

December

2019

St Francis

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Beef chili GF DF Corn bread GF DF V roasted veggies GF DF V veggie chili GF DF V fruit	3 Taco Tuesday, CRISPY BEEF GF DF black beans & rice GF DF V fruit	4 Pizza	5 Brisket nacho bar GF bean and corn salad GF DF V fruit	6 Sloppy Joes w/ pickles, corn on the cob GF DF V green beans GF DF V fruit, tofu Sloppy Joes GF DF V	7
8	9 Grilled cheese chicken noodle soup carrots and celery with Ranch GF DF V fruit	10 Crispy beef tacos GF DF Beans & rice GF DF V fruit	11 Pizza	12 Chicken with waffles carrots and celery with Ranch GF DF V Tofu and waffles GF DF V Fruit	13 Hamburgers with fixins, tater tots GF DF V fruit veggie burgers GF DF V	14
15	16 Migas, flour tortillas, refried beans, salad fruit	17 Crispy beef tacos, Beans & rice, fruit	18 Pizza	19	20	21
22	23	24	25	26	27	28
29	30	31				

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