

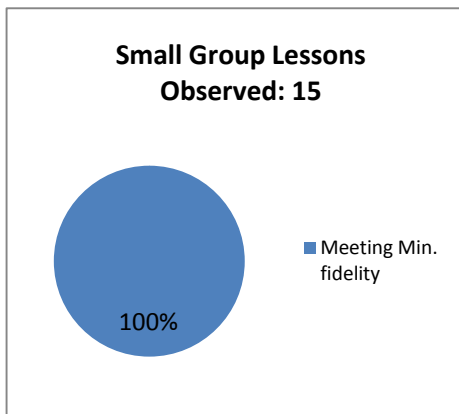
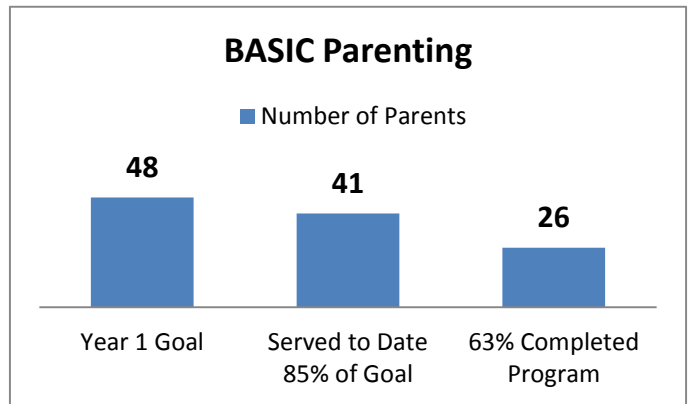
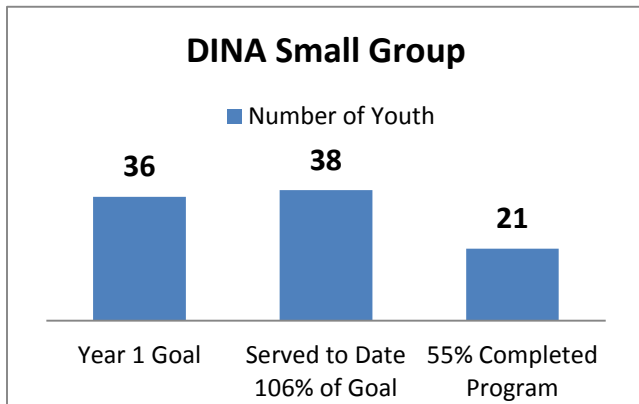
Hempfield Behavioral Health

Incredible Years Outcomes Summary

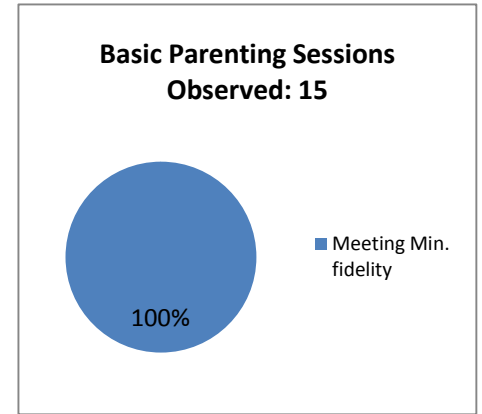
Funds were awarded from the Pennsylvania Commission on Crime and Delinquency for two years of Incredible Years implementation in July 2014. This report summarizes the results through June 2015.

Prepared for Hempfield Behavioral Health by the EPISCenter, a PCCD funded Resource Center for providers of evidence-based services.

DESCRIPTION OF POPULATION SERVED:



MODEL FIDELITY: The goal is to observe 20% of the sessions taught to assess model fidelity. Additionally a Quality Assurance review is conducted by the IYS developer after the first full year of implementation. **Hempfield Behavioral Health met minimum fidelity standards for 100% of the sessions observed.**



Community Population Characteristics: Hempfield Behavioral Health serves a diverse population of families in Adams county. The Incredible Years Series approach provided is a clinical approach where children with diagnoses are served with their caregivers to provide a high quality intervention that is rooted in evidence and is time limited.

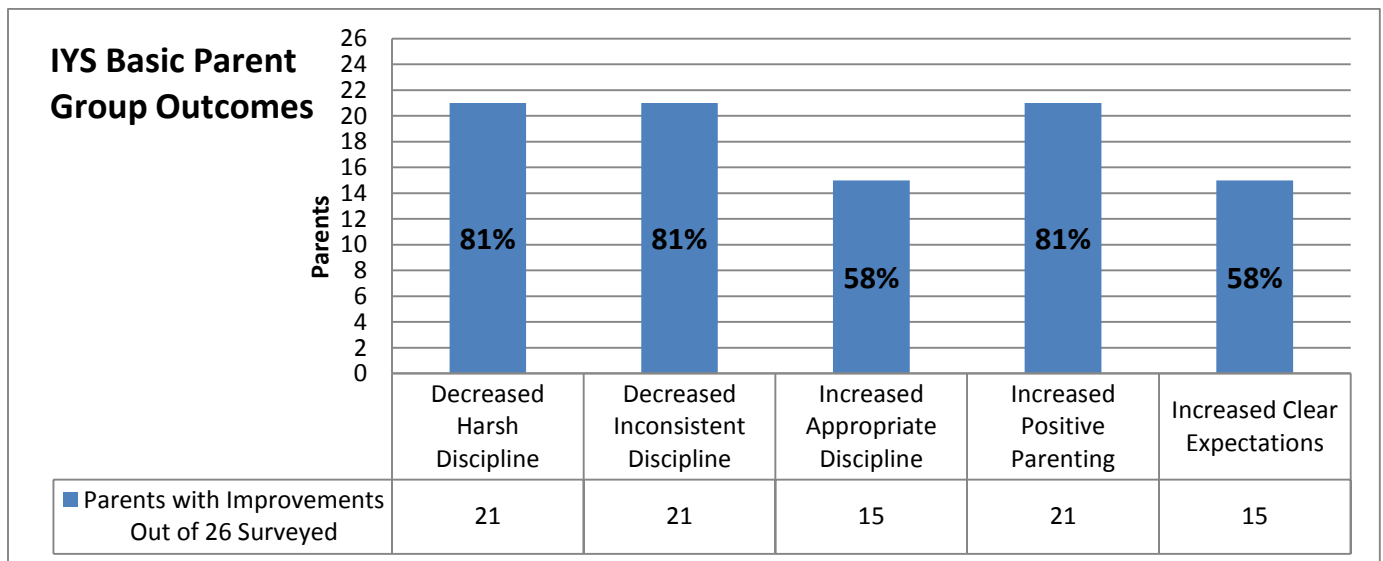
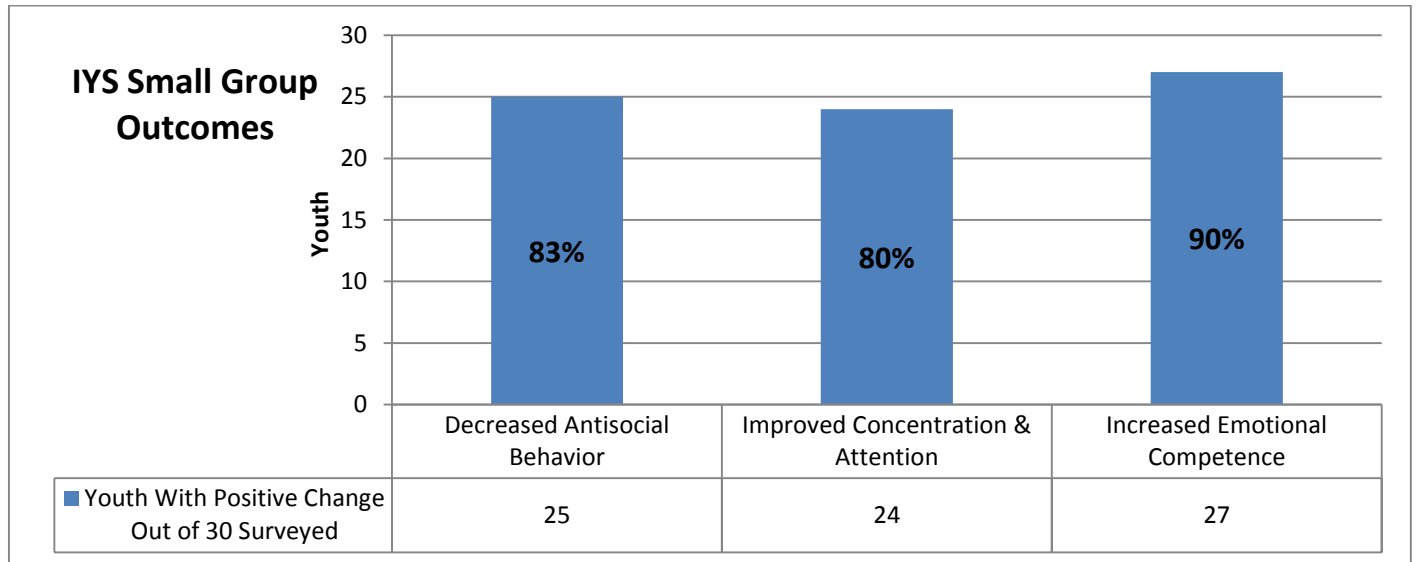
Description of the Targeted Risk and Protective Factors: *The Incredible Years is being used to prevent and intervene in youth behavior problems in two ways. First it helps parents learn more effective disciplinary techniques and teaches them to avoid harsh discipline in favor of positive behavior supports. Second it teaches social and emotional skills to youth who have been identified as having oppositional or hyperactive/attention deficit symptoms, in order to help them be successful in the school and home settings.*

Hempfield Behavioral Health Incredible Years Outcomes

IYS Surveys: Classroom and Small Group surveys are completed by the teacher or facilitator at the beginning and end of the curriculum for each youth participant. IYS Basic surveys are completed by parents during the first and last sessions of the program.

Total Number of Small Group Youth Assessed: 30 out of 38 or 79% of youth were assessed.

Total Number of Parents Completing Pre and Post: 26 out of 41 or 63% of parents completed pre/post surveys



What is the expected long-term impact of IYS?

The outcomes highlighted above reflect short-term participant changes, hypothesized long term outcomes are related to reductions in child abuse, youth anti-social behavior and improved youth academic success. In several studies youth with ADHD and ODD had significant reductions in symptoms to non-clinical levels when participating in the IYS Treatment model.