



EXERCISE ROOM RULES

Open 5 am – 11 pm

Seven days a week

ALL THOSE USING THE EXERCISE ROOM DO SO AT YOUR OWN RISK. THE ASSOCIATION IS NOT RESPONSIBLE FOR INJURIES OR ACCIDENT.

No food or drinks are allowed, with the exception of bottled water **ONLY**.
NO GLASS PERMITTED IN THIS AREA.

The exercise room is for **Harbour Isle East residents** and **accompanied guests only**

Children under 12 are **not permitted** in the exercise room.

Children 13-18 **must be accompanied** by a parent.

Use the exercise equipment properly. Failure to do so can result in serious injury. For your safety, please exercise with a partner.

Persons with known heart conditions, asthmatic, hypertension or other related health problems should not utilize this facility and its equipment without consulting their personal physician

Read and follow instructions posted on the exercise equipment.

While using the exercise room, individuals may wear: shorts, tank tops, t-shirts, warm-up suits, tights and leotards with appropriate athletic footwear. Shirts are required and appropriate footwear must be worn at all times. **No street clothes, flip-flops, or leather sole footwear to be worn in the facility.**

Personal music devices used in the exercise room shall be permitted **with earphones only**.

Please **wipe down the equipment** when you are finished exercising.

Report damaged equipment, room damage, non-operability of equipment or potentially hazardous condition to the Office **immediately** by calling 772-595-3660.

Smoking is absolutely prohibited.

Failure to obey these rules:

MANAGEMENT RESERVES THE RIGHT TO STOP YOU FROM USING THE EXERCISE ROOM.

In case of an emergency, please call 911