

# ON THE BIT

PASO DEL NORTE  
DRESSAGE SOCIETY

JUNE 2015

# INSIDE THIS ISSUE

3 SUMMER PARTY

4 BITS AND PIECES

5 SHOW NEWS

6 YEAR END AWARDS

7 YEAR END AWARDS PHOTOS

10 VOLUNTEER POSITIONS

11 USDF NEWS

12 5 THINGS CONFIDENT RIDERS DO

13 DEVELOP YOUR DRESSAGE HORSE'S TOPLINE

14 UNWRITTEN RULES OF DRESSAGE TEST RIDING

14 SARAH MARTIN CLINIC UPDATE

15 T SHIRT FUNDRAISER INFORMATION AND ORDERING

16 CLASSIFIEDS

If you have not sent in your  
member's survey please do so  
as soon as possible.  
We would like to have  
everything by June 15th.

*Join us for food and fun at our annual  
Summer Party June 4th at 6:30 PM  
at the home of  
Helen and Richard Knopp,  
5756 Box Elder*



*Pot luck  
for sides and  
desserts!*

**RSVP HERE!**

*We will have a silent Auction at the Summer Party ,  
if you would like to donate something,  
please bring it to the party.*

*We will also be taking orders for  
T shirts at the party.*

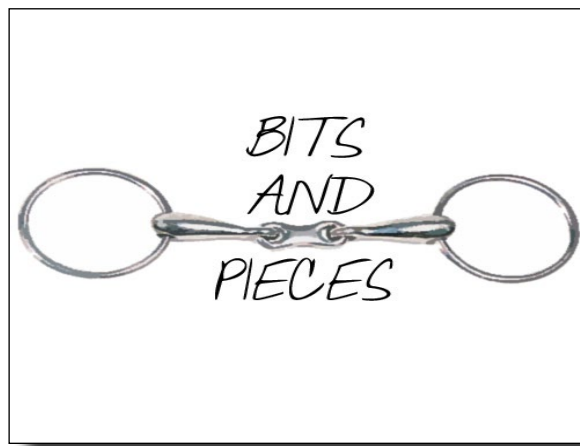
***Directions:***

*Avoid Country Club as it may still be under construction.*

*If traveling West, take Artcraft exit to the left, turn left on Upper Valley at  
the light,  
and turn right on Gomez.*

*Box Elder is the first street to the left. Third house on left (two story)  
with horse trailer in front.*

*If traveling East from the Las Cruces area, it is the same except take a  
right on Artcraft.*



Any polo shirts not picked up at the awards banquet, will be available at the summer party

If there is enough interest we will do a second order for polo shirts. Please let me know if you are interested at [mmbroyhill@gmail.com](mailto:mmbroyhill@gmail.com)

The tack sale will be rescheduled in the fall.

New date to be determined.

Now is the time to go through your tack room and trailer and find items that you may not use, but that someone else might just be looking for!

CLASSIFIEDS ARE NOW ON THE WEBSITE AND IN THE NEWSLETTER.

I encourage local instructors to advertise on the website. This is a military town with people coming in all of the time.

Last fall I had quite a few people, that were moving into El Paso, contact me through the website about boarding their horses!

Members advertise for free!

[pdndsdressage@gmail.com](mailto:pdndsdressage@gmail.com)

# SCHOOLING SHOW NEWS

Our spring schooling show season is over! I hope that you will enjoy the summer months while perfecting your skills for the fall season. There were some changes voted in at the last meeting that will effect the upcoming season and beyond.

We have raised the office fee to \$10.00 and the class fee to \$25.00 per class at our shows to help cover expenses. Updated online and printable entry forms are available on the website.

Our members voted to keep the schedule at 6 shows a year.

The membership voted in a new cancellation policy. We must have enough riders to break even or the show will be cancelled. The Show secretary will make the decision based on number of entries. The closing date will be moved up to 10 days before the show to give the secretary time to schedule and contact potential riders if needed.

We are looking for sponsors. Please consider sponsoring our shows or looking for sponsors to help with the costs of running our

club and the shows. Sponsor info is on the website

We would also like to know if anyone is interested in contributing for a traveling trophy for **High Scoring Arabian** and for **Western Dressage**. Or if you have an idea for an award that you would like to contribute to Let me know You can contact me at [mmbroyhill@gmail.com](mailto:mmbroyhill@gmail.com).

## USEF/USDF RECOGNIZED SHOW NEWS

Jane Wilmes has Volunteered to be show Secretary for the Recognized show next year.

We need a show manager now, so we can proceed with the planning.

# 2014 Year End Award Winners

## **Western Dressage**

Champion: Christina Mitchell and Rodman

Reserve Champion: Laura Farmer and Roanly Little Cricket

**Cassidy Award (High Point TB adjusted by level)**

Melissa Broyhill and Tucker

## **Training Level**

Champion: Karin Lencyk and En Vogue (open)

Reserve Champion: Nancy Torrel and Deyonce (open)

**Titsworth Award(High Point Adult adjusted by level)**

Karin Lencyk and Dyami

## **First Level**

Champion: Kim Brutzman and Guerro (open)

Reserve Champion: Kim Brutzman and King (open)

Champion: Sarah Dauz and Voltaire (jr/yr)

Reserve Champion: Sarah Dauz and Neumanon (jr/yr)

**Banjo Award(High Point Junior adjusted by level)**

Breeannon Ramey and Fantasia

**Gladiator Award (High Point average of two scores at first level at any schooling show)**

Sarah Dauz and Voltaire

## **Second Level**

Champion: Ann Hayes and Alegria (open)

**Gambler Award(High Point second level Adult)**

Ann Hayes and Alegria

Champion: Pricilla Smith and Ruby Tuesday (jr/yr)

## **Third Level**

Champion: Diana Wuerz and Heritage (open)

Champion: Breeannon Ramey and Fantasia (jr/yr)

## **FEI Level**

Champion: Karin Lencyk and Dyami (open)

Reserve Champion: Amanda Vines and Gold and Fire (open)



# P H O T O

# B O O T H













# Open Volunteer Positions

## Membership Coordinator:

- Receives all membership formss (both paper and online).
- Responsible for sending all new member and reurning member info to USDF in a timely manner
- Sending payment for each member to USDF at time of member enrollment
- Keep a current list of all members and their information.



# USDF NEWS

## New USDF Rider Awards Announced for 2016

Lexington, KY (May 20, 2015) - The United States Dressage Federation (USDF) announced today the new Dressage Seat Equitation Rider Awards, to first be awarded in the 2016 competition year. Available to both USDF Participating and Group Members, riding in any division, these awards are designed to recognize riders' achievements in equitation and will be awarded at three levels; Elementary, Accomplished, and Elite. For each level, riders must earn five scores of 65 percent, 72 percent, and 80 percent, respectively.

As with other USDF Rider Awards, scores do not expire and do not need to be earned within one competition year. While the first USDF Dressage Seat Equitation Rider Awards will not be awarded until the 2016 competition year, scores from current or past Dressage Seat Equitation classes may be eligible. Winners of these awards will receive a certificate of recognition as well as a specially designed USDF lapel pin, in yellow, red, and blue for the respective levels.

USDF Awards Committee Chair Peggy Klump explained, "We are so pleased to be able to provide the well deserved acknowledgement and recognition to those individuals excelling in dressage equitation. This is an important aspect to our sport and these awards further USDF's mission of recognizing achievements, as well as providing yet another national level honor to be bestowed upon not only USDF Participating Members, but Group Members as well, in any division of competition."

For more information about the USDF Dressage Seat Equitation Rider Awards, or other USDF Rider Awards, visit the USDF website at [www.usdf.org](http://www.usdf.org), or contact the USDF office at [rider-awards@usdf.org](mailto:rider-awards@usdf.org).

Make eTRAK and HART work for you!

USDF Group Members have full access to [eTRAK](#), and can participate in the [Horse and Rider Together \(HART\)](#) Program.

The opportunities are endless!

# 5 Things Confident Riders Do

You may think confidence is something you either have or you don't, but that's not true. Confidence comes from taking risks, failing, learning, and trying again. It comes from practicing, succeeding and recognizing that you're making progress. Here are five things that confident riders do that make them that way.

## **#1. Confident riders are willing to risk failure.**

They operate just outside their comfort zone, which is where learning happens, so they make a lot of mistakes. They're just as uncomfortable with mistakes as everyone else; they just do it so often, they get more comfortable with being uncomfortable.

## **#2. Confident riders see failure as information; they don't take it personally.**

This goes back to a quote attributed to Thomas Edison: "I haven't failed 10,000 times, I've just discovered 10,000 ways that didn't work." Confident riders don't think "Wow, I suck, I'm a terrible rider" when they make a mistake. Instead, they think, "Wow, that sucked. What should I do to make it better?" They don't waste time with self-criticism, they look ahead to what they can do to improve.

## **#3. Confident riders are aware of their horse at all moments.**

Ever notice how a confident rider rarely gets dumped on the ground when a horse spooks sideways? Sure, a major part of that is having a good seat, but it's also because they often feel it coming the instant before it happens. When there's a flapping plastic bag blowing by, they're not worrying whether their horse will spook at it; they're noticing what he's doing so they can respond appropriately.

## **#4. Confident riders remember that horses aren't people, they're horses.**

In other words, confident riders know that horses don't think like we do, and they learn to understand things from the horse's point of view. They know, for example, that horses have a hierarchy, not a democracy, so they recognize the need for the rider to be the "alpha mare" in the relationship in order to make their horse feel safe and secure. They put their horse's need for leadership over their own need to be "liked" by their horse.

## **#5. Confident riders notice what goes well during every ride.**

They recognize where they're improving and they know what their skills are, so they trust those skills. If you know you're good at sitting a spook, you won't worry about whether your horse is going to spook all the time. Confident riders aren't arrogant; they just know what their abilities are and they recognize the positives in every ride. (This tends to make them pretty happy when they're riding, too!)

Which of these five things can you do today to become more confident? They are doable for everyone! Go for it!

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### ABOUT

Andrea Waldo is a competitive event rider, USEA certified instructor and co-owner of Triple Combination Farm in Ferrisburgh, VT. Also a certified psychotherapist, she combined her knowledge to create the StressLess Riding Program.



# Develop Your Dressage Horse's Topline

## By Sue Blinks with Beth Baumert

Olympian Sue Blinks discusses developing your dressage horse's topline so it serves as a suspension bridge of musculature, making self-carriage possible.

Successful dressage riders, regardless of their system, are able to develop the horse's topline so it serves as a suspension bridge of musculature from the hindquarters through the back and the base of the neck to the horse's poll. With the benefit of this bridge, the horse appears to lift his rider up through the withers and the saddle area, and the rider swings with the horse's back. Some riders—including some who are competing at top levels—don't understand this bridge, but once a rider has felt it, he never wants to live without it. It is the Holy Grail that the rider searches for in every ride. It is the ideal for which we strive.

This ideal skeletal and muscular structure of the horse channels the power of his hindquarters and allows its energy to travel without restriction through the body to the rider's hand. When the horse has this bridge of muscle, work is much easier for both horse and rider because the bridge mechanically enables the rider to recycle his horse's energy with half halts that engage the hindquarters to a position where self-carriage requires less effort.

[READ MORE](#)



## The Unwritten Rules of Dressage Test Riding

Follow these points for each dressage level to improve your dressage test scores.

The members of the U.S. Equestrian Federation's (USEF) Test Writing sub-committee recently had an interesting discussion about dressage test Directives?the brief explanations of what the dressage judge looks for that are printed next to each movement on a dressage test. We wondered how we could make the dressage test Directives more clear? Does anyone even read the Directives? After much discussion, we decided: 1) There are many dressage test movements that dressage riders and dressage trainers don't really understand how to do and; 2) it would be too lengthy to write a complete description in each little box on the dressage test. These "little rules" are not in the USEF Rule Book either. To that end, I am hoping to share with the Dressage Today audience what I consider the "unwritten rules" of dressage test riding.

[READ MORE](#)

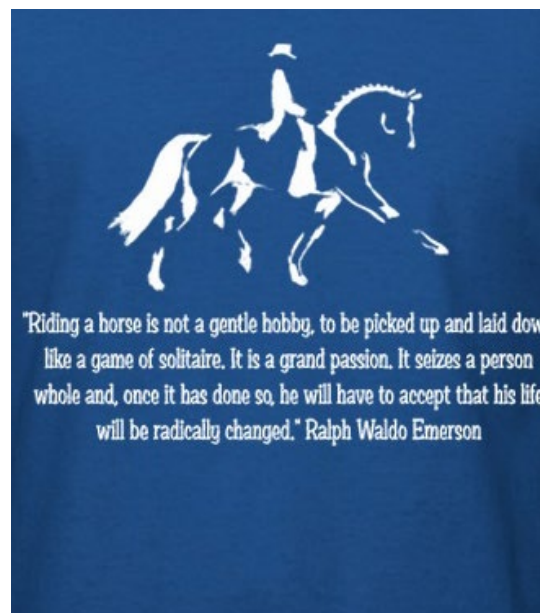
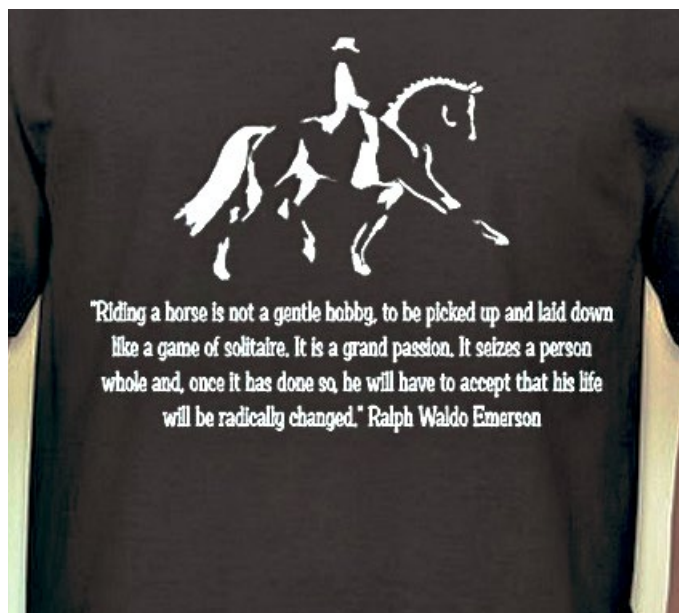


## Sarah Martin Dressage Clinic

We have tentatively changed the date of the PDNDS Sarah Martin clinic to December 5th and 6th 2015. The date was changed as a conflict arose when region 5 Regional Championships were moved to our original dates. More information to come in later newsletters.

[More on Sarah Martin](#)

Now taking orders for our  
Fall Fundraiser Tshirts.  
The votes are in,  
and here is the winner!  
Available in either black or royal blue with white  
design.



**ORDER ONLINE  
HERE**

(Order sheet will also be available at the Summer Party)

SIZE	S	M	L	XL	2XL
Length	28	29	30	31	32
WIDTH	18	20	22	24	26

#### Product Overview

6.1 oz. 100% pre-shrunk cotton;

Sturdy heavyweight cotton

Double-needle stitched for durability

#### length

(shoulder seam at collar to bottom hem)

#### width

(armhole to armhole across chest)

# CLASSIFIED ADS

## **TACK**

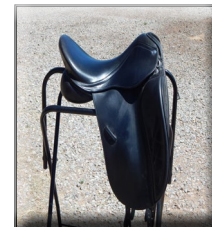
Wintec Pro dressage saddle. 18 inch seat.  
Has a wide gullet installed. The panels are flocked.  
This saddle has seen very little use and is in excellent condition.

\$500 Please contact Missy at [mmbroyhill@gmail.com](mailto:mmbroyhill@gmail.com).



[\*MORE\*](#)

Borne Levade Dressage Saddle, MW tree,  
18 inch seat. Very good condition. \$1800  
Please contact Missy at [mmbroyhill@gmail.com](mailto:mmbroyhill@gmail.com)



[\*MORE\*](#)

## **SERVICES**

### **Sun Valley Animal Clinic**

10050 MCCOMBS

VETERINARY SERVICES &  
BOARDING

(915) 751-8817

[\*MORE\*](#)

Boarding :Our boarding facility consists of 25 indoor Dog Runs and 8 Kitty Condos.

Discounts on Shots every Saturday 8:30 am til 1:30 pm \*No appointment Necessary\*

Hours: Mon, Tues, Wed & Fri 8:30 am - noon & 2 pm - 5 pm- Thursday (1/2 day) 8:30 am - noon

Saturday: 8:30 am - 2:00 pm

[\*pdndsdressage@gmail.com\*](mailto:pdndsdressage@gmail.com)



# CALENDAR

JUNE 4 : ANNUAL SUMMER PARTY AT THE HOME OF HELEN AND RICHARD KNOPP

AUGUST 12: MEMBERSHIP MEETING (tentative subject: Classical Dressage and Western Dressage; its similarities and differences) more information soon.

SEPTEMBER 6 Schooling Show - Judge Ann Hayes - Closing date is August 26. New fees take effect as of this show.

OCTOBER 4 Schooling Show - Judge Lois Whittington - Closing Date September 24

# PdNDS Video Lending Library

(Titles available in DVD format)

**All PDNDS members may borrow from the library. Contact Missy Broyhill to borrow.**

Conrad Schumacher Building Blocks for Dressage Vol. 1

Vol. 2

The Winning Edge 2007 tests 3rd & 4th levels with Chris Hickey

2002 USDF Musical Freestyle Symposium with Debbie McDonald, Terri Gallo Vol.1

Vol. 2

Vol. 3

2004 USDF Development of the Dressage Horse Vol. 1

Vol.2

Showing Your Sport Horse in Hand

2002 WEG, Jerez GP Musical Freestyles

Dancing With Your Horse (Musical Freestyles)

Tai Chi for Equestrians, James Shaw

Gymnastic Patterns with Leslie Webb Engagement Vol. 3

2001 USDF Symposium with Isabell Werth Vol. 3

Success Through Fitness, Cavaletti Work, Ingrid Klimke

2002 Sydney Olympics Dressage

1999 USDF Symposium Conrad Schumacher Vol.2

2003 USDF Symposium Lisa Wilcox, Ernst Hoyos

Training With Kyra Kyrklund Pt. 1 &2

Pt. 3 &5

Pt. 4 &6

The Seat and Aids, Charles de Kunffy

USDF On The Levels 2007 tests Intro through 1st.

1998 World Equestrian Games Dressage

1998 USDF Symposium Kyra Kyrklund Vol. 1

Vol.2

Vol.3

Basic Yoga for Dummies

That Winning Feeling, Jane Savoie Pt. 2 (this is an audio tape)

The Half Halt Demystified Pt.2, Putting Your Horse on the Bit, Jane Savoie

Be The Rider You Want to Be, Using Pilates For Dressage, Sarah Martin, Janice Dulak

Teaching the Rider to Feel, Sarah Martin, Vol. 1 Alignment

Vol.2 Influence

Vol. 3 Feel the Beat

Vol.4 Half Halt