

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020

CENTER DIRECTOR:
NANCY LEE

OFFICE SPECIALISTS:
DEANA DILLON AND JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471
HOURS: MON-THURS 8:30AM-4:30PM
FRI-8:30AM-2:30PM

WEB PAGE: <http://pickerington.seniorcenter.org>
EMAIL: pickcenter@violet.oh.us

A NOTE FROM NANCY MEMBERSHIP DUES \$12.50

This will be your last newsletter if your dues are not paid. If you have a red check mark on your newsletter label it's a reminder that your dues are not paid. The cost is still \$12.50. If you were 90 before January 1st, 2020 your membership is free.

\$10.00 CLUB

Just a reminder that we have a donation called the \$10.00 Club. You can donate any amount you would like. The money donated helps with the purchase of items that we need for the kitchen and office supplies.

NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our many activities. David & Margaret Adamson, Patricia Anderson, Kathy Berus, Kelly Brick, Tina Cruder, Priscilla Ebbs, Debbie Faiella, Linda Gerhardt, Susan Greer, Sarah Jackson, Jean Kuhn, Lee Huff, Ron Roby, Lou & Carol Magistrale, Mable Seats, Susan Strup, Roberta Williams, Lynne Wittman, Sue Yenichek.



MARCH 4TH WEDNESDAY LUNCHEON

Luncheon is at 11:30 a.m. Spinach Salad, Meat Loaf, Mashed Potatoes w/gravy, Green Beans, Red Velvet Cake. No tickets sold after Friday, February 28th at 1:30pm. Coffee & Iced Tea. Cost is \$6.00.

COFFEE CLUB FRIDAY MARCH 6TH AT 9:30A.M.

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

Trust our experts to manage
your investment risk.

Investment Management Accounts
Living Trusts • Estate Settlement • Retirement Plans

PARK NATIONAL BANK
FAIRFIELD NATIONAL DIVISION

Michael Mitchell, Trust Officer • 614.452.5144

Investments are not FDIC insured, not bank guaranteed, and may lose value.

INCOME TAX THRU – APRIL 9TH

AARP free tax preparation is every Thursday thru April 9th. Appointments will be scheduled from 8:30 a.m. - 12:15 p.m. This is for seniors or lower income people. Call the senior center at 614-837-3020 to schedule your appointment. You will need to bring with you last year's tax papers, W-2's, 1099's for interest, dividends, and retirements, ID, and social security number for everyone listed on the tax form; medical expenses including mileage to and from appointments; information if you plan to itemize. **Waiting List**

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020

A NOTE FROM NANCY

I just want to say thank you very much to the many senior center members and board members for the flowers, prayers, food and continued support during the passing of my son Chuck. I also want to thank you for continuing to pray for my daughter Deb. Your support and continued prayers means the world to me.

SUNDAY, MARCH 8TH

Daylight Savings Time begins and it's time to check your batteries day. "Spring forward, fall back." It's a good time to change your batteries in smoke detectors, carbon monoxide detectors, and other electronic devices.



THURSDAY, MARCH 12TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$35.00. It includes a 30 minute treatment, complete foot assessment, expertly trim, thin, and file nails. Corns & calluses are filed and buffed smooth. Tools are sterilized for each patient. Call the center at 614-837-3020 to sign up.

PANCAKE BREAKFAST

SATURDAY, MARCH 21ST

Join us for some hot pancakes, sausage, orange juice and coffee. The breakfast is from 8:00-11:00am. The cost is still \$4.00 per person for adults and \$2.50 for children 5-10, under 5 is free.

ST. PATRICK'S DAY LUNCHEON

TUESDAY, MARCH 24TH

(Date change for March due to Board of Elections using building on March 17)

The luncheon starts at noon. Please bring the following: A-G salad, H-M dessert, N-S meat and T-Z a vegetable. Be sure the covered dish is large enough to share. Bring your own table service. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.

VOLUNTEER OF THE MONTH

The center would like to honor Edgar Boggs as volunteer for the month of March. He helps with setup for most events and helps tear down at any event that he attends. He cleans the grill for us after every pancake breakfast. Edgar is just a phone call away if we need his help. He will receive a \$15.00 gift card.



(DATE CHANGE)

BINGO TUESDAY, MARCH 31ST

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include Homemade Ice Cream. Bingo starts at 1:00p.m. Come in and join your friends for a fun afternoon!!

HER Realtors[®] *Marian J. Reitano*

SENIOR CITIZEN DISCOUNT
LIFETIME ACHIEVEMENT AWARD

DIRECT (614) 273-6485
FAX (614) 474-1651
marian.reitano@HERrealtors.com
www.marianreitanorealtor.com

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020

EUCHRE

Come in any Wednesday at 1:00 p.m. and join the many Euchre players. The cost is only \$2.25, it includes the loner pot.

THE FOLLOWING THREE ACTIVITIES ARE FREE TO MEMBERS

WATERCOLOR CLASS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes."

STRENGTH CLASS

Join the strength class every Monday and Wednesday from 10:00-11:00am. The class focuses on building upper and lower body strength, a good stretch and improving your balance.

FITNESS FOR A PURPOSE

Join Michelle every Friday for Vintage Fitness exercise starting at 9:00a.m. Registration, sign up at 8:30a.m. It is a 45 minute class. It's a total workout. Come see the power you've got and make great things happen for your health and well-being. We have plenty of room for you to move and groove to great music. A certified instructor will guide you through a safe and effective workout.

JEWELRY MAKING CLASS

They meet the first and fourth Wednesday of every month at 1:00pm. This is a new class just starting, join them and explore your artistic side. No supplies needed at this time. Call Kim Roumeliote, 614-302-7350 with any questions you may have.

Pickerington Senior Helper

(614) 971-0893

pickseniorhelper.com

Lisa Stoklosa, Owner

Customized Services, Flexible Hours,
Reasonable Hourly Rates, Fully Insured

18 Years Experience Helping Seniors Live Independently



DRINK LOTS OF WATER

As people age, the ability to notice thirst may decrease, so it's important to keep an eye on water intake, especially when exercising outside in the sun. Dehydration can adversely affect memory and concentration such as an increased risk of falls. As a rule of thumb, aim for at least eight glasses of water per day and be conscious about the type of fluids, choosing water, herbal tea, and fresh vegetable juices over coffee, fruit juices, or sugary sweet soft drinks.

TAKE A WALK

Studies have shown that even 10 minutes of walking each day can result in older adults maintaining strength and agility. A simple stroll around the neighborhood to take in the scenery can also be just the right change of pace.

HONOR FLIGHT

HONOR FLIGHT SCHEDULE FOR 2020

World War II, the Korean War, Vietnam War and terminally ill Veterans from all wars. They will fly you to Washington, D.C, at no cost to you so you can visit your Memorial and all the Memorials as a **Thank You** for your service to our country. Flight Schedules; 4/9, 4/27, 5/18, 6/8, 9/7, 9/28, 10/19 & 11/9. Flights fill up fast so if you are interested call and get on the schedule. For more information on these flights call 614-284-4987 or visit the web site at www.honorflightcolumbus.org.

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020

UPCOMING EVENTS



BREAKFAST WITH THE BUNNY SATURDAY, APRIL 4TH

We will be hosting a "Pancake Breakfast with The Bunny" with Pickerington Parks and Recreation Dept. They will be making a craft with the children. Seating times: 8:00a.m., 9:30a.m., and 11:00a.m. Ticket Information: \$6.00 per person (children 2 years and under are free.) Tickets will be sold thru March 31st at the Parks and Recreation Dept., 100 Lockville Road. Cash, checks payable to City of Pickerington, or Visa and Master Card accepted. **Tickets will not be sold at the event.**

PICKERINGTON CENTRAL PRESENTS

The Theatre Department invites the senior citizens to the preview night "**HAIRSPRAY**" on **Wednesday, April 1st** at 7:00pm. Doors will open at 6:30pm. Preview night is free to seniors, donations are accepted.

PICKERINGTON NORTH PRESENTS

The Theatre Department invites the senior citizens to the preview night "**NEWSIES**" on **Wednesday, April 15th** at 7:00pm. Doors will open at 6:30pm. Preview night is free to seniors, donations are accepted.

SOUP FOR THE SOUL

Soup for the soul was a tremendous success. Eight Healthcare providers provided soup, salad, and desserts for 100 of our members. Members sampled as many soups as they wanted to try. We will be doing this again next year; we hope you will join us.

2020 TRIPS

FOUR NEW TRIPS

LACOMEDIA DINNER THEATRE

Presents: "Footloose"

April 24 – Footloose based on the hit 1984 film, tells the story of Ren, as he moves from the big city of Chicago to small town U.S.A. Unprepared for religious local edicts, including a ban on dancing instituted by the local pastor. Ren sets out to bring forgotten joy to his new friends. The audience will rock to the Oscar & Tony-nominated musical score and soundtrack that reached number one on the Billboard charts with hits such as "Let's Hear it For The Boy", "Almost Paradise," "Holding Out For A Hero," and "Footloose." **The cost is \$65, due by March 20th**, and includes a delicious buffet luncheon, motor coach transportation and the show. **Sign up starts Thursday, March 2nd.**

CRUISING THROUGH THE DECADES

JUNE 23 - Help us welcome summer as we travel on a 3 hour Queen City Riverboat Cruise. We will "Cruise through the Decades" with music and song from the 50's, 60's and 70's from Nashville singer/songwriter Steven Whitson. He will entertain us with songs such as "My Girl," "Heartbreak Hotel," "Ring of Fire," "God Bless the USA," and so many other popular songs. **The cost is \$129.00 per person** and in addition to the 3 hour cruise with entertainment includes a buffet luncheon, unlimited beer/wine & soft drinks, round trip motorcoach and taxes and gratuities on included items. **Sign up starts on Thursday, March 5th. Payment is due before May 1st.**

LIVE LIFE WELL

THE Robert A. **Barnes Center**
Skilled Nursing & Rehabilitation
(614) 759-0023
wesleyridge.com

WESLEY RIDGE CENTER
Know. Understand. Care.
Not-for-profit

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020

STERNWHEELERS AND WAGONS

JULY 22 – We begin the day with a Sternwheeler boat cruise to Blennerhassett Island, believed by many to be **“the best kept secret in America.”** Upon arrival to the Island you will enter a bygone era. Following a boxed lunch in the shelter area, enjoy a guided tour of the Blennerhassett Mansion, a horse drawn wagon of the Island. The journey into the past continues with a 1-hour private riverboat cruise on the Valley Gem Sternwheeler. In addition to the inclusions listed above **the cost of \$120.00, due on sign up includes motorcoach transportation and all taxes & gratuities on included items.** Sign up starts Thursday, March 5th.

NEW YORK CITY AND WASHINGTON, DC

AUGUST 19-23 – This trip is full of fun, touring, touring & more touring. Inclusions will be transportation, 2 nights accommodations each in New Jersey & Washington, DC, 4 breakfasts, 4 dinners, tour of lower Manhattan, Ferry Ride and visit to the Statue of Liberty & Ellis Island. Also included is admission to the 911 Memorial Museum, Tram tour of Arlington Cemetery, Guided sightseeing tour of the U.S. Capital, U.S. Library of Congress and more. We have visits to the following memorials; World War II, Vietnam, Lincoln, Korean War, Luther King, Jr and FDR Memorials. **The cost is \$779.00 per person, double occupancy. A \$200.00 deposit is due on sign up final payment is due in full by June 15th.** Sign up starts on Thursday, March 5th.

Also, remember to take out the trip cancellation insurance on all extended day trips, so if you should have to cancel, you can get some or even all of your money refunded

SNOOTY FOX

WEDNESDAY, MARCH 11TH

“An Upscale Thrift Store Shopping Adventure”

The motorcoach will leave the center at 7:15am for Snooty Fox as we venture to the Cincinnati area for a shopping adventure full of great deals! You will visit several upscale clothing and furniture thrift shops and enjoy beverages, Danish, snacks, lunch, dessert and wine tasting along the way. They have different items at each stop but beverages at all of them. You also receive a 15% discount on your purchases and maybe even 20% some places. Cash and major credit cards are accepted, no checks! This trip is always a blast. The cost is \$41.00 due on sign up and includes all of the above along with transportation. **Space Available**

DISCOVER CANYON COUNTRY

MAY 22 – 29, 2020

Highlights: Scottsdale, Oak Creek Canyon, Kaibab National Forest, Grand Canyon, Lake Powell. Choices on Tour, Bryce National Park, Zion National Park, Las Vegas. Also included round trip air, hotel transfers, 7 nights hotel accommodations, 8 days, 10 Meals; 6 Breakfasts, 4 Dinners and more.

IRISH SPLENDOR

OCTOBER 14 – 21, 2020

A few highlights: Dublin, Christ Church Cathedral, Blarney Castle, Killarney, Dingle Peninsula, Farm Visit, Cliff of Moher, Whiskey Distillery, Cabra Castle. Cost for early signup: Double \$2,999.00, Single \$3,399.00 and triple \$2,969.00. After April 15, the price goes up \$150.00 per person. Included in Price: Round Trip Air from Columbus Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers. Not included in price: Cancellation Waiver and Insurance of \$315.00 per person. **We only have 22 spaces on this trip so if you are interested don't wait until it's filled up.**

PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020



'TOP OF THE MORNING TO YA' FROM DEANA

A VERY HAPPY BIRTHDAY IS OUR WISH FOR YOU, TAKE TIME TO CELEBRATE...YOU DESERVE IT!

(1) Karen Hoyd, Tom Reid, (2) Cecelia Behrens, Robert Dillon, Janet Douglas, Cherie Koch, (3) Kenneth Ekegren, Mike McClelland, (4) Barbara Diewald, Barbara Petras, (5) Martha Cella, Barbara Henry, Joe Paskievitch, Mary Stephens, (6) Margie Harris, Cora Snider, (7) Laurel DiLiberti, Christina Suter, Dorothy Weaver, (8) Patty Bailey, Leona Boster, Mike Lanter, Abby Planisek, (10) Sarah Jackson (11), Melisse Strauch, Charlotte Witt, (14) Linda Bond, Dick Innis, Everett Pitts, (15) Barbara Pest, Beverly Zurhorst, (16) Bonnie Notestine, Anna Weber, (17) Gail Clark, Lee Huff, Partick Schlaerth, Bobby Shaw, Peggy Thompson, (18) Timothy Krauss, (19) Mary Herron, Marie Knapp, Tim Salyer, (20) Chris Cecil, Cynthia Long Linda Searfos, (21) Bob Hockenberger, Bill Oard, (22) Shirley Berry, Theresa Corner, Mary Hall, Sandy Heren, (23) Judy Dement, (24) Shirley Dever, John Pizzuto, (25) Bess Grabovich, Shari Lorbach, Rich Martin, Joan Reid, Alice Sabatino, (26) Mark Brick, Roseann Generose, Denise Killian, Wanda McPeek, John Womack, (27) Barbara Hawk, Annabelle Marion, Barbara Mason, Margaret Morrison, Randy Ziegler, (28) John Long, Jeannie Martin, Bunny Rickenbacker, (29) Mary Culley, Gary Knauff, Sandy Schneider, Michael Scudder, Janice Shade, (30) Anne Flowers, Patricia Gerencser, (31) Sue Elswick, Carolyn Jones, Nancy Kerns, Maryann Shiflett.

MEMBERS IN SORROW:

Chuck Dillon- (Nancy's son, Deana's brother) Passed

MEMBERS KNOWN ILL:

Dorothy Hughett- Rehab

Betty Luzader's son in law- Cancer

Glen Thomson- Altercare of Canal

Anne Flowers- foot & knee injury

Deb Saulnier- (Nancy's daughter, Deana's sister) - Stage 4 breast cancer

Dave Burkhart- Heart Attack, Pneumonia, doing better

Polly Limbaugh- Altercare

THANK YOU:

I would like to thank The Board of Trustees and members for the beautiful flower arrangement, cards, food, phone calls, prayers and all your support during the loss of my brother, Chuck. Also, for the continued prayers and kind words as my sister Debbie is faced with yet another battle of Cancer. Most of you know Deb; she is the Coordinator at Groveport Senior Center. Your continued prayers are greatly appreciated.

HAPPY ST. PATRICK'S DAY!!



PICKERINGTON SENIOR CENTER

MARCH 2020

NEWSLETTER

614-837-3020
