

## 2018 CFOA RULES 8-10 TEST

### KEYS

Team A or Team B is designated as **A or B**

Team A or Team B's 45 yard-lines, example: **A-45 or B-45**

Player A or B's number is 40, example: **A40 or B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K or R**

Team K or Team R's 45 yard-lines, example: **K-45 or R-45**

Player K or R's number is 65, example: **K65 or R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

**BSB** - blind side block

**NZ** - neutral zone

**BIB** - block in the back

**KCI** - kick catch interference

**PSK** - post-scrimmage kick

**FBZ** - free blocking zone

**UC** - unsportsmanlike conduct

**LOS** - line of scrimmage

**OB** - out of bounds

**OPI / DPI** - offensive/defensive pass interference

**ES** - enforcement spot

**SKF** - scrimmage kick formation

**BBW** - block or blocking below the waist

1. The QB passes for a TD. During the down, a defensive player commits pass interference. (8-2-2)
  - a. A must decline the penalty to keep the TD
  - b. A can accept the penalty and the TD and enforce the penalty on the try or on the kickoff
2. On the last play of the 4<sup>th</sup> quarter, A scores a TD, making the score A34-B35. An offensive player throws the ball into the stands. B declines to enforce the penalty on the try, and A's try is successful. The penalty is enforced on the first play of OT. (8-2-5)
  - a. True
  - b. False
3. On the last play of the 4<sup>th</sup> quarter, A scores TD, making the score A34-B35. During A's successful kick try, a defensive player illegally contacts the center. A declines to replay the down and accepts the score. The penalty is enforced on the first play of OT. (8-3-5)
  - a. True
  - b. False
4. A, 4/Goal at B-8. The QB throws a forward pass from the B-12. A defender intercepts the pass at the B-4, and momentum carries him into the end zone, where he fumbles the ball to the ground. An offensive player bats the ball across the end line. (8-5-2a, 9-7-2)
  - a. B's ball, 1/10 at B-19
  - b. Safety for A
  - c. Touchback for B, 1/10 at B-35
5. In a scrimmage kick formation, K1 muffs the snap and starts to run. K1 suddenly stops and punts the ball. R2, charging at K1, strikes K1's plant leg while K1's kicking foot is still in the air. (9-4-5a)
  - a. Roughing the kicker because K1 has protection if he is in the act of kicking
  - b. Roughing the kicker because K1's kicking foot had not returned to the ground
  - c. No foul because it wasn't reasonably certain K1 would kick

6. The runner is sweeping around right end with blockers in front of him. A defender throws a cross-body block at the lead blockers and contacts them at their knees. No foul, as low blocks by the defense are legal. (9-3-2)
  - a. True
  - b. False
  
7. K16 punts from the K-30. While the ball is in the air, R45 holds K23 at the 50. R29 catches the punt at the R-30 and returns it to the K-40. The penalty is accepted. (10-4-3)
  - a. Replay the down
  - b. R, 1/10, R-40
  - c. R, 1/10, R-20
  
8. It is illegal participation for a player whose helmet comes completely off during a down to continue to participate beyond the immediate action in which the player is engaged. (9-6-4g)
  - a. True
  - b. False
  
9. The enforcement for any foul by the defense is the 20-yard line when the run ends in the end zone and would result in a safety. (10-5-2)
  - a. True
  - b. False
  
10. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn't gotten across his sideline when A starts the play, and the flank throws a flag. The play results in a TD for A. After the flank reports the foul to the referee; the referee immediately signals the penalty is declined and then signals a TD. A should have been given the opportunity to accept or decline the penalty. (8-2-2)
  - a. True
  - b. False
  
11. The basic spot may, at the option of the offended team, be the succeeding spot for fouls by K during a free kick down (other than KCI) when K will not be the next to put the ball in play. (10-4-2a, Note 1)
  - a. True
  - b. False
  
12. It is legal for a player to execute a BSB outside the FBZ with forceful contact if initiated with open hands or initiate a screening-style block which is not forceful. (2-3-10, 9-4-3n, 9-4 Pen)
  - a. True
  - b. False
  
13. During the Pregame Conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During a down, a home team player wears an illegal jersey which ends just below the numbers, exposing his midriff above his pants. (1-5-1b (1); 1.5.1B; 1-5-4; 1-5-6; 9-8-1h; 9.8.1H-J)
  - a. Foul on the home head coach for unsportsmanlike conduct for failing to have his player wear or use required equipment
  - b. Foul on the player for failing to properly wear required equipment during a down
  - c. The player must leave the game until he is legally equipped
  - d. b and c
  - e. a and c

14. A defensive player intercepts A's legal forward pass and returns it for a TD. During the return, an offensive player blind-side blocks a defensive player, who is 30 yards up field from the play. (8-2-3)
  - a. B must decline the penalty to keep the TD
  - b. B can accept the penalty and the TD and enforce the penalty on the try or on the kickoff
  
15. Other than kick catch interference, fouls by the kicker during a scrimmage kick may be enforced from the succeeding spot if the kicker will not be the next to put the ball in play. (10-4-2a, Notes 1 and 2)
  - a. True
  - b. False
  
16. During a legal scrimmage kick, a kicker commits a blind side block on a receiver beyond the expanded neutral zone. A receiver makes a valid fair catch. In order to retain the ball, the receiver must decline kicker's foul. (10-4-2a), Notes 1 and 2)
  - a. True
  - b. False
  
17. In a shotgun formation, an offensive lineman is in a 3-point stance. Immediately after the snap, without rising, the lineman blocks a defensive lineman below the waist between his body's frame.
  - a. Illegal block because the ball has left the free-blocking zone, and the zone has disintegrated
  - b. Legal block
  
18. Late in the season, during the pregame conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During the first offensive play by the home team, the referee observes the QB is not wearing knee pads and is wearing pants which do not cover his knees. (1-5-1-d2; 1-5-1e; 9-8-1h; 9-9)
  - a. The QB has likely played without knee pads and complying pants the entire season, and it's not practical to make him comply now
  - b. The referee has the QB leave the game until he is properly equipped
  - c. The referee assesses the home head coach an unsportsmanlike foul for the QB's failure to wear required equipment
  - d. The referee assesses the QB a 5-yd penalty for failure to properly wear required equipment during a down
  - e. b and c
  
19. During a scrimmage play, the head linesman runs into the visiting team's defensive coordinator in the restricted area. This is the first incident in the game. (9-4-8; 9.4.8C)
  - a. Warning for the first offense. Signal - Sideline Warning
  - b. 5-yard penalty because of the contact. Signal - Sideline Interference
  - c. 15-yard penalty, personal foul. Signal - Personal Foul & Sideline Interference
  - d. 15-yard penalty, Unsportsmanlike conduct. Signal - Unsportsmanlike Conduct
  
20. A, 4/6, B-35. An offensive player runs a sweep around the end. At the B-32, defensive player grabs the inside back collar of the runner's shoulder pads and pulls. The runner crosses the sideline at the B-31 before the defensive player brings the runner backwards to the ground. (9-4-3k)
  - a. No foul. B, 1/10, B-31
  - b. Live ball foul. A, 1/10, B-16
  - c. Dead ball foul. B, 1/10, B-16

21. A, 2/9, A-6. The QB completes a pass to an eligible receiver and the receiver is tackled at the A23. During the play, an offensive lineman is called for holding a defensive player in the end zone. (8-5-2c)
- A, 1/10, A-23
  - Safety. A, Free kick, K-20
  - A, 2/12, A-3
22. A, Try, B-3. A6's kick is good for a 1 point. This ties the game at 24 with no time left on the clock. A defensive player is called for roughing the kicker. (10-5-1d, 8-3-5)
- Penalty is automatically declined
  - A, Try, B-1&1/2
  - Penalize B to start the overtime period
  - b or c
23. A, 3/6, B-26. An offensive back is illegally in motion when the QB takes the snap and throws a pass to an eligible receiver. A defensive player intercepts the pass at the B-20 and returns it to the B-40. During the return, a defensive player blocks an offensive player below the waist at the B-32. (10-2-2a, b)
- B, 1/10, B-17 if B declines A's penalty
  - A, 1/10, B-16 if both penalties are accepted
  - A, 3/6, B-26 only if A accepts B's penalty
24. A receiver catches a punt at the R-1, takes a few steps forward and then runs into his end zone to avoid a tackler. The runner then takes a knee in the end zone. (8-5-2a, Exception)
- R, Free kick, R-20, K scores a Safety
  - R, 1/10, R-1, Momentum
  - R, 1/10, R-20, Touchback
25. Overtime. A, Try, B-3. The A quarterback completes a pass to an eligible receiver for a successful 2 point try. A defensive safety is called for pass interference. (8-3-5b)
- A must decline the penalty to accept the score
  - A can accept the score but cannot enforce the penalty because there is no kickoff
  - A can accept the score and enforce the penalty from the succeeding spot