

BUILDING A HEALTHIER MICHIGAN



State Alliance of Michigan YMCAs
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THE LATEST INFORMATION ON EVIDENCE-BASED PROGRAMS AND PARTNERSHIPS



AN EASIER WAY TO HIPAA COMPLIANCE

Y-USA has negotiated a preferred provider agreement with HIPAA Secure Now! to support local Y development of HIPAA compliance. During the month of September, Y's who sign up with HSN! will receive a 30% discount on services; in October and beyond the discount will be 20%. Y-USA will subsidize the cost for the first year of service. The HIPAA Secure Now! service will provide you with the following tools you need to comply with the HIPAA Security and Privacy Rules:

1) Each of the 18+ customizable Policies and Procedures address:

Administrative Safeguards

These provisions are defined in the Security Rule as the "administrative actions, policies, and procedures to manage the selection, development, implementation, and maintenance of security measures to protect electronic protected health information and to manage the conduct of the covered entity's workforce in relation to the protection of that information."

Physical Safeguards

These provisions are defined as the "physical measures, policies, and procedures to protect a covered entity's electronic information systems and related buildings

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FOR YOUR INFORMATION

National Falls Prevention Awareness Day

Customizable materials for National Falls Prevention Awareness Day (Sept. 22) are now available on Exchange. It's a day of action that encourages the public to learn their risk and access programs that can help them reduce risk for falls.

Help us plan the inaugural National Women's Conference!

On behalf of the Women's Leadership Network Steering Committee and Y-USA, we invite you to complete an online survey.

Your feedback will help inform and guide the work Y-USA is doing around Diversity & Inclusion as it relates to women in the Movement. It will also help the WLRN as we begin planning for a Women's Leadership Conference that will take place in late 2018. The survey can be found on yexchange.org under the networks tab.

If you have questions please email nnorton@ymcanyc.org.

and equipment, from natural and environmental hazards, and unauthorized intrusion.”

Technical Safeguards

These provisions are defined as the “technology and the policy and procedures that protect electronic protected health information and control access to it (the EPHI).”

2) Risk Assessment:

The following Risk Assessment reports will give you a good understanding of the risks to ePHI and provide you with specific steps and actions that you should take to lower the risk. The output of the Risk Assessment consists of:

Executive Summary Report

The Executive Summary is an easy to understand overview that discusses the current state of your overall risk to your systems that contain ePHI as well as recommendations to lower the risk to each system.

Detailed Risk Assessment Report

The Detailed Risk Assessment Report looks at each system that contains ePHI and documents the threats to the system, the vulnerabilities to the system, the current safeguards in place to protect the system and the additional recommended safeguards to lower the risk to the system.

Remediation / Work Plan

The Remediation / Work Plan will help you prioritize and implement additional safeguards. The Work Plan keeps track of the additional safeguards that an organization implements

3) HIPAA Security Training and Compliance Testing:

One of the most important steps you can take to protect ePHI and patient information is to provide security training to all your employees. HIPAA Secure Now! provides in-depth training on the HIPAA Security Rule as well as advice for best practices in protecting ePHI and patient information. The training is provided in an online format which is both engaging and convenient to your staff.

Covered Entities also receive HIPAA Privacy Training. Training usually takes around 1-2 hours to complete. Your staff can start a training session, stop and resume the session from where they left off. They can take the training during work hours or complete the training at home after hours.

Once your staff has completed the online training, they will take a short 15-20 question online quiz. When your entire staff has completed training, you will receive a report that lists each of your staff members, the date they took the training and the highest score they received on the training quiz.

UPCOMING EVENTS

- **Grand Rapids Regional Training Event**
 - Facilitation Skills - October 25 (two classes)
 - Lifestyle Coach Training - October 6 & 7
 - Facilitating Change in Small Groups - October 9 & 10
- **Michigan Diabetes Prevention Network Meeting**
 - Thursday, October 12 12-3pm at the Michigan Public Health Institute 2436 Woodlake Circle Suite 300 Okemos, MI 48864
- **Y Leaders Conference**
 - Join in the fun at this great conference (please note new day and month): Monday, October 30 at the Lansing Center. Register at miymcaleaders.org/2017

GRANT OPPORTUNITIES

2018 CULTURE OF HEALTH

Is your Y helping transform neighborhoods, schools and businesses so everyone has the opportunity to thrive? Learn more about the Robert Wood Johnson Foundation Culture of Health Prize and how to apply by joining a webinar at 2 p.m. (CT) September 20.

NAVIGATING COMMUNITY HEALTH RESOURCES

Helping people navigate the community health care system and connecting them to resources is one way organizations can address health inequities. With funding from the Robert Wood Johnson Foundation, YUSA will help up to 10 Ys establish and refine best practices in providing community health navigation services. Applications for the grant, due Sept. 27, can be submitted through Easygrants. Email gina.peterson@ymca.net with any questions.

ENHANCE@FITNESS

Y-USA is accepting applications for the 2017 EnhanceFitness Implementation Grant beginning September 14th through October 5th. The application including eligibility requirements, funding information, timelines and deliverables is on EasyGrants where the application can also be submitted. If you have any questions, please direct them to Katie.Koblentz@ymca.net.