

JUST FOR MEN

Men can of course can enjoy any of the treatments in our brochure however here are a few of the most popular therapies with our male customers.

Sensitive Skin Soother - 60 mins £65

A therapeutic and relaxing cleansing and nourishing facial with exceptional skin conditioning plant actives. Prescribed specifically for your skin type, skin condition and particular needs.

Dermalogica Power Cleansing Facial - 75 mins £75

Ideal for men suffering with high oil activity and breakouts, this facial combines a specialised skin exfoliant system which gently smooths and softens the skin, together with steam and extractions for a lasting effect.

Pro-Collagen Age Defy - 75 mins £85

Men's skin is thicker than women's and as such tends to age later. However when the signs of ageing begin, it can be affected quicker. The Pro-Collagen Quartz Lift and Visible Brilliance facials are superior treatments that target either stressed/slackened skin or fine lines/wrinkles combined with revolutionary products and specialised therapy techniques.

Dynamic Resurfacing Facial - 60 mins £80 (course of 3 £200)

This ground breaking anti-ageing facial instantly resurfaces and smooths the skin bringing a renewed radiance and clarity to the complexion. This advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis and is particularly beneficial for men's shaving area. One treatment every three weeks (course of 3) is recommended.

Full Body Massage - 60 mins £65

- 75 mins £75

Focusing on relieving specific stress and muscle tension, this deep rhythmic pressure massage gives the body a vigorous workout.

Back, Neck and Shoulder Massage - 30 mins £40

- 45 mins £55

A very stimulating but relaxing treatment carried out using specific techniques designed to release tension in the back. A fluid yet deep massage concentrating on breaking down lactic acid and stimulating lymphatic drainage.

Elemis Face and Body Sensation - 60 mins £70

Pure body indulgence with exceptional anti-ageing facial results. We will customise a unique Elemis 'ice-cool thermal muscle massage' to your specific problem areas alleviating stress and easing aching muscles. Whilst your body is in a pure state of blissful relaxation receive an intensive anti-ageing booster facial that will smooth fine lines and restore a youthful radiance.

Hair Removal - 30 mins £30

Back or chest wax

