

Jonas Chiropractic Sports Injury Care Aspire 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	SCOTT BICKARD	BETHPAGE, NY	M: 1	Runner	205	00:34:20.78	05:31	10.9mph	Overall: 1
2	JOSSI FRITZ-MAUER	OLD BETHPAGE, NY	M: 2	Runner	139	00:34:43.47	05:35	10.7mph	3539: 1
3	KYLE MEYERS	PLAINVIEW, NY	M: 3	Runner	211	00:35:02.42	05:38	10.6mph	1519: 1
4	BOYD CARRINGTON	WEST ISLIP, NY	M: 4	Runner	183	00:35:30.26	05:42	10.5mph	Masters: 1
5	OSCAR LORENZO	AMITYVILLE, NY	M: 5	Runner	165	00:35:34.00	05:43	10.5mph	3034: 1
6	TRAVIS LADERER	LONG BEACH, NY	M: 6	Runner	56	00:35:59.90	05:47	10.4mph	2529: 1
7	ALEX ELETTO	STONY BROOK, NY	M: 7	Runner	93	00:37:05.91	05:58	10.0mph	2024: 1
8	THOMAS MIHAILIN	EAST NORTHPORT, NY	M: 8	Runner	82	00:37:11.02	05:59	10.0mph	2529: 2
9	BAILEY CHOY	NEW HYDE PARK, NY	M: 9	Runner	128	00:37:57.64	06:06	9.8mph	2024: 2
10	TRENT HAMPTON	ISLIP, NY	M: 10	Runner	179	00:39:04.91	06:17	9.5mph	4044: 1
11	WILLIAM BLUDGUS	NEW YORK, NY	M: 11	Runner	206	00:39:24.87	06:20	9.5mph	3539: 2
12	JOSEPH KOELBEL	BROOKLYN, NY	M: 12	Runner	157	00:39:38.69	06:22	9.4mph	5559: 1
13	ALI CARUANA	BABYLON, NY	F: 1	Runner	214	00:39:51.03	06:24	9.4mph	Overall: 1
14	VICTOR TITONE	EAST NORTHPORT, NY	M: 13	Clydesdale 200+	137	00:40:15.07	06:28	9.3mph	Clydesdale 200+: 1
15	JOHN MUELLER	MASSAPEQUA, NY	M: 14	Runner	232	00:40:48.99	06:34	9.1mph	3034: 2
16	VIVIEN LIM	GREAT NECK, NY	F: 2	Runner	197	00:40:55.12	06:35	9.1mph	Masters: 1
17	BARBARA RUSSO	BELLPORT, NY	F: 3	Runner	100	00:40:58.34	06:35	9.1mph	5559: 1
18	ADAM WETCHER	FARMINGDALE, NY	M: 15	Runner	218	00:42:02.45	06:45	8.9mph	3034: 3
19	ALYSSA KNOTT	SMITHTOWN, NY	F: 4	Runner	195	00:42:19.43	06:48	8.8mph	2529: 1
20	MARTHA DELGADO	CENTRAL ISLIP, NY	F: 5	Runner	231	00:42:28.76	06:50	8.8mph	4549: 1
21	ADRIAN FISCHL	MOUNT SINAI, NY	M: 16	Runner	221	00:42:45.01	06:52	8.7mph	3034: 4
22	JAIME PALACIOS	FRESH MEADOWS, NY	M: 17	Runner	198	00:43:03.36	06:55	8.7mph	6569: 1
23	ERIK SALOMON	HUNTINGTON STATION, NY	M: 18	Runner	29	00:43:24.07	06:59	8.6mph	3539: 3
24	KIERAN GIBBONS	NORTHPORT, NY	M: 19	Runner	49	00:43:43.63	07:02	8.5mph	5559: 2
25	BILL SCHROEDER	GARDEN CITY, NY	M: 20	Runner	222	00:44:01.95	07:05	8.5mph	6064: 1
26	ROBERT FRIED	GREAT NECK, NY	M: 21	Runner	243	00:44:17.77	07:07	8.4mph	6064: 2
27	JULIAN FRANZ	NESCONSET, NY	M: 22	Runner	300	00:44:36.55	07:10	8.4mph	2024: 3
28	ANDRIY KONDEREVYCH	WEST BABYLON, NY	M: 23	Clydesdale 185-199	173	00:44:38.66	07:11	8.4mph	Clydesdale 185-199: 1
29	STIVEN KINGSTON PIÑEROS	MINEOLA, NY	M: 24	Runner	135	00:44:42.95	07:11	8.3mph	3539: 4
30	KEITH MASSO	GLEN COVE, NY	M: 25	Runner	94	00:44:49.88	07:12	8.3mph	3034: 5
31	JOSE VELASQUEZ	OLD WESTBURY, NY	M: 26	Runner	146	00:44:51.14	07:13	8.3mph	4549: 1
32	KC BRETT	PORT JEFFERSON STA, NY	M: 27	Runner	51	00:44:57.84	07:14	8.3mph	6064: 3
33	BRANDON GARNIER WINKLER	NORTHPORT, NY	M: 28	Runner	72	00:45:31.90	07:19	8.2mph	1519: 2
34	BRAYDEN CLEMENTS	PATCHOGUE, NY	M: 29	Runner	46	00:45:32.96	07:19	8.2mph	1519: 3
35	KIMBERLY BRUNO	HOLBROOK, NY	F: 6	Runner	23	00:45:44.79	07:21	8.1mph	3034: 1
36	LENA RESCA	BROOKLYN, NY	F: 7	Runner	164	00:46:25.70	07:28	8.0mph	3034: 2
37	ALEXANDER WANG	NEW YORK, NY	M: 30	Runner	175	00:46:46.68	07:31	8.0mph	2529: 3
38	KELLY MAXEY	OYSTER BAY, NY	F: 8	Runner	55	00:46:47.05	07:31	8.0mph	3539: 1
39	ANSY FAUDOAS	HEMPSTEAD, NY	M: 31	Runner	185	00:46:50.48	07:32	8.0mph	3539: 5
40	AARON SCHOOLER	NEW YORK, NY	M: 32	Runner	248	00:46:51.98	07:32	8.0mph	3034: 6
41	ROBERT HEGEDUS	KEW GARDENS HILLS, NY	M: 33	Runner	44	00:46:55.04	07:33	7.9mph	4549: 2
42	STEPHANIE HOFFMANN	GLEN COVE, NY	F: 9	Runner	158	00:47:07.61	07:35	7.9mph	4549: 2
43	JOSEPH CAMBRIA	FARMINGDALE, NY	M: 34	Runner	24	00:47:17.28	07:36	7.9mph	2024: 4
44	PAO WANG	WESTBURY, NY	M: 35	Runner	174	00:47:30.82	07:38	7.8mph	6064: 4
45	BENJAMIN VONA	LINDENHURST, NY	M: 36	Runner	81	00:47:31.21	07:38	7.8mph	1519: 4
46	MICHAEL MINERVA	HOLBROOK, NY	M: 37	Runner	21	00:47:41.71	07:40	7.8mph	4549: 3
47	JONATHAN LEE	DIX HILLS, NY	M: 38	Runner	233	00:47:43.86	07:40	7.8mph	3034: 7
48	ANTHONY PERCHINELLI	LIDO BEACH, NY	M: 39	Runner	215	00:47:56.60	07:42	7.8mph	2024: 5
49	ALEX LINARES	HUNTINGTON STATION, NY	M: 40	Runner	142	00:48:19.27	07:46	7.7mph	2529: 4
50	SHARI KLARFELD	PLAINVIEW, NY	F: 10	Runner	228	00:48:26.90	07:47	7.7mph	4044: 1
51	DIANE KENNA	NEW YORK, NY	F: 11	Runner	220	00:48:29.15	07:48	7.7mph	5559: 2
52	HECTOR JARAMILLO	BALDWIN, NY	M: 41	Runner	27	00:48:33.27	07:48	7.7mph	5054: 1
53	FRANK FAVILLA	BETHPAGE, NY	M: 42	Runner	71	00:48:34.43	07:49	7.7mph	5559: 3

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54	ANDREA NICOLETTA	FRANKLIN SQUARE, NY	M: 43	Runner	152	00:48:44.13	07:50	7.6mph	3034: 8
55	MELISSA TORRES	ISLAND PARK, NY	F: 12	Runner	78	00:49:18.48	07:56	7.6mph	3539: 2
56	OSMAR QUEVEDO	LINDENHURSTLINDE NHURS, NY	M: 44	Runner	189	00:49:44.06	08:00	7.5mph	2529: 5
57	WILLIAM MONCHIK	SYOSSET, NY	M: 45	Runner	181	00:49:50.11	08:01	7.5mph	3539: 6
58	JACQUELINE POULOS	HUNTINGTON STATION, NY	F: 13	Runner	80	00:50:01.59	08:03	7.5mph	4044: 2
59	ALEC RAINSBY	BROOKLYN, NY	M: 46	Runner	227	00:50:20.35	08:06	7.4mph	6064: 5
60	JESSICA KIM	CENTEREACH, NY	F: 14	Runner	7	00:50:34.01	08:08	7.4mph	2529: 2
61	MEGAN FORTUNATO	BETHPAGE, NY	F: 15	Runner	16	00:51:08.48	08:13	7.3mph	3539: 3
62	MARK PLUTZER	OLD BETHPAGE, NY	M: 47	Runner	236	00:51:11.36	08:14	7.3mph	4549: 4
63	DANIEL SALERNO	MERRICK, NY	M: 48	Runner	130	00:51:14.02	08:14	7.3mph	3539: 7
64	ROMULO BRITO	BRENTWOOD, NY	M: 49	Runner	223	00:51:30.55	08:17	7.2mph	4044: 2
65	TYLER PECK	HUNTINGTON STATION, NY	M: 50	Runner	168	00:51:30.96	08:17	7.2mph	0114: 1
66	ROBERT SMITH	NORTHPORT, NY	M: 51	Runner	43	00:51:48.73	08:20	7.2mph	5054: 2
67	YU-JEN LAI	EAST SETAUKET, NY	M: 52	Runner	177	00:52:09.36	08:23	7.1mph	5559: 4
68	JASON KASS	PLAINVIEW, NY	M: 53	Runner	132	00:52:29.22	08:26	7.1mph	4549: 5
69	SALLY GLASSER	E NORTHPORT, NY	F: 16	Runner	73	00:52:38.37	08:28	7.1mph	5054: 1
70	JIMMY PECK	HUNTINGTON STATION, NY	M: 54	Runner	167	00:53:12.55	08:33	7.0mph	4549: 6
71	ROGER SOULAGNET	LINDENHURST, NY	M: 55	Runner	34	00:53:32.63	08:37	7.0mph	7074: 1
72	ALBERTO LEAL	BRENTWOOD, NY	M: 56	Runner	234	00:53:36.96	08:37	7.0mph	4549: 7
73	DON MACNEIL	BELLMORE, NY	M: 57	Runner	85	00:53:37.90	08:37	7.0mph	5054: 3
74	LISA BONANNI	BAY SHORE, NY	F: 17	Runner	162	00:53:50.67	08:39	6.9mph	3034: 3
75	ROBERT HAUGHN	PORT JEFFERSON STATION, NY	M: 58	Runner	83	00:54:15.23	08:43	6.9mph	6064: 6
76	PAUL BONANNI	SELDEN, NY	M: 59	Runner	87	00:54:19.64	08:44	6.9mph	6064: 7
77	DIANNA FAINI	COMMACK, NY	F: 18	Runner	77	00:54:24.53	08:45	6.9mph	4549: 3
78	CHRISTINE HARRISON	PATCHOGUE, NY	F: 19	Athena 140-159	148	00:54:34.07	08:46	6.8mph	Athena 140-159: 1
79	LISA FARRELL	FRANKLIN SQUARE, NY	F: 20	Runner	176	00:54:46.17	08:48	6.8mph	4044: 3
80	TARA RYAN	MINEOLA, NY	F: 21	Runner	102	00:55:00.87	08:51	6.8mph	4549: 4
81	RICH VONBUTTGEREIT	BELLEROSE, NY	M: 60	Runner	124	00:55:02.91	08:51	6.8mph	4549: 8
82	SUSIE MARNELL	HUNTINGTON STATION, NY	F: 22	Runner	230	00:55:03.02	08:51	6.8mph	6569: 1
83	GARY WOODS	WILLISTON PARK, NY	M: 61	Clydesdale 200+	166	00:55:30.31	08:55	6.7mph	Clydesdale 200+: 2
84	KATHRYN GAVEN	WILLISTON PARK, NY	F: 23	Runner	107	00:55:32.56	08:56	6.7mph	4044: 4
85	JESSICA HILL	HUNTINGTON STATION, NY	F: 24	Runner	209	00:55:33.62	08:56	6.7mph	3539: 4
86	JARED BEHR	PLAINVIEW, NY	M: 62	Runner	131	00:55:39.07	08:57	6.7mph	3539: 8
87	JOHN ANTINORA	HICKSVILLE, NY	M: 63	Runner	143	00:56:32.05	09:05	6.6mph	5559: 5
88	ROBERT WEIHS	WEST ISLIP, NY	M: 64	Runner	163	00:56:53.59	09:09	6.6mph	5559: 6
89	RUTH ALBRIGHT	LONG BEACH, NY	F: 25	Runner	120	00:56:58.72	09:10	6.5mph	6064: 1
90	RYAN MURPHY	HOLBROOK, NY	M: 65	Runner	75	00:57:08.14	09:11	6.5mph	3034: 9
91	DAVID PAREDES	PORT JEFFERSON STATION, NY	M: 66	Runner	237	00:57:09.13	09:11	6.5mph	2529: 6
92	ROB MILLER	WANTAGH, NY	M: 67	Runner	52	00:57:33.16	09:15	6.5mph	4044: 3
93	CAROLINE WARD	SAINT JAMES, NY	F: 26	Runner	247	00:57:33.75	09:15	6.5mph	5559: 3
94	BILL GUICHARDINFO@GLIRC.ORG	MELVILLE, NY	M: 68	Runner	249	00:57:36.79	09:16	6.5mph	6569: 2
95	LIZ FLAHAVAN	HICKSVILLE, NY	F: 27	Runner	153	00:57:46.74	09:17	6.5mph	5559: 4
96	PETER MARTIN	BELLMORE, NY	M: 69	Runner	159	00:57:58.33	09:19	6.4mph	7074: 2
97	JULIE VODOLA	WANTAGH, NY	F: 28	Runner	54	00:58:10.40	09:21	6.4mph	4044: 5
98	FRANK MARTINEZ	COMMACK, NY	M: 70	Runner	18	00:58:20.99	09:23	6.4mph	6064: 8
99	ANTHONY SALERNO	WANTAGH, NY	M: 71	Runner	129	00:58:45.86	09:27	6.3mph	6569: 3
100	GERRY DUNBAR	FLORAL PARK, NY	M: 72	Runner	156	00:58:46.00	09:27	6.3mph	6569: 4
101	JOSEPH LAZZARO	RIDGE, NY	M: 73	Runner	225	00:58:51.04	09:28	6.3mph	7579: 1
102	ROSALIA BUTERA	MASSAPEQUA, NY	F: 29	Runner	28	00:58:57.85	09:29	6.3mph	5054: 2

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
103	KRISTEN MEYER	MASSAPEQUA, NY	F: 30	Runner	140	00:59:02.92	09:30	6.3mph	3034: 4
104	SUE MOLLER	MERRICK, NY	F: 31	Runner	113	00:59:23.23	09:33	6.3mph	4044: 6
105	NICOLE BRENNER	PLAINVIEW, NY	F: 32	Runner	204	00:59:34.50	09:35	6.3mph	2024: 1
106	KRISTEN O'BRIEN	HUNTINGTON STATION, NY	F: 33	Runner	109	00:59:37.41	09:35	6.3mph	4044: 7
107	HEATHER SCIARA	PLAINVIEW, NY	F: 34	Runner	50	00:59:59.00	09:39	6.2mph	4044: 8
108	KEVIN BAUMBACH	PLAINVIEW, NY	M: 74	Runner	235	01:00:00.08	09:39	6.2mph	4044: 4
109	MAXX VOGELSBERG	ISLIP TERRACE, NY	M: 75	Runner	119	01:00:00.97	09:39	6.2mph	2529: 7
110	DAVID FRISONE	NEW HYDE PARK, NY	M: 76	Runner	182	01:00:23.37	09:43	6.2mph	7579: 2
111	LEAH STEVENS	PITTSBURGH, PA	F: 35	Runner	118	01:00:23.48	09:43	6.2mph	2529: 3
112	CRAIG LERMAN	PLAINVIEW, NY	M: 77	Runner	187	01:00:31.13	09:44	6.2mph	4549: 9
113	JEAN BICKARD	BETHPAGE, NY	F: 36	Runner	98	01:00:48.39	09:47	6.1mph	6064: 2
114	VIC ROSSI	HAUPPAUGE, NY	M: 78	Runner	19	01:00:54.35	09:48	6.1mph	7074: 3
115	JOE BIANCO	CENTERPORT, NY	M: 79	Runner	105	01:00:55.04	09:48	6.1mph	5559: 7
116	JOHNNY MILLER	MERRICK, NY	M: 80	Runner	238	01:01:12.57	09:51	6.1mph	7074: 4
117	BRETT STANFORD	WEST ISLIP, NY	M: 81	Runner	196	01:01:24.96	09:53	6.1mph	3539: 9
118	LARRY TENENBAUM	DIX HILLS, NY	M: 82	Runner	208	01:01:38.07	09:55	6.0mph	6064: 9
119	THOMAS COLL	MASSAPEQUA PARK, NY	M: 83	Clydesdale 200+	76	01:01:54.76	09:57	6.0mph	Clydesdale 200+: 3
120	JOHN LIVELY	HICKSVILLE, NY	M: 84	Runner	161	01:01:56.12	09:58	6.0mph	6569: 5
121	JUDITH BRENNER	PLAINVIEW, NY	F: 37	Runner	202	01:01:56.84	09:58	6.0mph	5054: 3
122	YING DING	MEREDITH, NH	F: 38	Runner	92	01:02:16.33	10:01	6.0mph	2529: 4
123	LINN WEISSMAN	JERICHO, NY	F: 39	Runner	42	01:02:44.98	10:05	5.9mph	4549: 5
124	JACQUES SYRIN	AMITYVILLE, NY	M: 85	Runner	188	01:02:58.81	10:08	5.9mph	2529: 8
125	MICHAEL SANTIAGO	HOWARD BEACH, NY	M: 86	Runner	126	01:03:15.67	10:10	5.9mph	5559: 8
126	JOHN DESPAGNA	HUNTINGTON, NY	M: 87	Runner	245	01:03:27.48	10:12	5.9mph	5559: 9
127	MICHAEL WISNIEWSKI	NORTH BABYLON, NY	M: 88	Clydesdale 200+	213	01:03:32.48	10:13	5.9mph	Clydesdale 200+: 4
128	JOHN STAUBER	MASSAPEQUA, NY	M: 89	Clydesdale 200+	48	01:03:52.10	10:16	5.8mph	Clydesdale 200+: 5
129	MARK TEMKIN	PLAINVIEW, NY	M: 90	Runner	298	01:03:58.82	10:17	5.8mph	5054: 4
130	JEREMY LISCH	PLAINVIEW, NY	M: 91	Runner	149	01:03:59.00	10:17	5.8mph	3539: 10
131	ANITA VONHIMMEL	MASSAPEQUA, NY	F: 40	Runner	250	01:04:05.80	10:18	5.8mph	6064: 3
132	JAY SATENSTEIN	KIHEI, HI	M: 92	Runner	60	01:04:08.92	10:19	5.8mph	7074: 5
133	RICH O'NEILL	CENTER MORICHES, NY	M: 93	Clydesdale 200+	191	01:04:24.63	10:21	5.8mph	Clydesdale 200+: 6
134	DINA VILLANUEVA	OYSTER BAY, NY	M: 94	Runner	210	01:04:30.51	10:22	5.8mph	4549: 10
135	DAVID ALLINGER	LEVITTOWN, NY	M: 95	Clydesdale 200+	31	01:04:35.25	10:23	5.8mph	Clydesdale 200+: 7
136	MERCY CRUZ	BAY SHORE, NY	F: 41	Runner	134	01:04:41.94	10:24	5.8mph	4044: 9
137	KIMBERLY DISHON	BELLPORT, NY	F: 42	Runner	190	01:04:42.21	10:24	5.8mph	4044: 10
138	KRISTIN LEICHT	EAST MEADOW, NY	F: 43	Athena 160+	151	01:04:52.89	10:26	5.7mph	Athena 160+: 1
139	DAVID BRENNER	PLAINVIEW, NY	M: 96	Runner	203	01:05:03.18	10:28	5.7mph	5054: 5
140	PAUL NELSON	SAINT JAMES, NY	M: 97	Runner	212	01:05:21.24	10:31	5.7mph	6569: 6
141	ELIZABETH KAUFMANN	FARMINGDALE, NY	F: 44	Runner	65	01:05:24.01	10:31	5.7mph	1519: 1
142	VINCENT TIENIBER JR	BAY SHORE, NY	M: 98	Runner	144	01:05:30.46	10:32	5.7mph	4044: 5
143	SHAWN MOMTAHEN	BAY SHORE, NY	M: 99	Runner	115	01:05:34.82	10:33	5.7mph	7074: 6
144	JENNIFER DESPAGNA	HUNTINGTON, NY	F: 45	Runner	246	01:05:39.22	10:33	5.7mph	5559: 5
145	THOMAS MCGILLICUDDY	GLEN HEAD, NY	M: 100	Clydesdale 200+	186	01:06:00.80	10:37	5.6mph	Clydesdale 200+: 8
146	KAREN GREISS	PLAINVIEW, NY	F: 46	Runner	171	01:06:15.12	10:39	5.6mph	5054: 4
147	KAMILA STROMER	PLAINVIEW, NY	F: 47	Runner	178	01:06:16.37	10:39	5.6mph	4044: 11
148	MEGHAN PIERCE	BETHPAGE, NY	F: 48	Runner	200	01:06:44.07	10:44	5.6mph	4044: 12
149	AMANDA TOMEL	MELVILLE, NY	F: 49	Athena 160+	229	01:07:45.17	10:54	5.5mph	Athena 160+: 2
150	FRANK SIBLANO	BETHPAGE, NY	M: 101	Runner	160	01:07:45.65	10:54	5.5mph	5559: 10
151	XAVIER BEAULIEU	SAINT-LAURENT, CA	M: 102	Runner	91	01:07:48.97	10:54	5.5mph	3539: 11
152	PENELOPE CONSTANTINO	OYSTER BAY, NY	F: 50	Runner	201	01:07:51.10	10:55	5.5mph	1519: 2
153	CHRISTINA MANDRA	BETHPAGE, NY	F: 51	Runner	5	01:08:23.41	11:00	5.5mph	4549: 6
154	KATE BONGIORNO	BRENTWOOD, NY	F: 52	Runner	219	01:08:25.44	11:00	5.4mph	4549: 7
155	ROBERT RATE	SELDEN, NY	M: 103	Runner	101	01:08:26.51	11:00	5.4mph	5559: 11
156	CONSTANCE SEHLMAYER	SYOSSET, NY	F: 53	Runner	32	01:08:41.50	11:03	5.4mph	7579: 1

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157	ABBY GONZALEZ	DIX HILLS, NY	F: 54	Runner	35	01:08:45.67	11:03	5.4mph	7074: 1
158	GINA VELOZ	HUNTINGTON STATION, NY	F: 55	Runner	39	01:08:50.65	11:04	5.4mph	3539: 5
159	WENDY DISILVESTRO	EAST NORTHPORT, NY	F: 56	Runner	147	01:09:27.28	11:10	5.4mph	5054: 5
160	ROBYN LIONETTI	POINT LOOKOUT, NY	F: 57	Runner	145	01:09:47.97	11:13	5.3mph	5054: 6
161	DEBORAH ALLINGER	CARLE PLACE, NY	F: 58	Runner	226	01:09:51.81	11:14	5.3mph	3034: 5
162	LORI MACNEIL	BELLMORE, NY	F: 59	Runner	84	01:10:06.32	11:16	5.3mph	5054: 7
163	ALEJANDRA MARTINEZ	HUNTINGTON STATION, NY	F: 60	Runner	117	01:10:07.33	11:17	5.3mph	2529: 5
164	TOM MAILE	CORTLANDT MANOR, NY	M: 104	Runner	239	01:10:14.91	11:18	5.3mph	7579: 3
165	BARBARA RONZETTI	EAST NORTHPORT, NY	F: 61	Runner	170	01:10:34.86	11:21	5.3mph	6064: 4
166	JESSICA SANTO	WANTAGH, NY	F: 62	Runner	53	01:10:49.18	11:23	5.3mph	3539: 6
167	ROSIBELL GARCIA	OYSTER BAY, HN	F: 63	Runner	216	01:11:55.26	11:34	5.2mph	4044: 13
168	LARRY KURTZMAN	PLAINVIEW, NY	M: 105	Runner	26	01:11:57.89	11:34	5.2mph	5559: 12
169	BOB HERMESCH	CROTON ON HUDSON, NY	M: 106	Runner	240	01:12:24.56	11:39	5.1mph	7074: 7
170	MOH KHADEER	BRIDGEPORT, CT	M: 107	Runner	155	01:12:30.11	11:40	5.1mph	5054: 6
171	PAUL LIEBLER	ALBERTSON, NY	M: 108	Runner	45	01:12:37.66	11:41	5.1mph	6569: 7
172	JENNIFER REICHL	BETHPAGE, NY	F: 64	Runner	4	01:12:54.06	11:43	5.1mph	3539: 7
173	JUNE ZIEVE	NORTHPORT, NY	F: 65	Runner	90	01:13:01.34	11:45	5.1mph	7074: 2
174	THOMAS SCOLLO	MASSAPEQUA, NY	M: 109	Runner	138	01:13:02.98	11:45	5.1mph	6064: 10
175	CHRISTOPHER CALLAHAN	COMMACK, NY	M: 110	Runner	224	01:13:21.19	11:48	5.1mph	4044: 6
176	PATRICK QUINN	SYOSSET, NY	M: 111	Runner	150	01:13:37.92	11:50	5.1mph	6064: 11
177	SUZANNE CORRIE DEL-CID	NEW HYDE PARK, NY	F: 66	Runner	67	01:14:04.51	11:55	5.0mph	6064: 5
178	ROBERT SHALLER	LITTLE NECK, NY	M: 112	Runner	241	01:14:49.95	12:02	5.0mph	6064: 12
179	RUDIANA ANGLADE	BAY SHORE, NY	F: 67	Runner	133	01:15:09.53	12:05	5.0mph	2529: 6
180	LIZ PFEIFER	EAST NORWICH, NY	F: 68	Runner	122	01:15:16.85	12:06	5.0mph	6064: 6
181	GLADYS JIMENEZ	OLD BETHPAGE, NY	F: 69	Runner	192	01:15:26.40	12:08	4.9mph	4549: 8
182	KEDAR KIRANE	EAST MEADOW, NY	M: 113	Runner	116	01:15:54.23	12:12	4.9mph	3539: 12
183	DAVID WONG	COMMACK, NY	M: 114	Runner	8	01:16:07.93	12:15	4.9mph	6064: 13
184	SHEETAL ALREJA	HICKSVILLE, NY	F: 70	Runner	180	01:16:51.50	12:22	4.9mph	3539: 8
185	PATRICK WHITE	MASSAPEQUA, NY	M: 115	Runner	217	01:16:56.06	12:22	4.8mph	4549: 11
186	HOWARD CRAGG	BETHPAGE, NY	M: 116	Runner	79	01:17:05.04	12:24	4.8mph	7074: 8
187	JOSE CRUZ	HICKSVILLE, NY	M: 117	Runner	141	01:17:40.78	12:30	4.8mph	6064: 14
188	BARBARA CLAY	BRIDGEPORT, CT	F: 71	Runner	154	01:18:01.87	12:33	4.8mph	5054: 8
189	KAREN ROSE	GLEN COVE, NY	F: 72	Athena 160+	89	01:19:12.27	12:44	4.7mph	Athena 160+: 3
190	VINCENT DEL-CID	NEW HYDE PARK, NY	M: 118	Runner	66	01:20:28.28	12:57	4.6mph	6569: 8
191	ROCHELLE HOLDEN	WESTBURY, NY	F: 73	Runner	61	01:21:33.93	13:07	4.6mph	6569: 2
192	DONNA ROSEN	JERICHO, NY	F: 74	Runner	111	01:21:46.59	13:09	4.6mph	6569: 3
193	JACK BERGER	RICHMOND HILL, NY	M: 119	Clydesdale 200+	125	01:23:00.60	13:21	4.5mph	Clydesdale 200+: 9
194	JOHN VOSSELLER	KINGS PARK, NY	M: 120	Clydesdale 200+	193	01:24:06.22	13:32	4.4mph	Clydesdale 200+: 10
195	STEPHEN SPRAGUE	FLORAL PARK, NY	M: 121	Clydesdale 200+	169	01:25:02.10	13:41	4.4mph	Clydesdale 200+: 11
196	JENNA FOCARINO	AMITYVILLE, NY	F: 75	Athena 140-159	121	01:25:14.71	13:43	4.4mph	Athena 140-159: 2
197	JUDI NICHOLS	PLAINVIEW, NY	F: 76	Runner	99	01:26:25.72	13:54	4.3mph	5054: 9
198	JENIPHER QUINTANILLA	NORTH BABYLON, NY	F: 77	Athena 140-159	194	01:28:11.83	14:11	4.2mph	Athena 140-159: 3
199	JOEY ARKEN	ROSLYN, NY	M: 122	Runner	97	01:30:47.73	14:36	4.1mph	5559: 13
200	STEVEN MILLON	EAST MEADOW, NY	M: 123	Clydesdale 200+	184	01:34:17.48	15:10	4.0mph	Clydesdale 200+: 12
201	BENJAMIN MANDEL	OAKLAND GARDENS, NY	M: 124	Clydesdale 200+	127	01:35:01.61	15:17	3.9mph	Clydesdale 200+: 13
202	NORMAN HERSHKOWITZ	MASSAPEQUA, NY	M: 125	Runner	64	01:35:04.83	15:18	3.9mph	8084: 1
203	LINDA SIMON	JERICHO, NY	F: 78	Runner	59	01:35:05.14	15:18	3.9mph	6569: 4
204	CARLOS A MORALES	CORONA, NY	M: 126	Runner	2	01:36:24.60	15:30	3.9mph	8589: 1
205	DOMINGO PEREZ	CORONA, NY	M: 127	Runner	3	01:36:25.53	15:31	3.9mph	6569: 9

Jonas Chiropractic Sports Injury Care Aspire 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
206	MARIA CROWLEY	GREENLAWN, NY	F: 79	Runner	123	01:37:28.03	15:41	3.8mph	5054: 10
207	MICHAEL KENNEDY	BRENTWOOD, NY	M: 128	Runner	47	01:39:23.58	15:59	3.8mph	4549: 12
208	RONALD FRIEDMAN	CENTERPORT, NY	M: 129	Runner	136	01:42:10.14	16:26	3.6mph	7579: 4
209	SUE TEICH	PLAINVIEW, NY	F: 80	Runner	114	01:45:00.43	16:53	3.6mph	5054: 11
210	PAULA GROOTHUIS	ALBERTSON, NY	F: 81	Runner	96	01:47:10.66	17:14	3.5mph	7074: 3
211	HOWARD KESTENBAUM	PLAINVIEW, NY	M: 130	Runner	68	02:17:48.96	22:10	2.7mph	9095: 1