

Good morning! Weather today is playing a little havoc across PA...UGH...

Ever have that whistle you just blew and wish you hadn't? How could it have been prevented?

Take a look at the clip [here](#)...foul or no?

#### ART. 2

It is legal use of hands to reach to block or slap the ball controlled by a dribbler or a player throwing for goal or a player holding it and accidentally hitting the hand of the opponent when it is in contact with the ball.

So HOW do we avoid calling a foul in a case like this. Was this easy to see in slo-motion? Sure.....was it easy to see in real time? Probably not from L's angle, but probably so from C's. (Or in a two-person game, probably easier from T's.) If we can hold our whistle for that split second and allow everything to process, we usually get more calls correct.

- "It is better to be late and right than early and wrong."
- We need to anticipate the PLAY, not the CALL.

Ever hear those? It is not easy to do....we must focus on doing it.....talk to ourselves....constantly remind ourselves on the high intensity plays.....many of which are blocked shot plays.

These are usually plays that happen once every so often.....and sometimes has an auditory 'slap' along with it that makes the gym erupt on one side....."Didn't you hear that slap?!" Sorry, I am deaf and I don't put air in my whistle based on 'HEARING a foul'!

Just try to see the whole play and process what happened, especially in a game with post play and blocked shots.

Wednesday Extra: Headphones during warmups are NOT permitted! Make sure to take care of all fashion police stuff that is visible in warmups. Headphones and earbuds are illegal!

Have a great game tonight!

Tim