

Here and Now!



FREE COMMUNITY THANKSGIVING MEAL

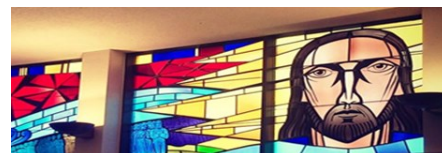
Thanksgiving Day 11:30 a.m.—1:30 p.m.

Check the Volunteer Bulletin Board if you would be interested in helping to serve our 300 plus guests, there are still a few openings. You do not have to volunteer to take part in the Thanksgiving Dinner. You and your family and friends are invited to partake in this turkey and all the trimmings meal celebrating our gratitude!

This event enabling us to serve others happens through our collaboration with Ministry on the Margins and getting the work done through an eleven-member team made up of volunteers from our Church family and the community. We have been notified that the Walmart Stores in North and South Bismarck and the Mandan location have donated funds sponsoring the purchase of food for the meal. We also have other donations through community support. We are filled with gratitude!



AND



Inside this issue:

Thanksgiving Meal	1
Administrative & Personnel	2
Thank You	2
Office Updates	2
Pastor Leanne's Message	3
Worship & Music	4
Workshop on Poverty	4
November Outreach	5
Stewardship Committee	5
Nurse's Notes	6-7
Child Care Center	8

Inside this issue:

Higher Power Lunch	9
Thank You	9
PDA Responds	9
St. Andrew's Day Celebration	10
Christian Education	11
Session Highlights	12-13
November Events	14-16
Volunteer Schedules	17
Birthdays/Anniv./Announc.	18
November Facts & Info	19-21



ADMINISTRATIVE & PERSONNEL COMMITTEE

The Session and the Administrative and Personnel Committee will be recognizing the church staff at the 10:00 a.m. worship service on **Sunday, November 4th**. A special recognition ceremony is planned during the worship service followed by a reception in the Parlor. We want to say thank you and show our appreciation for their dedication throughout the year.

Dale Hoerauf, Committee Chair



THANK YOU!

The Outreach Committee offers a huge Thank You to the cooks (Don Bigwood, Stan Halling, Clyde Johnson, David Massey and Otto Reile), 30 volunteers (including Boy Scout Troop 6 and parents) to serve the meal and those providing delicious desserts for “The Banquet” on September 13th.

Roast beef, mashed potatoes, gravy, corn, peaches, pickles, dinner rolls and desserts were provided to 449 guests.

You can be a part of this rewarding experience! Save the dates—in 2019 we will prepare and serve on Saturday, April 6th and Thursday, September 5th.



OFFICE UPDATES

The Church office is open Monday—Friday, 8:00 a.m. to 5:00 p.m.

The North-West entrance, easily accessible for handicap parking and elevator service is also our Child Care Center main doors. These doors are locked Monday-

Friday and need a code to enter for the safety of the children. The main South door located on Thayer is open during normal business hours, and will be the only door to gain access into the church.

On Sundays, for the safety of the congregation and staff, the North

-West entrance and the East entrance will be locked 10 minutes after the start of worship. The main church door will remain open.

Thank you for your cooperation and understanding.

PASTOR LEANNE'S MESSAGE...

New American Standard Bible

'AND IT SHALL BE IN THE LAST DAYS,' God says, 'THAT I WILL POUR FORTH OF MY SPIRIT ON ALL MANKIND; AND YOUR SONS AND YOUR DAUGHTERS SHALL PROPHECY, AND YOUR YOUNG MEN SHALL SEE VISIONS, AND YOUR OLD MEN SHALL DREAM DREAMS;



On Saturday, October 28th, the Session of First Presbyterian Church met for a time of visioning with myself, the Pastor, and Charee, in her role of the director of Youth Ministries. It was an important meeting of the minds—and effort to make sure that this new pastor and the Session were on the same page as to God's leading of our church. We deliberately waited to begin this process until after I had a chance to meet the congregation through cottage meetings.

We began with worship—asking God's presence and guidance—then we looked at studies which analyze the life cycle of churches, and determining where FPC falls on a spectrum of church health and vitality. We talked openly and compassionately about the features of our history that have made us who we are and engaged in searching conversations which asked, “what is our reputation in this community?” and “what do we want our reputation in this community to be?” We spared no aspect of church functioning...worship, facilities, pastoral care, mission, education, budget and finances, church culture and demographics. And...

WE BEGAN TO DREAM TOGETHER.

How do we understand our mission? How would we like our ministry to be known in our community? How do our people regard the church-as-mission? What are the foundations that support us in our pursuits? What must stay the same for spiritual and emotional continuity? What may need to change? What ministries must be in place and functioning well for renewed energy and pursuit of growth? It was a hopeful, helpful and happy time of searching...we have a promising future ahead with Christ in the lead!

The above referenced scripture is found in both Acts 2 and Joel 2, and describes what happens among the people of God when the Holy Spirit is active among them: dreaming and visioning. The Holy Spirit sets something new free among us, and asks us to come along in the hopes of God for this world.

That's why it is important that you, the congregation, share in this process of visioning. Pray, seek, ask, and speak your own hopes for what God will do among us. On Sunday morning, November 4th, a survey will be available for you, with plenty of space to write your ideas and hopes. But don't stop there! Speak to a Session member, come and talk to your Pastor...and start dreaming for this next season in the life of FPC.

Leanne



WORSHIP & MUSIC COMMITTEE...

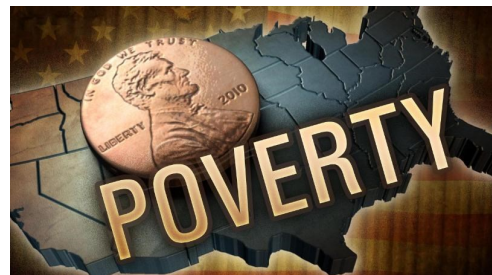
The Worship and Music Committee...”provides for the congregational worship on Sundays and other occasions.” We are pleased to share with you our upcoming opportunities.

1. Mid November Sound System Training. With additional members from the congregation we can assure those rare occasions when assistance may be needed during church events, such as Sundays and special events. This will not be a complicated training and will provide simple skills.
2. December 1 at 9:00 a.m. join us in the Sanctuary for the annual Advent Decorating. This is a good time to share the “holiday spirit” and enjoy time with others.
3. A Banner Subcommittee is being started to review our current inventory and make recommendations for future enhancement.
4. Lay Readers provide a meaningful contribution to worship and our profession of our faith. There is a sign-up roster on the Volunteer Bulletin Board. Ushers, Greeters & Reception Hosts are also needed.
5. Our Bell and Vocal Choirs are a gift to our Worship! This is a wonderful way to experience the joy of music and celebrate the Holy Spirit in Worship. If you have the talent to play an instrument, there is always an appreciation for special music in Worship.
6. The Committee encourages your suggestions and visions for the Worship Experience. Feel free to share them with any of our committee members.
7. As a small and vital group, the Worship and Music Committee is asking for you to consider joining the Committee.

Should you have additional questions or interest, please contact Jay Cofell (t#222-2810) or Shari Orser (t#224-1705)

WORKSHOP ON POVERTY

Fifty-five Presbyterians and community friends joined in the parking of soup and bread at this workshop wherein we learned about the effects of poverty on us all and where we are reminded through a three-member panel that we, as directed in Matthew 25:34-40, are meant to serve “the lesser than”. Your Outreach Committee was pleased to be a part of this endeavor along with our three sister Churches (Glencoe, Wilton, and Mandan) and Northern Plains Presbytery. Only through the generosity of volunteer time, donations of soup (11 different types) and bars did this happen. **Thank you!**





November Outreach

First Presbyterian Church will again be collecting canned and non-perishable food items to assist the Bismarck Emergency Food Pantry in their service to our Bismarck-Mandan community. Please bring your items to the church anytime from November 1st thru November 18th and place them in the donation box located in the Narthex. One item can make a difference in the lives of the hungry in our community.

Thank You!

Any Non-Perishable Food

Canned Fruit
Canned Fruit Juice
Oatmeal & Cereal
Graham Crackers
Other Snack Crackers
Peanut Butter/Jelly
Canned Tuna/Chicken
Canned Meats
Beans/Lentils
Chili
Macaroni & Cheese
Ketchup
Vegetables
Pork & Beans/Other Beans
Spaghetti Sauce (no jars)
Potatoes
Rice/Rice-a-Roni
Spaghetti/Macaroni
Soup

Jell-O
Ramen Noodles
Hamburger Helper
Sugar
Tea/Coffee
Pancake Mix & Syrup
Toilet Paper
Toothpaste
Diapers
Baby Wipes
Razors



STEWARDSHIP COMMITTEE

On behalf of the Stewardship and Mission Interpretation Committee, I would like to thank you for helping to make our Pony Express Drive successful. We are thankful for your commitment and concern by making a pledge for the coming year. It is through your participation, that the important of our church can be realized. At the present time, 125 pledges have been received and we anticipate about 34 more pledges to come in to meet last year's numbers. If you have not yet made your pledge, please do so as soon as possible.

Thank you!

John Richter, Chairman





NURSES NOTES...



Happy November Everyone!

November is a month of giving thanks. Can you believe that I have been your Parish Nurse over a year already? I hope I have met your expectations. I am so thankful for each one of you for giving me this outstanding opportunity. It has been a rewarding experience. Thank you!

Those of you know I just cannot resist...so since November is all about Thanksgiving, here is a story for you...

A lady was picking through the frozen turkeys at the grocery store, but couldn't find one big enough for her family. She asked the stock boy, "Do these turkeys get any bigger?" The stock boy answered, "No ma'am, they're dead."

November is Chronic Obstructive Pulmonary Disease (COPD) Awareness Month.

According to Healthline, Chronic Obstructive Pulmonary Disease (COPD) is a group of progressive lung disease that obstruct airflow. COPD is a leading cause of death in the United States, affecting 16 million Americans and millions more who do not know they have it. It's characterized by increasing breathlessness, with symptoms developing slowly. Though there's currently no cure for COPD, it's often preventable and treatable. The most common cause is smoking. More than 65 million people around the world have moderate or severe COPD, and experts predict that this number will continue to rise worldwide over the next 50 years. With proper management, however, most people with COPD can achieve good symptom control and quality of life, as well as reduce their risk of other associated conditions including heart disease and lung cancer. In the past, doctors were more likely to tell their patients that they had chronic bronchitis or emphysema than to use the more general term COPD, which encompasses a fuller range of chronic lung diseases. Both emphysema and chronic bronchitis are the two most common types of COPD.

Causes: Most COPD is caused by smoking. However, only one in five smokers will get significant COPD. COPD can also occur in those who've had long-term exposure and contact with harmful pollutants in their workplace. Some of these harmful lung irritants include certain chemicals, dust, or fumes. Another cause is exposure to chemical fumes. Heavy or long-term contact with secondhand smoke or other lung irritants in the home, such as organic cooking fuel, may also cause COPD. Rarely, it's caused by something called alpha-1-antitrypsin (AAT) deficiency. It's a genetic condition that causes low levels of the AAT protein, which helps to protect the lungs. According to the Mayo Clinic, it's the cause of about 1 percent of COPD cases. Genetics, air pollution, and recurrent respiratory infections may be contributing factors.

Symptoms: Early symptoms of COPD are easy to ignore. They include shortness of breath or tiring easily. Later, you may develop a cough. The cough may produce mucus, phlegm, or spots of blood. Fatigue and tightness in the chest can become a problem. Physical exertion like climbing a flight of stairs may leave you wheezing or gasping for air. As COPD progresses, there may be swelling in the legs and feet. Low oxygen levels in your bloodstream may result in gray or blue discoloration of your lips and fingernails. You may also experience increased weight loss. Common signs and symptoms include: constant coughing, sometimes referred to as a "smoker's cough", shortness of breath while doing everyday activities, and inability to breathe, excess mucus production coughed up as sputum, wheezing, blueness of the lips or fingernail beds, frequent respiratory infections and lack of energy. Someone may have COPD but not notice symptoms until the



NURSES NOTES...(continued)

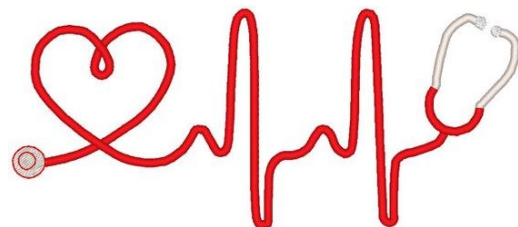
disease is in its moderate stage. This is why it's important to ask your doctor about taking a noninvasive spirometry test, which measures how well your lungs are working, if: you're a current or former smoker, have been exposed to harmful lung irritants for a long period of time or have a history of COPD in your family.

Treatment: Current treatments for COPD cannot repair the damage to your lungs, but some treatments may reduce your risk of flare-ups. This makes it easier for you to breathe and feel better. The goals of COPD treatment include: relieving your symptoms, slowing the progress of the disease, improving your exercise tolerance or your ability to stay active, preventing and treating complications & improving your overall health. **The most essential step in any treatment plan for COPD is to stop all smoking.** Quitting smoking isn't easy, but nicotine replacement products and medications might help. Other treatment options include bronchodilators, which relax the muscles around the airways, and pulmonary rehabilitation, a broad program that helps improve the well-being of people who have chronic problems. If you have COPD, you're more vulnerable to the common cold, influenza, and pneumonia. COPD also increases your risk of developing pulmonary hypertension, which is high blood pressure in the arteries that serve the lungs. Other complications from COPD include: respiratory infections, heart problems, lung cancer, high blood pressure in the lung arteries & depression.



ANNOUNCEMENTS...

- ◆ Next Blood Pressure Clinic will be **Sunday, November 11th, 2018 from 9:00 a.m.—10:00 a.m. and 11:00 a.m.—12:00 Noon.**
- ◆ Nikki Wegner from the Alzheimer's Association will present on **November 6th from 1:00 p.m. to 2:30 p.m. in the Parlor** on "Ten Common Warning Signs and What to Watch".
- ◆ Senior Exercise Class every **Monday & Thursday 10:00 a.m. in the Parlor.** Come join us! No class on Thursday, November 22nd.
- ◆ AARP will have a Family Caregiver Lunch & Learn on **November 14th at the Ramkota.** There is no charge to attend but registration is required. Here is the registration link:
<https://aarp.cvent.com/CaregivingBis11-14>





CHILD CARE CENTER

Survival Guide for Holiday Travel...With Your Kids!

The Child Care Center wants to remind you: Not every aspect of our lives must be “plugged in”. This year, if you travel for the holidays, make sure to reconnect with your loved ones of all ages—and survive the trip!



- ◆ **Talk to your Kids:** Ever wonder why you only get a grunt or a nod when you ask your kids questions? Here are some helpful conversation starters to get them to open up! And YES it works for ALL ages of kids!

What is your favorite time of the year? Why?
 What was the funniest thing that happened to you this week?
 How do you like to travel and what do you HATE about taking trips?
 What is the best trip you have ever taken?
 What feature/trait do you share with your parent(s)?

- ◆ **Tell them a story about YOU.** Lots of parents don’t remember that they are interesting, too! Make history come alive by telling a story about growing up or relatives that you seldom see. The FUNNIER the BETTER!
- ◆ **Bring Snacks**—healthy (and a little bit of junk food) helps everyone stay out of the “are we there yet” mood.
- ◆ **Pack toys/games/etc. that inspire conversation**—magnetic toys (that can’t roll away) crayons and notebooks, etc. If you are meeting family—have your tots draw pictures for the relatives. Easy ways for them to be “reintroduced” to relatives they may be shy around. Adult kids? Crossword puzzles are great! The driver can guess/help too when you read the clues out loud.
- ◆ **All talked out?** Bring the blankets and pillows and have a good music selection to fall back on. Make sure everyone has a say in the music—shuffling tunes can keep people happy...or asleep, depending on what you need.





HIGHER POWER LUNCH...

On November 21st, the day before Thanksgiving we will hold our sixth Higher Power Lunch. Amazing how time flies! Our speaker will be Bill Patrie. Bill is a retired economic and cooperative developer. He was the executive director of North Central Planning Council in Devils Lake, North Dakota where he also served on the school board. He served as the director of the North Dakota Economic Development Commission during the Governor Sinner administration. Bill was the rural development director for the North Dakota Association of Rural Electric Cooperatives and led the development effort known as “Coop Fever” which resulted in numerous value-added agricultural cooperatives being formed. Patrie is a trustee of the Bismarck Mandan United church of Christ, a director on the board of Capital Electric Cooperative, and president of the Martin Luther King Holiday Commission. He and his wife Marcia have three grown children, three grandchildren, and live North of Bismarck in the Missouri River Valley.

Join us and bring a friend, we start servicing at 11:45 a.m. with program beginning at 12:10 p.m., closing at 1:50 p.m.



THANK YOU!

Thanks to all who donated to the Back-To-School clothing drive for Myhre Elementary School. More than 250 items, from socks to sweats, were delivered to the school’s social worker for emergency uses. The items were much appreciated, and will come in handy when situations requiring dry clothes arise.

PDA RESPONDS

Presbyterian Disaster Assistance ministry enables congregations and mission partners of the Presbyterian Church (U.S.A.) to witness the healing love of Christ through caring for communities adversely affected by crises and catastrophic events. Recently PDA has been responding to the tsunami in Indonesia, Hurricanes Florence and Michael, Super Typhoon Mangkhut as well as maintaining a commitment to long-term recovery following Hurricanes Harvey, Irma and Maria. Visit PDA website for volunteer opportunities and giving information.



**PRESBYTERIAN
DISASTER ASSISTANCE**

OUT OF CHAOS, HOPE



ST. ANDREW'S DAY CELEBRATION

We are planning our 4th annual St. Andrew's Day celebration. The feast day of Saint Andrew, patron saint of Scotland, is a national holiday in Scotland where Scots culture is celebrated with traditional food, music and dance.

Once each year, many Presbyterian churches observe St. Andrew's Day as a means of celebrating their Scottish roots. This year we are celebrating November 25th. Music will be Celtic in flavor. Our service will include traditional clarsach (Gaelic wire strung harp), Highland bagpipes, Celtic hymns and songs sung in Gaelic.



Following a form of worship ceremony that dates back to 1564, various traditions are observed, most notably the "Kirkin' of the Tarta" - Kirk being the Scottish work for church. Kirkin' is a "symbol of freedom" that dates back to the defeat of Scottish highlanders by the British in 1746. English penal laws banned all things Scottish, including wearing clan plaids, speaking and singing in their native Gaelic tongue and the playing of bagpipes. Although unlawful kikin' was punishable by death, Scots would sneak a bit of their tartan under their clothing on St. Andrew's Day and when the minister said a certain phrase, they would clutch their cloth and silently say a blessing in Gaelic.

Nowadays members, guests, and visitors are invited to present pieces of their heritage or tartan for blessing during the service. The blessing is open to everyone, whether of Scots heritage or other ethnicity.

In keeping with the spirit of the occasion, you are encouraged to wear plaid and bring a fabric of your heritage for the special "Kirkin' of the Tartan".





CHRISTIAN EDUCATION...



One month of fun is official behind me! With Fall break and there has only been a few times I have been able to meet with the youth and the PresbyTeens, I have enjoyed the little time I have been able to spend with them so far! They are all very helpful on letting me know who is who and who does what...the trips and places they want to go...the things they want to do. I think I have gained some bonus points for scheduling my first Lock-In coming up on Friday, November 16th! Getting to know them has been extremely fun, and I am looking forward to the adventures ahead. We recently had our Halloween Fun Night Pizza Party and I have to say, it was a success. Along with Mark Jensen, Emily Ehrens, Jan Gilchrist, and many fantastic volunteers and parents that were there to help, everyone had so much fun!



I will be starting the GROW curriculum soon, but with the Thanksgiving and Christmas fast approaching, rehearsals and preparation will be at the forefront. Along with Pastor Leanne, we will be starting the NEW Confirmation Classes starting at the beginning of 2019. Letters and information will go out soon to those who are eligible. I am so excited to be apart of the journey for these amazing youth!

If you haven't seen recent bulletins, the C. E. Committee is looking for Adult Prayer Partners to help nurture our children and youth. Congregation members would be given a package of cards and postage, and asked to send a card monthly from December to May, as well as an enclosed birthday card to a young church member. **Your identity should be kept a secret** from the child and will be revealed at a joint pizza and pop party of card writers and receivers during the last Wednesday in April! Please consider making a connection to one of our young disciples. If you are interested, please let me know and we will get everything ready for you. If you are a parent interested in helping your child or teen feel more a part of our church family, please let me know, I will get the needed information.

I am truly looking forward to the adventures ahead! Please feel free to stop by, e-mail or contact me any way possible if you have any questions or concerns. I want to hear from our families about what is happening in their faith lives and how we can make FPC an important part of that!

Charee Linton

Youth Christian Education Director



Christian Education November Events:

- ◆ **Wednesday, November 14th, 2018:** PAC/PresbyTeens Potluck; Please bring a dish for all to share.
- ◆ **Friday, November 16th, 2018:** Lock-In! Spend the night at church for games, fun, and time with friends! Join us at 8:00 p.m. with event ending at 8:00 a.m. on Saturday. Friends welcome. Parental permission slip, youth covenant and \$5.00 for late night pizza due at lock-in. Boys are asked to bring beverages while girls are asked to bring snacks.
- ◆ **Wednesday, November 21st, 2018:** NO PAC/PresbyTeens for Thanksgiving Break! Wishing you all a wonderful Thanksgiving!
- ◆ **Christmas Pageant ~ Sunday, December 9th**
Rehearsals during PAC and PresbyTeens on Wednesday, November 28th and December 5th. Dress rehearsal at 8:00 a.m. on December 9th. (If need be we might try to squeeze in another one on Saturday, December 8th = TBD). Please let me know if your child(ren) will be able to attend.



SESSION HIGHLIGHTS...

SESSION HIGHLIGHTS October 23rd, 2018

GUEST APPEARANCES

Mark Zimmerman, outgoing Scoutmaster of Troop 6, gave a report on the year’s activities. He stated that Scouts assisted FPC with the loading/unloading of tables for the summer outdoor worship service and helped serve the Banquet. Stephen Snowden assumed the position of Scoutmaster on October 14th. The Troop will be re-chartered with 15 Scouts, celebrating 101 years sponsored by FPC.

Gladys Cairns, Chair of Outreach, will lead that committee in investigating sponsorship of a female Scout troop. Females, ages 11-17 will be able to join in February 2019. They can share the Troop 6 equipment and camp together but have separate leaders.

Ella Gutzke, Chair of the CCC Board, explained the proposed CCC budget for 2019. It includes a change in wages for full-time, part-time and temporary employees. New temporary employees would be paid \$9.50 instead of \$11.89. Fees would be increased \$7.00 a week. The budget is based on 53 children, which is a conservative estimate lower than the normal number of 58. Currently the CCC is showing a \$3,672 net income.

CLERK’S REPORT

The death of Arzella Engleman on October 8th, 2018 was reported; membership stands at 376. On October 2nd, four Clerks of local Presbyterian Churches met to read Session Records and Rolls. Bismarck FPC’s books were approved with no exceptions.

MODERATOR’S REPORT

The agenda for the Visioning Process was distributed. Session will meet Saturday, October 27th, 10:00 a.m.

FINANCIAL REPORT

TOTAL INCOME YTD ACTUAL	\$345,574	Budget	\$377,122
TOTAL EXPENSE YTD ACTUAL	\$353,512	Budget	\$419,860
NET INCOME	- \$ 7,938	Budget	- \$ 42,738
UNRESTRICTED GENERAL FUND	\$175,909.41		

COMMITTEE REPORTS (from minutes and meetings)

Administrative and Personnel—Staff Recognition Sunday is November 4th.

Business and Finance—Two pages of the Church Operations Manual will be changed to show the approval of requests for project funds up to \$5,000.

Christian Education—The committee is asking the congregation to volunteer to be a prayer partner for the child/youth. “I Love My Church” t-shirts will be sold, \$13.00 for short-sleeved and \$17.00 for long-sleeved; this is a PresbyTeen Fundraiser.



SESSION HIGHLIGHTS...(continued)

Membership—Red and green potluck will be held on December 9th following the Children’s Christmas program.

Outreach—FPC served 350 people with 99 meals to go at the Banquet in September. The church will again host the Thanksgiving meal partnering with Ministry on the Margins.

Property and Equipment—Drains and ducts have been cleaned. New lock installed in a cabinet to be used for a Deacon project. A subcommittee has been formed to assess the state of the HVAC system.

Stewardship—125 pledges for \$266,731 have been received so far. 34 families who pledged last year but have not done so this time, will be contacted.

Worship and Music—Advent decorating is scheduled for December 1st at 9:00 a.m. There will be sound system training in November.

Deacons—A cabinet and supplies are ready to be used for CCC Parent’s Emergency Pantry.

Child Care Center Board—Net income for the center has improved. Food Program renewal was approved. Appreciation Day/Open House was October 28th after worship.

Alice Nix, Clerk of Session





<u><i>Date</i></u>	<u><i>Time</i></u>	<u><i>Meeting/Event</i></u>	<u><i>Location</i></u>
Thursday, November 1st, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	12:00 p.m.	Stewardship Committee	Conf. Room
Saturday, November 3rd, 2018	8:30 a.m.	Circle	Conf. Room
	2:00 p.m.	Phyllis Lindblom Funeral Service	Sanctuary/Ramstad
Sunday, November 4th, 2018	9:00 a.m.	Adult Bible Study	202
	10:00 a.m.	Worship	Sanctuary
	10:15 a.m.	Sunday School	Downstairs
	11:00 a.m.	Staff Appreciation Celebration	Parlor
Monday, November 5th, 2018	11:00 a.m.	Jill Flynn Smyth Funeral Service	Sanctuary/Ramstad
	12:00 p.m.	Thanksgiving Meal Planning	Conf. Room
	4:30 p.m.	Suzuki Music Classes	205, 207, 209
	7:00 p.m.	Boy Scouts Troop 6	Downstairs
	7:00 p.m.	Christian Education Committee	Conf. Room
Tuesday, November 6th, 2018	1:00 p.m.	Alzheimer's Class	Parlor
	5:15 p.m.	Suzuki Music Classes	205
	5:30 p.m.	Yoga	202
	5:30 p.m.	Property & Equipment Committee	201
	6:30 p.m.	Lay Ministers	Parlor
Wednesday, November 7th, 2018	1:30 p.m.	Innovation School Class	202
	5:45 p.m.	PAC/PresbyTeens	Downstairs
	6:30 p.m.	Westminster Chimes	Bell Room
	7:30 p.m.	Chancel Choir	Sanctuary
Thursday, November 8th, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	6:00 p.m.	Outreach Committee	Conf. Room
Friday, November 9th, 2018	12:00 p.m.	Thanksgiving Meal Planning	Conf. Room
Saturday, November 10th, 2018	9:00 a.m.	Yoga	202
Sunday, November 11th, 2018	9:00 a.m.	Blood Pressure Clinic	Conf. Room
	9:00 a.m.	Adult Bible Study	201
	10:00 a.m.	Worship	Sanctuary
	10:15 a.m.	Sunday School	Downstairs



<u><i>Date</i></u>	<u><i>Time</i></u>	<u><i>Meeting/Event</i></u>	<u><i>Location</i></u>
Monday, November 12th, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	5:30 p.m.	Worship & Music Committee	Conf. Room
	7:00 p.m.	Boy Scouts Troop 6	Downstairs
Tuesday, November 13th, 2018	5:15 p.m.	Suzuki Music School	205
	5:30 p.m.	Yoga	202
	5:30 p.m.	Child Care Center Board	Conf. Room
Wednesday, November 14th, 2018	12:00 p.m.	Thanksgiving Meal Planning	Conf. Room
	12:00 p.m.	Munch & Mingle	Ramkota Hotel
	1:30 p.m.	Innovation School Class	202
	5:45 p.m.	PAC/PresbyTeens Pot Luck	Downstairs
	6:30 p.m.	Westminster Chimes	Bell Room
	7:30 p.m.	Chancel Choir	Sanctuary
Thursday, November 15th, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	7:00 p.m.	Deacons	Parlor
Saturday, November 17th, 2018	9:00 a.m.	Yoga	202
Sunday, November 18th, 2018	10:00 a.m.	Worship	Sanctuary
	10:15 a.m.	Sunday School	Downstairs
	3:00 p.m.	Pastor Leanne's Installation	Ramstad
Monday, November 19th, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	12:00 p.m.	Business & Finance Committee	Conf. Room
	4:30 p.m.	Suzuki Music School	205, 207, 209
	5:00 p.m.	Administrative & Personnel Comm.	Conf. Room
	7:00 p.m.	Boy Scouts Troop 6	Downstairs
Wednesday, November 21st, 2018	11:30 a.m.	Higher Power Lunch	Parlor
	1:30 p.m.	Innovation School Classes	202
	7:30 p.m.	Chancel Choir	Sanctuary
Thursday, November 22nd, 2018	11:30 a.m.	Thanksgiving Community Meal	Ramstad
		~ Church Closed for Thanksgiving	
Friday, November 23rd, 2018		~ Church Closed	
Saturday, November 24th, 2018		~Church Closed	

November Events

<u>Date</u>	<u>Time</u>	<u>Meeting/Event</u>	<u>Location</u>
Sunday, November 25th, 2018	10:00 a.m.	Kirkin' O' The Tartans Service ~No Sunday School	Sanctuary
Monday, November 26th, 2018	10:00 a.m.	Senior Exercise Class	Parlor
	4:30 p.m.	Suzuki Music School	205, 207, 209
	7:00 p.m.	Boy Scouts Troop 6	Downstairs
Tuesday, November 27th, 2018	5:15 p.m.	Suzuki Music School	205
	5:30 p.m.	Yoga	202
	6:00 p.m.	Session	Parlor
Wednesday, November 28th, 2018	1:30 p.m.	Innovation School Classes	202
	5:45 p.m.	Pageant Rehearsal PAC/PresbyTeens	Downstairs/Sanc.
	6:30 p.m.	Westminster Chimes	Bell Room
	7:30 p.m.	Chancel Choir	Sanctuary
Thursday, November 29th, 2018	10:00 a.m.	Senior Exercise Class	Parlor

Photography by Dave Nix...





VOLUNTEER SCHEDULES...

NOVEMBER USHERS/GREETERS/RECEPTION HOST

- November 4th:** **Captain:** Donna Richter
Ushers: John Richter, Ella Gutzke, Tedd Gutzke, Cindy Cross, Letha Lewis
Reception Host: Ella Gutzke
- November 11th:** **Captain:** Jenni Boeckel
Ushers: Joe Bachmeier, Steve Adair, Jody Bachmeier, Peggy Hoge, Bob McCallum
Reception Host: Donna Arneson
- November 18th:** **Captain:** Bob Kinnischtzke
Ushers: Don Bigwood, Steve Adair, Audre Goll, Dave Massey, Gaylene Massey
Reception Host: Lynne Bigwood
- November 25th:** **Captain:** Nanc Skaret
Ushers: Dave Nix, Alice Nix, Dick Weber, Vic Sonneman, Jerry Wilson
Reception Host: Priscilla Wilson



LAY READERS

- November 4th**
Alice Nix
- November 11th**
Ann Gallup
- November 18th**
Becky Taylor
- November 25th**
Kirkin' of the Tartan



COMMUNION SERVERS

Sunday, September 2nd

Carole Watrel	Joe Satrom
Dale Hoerauf	Bob Tonolli
Bob Kinnischtzke	Letha Lewis
Jody Bachmeier	Ella Gutzke
Runick Fru	Jay Cofell

Communion is available to be served at home, hospital, or nursing home to anyone who is unable to worship with the congregation. Please call church office to schedule time.

701-223-6091



Announcements

~ Our deepest sympathies to the family and friends of those who have passed:

Phyllis Lindblom

Jill Flynn Smyth

“And ye now therefore have sorrow: but I will see you again, and your heart shall rejoice, and your joy no man taketh from you.” ~ John 16:22



This Month’s Anniversaries & Birthdays

BIRTHDAYS

NOVEMBER

<i>Betty Sprynczynatyk</i>	<i>2nd</i>
<i>David Massey</i>	<i>3rd</i>
<i>Vern Johnson</i>	<i>4th</i>
<i>Valerie Sturlaugson</i>	<i>6th</i>
<i>Dan Halvorson</i>	<i>11th</i>
<i>Parker Ronningen</i>	<i>11th</i>
<i>Jan Gilchrist</i>	<i>12th</i>
<i>Corby Svihovec</i>	<i>13th</i>
<i>Emily Johnson</i>	<i>15th</i>
<i>Emily Ehrens</i>	<i>16th</i>
<i>McKinley Stokka</i>	<i>17th</i>
<i>Lynne Bigwood</i>	<i>17th</i>
<i>Geraldine Morrison</i>	<i>20th</i>
<i>Ann Lynch</i>	<i>20th</i>
<i>Doug Bradford</i>	<i>21st</i>
<i>Shari Orser</i>	<i>25th</i>
<i>Jeff Schafer</i>	<i>26th</i>
<i>Jon Thomson</i>	<i>30th</i>
<i>Brady Wohl</i>	<i>30th</i>

Anniversaries

<i>Jodi & John Bjornson</i>	<i>Nov. 2nd</i>
<i>Kim & Gail Christianson</i>	<i>Nov. 3rd</i>
<i>Les & Tammy Gallup Lelm</i>	<i>Nov. 11th</i>
<i>Darren & Denise Gratz</i>	<i>Nov. 18th</i>
<i>Jerry & Priscilla Wilson</i>	<i>Nov. 23rd</i>

~~~~~

*All birthdays and anniversaries are taken from the church’s membership database. If we made a mistake, or missed you or a loved one, we apologize and ask that you please let us know so we can update our system. If you do not want your birthday listed in a bulletin or newsletter, please let us know that as well. Thank you!*



In the rush surrounding the Thanksgiving holiday, it's easy to become overwhelmed with all there is to do. The ball game on TV can bump that well-intended time of grateful prayer down the priority list. But hopefully you will carve out time to slow down and count your blessings. And when you do, keep in mind something that Jayme Metzgar pointed out in a popular article recently: it's not really thanksgiving to just *feel* thankful. As admirable as it may be to routinely practice the habit of gratitude, real thanksgiving needs an object. It requires someone *to whom we are thankful*, not just generic feelings of thankfulness.

Metzgar writes: "While gratitude based on temporal things will eventually fail us, thanksgiving is an act of communion with the eternal God. As such, it anchors us to something that will last forever." The early settlers of Plymouth Plantation rejoiced over their good harvest. But their material blessings weren't the source of their gratitude. Neither did they merely have thankful feelings in the generic sense. They directed their thanks to God. Historian Tracy McKenzie writes of them...

When the Pilgrims spoke of holidays, they used the word literally. A holiday was a "holy day" set apart for worship and communion with God.

The occasion that the Pilgrims would have remembered as their first Thanksgiving Day in America occurred in the summer of 1623, nearly two years after the event that we commemorate. During that summer a two-month-long drought threatened to wipe out the Pilgrims' crops, and the prospect of starvation in the coming winter loomed over them. In response, Governor Bradford "set apart a solemn day of humiliation, to seek the Lord by humble and fervent prayer, in this great distress." The Pilgrims gathered for a prayer service that lasted some 8-9 hours, and by its end, a day that had begun hot and clear had become overcast, and for the next fourteen days a steady, gentle rain restored the parched earth. "But, O the mercy of our God," Winslow exulted, "who was as ready to hear as we to ask."

Having this sign of God's favor, Winslow explained, the Pilgrims "thought it would be great ingratitude" not to thank God publicly for his deliverance. And so "another Solemn Day was set apart . . . wherein we returned glory honour and praise, with all thankfulness to our good GOD."

**Your turn:** What about you? This Thanksgiving, who/what are you thankful for?



# **FUN FACTS**

## **NOVEMBER BIRTHDAYS**

- ◆ November Birthstone is Topaz
- ◆ Flower is Chrysanthemum
- ◆ Zodiac Signs are Scorpio & Sagittarius

## **HOW TO CELEBRATE NOVEMBER**

- ◆ No-Shave November (Men's Health Awareness)
- ◆ National Adoption Awareness Month
- ◆ National Pepper Month
- ◆ Aviation History Month
- ◆ Peanut Butter Lovers Month

## **IMPORTANT DATES**

- ◆ Daylight Savings Time Ends November 4th
- ◆ Election Day is Tuesday, November 6th
- ◆ Veteran's Day is Sunday, November 11th
- ◆ Thanksgiving Day is Thursday, November 22nd

## **DID YOU KNOW?**

President Abraham Lincoln declared the final Thursday in November as the national day of Thanksgiving. Congress made Thanksgiving Day an official national holiday in 1941. Unlike today's feast consisting of turkey, stuffing, cranberry, etc.; the original Thanksgiving menu probably consisted of Seethed Lobster, Roasted Goose, Boiled Turkey, Fricase of Coney, Pudding of Indian Corn Meal with dried Whortleberries, Seethed Cod, Roasted Duck, Stewed Pumpkin, Roasted Venison with Mustard Sauce, Savory Pudding of Hominy, Fruit and Holland Cheese.



Praying the Scriptures at MercylsNew.com

1. 1 Thess. 5:18 May we learn to be thankful in all things for this is Your will for us.
2. 1 Chron. 16:34 Thank You for Your enduring love.
3. Psalm 7:17 Lord, thank You for Jesus' righteousness.
4. Matt. 26:26 Thank You for the Body of Christ.
5. Matt. 26:27 Thank You for the blood of Christ.
6. Ezra 3:11 Lord, we praise You for Your goodness.
7. Psalm 9:1 Lord, thank You for Your wonderful deeds.
8. Rom. 7:25 God, we praise You for the deliverance You give us.
9. 1 Cor. 1:4 We thank You for grace.
10. Psalm 100:4 We enter Your presence with praise and thanksgiving.
11. Dan. 6:10 Teach us to give thanks all day long as Daniel did.
12. Eph. 1:16 We thank You for our brothers and sisters in Christ, the Body of Christ.
13. Psalm 106:47 We praise Your Holy Name.
14. Rev. 4:9 We worship the One who sits on the throne.
15. Thess. 1:3 Thank You for a growing faith.
16. Lam. 3:22-24 Thank You for new mercies every morning.
17. 1 Cor. 15:57 Thank You that we have victory in Jesus.
18. Col. 3:15 Thank You that in Christ we have peace.
19. Heb. 12:28 We praise You because Your kingdom cannot be shaken.
20. Psalm 118:21 Thank You for hearing and answering my prayers.
21. Phil. 4:16 Help us to always pray with thanksgiving.
22. Psalm 119:62 We give You thanks at all hours of the day and night.
23. James 1:5 We thank You for the wisdom You so graciously give
24. Col. 1:12 Because of Your Son we have an inheritance, we are blessed.
25. Psalm 50:14 We bring You a sacrificial offering of thanksgiving.
26. Isaiah 51:3 Thank You for the comfort we find in Christ alone.
27. Joel 2:25 Thank You that in Christ we can have true restoration.
28. Psalm 95:2 We praise You with music and song.
29. Rev. 11:17 We worship the One who is, who was and who always will be.
30. 2 Cor. 9:15 Thank You for this indescribable gift.



*We Thank You, Lord!*

## First Presbyterian Church

214 East Thayer Ave.  
Bismarck, ND 58501

Phone: 701-223-6091

E-mail:

[irstpresbyterian@fpcbismarck.com](mailto:irstpresbyterian@fpcbismarck.com)

[www.fpcbismarck.com](http://www.fpcbismarck.com)

**Sunday Worship Schedule:**

**Worship: 10:00 a.m.**

**Sunday School 10:15 am**

**Office Hours:**

**Monday—Friday**

**8:00 AM—5:00 PM**

### Staff

**Pastor**

*Rev. Dr. Leanne Simmons*

**Administrative Assistant/Youth**

**Christian Education Director**

*Charee Linton*

**Finance Assistant**

*Vickie Haas*

**Parish Nurse**

*Wanona Goetz*

**Organist**

*Arvy Smith*

**Choir Director**

*Debi Rogers*

**Handbell Ensemble Director**

*Lael Hoerauf*

**Maintenance**

*Les Hornbacher*

*Nathan Peterson*

**Membership Services**

*Judy Lentz*

*Shelli Peterson*

**Child Care Center Director**

*Shawn Stettner*

**Child Care Assistant Director**

*Vanessa Hein*

**Nursery**

*Mary Jones*