This Newsletter is published by:
Morrow County Services for
Older Citizens, Inc.
dba *Seniors On <u>Center</u>*41 West Center Street
Mt. Gilead, OH 43338

NON-PROFIT STD.

U.S. POSTAGE PAID

MT. GILEAD, OH 43338

PERMIT #14

Board of Directors

Linda Ruehrmund (Pres.)	Kay Benick	Mike Gale	Dixie Shinaberry
Mike Warwick (V. Pres.)	Heather Kraft	Marilyn Weiler	Shirley Robinson
Lea Ann Maceyko (Treas.)	Geri Park	Ray Dietz	Dan Rogers
Janeen Wert (Sec.)	Wilma Hinkle	Suzie Lyle	Pat Rinehart
	Dennis Leader	Janet Johnson	Gilbert Ullom

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419-946-4191 * 419-946-1037 facsimile

Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

MORROW COUNTY SENIOR MOMENTS



MAY 2016 ISSUE

SENIORS ON CENTER SERVICES



Home delivered meals

A hot, well-balanced lunch is available daily to senior shut-ins living in Morrow County. Weekend and holiday frozen meals are also available upon request. A suggested donation of \$3.00 per meal is accepted.



Lunch at Seniors on Center

A hot lunch is served daily at 11:45 a.m. Reservations are required by calling the Center at least 24 hours in advance. A suggested donation of \$3.00 is accepted for those 60+ and a charge of \$5.00 for those under 60.



<u>Transportation</u>

Handicapped accessible transportation and escort service to work, doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc. is available. Please call 24 hours ahead for an appointment. A suggested donation of \$3.00 is accepted. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice.



Homemaker

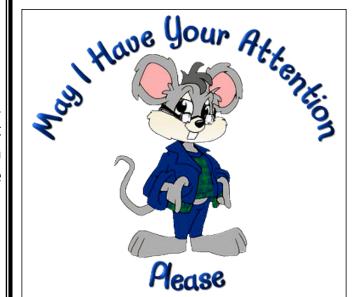
Light housekeeping for those unable to perform some of their home making chores. Charge is \$5.00 per hour.

Scioto Downs Casino Columbus, Ohio





The May schedule is the 12th and the 26th. Be sure to get your name in and put your money down soon. The bus fills quickly.



We will NOT be taking any transportation appointments for May 19th due to Senior Citizens Day. The office will not be open that day, we will all be at the Cardinal Center for your enjoyment.





DANGEROUS WEATHER REPORTING

IT IS ABOUT THAT TIME OF YEAR AGAIN WHEN WE MUST BE AWARE OF THE WEATHER. THERE ARE THREE (3) WAYS THE WEATHER STATIONS WILL BRING TO OUR ATTENTION WHAT IS GOING TO HAPPEN IN THE NEAR FUTHER. SOME TIMES WE GET CONFUSED ABOUT WHAT EACH ONE MEANS. WE NEED TO KNOW THE DIFFERENCE AND THE SERIOUSNESS OF EACH ONE.

<u>ADVISORY</u> – A WEATHER ADVISORY MEANS A LESS DANGEROUS WEATHER EVENT IS IMMINENT AND IS LESS SEVERE THAN A WARNING, HOWEVER, A HAZARDOUS WEATHER EVENT IS STILL THREATENING TO OCCUR.

<u>WATCH</u> – A WEATHER WATCH MEANS THE POTENTIAL OR CONDITIONS EXIST FOR A DANGEROUS WEATHER EVENT.

<u>WARNING</u> – A WEATHER WARNING MEANS THAT A DANGEROUS WEATHER EVENT IS IMMINENT. IMMEDIATE ACTION MUST BE TAKEN TO PROTECT LIFE AND PROPERTY.



Mother's Day

Second Sunday of May

G	Т	0	Α	N	0	Ι	Т	А	Ι	С	Ε	R	Р	Р	Α
D	E	\mathbf{T}	0	V	E	D	С	W	G	Α	E	R	Α	Н	S
E	N	E	Α	M	$_{\rm L}$	0	Α	E	U	S	\mathbf{T}	F	I	G	Т
Т	D	Α	0	0	М	R	N	I	Ι	0	С	W	Ι	S	Ε
Н	Ε	М	V	F	М	0	S	I	D	Н	0	S	U	Т	Р
E	R	E	0	S	Н	В	R	E	A	K	F	Α	S	Т	R
В	E	R	R	Р	R	Т	Ι	R	N	0	U	Р	М	E	0
E	Т	Y	E	G	R	E	M	Α	С	Н	E	0	$_{\rm L}$	Т	Т
s	Ε	$_{\rm L}$	R	С	N	Ι	W	M	Ε	R	E	U	M	R	Ε
Т	E	E	Α	E	N	I	Α	0	F	0	F	S	0	Ε	С
Т	N	N	R	G	L	Т	$\boldsymbol{\Lambda}$	U	$_{\rm L}$	I	\mathbf{T}	E	\mathbf{T}	Т	Т
E	D	Α	R	U	E	E	M	I	Т	F	0	S	Н	Н	I
Y	E	Α	V	R	\mathbf{T}	E	W	U	G	E	Y	S	E	G	V
E	E	Y	N	R	I	R	Α	E	W	R	G	I	R	U	Ε
M	0	A	E	0	Т	Ε	U	Ε	J	U	0	K	С	Α	Т
J	L	Α	G	R	В	Ι	Ι	N	Н	U	0	F	Ε	L	N

APPRECIATION BEAUTIFUL BREAKFAST CANDY CHARMING COMFORT DEVOTED FLOWERS FORGIVING GIFTS GUIDANCE HUGS JEWELERY JOY KISSES LAUGHTER LOVE MATERNAL MOM MOTHER NURTURE PERFUME PROTECTIVE SHARE TELEPHONE TENDER THE BEST WARM WISE



MORROW CO. SENIOR CLUBS

Cardington Seniors

Friday, May 27th @ 12 Noon need reservation-\$3.00 suggested donation Seniors On Center 41 W. Center St., Mt. Gilead Shirley Robinson 419-864-4077

Chesterville Seniors

Tuesday, May 17th @12PM Selover Library, Chesterville 31 State Route 95 Susie Lyle 419-768-3431

Marengo/Fulton Seniors

Monday, May 2nd @9AM Breakfast on your own Farmstead Restaurant 618 State Route 61, Marengo

Monday, May 16th @12PM Carry-In Lunch American Legion Post 710 1549 W. C R 26, Marengo Joyce Taylor 419-253-0727

Sparta Good Time Seniors

Tuesday, May 17th @12:30 PM Highland Pizza—your own cost 6530 State Route 229, Sparta Dick Sears 419-768-2050

Mt. Gilead Seniors Club

Tuesday, May 17th @12 Noon At Seniors on Center. Reservations needed. Bring dessert. Marilyn Sipes 419-468-3500

MORROW CO. SENIOR CLUBS

Morrow County Retired Teachers

April, June, October & December June 6th @ 11:30 AM Lunch provided by Trinity UMC for \$10.00

75 E. High St, Mt. Gilead Janet Johnson 419-362-6903



Join us on Tuesday, May 10th at noon to celebrate our May birthdays! Wishing the following a

Very Happy Birthday:

Phyllis Eckard
Phylis Miller
Larry Clarkson
Carol Schorr
Jerry Hiett
Daniel Metzgar
Wilma Reed
Junia Kauderer
Robert Weiler
Eleanor Johnson

Betty Helman
Richard McPeek
Ruth Harshner
Sylvia Meadows
Mary Moyer
Marie Peyton
Lavonne Pollock
Bea Castle
Joanna Gregory
Winona Niemann

MONDAY NIGHT MUSIC

\$1 FOR MEMBERS * \$2 NON-MEMBERS

Monday, May 2 nd	
Meal	5-6PN
Music by Country Travelers	6-8PN
Monday, May 9 th	

Meal5-6PMMusic by Dick Starcher6-8PM

Monday, May 16th

Meal5-6PMOpen Mic6-8PM

Monday, May 23rd

Meal5-6PMMusic by Country Travelers6-8PM

You must make reservations for the meals!

** Band donations accepted **



Saturday, May 7th, from 6:00 – 8:00 p.m. the Mt. Gilead High School student council is sponsoring a Prom Night for those 55 and older. You may have many memories of you Senior Prom in High School, but this is the time to make new memories of this Prom Night. Ask the one that makes your heart skip a beat to join you and have a great together with friends. Please RSVP to the Senior Center by May 4^{th.} 419-946-4191

EUCHRE AND BINGO

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 11:30. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

Beltone at the Senior Center April 19th 10am - Noon

No appointment necessary

Angela Schneider,
Hearing Care Practitioner



VOLUNTEER APPRECIATION BREAKFAST

On April 20th we had a volunteer appreciation day. The Center has many men and women who volunteer their time to help us and to help our clients. We want our volunteers to know how much they are appreciated.

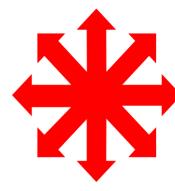
A wonderful breakfast was catered by Cornerstone Restaurant and many thank-you's were expressed by those that are helped monthly. Without our volunteers, there would be no way that we could accomplish all that we do.



IT IS FINALLY HERE; THE DAY YOU WAIT FOR EACH YEAR! WE ARE PLANNING A GREAT TIME AT THE LODGE AT THE CARDINAL CENTER IN MARENGO, OH. MAKE SURE YOUR CALENDAR IS SET FOR MAY 19TH FROM 11:00 A.M. TO 2:00 PM. WE WILL BE HAVING A CATERED SIT-DOWN MEAL, ENTERTAINMENT AND DOOR PRIZES. TRANSPORTATION WILL BE AVAILABLE. PLEASE MAKE YOUR RESERVATIONS BY MAY 13TH.

AS YOU ENTER THE CARDINAL CENTER, GO ALL THE WAY TO THE BACK. WE WILL PLACE SIGNS TO FOLLOW IF YOU DON'T KNOW YOUR WAY.









MOTHER'S DAY DESSERT

CHOCOLATE SILK PIE

TOTAL TIME: Prep: 30 min. + chilling **YIELD:**6-8 servings

INGREDIENTS:

1 unbaked pastry shell (9 inches)

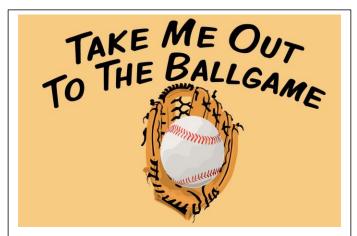
• 1 jar (7 ounces) marshmallow creme
1 cup (6 ounces) semisweet chocolate chips
• 1/4 cup butter, cubed
2 ounces unsweetened chocolate
• 2 tablespoons strong brewed coffee
1 cup heavy whipping cream, whipped

TOPPING:

1 cup heavy whipping cream 2 tablespoons confectioners' sugar Chocolate curls, optional

DIRECTIONS:

- 1. Preheat oven to 450°. Line unpricked pastry shell with a double thickness of heavy-duty foil. Bake 8 minutes. Remove foil; bake 5 minutes. Cool on a wire rack.
- **2.** Meanwhile, in a heavy saucepan, combine marshmallow creme, chocolate chips, butter, unsweetened chocolate and coffee; cook and stir over low heat until chocolate is melted and mixture is smooth. Cool. Fold in whipped cream; pour into crust.
- **3.** For topping, in a large bowl, beat cream until it begins to thicken. Add confectioners' sugar; beat until stiff peaks form. Spread over filling. Refrigerate at least 3 hours before serving. Garnish with chocolate curls if desired. Yield: 6-8 servings.



June 6th - Dime a dog night, plus Jack Hannah. What else could you want at the Columbus Clippers vs. Indianapolis game? \$10.00 nonmembers and FREE for members. Bring family and/or friends and make a night of it. Game time 7:05 p.m. Will leave Kroger's parking lot at 5:30 p.m. Call the center to get your reservation.



June 16th - Ladies Night Out \$3.00 at the door from 5:00 - 7:30 p.m. We have a fabulous group of "ladies only" vendors lined up, with a style show and refreshments. You will not want to miss this one. Call and get your reservation in by June 10th.

IN THE WORKS

Thursday, July 21st. Tecumseh Outdoor Theater, buffet and transportation. \$50.00 for members and \$53.00 for non-members. Will leave Kroger parking lot at 3:30 pm.

A day of art and/or craft - We will begin this in June and will let you know more in the next newsletter.

Trip to Sandusky Islands

Trip to Amish Theater - "Josiah for President"

July Corn Festival – Pancake breakfast here at the Center from 8:00 to 11:00 a.m.

A day for men only - October 13th at the Handlebar Ranch. \$3.00 at the door. Will include a dinner and speaker.

Senior Day at the Fair, August 30, 2016.

These are a few of the events and trips that we are working on. Keep watching your newsletters and newspapers for more information concerning these and more things that we are working on for your enjoyment.

MAY ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 8:30-10AM Silver Sneakers 11:45AM Lunch	3 9AM Roundtable 11:45AM Lunch 1-3PM Bingo	8:30-10AM Silver Sneakers 11:45AM Lunch 11:30AM Euchre 1PM Game Day	5 11:45AM Lunch 11:30AM Euchre	6 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study 1PM Adult Coloring	
5-6PM Meal 6-8PM Music					
9 8:30-10AM Silver Sneakers 11:45AM Lunch 5-6PM Meal 6-8PM Music	10 9AM Roundtable 11:45AM Lunch 1-3PM Bingo	11 8:30-10AM Silver Sneakers 11:45AM Lunch 11:30AM Euchre 12:30 Board Meeting 1PM Game Day	12 11:45AM Lunch 11:30AM Euchre	13 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study 1PM Adult Coloring	
16 8:30-10AM Silver Sneakers 11:45AM Lunch 5-6PM Meal 6-8PM Music	17 9AM Roundtable 11:45AM Lunch 12 Noon Chesterville Carry-in 12 Noon Mt. Gilead Sr. Lunch 12:30 Sparta Lunch	18 8:30-10AM Silver Sneakers 11:45AM Lunch 11:30AM Euchre 1PM Game Day	SENIOR CITIZEN'S DAY	20 8:30-10AM Silver Sneakers 11:45AM Lunch 12:30PM Bible Study 1PM Adult Coloring	
23 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon – 4PM Commodities 5-6PM Meal 6-8PM Music	24 9AM Roundtable 9AM – 12Noon Commodities 11:45AM Lunch 1-3PM Bingo	25 8:30-10AM Silver Sneakers 11:45AM Lunch 11:30AM Euchre 1PM Game Day	26 11:45AM Lunch 11:30AM Euchre	27 8:30-10AM Silver Sneakers 11:45AM Lunch 12 Noon Cardington Lunch 12:30PM Bible Study 1PM Adult Coloring	
30 CLOSED FOR	31 9AM Roundtable 11:45AM Lunch				
MEMORIAL DAY	11.40AW LUNCH	MAY			
WE THANK YOU.		8th	Happy Mother's Day!		

MAY MENU

SUGGESTED \$3.00 DONATION

ONE DAY ADVANCE RESERVATIONS REQUIRED *							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
2 Turkey Burger with Lettuce & Tomato Wedge Fries Tropical Fruit Whole Grain Bun Whole Grain Crackers Milk	3 Sloppy Joe Sandwich Carrots Hot Apple Slices Cranberry Juice Whole Grain Bun Whole Grain Crackers Milk	4 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	5 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	6 Shredded Chicken Sandwich Ranch Fries Pears Pineapple Juice Whole Grain Bun Whole Grain Crackers Milk			
9 Marzetta Cauliflower Applesauce Cranberry Juice Bread Stick Milk	10 Chicken Breast Mashed Potatoes Carrots Grape Juice Whole Grain Bread Milk	11 Pepper Steak Brown Rice Corn Banana Pineapple Juice Whole Wheat Bread Milk	12 Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	13 Chicken Strips Ranch Fries Beets Orange Juice Whole Grain Bread Milk			
16 Meatloaf Mac & cheese Corn Apple Juice Mandarin Oranges Whole Grain Bread Milk	17 Roast Beef Red Skin Potatoes Carrots Orange Juice Whole Grain Roll Milk	18 Chicken Noodle Casserole Peas Applesauce Cranberry Juice Whole Grain Bread Milk	Senior Citizen's Day	20 Chicken Breast Baked Potato Brussel Sprouts Pears Whole Grain Roll Milk			
23 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice Whole Grain Bread Milk	24 Pork Chop Sweet Potatoes Malibu Vegetables Applesauce Whole Grain Knots Milk	25 Deli Ham Tossed Salad Peaches Apple Juice Whole Wheat Bun Whole Grain Crackers Milk	26 Roasted Turkey Mashed Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk	27 Stuffed Pepper Cheese Cubes Parsley Potatoes Grape Juice Whole Grain Bread Graham Crackers Milk			
CLOSED MEMORIAL DAY!	31 Pork Fritter Baked Potatoes Broccoli Peaches Whole Grain Bread Milk	SUI	MENU I BJECT HANG	TO			