

## COVID-19 Guidelines for Carlisle Community Nursery School

We plan to reopen school this fall using in-person learning. Since we are a small school with a big area, we feel that we can do this safely for our students, families and teachers. Safety is our top priority. CCNS is implementing the following policies concerning the COVID-19 virus. These policies were developed using the guidance of the CDC (Center for Disease Control) and the Pennsylvania Department of Education, and they may change without notice, if needed. The preschool will keep our parents updated with any changes that are made in the 2020-2021 school year.

- Dropping off and picking up will occur at the back door, parents will not be permitted in the school.
  - Daily signing in and out of your child will either be done electronically or by the teacher.
  - Every day your child will have a health screening done before entering the preschool.
    1. Temperature of preschooler will be taken.
    2. Asked the following set of questions: Do you or any of the children you are dropping off:
      - Have a fever\*, cough, shortness of breath, difficulty breathing, or other respiratory symptoms, or at least two of the following symptoms: chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell?
      - Had any of these symptoms since the last time you were here?
      - Been in contact with anyone with these symptoms since the last time you were here?
      - Potentially been exposed to COVID-19 or have reason to believe you/they have COVID-19?
- \*Fever is determined by a thermometer reading 100.4 or higher or by subjective signs such as flushed cheeks, fatigue, extreme fussiness, chills, shivering, sweating, achiness, headache, or not eating or drinking. Exposure is sharing a household or having close contact with anyone with COVID-19 or has symptoms of COVID-19.
- Children will wash/sanitize their hands as soon as they enter the preschool.
  - Only children, staff and board members who are required for daily operations will be allowed into the building and classrooms.
  - There will be one group of children in school at a time, we will be all be together spread out in the gym so we won't have any preschoolers in the small classroom in the back.
    - We will be using the AAA/BB method for class in order to group kids and not have different kids being exposed each day. Our class schedule will be as follows:
      - MTW, 9:00-12:00 – Zebras & Tigers
      - ThF, 9:00-12:00 – Lizards & Tigers
  - Children will continue to use good hygiene throughout the day:
    - By washing hands frequently and for at least 20 seconds.
    - Wash hands before and after eating snack.
    - Avoid touching eyes, nose and mouth.
    - Cover coughs and sneezes with a tissue or an elbow.
  - Each child will have individual materials that they will not share with other classmates (crayons, pencils, glue, markers, playdoh, etc).
  - Any shared items will be cleaned & disinfected in-between uses, and preschooler's hands will be sanitized after being done with shared items.
  - Preschooler's belongings will be kept separated, either in their cubby or in their personal supply box.
  - Water – we will not be using the drinking fountain. We ask that everyone bring a reusable water bottle to school every day.

- Snacks – we will not be sharing snacks. Each preschooler should bring in their own individually wrapped snack every day.
- Staff & preschoolers are required to wear a mask or face covering per the Secretary of the Pennsylvania Department of Health.
  - Masks can be removed:
    - Eating or drinking when spaced at least 6 feet apart
    - Seated at a desk or assigned work space at least 6 feet apart
    - Engaged in any activity at least 6 feet apart
  - While we can't guarantee, the plan will be to space the kids 6 feet apart as often as we can, especially when working individually, so that they can have a mask break (parents can choose to not allow their child to take their masks off). We will also have mask breaks during any outside time the kids are spaced apart working or playing at recess.
  - Should we have a preschooler that refuses to wear their mask, we will contact parents and come up with a plan together.
- Social distancing
  - Inside play centers will be limited to 2-3 preschoolers at a time, and they will not be permitted to switch centers during a day.
  - Toys that are not easily cleaned will be removed from the classroom.
  - When working in a whole class setting, we will limit the number of kids to a table and/or spread out throughout the gym/classroom.
  - When working in small groups, we will spread out to allow social distance amongst the small group.
  - Preschoolers will have assigned seating and not sharing that area with another student.
- Cleaning the classroom
  - We will follow CDC guidelines for cleaning and disinfecting toys and the classroom. The link can be found: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#CleanDisinfect>
  - We will clean & disinfect highly touched surfaces & objects daily.
- What happens if a student or staff member test positive for COVID-19?
  - If a preschooler or staff member develops any symptoms of COVID-19, they will be sent home along with any family siblings if there are any, as soon as possible.
  - While waiting for a sick child to be picked up, the child will sit in the office, isolated from others, but supervised.
  - For those who have stayed home or been prevented from entering due to symptoms of COVID-19 or have been sent home due to symptoms of COVID-19 must test negative for COVID-19 and have a doctor's note to return.
- Communication
  - Encourage families & caregivers to practice & reinforce good prevention habits at home.
  - Remind parents to keep sick kids home.
  - Discourage students & families from gathering in parking lot or playground during drop off or dismissal.
  - We will work to continue to educate the preschoolers on health and safety, and we expect our parents to support and reinforce our school's health & safety protocols so that there are no issues.