

The Chemistry of Relationships as Reflected in Hair Tissue Mineral Analysis (TMA)

Renee Nataro, M.S., R.D., C.A.C.D.C.

Richard Malter, Ph.D.

Malter Institute, Inc.

(c) 1995

Cottonwood, AZ 86326

www.malterinstitute.org

Copper "Dumping" or detox from cell and tissue storage results in High Na/K:

1. Stressors intensify -- internal/external; a bombarded feeling, stress overwhelm.
2. The person needs to be handled gently and with care, but it's hard to come across so as not to push the other person away or to elicit a hostile response.
3. You want to lean back and relax; you want to lean on somebody for warm accepting support.
4. You don't feel good - you're easily agitated and irritated; very depressed.
5. The other person needs to understand that the irritation and anger is not directed at him/her personally for anything specific.
6. Feelings are real exposed and raw.
7. Real bitchiness, real intense, and real edgy and nervous.
8. There's a "copper" edge to your voice and your words. You can be very cutting and leave a real knick on the other person.
9. You're obsessive with things around you (external). Everything around you has to be organized and structured and controlled.
10. Increased volatility as in the Fast Oxidizer (related to the increase in Na/K ratio).
11. Pseudo-gregarious -- appears to be out-going, but doesn't have a warm type of "vibe".
12. You become irritable and provocative in order to trigger an anger response in the other person so you can justifiably vent your own anger for relief of tension and edginess.
13. There's an urgency to resolve something, a "driveness."
14. Arguments are provoked and there is a circularity in the arguing; it goes round and round with no resolution of the real issues; an obsession with the same issues over and over again; you can't resolve issues while copper "dumping".
15. Very distractible, can't focus on anything clearly.
16. Guilt follows a blow-up. "I did it again. Why can't I break this pattern?" You try to force yourself to change. Today will be different, but the pattern repeats itself like with an eating disorder.
17. Emotional reactions are unpredictable.
18. The other person feels like he/she has to walk on "egg shells".
- ...

Na/K "pseudo inversion":

1. Flat affect, depressed, real heavy dead voice; a horrible voice to listen to, absence of color in the voice.
2. Some paranoia and self-conscious obsession and focus (internal pre-occupation).
3. You don't care about anything or anyone; unmotivated, a big empty vacuum that sucks energy from you.
4. The other person needs to detach and go do their own thing. Otherwise, the depressed person will pull you down. The depressed person is so blocked that he/she isn't even aware of what he/she needs to express it.