



FROM THE GRILL

Items of the grill take approximately 15-20 minutes and my take longer during peak times

STARTERS

BRISKET FRIES

Crispy fries topped with BBQ brisket and slaw, drizzled with ranch and BBQ sauce, \$9.95

BBQ CHICKEN NACHOS

Tortilla chips, BBQ chicken, salsa, guacamole, black olives, jalapeños and ranch, \$7.95

HOT WINGS

One pound of spicy hot wings with celery & ranch, \$9.95

HUMMUS & PITA

\$4.50 (add falafel balls, \$1.50 each)

BASKET OF FRIES

Regular or cajun, \$3.95

BASKET OF ONION RINGS

Hand-breaded, \$4.95

TENDERS & FRIES

REGULAR OR BANG BANG STYLE

3 Tenders, \$5.95

4 Tenders, \$8.25

12 Tender Pack, \$24.00

HOT DOGS

Hot Dog, \$3.50

Hot Dog & Fries, \$5.95

Double Dog Combo with Fries, \$9.25

Holy Cow Burger

Served on a challah roll with lettuce, tomato, pickle & onion on side, \$6.50

The Big Texan

Double burger on challah roll with salsa, guacamole, & jalapeños, \$10.75

The Patty Melt

Burger with grilled onions, cheesy melt and 1000 island on griddled rye, \$7.95

Brisket Quesadilla

Brisket, salsa, cooked peppers & onions and cheesy melt in a tortilla with guacamole, \$12.95

Falafel Sandwich

4 falafel balls with Israeli salad, hummus and tahini dressing in pita, \$7.95

COMBOS & SIDES

Little Cow Combo

Hot dog, half turkey sandwich, regular matzah ball soup or PB&J with small chips, fruit snack and juice box, \$5.95

Soup & 1/2 Sandwich

Regular soup and 1/2 of any regular deli sandwich \$6.35

Regular Deli Sandwich

Choose from chicken salad, tuna salad, egg salad, egg & olive salad, seafood salad, smoked turkey or grilled chicken on white, wheat, marble rye, challah roll or whole wheat wrap, served with a pickle spear, \$5.49 (double protein, add \$4.00)

BBQ Brisket Burger

Burger on challah roll, with BBQ brisket, slaw, pickles & BBQ sauce, \$12.50

Pita Burger

Burger, hummus, Israeli salad and tahini dressing in a pita, \$7.95

Portobello Burger

Grilled portobello, lettuce, cheesy melt and balsamic on challah roll, \$7.95

BBQ Brisket Sandwich

BBQ brisket on challah roll with slaw and BBQ sauce, \$12.95

BBQ Brisket Plate

1/3 lb. of pulled BBQ brisket with fries & slaw, \$14.95

Knishes

potato, meat & potato or spinach and potato, \$2.50 each

Side Items

Israeli salad, coleslaw or lightly salted edamame, \$2.00

Fries or Rings

with any sandwich, side of fries, \$2.50 or onion rings, \$3.50

California Chicken Sandwich

Grilled chicken breast topped with guacamole, lettuce, tomato, onion and pickle on side, \$6.50

Chicken Quesadilla

Chicken, salsa, cooked peppers & onions and cheesy melt in a tortilla with guacamole, \$7.95

Chicken Schnitzel Wrap

Chicken tenders chopped into a whole wheat wrap with lettuce, tomato, pickle and honey mustard, \$6.95

Chicken Breast Plate

Two grilled chicken breasts served with slaw and edamame, \$10.95

DELI

The VanderWich

Turkey "bacon" with guacamole, lettuce, tomato and mayo on toasted wheat, \$7.25

Bang Bang Wrap

Chicken, cucumber, carrot, lettuce, red onion, almonds, sesame seeds and bang bang sauce, \$7.25

Turkey Reuben

Double turkey, choice of slaw or sauerkraut and 1000 island on rye, \$10.50

Mediterranean Chicken Wrap

Grilled chicken with Israeli salad, hummus and tahini dressing in wheat wrap, \$7.95

Corned Beef Sandwich

1/3 plus lb. corned beef on marble rye with deli mustard, \$13.50

SALADS

Shelly's Chopped

Lettuce mix, tomato, cucumber, chick peas, black olives, green olives, banana peppers & hearts of palm with balsamic vinaigrette, \$7.25 (add protein for \$4.00)

California Coastal

Lettuce mix, mandarin oranges, toasted walnuts, hearts of palm and dried cranberries with balsamic vinaigrette, \$7.25 (add protein for \$4.00)

Falafel Salad

Lettuce mix, tomato, cucumber, onion, pita chips and four falafel balls, served with tahini dressing, \$9.95

Turkey Chef

Smoked turkey, hard-boiled egg, shredded carrot, cucumbers and tomato over lettuce mix with dressing choice, \$9.95

Chicken Caesar

Chopped romaine, grilled chicken, roasted red peppers and croutons with Caesar dressing, \$9.95

ISRAELI SALAD PLATTER

Hummus, Baba Ganoush, Israeli Salad and Pita, \$7.95

SOUP

Matzah Ball Soup

Regular, \$3.75
1/2 pint & one matzah ball

Large, \$5.50
pint & one matzah ball

X-Large, \$10.95
quart & two matzah ball

Extra Matzah Ball, \$1.50