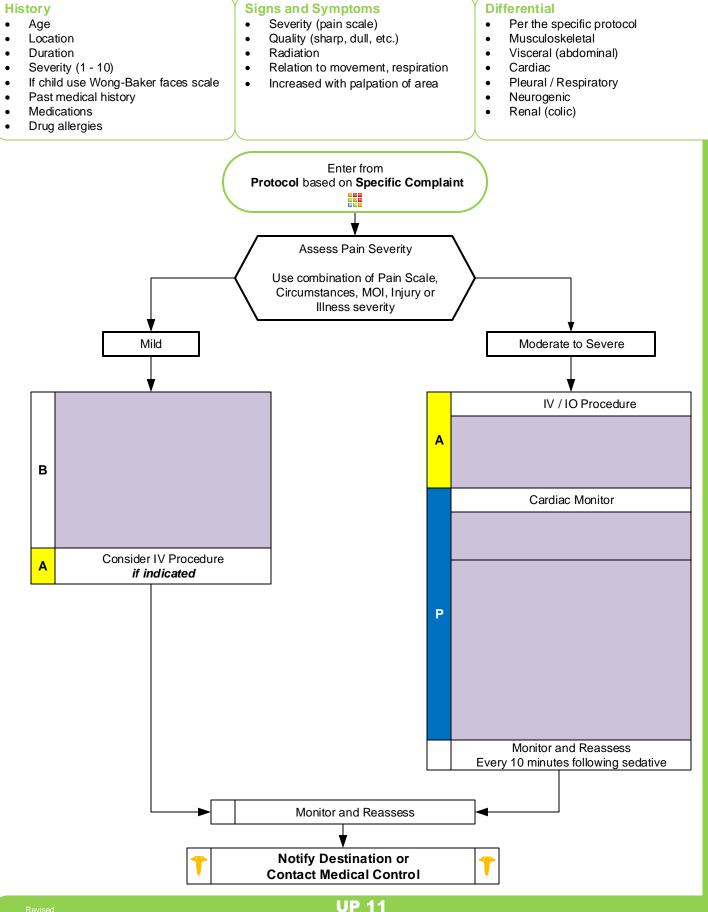


## **Pain Control**



Any local EMS System changes to this document must follow the NC OEMS Protocol Change Policy and be approved by OEMS



## Pearls

- Recommended Exam: Mental Status, Area of Pain, Neuro
- Pain severity (0-10) is a vital sign to be recorded before and after PO, IV, IO or IM medication delivery and at patient hand off. Monitor BP closely as sedative and pain control agents may cause hypotension.
- Both arms of the treatment may be used in concert. For patients in Moderate pain for instance, you may use the combination of an oral medication and parenteral if no contraindications are present.

Pediatrics:

For children use Wong-Baker faces scale or the FLACC score (see Assessment Pain Procedure) Use Numeric (> 9 yrs), Wong-Baker faces (4-16yrs) or FLACC scale (0-7 yrs) as needed to assess pain

- Vital signs should be obtained before, 10 minutes after, and at patient hand off with all pain medications.
- All patients who receive IM or IV medications must be observed 15 minutes for drug reaction in the event no transport occurs.
- Do not administer any PO medications for patients who may need surgical intervention such as open fractures or fracture deformities, headaches, or abdominal pain.
- Ketorolac (Toradol) and Ibuprofen should not be used in patients with known renal disease or renal transplant, in
  patients who have known drug allergies to NSAID's (non-steroidal anti-inflammatory medications), with active bleeding,
  headaches, abdominal pain, stomach ulcers or in patients who may need surgical intervention such as open fractures or
  fracture deformities.
- Do not administer Acetaminophen to patients with a history of liver disease.
- Burn patients may required higher than usual opioid doses to titrate adequate pain control.
- Consider agency-specific anti-emetic(s) for nausea and/or vomiting.

## **UP 11**