

## **'Hospital Happenings'**

### **CONTACT:**

**For Release August 31, 2018**

**Gayla Blanton**

**MMH Marketing - 940-759-6139**

**'Hospital Happenings' is a monthly rundown on things happening at Muenster Memorial Hospital, prepared specifically for *The Muenster Enterprise*.**

### **Will Flu Come Early This Year?**

As of this writing, there were no confirmed cases of flu listed in Cooke County. As the statewide reporting system is usually a week behind, we could see those numbers change in coming days. The MMH Family Health Clinic is currently stocked with flu vaccine – from pediatric doses to senior doses – if you decide you want to take the vaccine early. We will be monitoring the situation as it relates to promotion and scheduling of our public clinics. If you are interested in scheduling a flu shot clinic for your school or worksite, please call 759-6139.

### **MMH to Provide Sacred Heart Trainer Coverage for Second Year**

Look down on the sidelines at tonight's Sacred Heart game and you will see Muenster Memorial Hospital physical therapist and athletic trainer Steve Simmons stretching muscles and watching for injuries among the Tiger squad. Muenster Memorial enters its second year of providing athletic training services and sports medicine for the school, and the arrangement seems to work well for both parties. "We are excited to partner with Sacred Heart for a second year," stated Brian Roland, CEO for Muenster Hospital. "We enjoy working with the staff and kids, and keeping our young athletes safe is important to us."

### **Therapy Hosts First College Intern**

Ethan Easterling, a student at Hardin Simmons University, completed a 3-week clinical rotation in MMH's Rehabilitation Center August 17. This is the first time the Physical Therapy department has collaborated with a university in their students' clinical education.

### **New Company to Handle Nuclear Cardiac Scans**

Early results from MMH's new cardiac nuclear medicine company, Healthscan, have been resoundingly positive. Healthscan provides the latest technology, experienced technicians and the benefit of studies being stored in the Cloud so that cardiologists can view and dictate exam results from anywhere. This will greatly expedite results to ordering physicians for their patients.

Now area cardiologists can be assured that cardiac tests will be done quickly and professionally – right in their patient's hometown. Another way to eliminate a trip out of town for medical services.

### **Specialty Clinic to Add New Physician**

Gainesville internist/cardiologist Khawaja Anwar, M.D., will begin seeing patients in the MMH Specialty Clinic on Tuesday afternoons in September. Watch the MMH Facebook page and local newspapers for details.

### **Wound Care Program Underway**

MMH is currently putting the finishing touches on its new Outpatient Wound Care Program, as Registered Nurse Stevie Maas completes her wound care certification course. Nurse Practitioner Yvonne Ambrose underwent training for wound debridement and is currently seeing patients in the Family Health Clinic. If you need help with a wound that is not healing or is slow in healing, call the MMH Family Health Clinic at 759-2226.

### **Ideal Protein Weight Management Program Continues Growth**

The MMH Family Health Clinic will be hosting two Ideal Protein meetings in September – one for those interested in learning more about the program, and another for program veterans who might need to “reboot and refresh” for the fall season.

The information session for those interested in learning more about the Ideal Protein weight management protocol is scheduled for 5:30 p.m. Thursday, September 6, at the clinic, 509 N. Maple Street in Muenster. Attendees are given an overview of the program, hear actual testimonials and sample Ideal Protein products. There is no obligation for attending and reservations are not required. Groups of 10 or more who join together receive a discount.

On September 20, those who have been part of the program in its first year will have an opportunity to “reboot”, as the staff shares new information and products and helps participants refocus. There will also be some products available at 50% off - one time only. The “Reboot and Refresh” session is scheduled for 3-5 p.m. September 20 at the clinic.

### **Better Breathers to Host Army Staff Sergeant**

Fresh from a tour of duty in Iraq, Army Staff Sergeant Scott D. Longstreet, a combat veteran of Operation Inherent Resolve, will be the guest speaker for the September 19 session of the Better Breathers Club. Sgt. Longstreet will speak on Heat, Hydration, Dust and Sand.

If you suffer from breathing problems and/or chronic conditions of the lung, such as COPD, you are welcome to attend this monthly support group. Better Breathers meets on the third Wednesday of each month at 2 p.m., in the Board Room at Muenster Memorial Hospital.

The meeting will also include information on VA Choice for veterans outside a 40-mile range of VA facilities.

### **MMH, MMH Home Care in Running for ‘Best of Cooke County’**

Please take time and vote online for MMH as Best Hospital and MMH Home Care as Best Home Health in the “Best of Cooke County” Awards now through September 1. One vote allowed per email address, so tell all your friends! Go to <https://bestof.cnhionline.com/index.php?siteid=gainesvilleregister> and show that Muenster Pride! We would really appreciate your support.