

Classes offered at Monterey Bay Academy of Gymnastics

WeeNastics (Ages 18mos—3 Yrs)

Mondays	9:30 - 10:00 10:15 -10:45 2:45 - 3:15
Tuesdays	9:30 -10:00 10:15 -10:45
Wednesdays	9:30 -10:00 10:15 -10:45
Thursdays	10:00 - 10:30
Fridays	9:05 - 9:35 9:50 - 10:20
Saturdays	8:20 - 8:50 9:00 - 9:30 9:40 - 10:10

Cheerleading (Ages 10+)

Wednesday	6:30—8:00	Senior Cheer
-----------	------------------	--------------

PreNastics (Ages 3-5)

Mondays	11:00 - 11:40	3, 4 yr.
	11:55 - 12:35	4, 5 yr.
Tuesdays	11:00 - 11:40	3, 4 yr.
	11:55 - 12:35	4, 5 yr.
Wednesdays	11:00 - 11:40	3, 4 yr.
	11:55 - 12:35	4, 5 yr.
	2:50 - 3:30 **	4, 5 yr.
Thursdays	9:05 -9:45	3, 4 yr.
	10:45 -11:25	3, 4 yr.
	11:40 -12:20 **	4,5 yr.
	2:50 - 3:30	4, 5 yr.
Fridays	10:35 - 11:15	3, 4 yr.
	11:30 - 12:10	4, 5 yr.
Saturdays	10:20-11:00	3, 4 yr.
	11:10 -11:50	3, 4 yr.
	12:00 - 12:40	4, 5 yr.
	12:50 - 1:30	4, 5 yr.
	2:45 - 3:25	3, 4 yr.

** Denotes advanced 4/5 class—by invitation only

1st Class is FREE!!!
Sign Up Today!

Gymnastics 1A (ages 5+) & 1B (8 +)

Monday	3:45 - 4:40	Gym 1A
Monday **	4:45 - 6:10	Gym 1B
Tuesday	3:45 - 4:40	Gym 1A
Tuesday **	4:45 - 6:10	Gym 1B
Wednesday	1:40 - 2:35 3:45 - 4:40	Gym 1A
Wednesday **	1:40 - 3:05 4:45 - 6:10	Gym 1B
Thursday	1:40 - 2:35 3:45 - 4:40	Gym 1A
Thursday **	1:40 - 3:05 4:45 - 6:10 6:15 - 7:40	Gym 1B
Friday	3:45 - 4:40	Gym 1A
Friday **	4:45 - 6:10	Gym 1B
Saturday	12:30-1:25 1:40 - 2:35	Gym 1A
Saturday**	1:40 - 3:05	Gym 1B