Good morning!

The first Tuesday of hoops season! This is the only full week before the holidays, so enjoy it!

Take a look at another freedom of movement play here.

What did you see? Was there a hand check foul committed? Was it ENOUGH to call? Well......after the call was made, there was the potential for a player control foul committed by the ball handler....AFTER the hand check foul. Was it 'enough' for a foul? YES! *ANY hand check contact more than one hot stove touch is a foul.* In this particular play, the hand check WAS called....and prevented a decision on a player control. If the hand check had NOT been called and a player control assessed, the ball handler would have been penalized twice.....once for his defender not being assessed a hand check foul and second for being called for the player control foul. Remember that hand checking has nothing to do with advantage/disadvantage and nothing to do with 'north/south or east/west'. Hand checks have EVERYTHING to do with following the rule. This is the only contact foul rule that is explicitly defined..... *ANY hand check contact more than one hot stove touch is a foul*.

This play was a great get from the T....talk in pregame conferences with your partner(s) about hand checking!

Tuesday Extra: In regards to the player/team control fouls and the procedure.....the signal at the spot must be the fist followed by the hand behind the head, etc. *At the table*, we may say 'illegal screen' or 'block' in addition to the player/team control signal for clarification.

Have a great game tonight!

Tim