

# JULY 2019

**Essex Area Senior Center:**  
**876-5087**  
**www.essexvtseniors.org**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games <b>*no luncheon today</b>	<b>Happy Fourth of July</b> <b>*Center Closed</b> <b>*No Vans</b>	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
7	8	9	10	11	12	13
	10-Noon: Mah Jongg <b>10:30: Wii Bowling</b> 12:30-3:30: Bridge	12:30-3:30: BINGO	<b>10: Meal Site meeting</b> <b>Noon- 1:30: Senior Summer Picnic @ Maple Street Park</b> 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30am: Seated Yoga 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
14	15	16	17	18	19	20
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	<b>Luncheon @ Maple Street Park: Let's Have a Picnic! @ 11:30</b> 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games	10-10:30: Seated Yoga <b>10:30-11:30am: Book Club</b> <b>Craft Fest meeting @ 2</b> <b>Program meetig @ 3</b> 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
21	22	23	24	25	26	27
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games <b>*no luncheon today</b>	10-10:30: Seated Yoga <b>12:30-4pm: Drop-in Games</b> 12:30-4pm: New Canasta in Game Room	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
28	29	30	31			
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	<b>11:30: Potluck @EASC</b> 1:15pm: Duplicate Bridge <b>1:30-4pm: Drop-in Games</b>			