in length on Saturdays from 12-1 pm in San Jose (Individual classes available in Morgan Hill). If you are required to attend more than 6 weeks, please let us know and we can accommodate your needs.

Cost: \$40 per week with a total of \$240

16360 Monterey Road, Suite 270

Morgan Hill, Ca. 95037

408-292-4357

1625 The Alameda, Suite 207

San Jose, Ca. 95126

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Make-up Class: \$60 / week missed

Language: English or Spanish

Availability to begin service: A schedule is available on the website with a new class beginning every 7 weeks.

Required to enroll:

Provide the most current court order and the order for service if any.

Attorney information if applicable.

Complete and return all forms.

Provide at least \$40 to hold your spot in the class. The initial \$40 will be applied to the total cost.

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