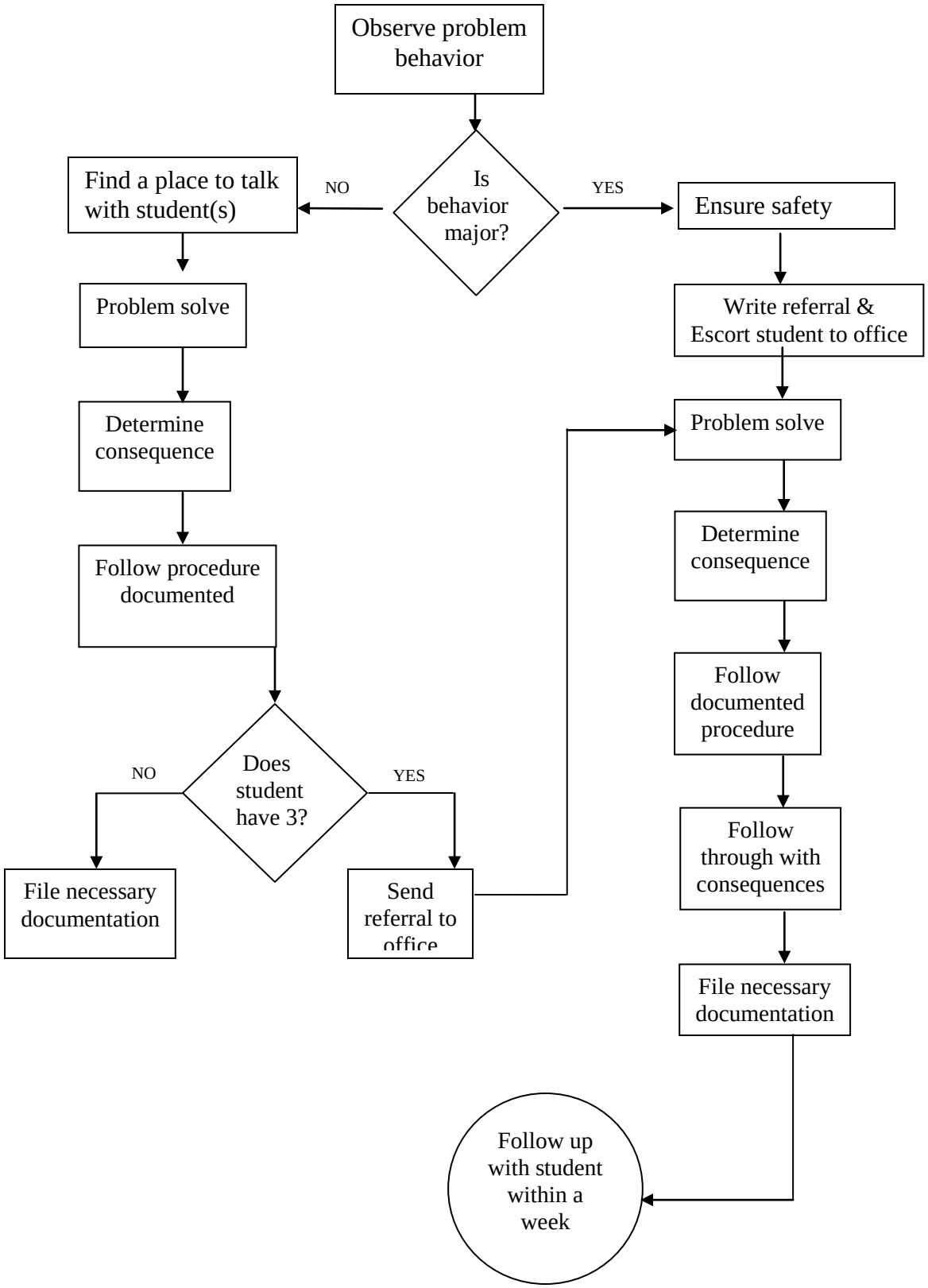General Procedure for Dealing with Problem Behaviors