



Walk to  
**Emmaus**  
THE UPPER ROOM®

**Central Alabama Emmaus Community**

*the 4th day newsletter*

*March 20, 2012*

**A MESSAGE FROM WALK #145 LAY DIRECTOR**

*As I stood in the green pasture this morning watching a mama cow cleaning her new born calf, I was reminded that this is the time of the year when things come ALIVE. The grass begins to grow, the trees begin to bud and bloom and Nedetria's yard looks like a Botanical Garden. But the greatest thing about spring is the celebration of our risen Lord, Jesus Christ.*

**HE'S ALIVE!!! HALLELUJAH HE'S ALIVE!!!**

*The Pilgrims on Walk #145 will attend Emmaus at such a special time of the year to us as Christians, just prior to Easter. My prayer is their faith and love in Jesus Christ will come ALIVE. I pray they will leave with the understanding and the true meaning of GRACE; that it is underserved but freely given to all who accept him.*

*It has been almost 10 years since my original Walk #54. My life was changed and my faith has continued to bloom and come more ALIVE because of the many people who served on that walk and have since served with me on this journey.*

*Let me take this time to thank you, from the bottom of my heart, for all the love and support my Emmaus family has given me over these years. You have truly blessed me and I have enduring friendships to cherish for eternity.*

*When I think of my Emmaus family I am reminded of the words of Paul in Romans 1:8, "First, I thank my God through Jesus Christ for all of you, because your faith is being reported all over the world".*



**DeColores,  
Frank Talbot  
CAEW #54, Table of Mark**

**Men's Walk #145**

**Mar 21-24**

**Frank Talbot - Lay Director  
Rev. Tony Hughes  
Spiritual Director  
Montgomery Cluster**

**Times To Remember**

**Wednesday 7pm Send-Off  
Friday 7pm Candlelight  
Saturday 7am Serenade  
Saturday 4pm Closing**



**IN THIS ISSUE**

Walk #145 Lay Director.....Page 1  
Walk #145 Spiritual Director ....Page 2  
2012 Walk Dates .....Page 2  
Walk #145 Pilgrim Roster .....Page 3  
Conference Room Team .....Page 4  
Work Area Chairpersons.....Page 4  
2012 CAEC Board.....Page 5  
Cluster Information.....Page 6  
Do You Have a Servants Heart. Page 6  
Progressive Servanthood .....Page 7

## A MESSAGE FROM WALK #145 SPIRITUAL DIRECTOR

CAEW Community,

I don't remember having looked forward to a walk like I have for walk #145. God has been present every step of the way. In bringing the team together, in both team meetings, and the amount of prayers that have been placed before the throne of God. The Holy Spirit has prepared all things for an opportunity for lives to be changed and Jesus to be lifted up.

Please pray that our team will be willing to be led of the Spirit that He might be in complete charge of this walk. My hope is that only God will be glorified and that the men of Walk #145 will go away from Alimisco remembering only the face of Jesus.

Tony Hughes - SD Walk #145

## The Cross of Love

I'm sure as any parent knows it's  
hard to protect a child  
With bumps, bruises and sniffles  
and temperatures running wild.  
If at any time I would gladly take  
the pain  
Letting the little ones carry on with  
all the world to gain.

I'd gladly give my life for the ones  
closest to my heart  
I'd give it all to show them that my  
love will never part.  
A love that strong will never end  
but continues shining through  
Giving to the advantage of what our  
Father feels for you.

He has a love so special that it's  
gone on through the years  
It's constant and it's lasting through  
heartache and through tears.  
The greatest love was shown when  
He went upon the cross  
Dying for our sins that day so we  
would not be lost.

The cross of love stands proudly for  
all the world to see  
He died to save His children  
because He thought of you & me.  
His grace and mercy will remain  
through out the end of days  
Open arms are waiting when you  
decide to come His way.

## 2012 Walk Dates to Remember

Women's Walk #146 Apr 18-21  
Rene' Waldrop - Lay Director  
East Alabama Cluster

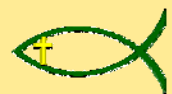
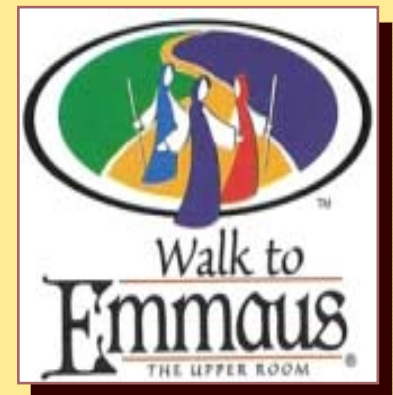
Men's Walk #147 May 16-19  
Mike Whitt - Lay Director  
Valley Cluster

Women's Walk #148 Aug 22-25  
Rita Carswell - Lay Director  
Prattville Cluster

Men's Walk #149 Sept 19-22  
Waldo Edwards - Lay Director  
Elmore Cluster

Women's Walk #150 Oct 17-20  
Lynn Mitchell - Lay Director  
Lake Martin Cluster

For additional Emmaus and Chrysalis information and updates, periodically refer to our website at [www.caew.org](http://www.caew.org)  
*Remember, God equips & gives you the means & strength you need to serve, and bring others to Christ.*



**Agape Needs:**  
**65 of each item for All Walks**



## Sign Up For Emmaus Prayer Vigils

To sign up for a prayer vigil for Emmaus Walks locally and around the world go to:

<http://www.3dayol.org>

click on the walk number on the schedule and look for sign up information.

## Community Prayer Requests

<http://www.caew.org>

## Pilgrims of Men's Walk #145

PIGLRIM		CITY	CHURCH	SPONSOR(S)	
Benjie	Abbott	Clanton	Walnut Creek UM	Tony	Hughes
Allen	Adler	Troy	Park Memorial UMC	Frank	Talbot
Terry	Baker	Opelika	Pine Grove	Tricia & Leslie	Wilkerson
Melvin	Caldwell	Auburn	City Church	Vickie	Cooper
Ken	Chance	Troy	Park Memorial UMC	Frank	Talbot
Thomas	Corum	Montgomery	Eastmont Baptist Church	Jeremiah	Jewell
Tim	Davis	Dadeville	Beulah Baptist	Bill	Hall
Daniel	DeShazo	Auburn	Church of the Highlands	Ted Ray	Bobe
Chuck	DuBose	Dentsville	Deatsville Baptist Church	Cindy	Clem
Keith	Dukes	Opelika	First Baptist Church Opelika	Trinchua	Dukes
Berligh	Edwards	Daphne	Eastern Shore Baptist	David	Edwards
Ken	Edwards	Deatsville	Shoal Creek Baptist	David	Edwards
Wayne	Fitzgerald	LaGrange GA	LaGrange First Baptist	Rita	Lane
Rod	Foster	Auburn	Auburn UMC	Molly	Foster
Pete	Glenboski	Sherrett	Asbury UMC	Victor	Bey
Phil	Hobbie	Deatsville	First Baptist Prattville	Mark	Pickler
Ronny	Johnston	Jasper	First Unitd Methodist	Gene Ann	Mullins
Travis	Jordan	Wetumpka	Eastmont Baptist Church	Scott	Mills
Eric	Kimbrel	Opelika	Cornerstone UMC	Ken	Lott
Andy	Kinman	Alex City	Rocky Creek Baptist	Jimmy	Aulner
Gene	Knowles	Montgomery	Evangel Temple Assembly of God	Pat	Barnt
Travis	Lee	Tallassee	New Prospect	Ray & Lisa	Barnes
Brett	Lynn	Opelika	Cornerstone UMC	Willie	Mullis
Collin	McCrary	Troy	Park Memorial UMC	Frank	Talbot
Travis	McGough	Ramer	First Christian (Disciples/Christ	Donald	McCanless
Russ	McGriff	Clanton	Walnut Creek UM	Tony	Hughes
Frank	McKenzie	Auburn	Cornerstone	Ashley/Jason	Belcher
Garrett	Payton	Wetumpka	Eastmont Baptist Church	Jeremiah	Jewell
Jeff	Peppers	Opelika	First Baptist Church Opelika	Carey	Owen
Dean	Priebe	Waverly	Auburn UMC	Charlie&Claire	Goldman
Will	Roberts	Orrville	Elkdale Baptist	Darren	McGilberry
Mike	Tatom	Banks	Brundidge UMC	Mike	Richards
Don	Taylor	Montgomery	First Christian Church	Jim	Smith
John	Walters	Mathews	St.James UMC	Bobbie/Kay	Walters
Gary	Waters	Opelika	Providence Baptist	Rusty	Henson
Daryl	Whitehurst	Alabaster	Alabaster First Baptist	Stephen	Green

## Conference Room - Men's Walk #145

Lay Director	Frank Talbot
Assistant Lay Directors	Truman Hornsby Don Ingram Darrell Pearson Dennis Teel
Spiritual Director	Rev. Tony Hughes
Assistant Spiritual Directors	Rev. Eddie Kelsey Rev. Greg Nobles Rev. David Waldrop Rev. Mike Wells
Music	Frank Clem Bert Beers
Media	Ron Stanford Pete Green
Table Leaders	Eric Canada Michael Fondren Keith Horne Steve Pemberton Stanley Sherrer Tony Wilkerson
Assistant Table Leaders	Skipper Ellis Todd Deavor Mack Lovelady Brad Rhymes Bill Talbot Jason Mills
Board Rep.	Robert Beers

## Work Areas - Men's Walk #145

SUPPORT AREA	CHAIRPERSON
AGAPE	Stacy Deavor, Martha Ellis
BEDTAGS	Bobbie Walters, Linda Pearson
BOOK COVERS / BAGS	Troy Area
BOOK TABLE	Donna Hall, Louise Miles
CANDLELIGHT	John & Kay Morris
ENTERTAINMENT	Allen Brewer
FRIDAY NIGHT PARTY	Nedetria Talbot
GREETERS	Marilyn Heard, George Evans
HOUSING & REGISTRATION	Dale Todd, Pat Barnt
LOGISTICS	Dan Goslin
MEAL PREPARATIONS	Tennie Sanford
MEAL SERVICE	Helen Johnson, Robin Cozadd
NAME TAGS	Brenda Easterwood
NEWSLETTER	Sherry Watkins
PHOTOGRAPHY	Ken Marsh
REFRESHMENTS	Betty Vance, Linda Pearson
SERENADE	Lisa & Randy Helms,
SPEAKERS' PRAYER CHAPEL	Ron Osborne, Carrol Jeffcoat, Walter Nanney,
SPONSORS' HOUR	Jim Smith, Patti Barnes
72 HOUR PRAYER VIGIL	Susan Outlaw
WORSHIP	Tony & Annette Thacker



**Welcome To The Men of Walk #143**



**In Case Of Emergency**  
**Camp Alamisco**  
**256-825-9482**

**LOST YOUR BADGE?**

Contact

**Brenda Easterwood at**

[blyn56@gmail.com](mailto:blyn56@gmail.com)

The cost to replace a lost badge is \$2.



**NEWSLETTER EDITOR**

**Sherry Watkins,**

[Sherry@Go2REassistant.com](mailto:Sherry@Go2REassistant.com)

**334-320-7486**

Please send me articles, updates, cluster & reunion group photos and information to share with the Emmaus community.

Address, contact phone, or email changes?

Help keep your information updated. Go to

[www.CAEW.org](http://www.CAEW.org)

If you don't have email or computer access, call anyone in the Community to assist you with any update needed to your current address, phone or other information.

Emmaus Work Area	2012 Community Board Representative
72 Hour Prayer Vigil	<u>Wendy Rajan</u>
Agape	<u>Lynnie Kopp</u>
Book Table	<u>Pat Barnt</u>
Candlelight	<u>Don Ingram</u>
Food Preparation	<u>Robert Turner</u>
Friday Night Party	<u>Tracie Starr</u>
Greeters	<u>Kathy Nichols</u>
Housing and Registration	<u>Kathy Nichols</u>
Logistics	<u>Danny Sanford</u>
Meal Service	<u>Rita Carswell</u>
Music & Media	
Photography	<u>Sharon Irish</u>
Refreshments	<u>Tracie Starr</u>
Serenade	<u>Michelle Granberry</u>
Speaker's Prayer Chapel	<u>Wendy Rajan</u>
Sponsor's Hour	<u>Kay Morris</u>
Supplies	<u>Judy Lovelady</u>
Worship	<u>Darrell Pearson</u>
Registrar - Men's	<u>Jim Snyder</u>
Registrar - Women's	<u>Lynn "Mo" Moseley</u>
Name Badge Coordinator	<u>Brenda Easterwood</u>
Community Website Coordinator	<u>Allen Brewer</u>
Community Newsletter	<u>Sherry Watkins</u>
Community Spiritual Director	<u>Jamie Barkley</u>
Community Lay Director	<u>Darrell Pearson</u>
Community ALD	<u>Don Ingram</u>
Community Treasurer	<u>Michelle Granberry</u>
Community Secretary	<u>Sharon Irish</u>
Communications Coordinator	<u>Pat Barnt</u>
Community ASDs	<u>Dru Mattox, Mike Wells</u>
	& <u>David Waldrop</u>
Chrysalis Committee Chairperson	<u>Angi Rhymes</u>

## 2012 CAEW—CLUSTER INFORMATION

**East Alabama Emmaus Cluster:** Contact – Sharon Irish  
mail: [sharonandart@bellsouth.net](mailto:sharonandart@bellsouth.net) - 334-887-5762  
Covered dish dinners are on the first Tuesday following each walk at 6pm at Auburn UMC or Trinity UMC (Opelika).

**Elmore County Emmaus Cluster:** Contact – Shirley Esco  
email: [dsesco9696@dishmail.net](mailto:dsesco9696@dishmail.net) - 334-569-3909  
Meets the 2<sup>nd</sup> Tuesday of each month at Elmore UMC.

**Lake Martin Area Emmaus Cluster :** Contact – Jim Ferguson  
email: [thefergusons73@gmail.com](mailto:thefergusons73@gmail.com)  
Meets on Mondays following a walk at 6:30pm and have a covered dish dinner. Rotate between Flint Hill UMC, Dadeville FUMC, Trinity UMC, and Hillabee Baptist.

**Millbrook Miracles Emmaus Cluster:** Contact – Jamie Brown  
email: [jybsphr03@aol.com](mailto:jybsphr03@aol.com) - 334-462-0300  
Meets at 12 noon on the 4<sup>th</sup> Sunday of each month for a covered dish meal. Odd numbered months at Millbrook FUMC and even numbered months at Robinson Springs UMC.

**Montgomery Emmaus Cluster:** Contact Pat Barnt  
[pbarnt@gmail.com](mailto:pbarnt@gmail.com) - 334-279-9112  
Covered dish dinners are held at Aldersgate UMC on the 4<sup>th</sup> Tuesday of each month at 6:30pm

**Prattville Walkers Emmaus Cluster:** Contact Brad Zimaneck  
[iowahawks22@msn.com](mailto:iowahawks22@msn.com) - 334-717-0739  
or  
Ed Reschke – [ereschke@hotmail.com](mailto:ereschke@hotmail.com)  
Bring snack and drink to share. Meetings on 3<sup>rd</sup> Thursday at 6:30pm at Trinity UMC in Prattville.

**Selma Emmaus Cluster:** Contact – Shelton Nichols  
email: [sheltononree@charter.net](mailto:sheltononree@charter.net) - 334-875-2252  
Covered dish dinners held the first Tuesday of each month at 6:30pm at Church Street UMC in the fellowship hall.

**Valley Emmaus Cluster:** Contact – Gary Harris  
Email: [music@lumchurch.com](mailto:music@lumchurch.com)  
Covered dish dinners are held at various church locations at 6:30pm on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk.



## Do You Have A Servant's Heart?

Has God blessed you with the insight to see the needs of others and reach out in compassion and understanding even when they, themselves, cannot reach out and ask for help?

This month I had the rare opportunity to not only reach out and touch a few lives, but to be blessed in return. I say rare because in my own experience, it's either been one or the other—not both at the same time. I used to believe that it was because giving and receiving at the same time would take the focus off what God intended for us, or the other party, to learn.

But this month, as I was fulfilling God's desire for me to serve others, He sent others to act as servants to my family. And you know what I learned? Humbling yourself to receive God's blessings is just as important as humbling yourself to give God's blessings to others. Whether you give or you receive, you must first humble yourself before the Lord and let His will take precedence over your circumstances, your emotions, your finances, and your actions.

It doesn't matter what you own, how much money you have in the bank, how talented or educated you are, or how many people you know. If God calls you to have a servant's heart, He will make a way for you to accomplish what He has put on your heart to do.

A servant's heart has more to do with your relationship with God than it has to do with your desire to be recognized for your good deeds. Having a servant's heart is one the most beautiful expressions of love I know. It's showing your love to another human being by simply being who God intended you to be. It's about seeing a need and fulfilling it without any strings attached. It's about making yourself uncomfortable so that someone else could be comfortable. It's about showing Christ's love through your actions and words. And finally, it's about touching the lives of those around you with such a gentle kindness that your act will be remembered for years to come.

Pay attention when God calls you to serve others. Listen with your heart, not your mind. Hear what God wants you to do—not what you think should be done.

You might think a check to pay a bill will solve someone's problem, but that might not be what God wants you to do. God may want you to teach that person how to budget his income so that he's not in the same boat next month. You might think a prayer is all that is needed, but God might want you spend quality time with that person. You might think a having a garage sale to remove clutter from someone's life will help her get more focused, but God might want you to help that person reorganize her life by ministering to her soul while you weed through her material possessions.

Taking the time to listen to what God wants you to do, humbling yourself to do what He has called you to do, and then faithfully following His orders regardless of how uncomfortable it makes you is truly what a servant's heart is all about. It's selfless love at its best and God couldn't ask for a better gift or testimony of your relationship with Him.

## Progressive Servanthood

Emmaus leadership begins and ends with anonymous positions of servanthood. Areas of servanthood can include working in the kitchen, helping unpack the equipment for the walk and packing it back up at the end of the walk, praying in the chapel, helping sort and deliver the agape gifts, and even cleaning bathrooms. This kind of sacrifice and servanthood is the heart of Emmaus and is where the development of Christian leaders begins.

Here in the Central Alabama Emmaus Community, we have a plan for Progressive Servanthood. It is as follows: first you participate in a Support Area in anonymous Servanthood. Working in the Support Areas of the Walk to Emmaus is a continuous act of service and is a humble act of agape. Serving as a member of a Support Team calls for each person to "die to self" and focus on being the hands and feet of Christ to serve the pilgrims and the Emmaus Community called for in the Christian Action talk given during each Emmaus Walk. The purpose of Progressive Servanthood is not to "earn" favor or position, but to serve. Volunteering to set-up and to take-down the equipment for a walk, to assist in cooking a meal or washing a pot after the meal, serve in the Speakers Prayer chapel, distribute agape, set up and take down for candlelight, set up the alters for worship are all vital task that must be accomplished for each walk. Approximately 75-100 servants are required to support and effectively put on a Walk to Emmaus.

After serving in Support Areas for a minimum of 4 times, you could be asked to co-chair an area. This task is designed to acquaint you not only in the specific requirements of the particular Service Area, but in the task of assisting the chairperson in building a team of volunteers to make sure the task is accomplished. The next step is assuming the role of chairperson for a Support Area. The chairperson must learn the task needed for that particular service area, build a team of volunteers making sure that there are sufficient team members to carry out the mission of that particular Support Area. You will be blessed in knowing that your service may make it possible for a new pilgrim to experience God's grace and love in a real and unique way for themselves as you did when you took that journey.

The Board of Directors for CAEC has established requirements for each position for the Conference Room Team. The current requirements are listed on the CAEW website under the Team Selection tab. I would encourage each of you to go to [www.caew.org](http://www.caew.org) and review that policy.

This policy first reminds us that those asked to serve in the Conference Room should have demonstrated and continues to demonstrate the servant's heart through anonymous servanthood. The servant leader should be an active member of their home church, participate in their local cluster activities and belong to an active reunion group. These are all things stressed in the 4th Day Talk. **It is important to note that being asked to serve in the Conference room does not assure that the person will move to the next step of the progression.**

Entry positions and the specific qualifications are as follows:

### 1. Assistant Table Leader

- ◆Not eligible until one year after original walk.
- ◆Chaired at least one service area.
- ◆Serve in the background a minimum of 4 times.
- ◆Served in the background at least once during the last 3 yrs

### 2. Table Leader

- ◆Served as Assistant Table Leader two times.
- ◆Served in the background at least once during the last 3 yrs.

### 3. Assistant Lay Director

- ◆Served as Table Leader 3 times.
- ◆Served in the background at least once during the last 3 yrs.
- ◆Presented a minimum of two different talks.

### 4. Lay Director

- ◆Served as Assistant Lay director a minimum of 3 times.
- ◆Served in the background at least once during the last 3 yrs.
- ◆Presented a minimum of 4 different talks.

Emmaus leadership begins and ends with anonymous positions of servanthood. This kind of sacrifice and servanthood is the heart of Emmaus and is where the development of Christian leadership begins. The Upper Room states, "Those who seek important jobs probably need to be assigned more humble tasks for their own sake as well as for the good of the community." Those who are willing to first give themselves fully and joyfully to the most humble of task in the Support Areas are probably the ones who eventually need to be with the pilgrims in the conference room. These servants can set the example and share their spirit of silent servanthood.

DeColores

Darrell Pearson, CAEC Lay Director

CAEW # 68, Table of Paul