

Welcome to the April 2017 edition of Wellbeing in Partnership newsletter. April is looking like a quiet month for meetings especially as it is the Easter break.



News for the Voluntary and Community Sector in Redditch is that the new VCS Grants Co-ordinator starts in post on 4<sup>th</sup> April. Her name is Ann Dallison and she can be contacted on 01527 64252 Ext. 2667 and email is [ann.dallison@bromsgroveandredditch.gov.uk](mailto:ann.dallison@bromsgroveandredditch.gov.uk)

Connecting Families is keeping up the pace in Bromsgrove and further to the event which took place in March there will be another afternoon on 4<sup>th</sup> April for partner organisations to get together and progress thinking on how Connecting Families might look for Bromsgrove.

If anyone would like to publish a good news story, promote an event/course/workshop/consultation in this newsletter please let us have the info by emailing [partnership@bromsgroveandredditch.gov.uk](mailto:partnership@bromsgroveandredditch.gov.uk). Happy Easter everyone!

## CCG Consultations

The Redditch and Bromsgrove Clinical Commissioning Group (CCG) has two consultations currently live. One is focusing on prescriptions and the other on assisted conception.

If you wish to have your say about these issues you can fill in the survey for the prescriptions consultation [here](#) and the assisted conception treatment consultation [here](#). The deadline for submitting your views is 12 April.



## Redditch Older People's Day 2017

On Thursday 9th March 2017, around 100 people attended the annual Redditch Older People's Services showcase event.

A wide range of organisations came along, including Act on Energy, Severn Trent Water, CAB, Community Safety, Herefordshire and Worcestershire Fire Service, Care and Repair Worcestershire, RBC Home Support Service, Mobile Occupational Therapists, Lifeline, Dial-a-Ride, Shop-mobility, Living Well, Cinnamon Trust, Montana Mobility Centre, Redditch Association for the Blind, Sight Concern, Charisma Training (services including audible aids for the blind and partially-sighted), Redditch Talking Newspaper, Age UK, Home Instead (Senior Home Care, dementia specialists), Alzheimer's Society, Transition Redditch and Repair Café Redditch, Contact the Elderly (tea parties for isolated older people) and Carers Careline (support for carers in Redditch).



There was a really good atmosphere, with people who came to the event and also the representatives of the organisations enjoying finding out about all the different services on offer.

Refreshments, a raffle and a good welcome were provided by the Older People's Forum - who also have refreshments and entertaining and informative speakers and at 9.30am on the second Thursday of every month at the Ecumenical Centre.

# Health Chats



**Health Chats** is a **FREE** interactive 3 hour public health training awareness session essential for any member of staff or volunteer who works with members of the public. Learn about the current health priorities in Worcestershire and gain the skills to have an informed two minute **Health Chat** encouraging people to make healthier choices.

The training covers health issues such as alcohol consumption, smoking, physical activity, diet, mental well-being and ageing well. By the end of the session you will be able to:

- Raise healthy lifestyle issues with people with confidence
- Assess peoples motivation and inspire them to make positive changes
- Signpost people to appropriate local support services.

You will also receive a Health Chats certificate and supporting information to help you have conversations about living a healthy lifestyle.

## Forthcoming Dates

March

Wed 22, 9.30am at Bromsgrove District Council (Parkside)

May

Fri 12, 9.30am at Pershore Civic Centre

Thu 25, 1pm at the Guildhall, Worcester

June

Tue 13, 1pm at Wyre Forest District Council

Wed 28, 9.30am at Redditch Town Hall

**To book your place, contact:**

**Call 01905 843411 Email [HWBAdmin@worcestershire.gov.uk](mailto:HWBAdmin@worcestershire.gov.uk)**

Health Chats sessions are co-ordinated by Worcestershire County Council Health and Well-being dept. and aligned to the **NHS Making Every Contact Count** (MECC) programme.



## **Digital Champions in Bromsgrove**

**Do you need help with digital technology?**

**Need help with the internet?**

**Need help looking for work?**



**We have two Digital Champions in Bromsgrove, which are able to help you with all aspects of the internet and computers.**

**Geoff is based at Starlight Community Centre, Humphrey Avenue in Charford every Tuesday and Thursday between 11 am and 1 pm.**

**Peter is based at Parkside Library, on a Monday from 10 am until 12 pm, and on a Wednesday from 1 pm – 3 pm.**

**No appointment is necessary, just drop in and see our Digital Champions, they will be more than willing to help you.**

# INTRODUCING DAYPLUS

Weekly social activities every Wednesday

£15

includes a  
two course meal and  
refreshments



Held at:  
**Shenstone Court**  
Shenstone Close  
Bromsgrove  
Worcs B60 1PG

Join us for games,  
quizzes, arts, crafts  
and entertainment,  
every Wednesday  
10.30am - 3.30pm

For more information visit  
**bdht.co.uk**

or call freephone **0800 0850 160**

 **bdht**  
Bromsgrove District Housing Trust

# Providing peace of mind 24 hours a day



NEW Lifeline is a telecare service available 24 hours, 365 days a year to any vulnerable people living within the Redditch and Bromsgrove districts as well as surrounding areas.

It allows residents such as the elderly, disabled or those with serious health problems to continue to live independently in their own homes.

A Lifeline unit installed in the home and a portable pendant allow the user to call for help in an emergency at any time of day or night. Our Monitoring Centre Operators will receive the call and assist the user with their emergency.



## NEW: No landline available?

You can now have all the comfort of Lifeline in your home without the need for phone lines, sockets or extensions.

The new Lifeline units use GSM technology, similar to mobile phones, so you can put them wherever you want as long as there is a power supply.

## NEW: need help away from home?

For your security and peace of mind, the new 'Footprint' pendant allows you to call for help wherever you are.

In an emergency, it can even tell us your exact location.

### Features include:

- Emergency call button
- Two-way voice communication
- GPS satellite tracking
- Full roaming SIM included
- Fall detection feature
- Suitable for lone workers
- Suitable for those living with dementia

To find out more about any of our services, please contact us below.



For more information please call  
01527 534060 or email:  
[lifeline@bromsgroveandredditch.gov.uk](mailto:lifeline@bromsgroveandredditch.gov.uk)



**Bromsgrove**  
District Council  
[www.bromsgrove.gov.uk](http://www.bromsgrove.gov.uk)

REDDITCH HOORN HILL COUNCIL

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[www.redditchhc.gov.uk](http://www.redditchhc.gov.uk)

## Worcestershire Association of Carers are offering drop in sessions at the following locations around Bromsgrove.

Are you an unpaid carer looking after a family member or friend who needs help because of illness, age, disability or addiction?

Do you need support in your caring role?

Come along and speak to one of our Engagement Officer's to see how the service can help you.

13 <sup>th</sup> April 2017	Buckleys Green Community Room, Alvechurch, B48 7NG	10 am until 11 am
13 <sup>th</sup> April 2017	Edwin Court Community Room, Charford, B60 3HJ	11.30 am until 1.30 pm
13 <sup>th</sup> April 2017	Crabtree Court, Parkwood Road, Sidemoor, B61 8UG	2 pm until 3 pm
25 <sup>th</sup> April 2017	Willow Court, Sidemoor, B61 8NS	10 am until 12 pm
25 <sup>th</sup> April 2017	Shawhurst Lane, Hollywood, B47 5JN	2 pm until 4 pm
31 <sup>st</sup> May 2017	Green Gables Drive (Community Room), Alcester Road, Hollywood, B47 5NJ	10 am until 12 pm

If you would like to know more, please contact:

**Maureen Oliver (WAC) on 01905 751 350**

Worcestershire Association of Carers is a charity providing support for unpaid adult carers in Worcestershire. The charity delivers services via the new Worcestershire Integrated Carers Hub which provides a telephone helpline, website, training, information points, fact sheets and regular newsletters. For more information please contact Maureen Oliver on 01905 751350 or visit our website at [www.carersworcs.org.uk](http://www.carersworcs.org.uk)