# Raglan Coast Cheer 2019-2020

Dear Raglan Cheer All-star and Parent,

Thank you so much for your interest in Raglan Coast Cheer. As we prepare for our 14th season, we are anticipating a very exciting and successful year. We are dedicated to giving each cheerleader an outstanding cheerleading experience. We as the owners of Raglan, along with our amazing staff, have worked hard to make everyone feel welcome and a part of the Raglan Family! We take time to get to know each individual, help them set and reach goals, learn the value of commitment and team work and build confidence and self-esteem.

We have prepared the following information to help each family understand the commitment level that we expect. Please take the time to read over the information in full. We want you to know what you are "signing up for". Raglan is very competitive throughout our Region. We have the highest expectations for the staff and athletes. We know that our program is not for everyone. Raglan believes that it takes partnership between parents and coaches to keep athletes focused and driven.

Dedication, commitment and hard work are what we are expecting our team members to bring with them to every practice. The Raglan Staff is the BEST! Raglan teaches kids to be exceptional athletes, but most of all, Raglan teaches kids to be exceptional individuals. Focusing on teamwork and integrity and structured safe workouts, Raglan team members learn how to encourage one another while building their self-confidence. We will teach each athlete progression skills through each level executing them with correct technique before moving on to the next skill. Strength and confidence grow with this style of coaching while getting the absolute best out of our teams.

If you have any questions please feel free to email at <a href="mailto:raglancoast@gmail.com">raglancoast@gmail.com</a> or contact us at 435-674-1888. Thank you again, for considering being a part of Raglan Coast Cheer. Good luck to each of you! GO RCC!!!!

Ryan and Donelle Forbes

### **Team Placement Evaluation**

We have a place for everyone. All athletes will be placed on the proper age and division level. We will begin practicing on May 9 and have regular practices through June! The month of July will be for clinics. We will resume our regular practice schedule in August and will also do our choreography in August. All athletes will be evaluated according to the USASF guidelines. Each athlete will be given the opportunity to show us their best running tumbling, standing tumbling, and jumps. They will also learn a short dance to be performed in a group. This will show us their ability to move to music, sharpness in motions, timing and showmanship. We also look at strength and flexibility. We want to make our team placement fun and want every athlete to be at ease

#### Tryout Procedure:

- I. Read information thoroughly
- 2. Turn in registration forms: participation release, registration / agreement form
- 3. Attach \$35 registration fee/ \$25 for returners ~t-shirt included~ (\$45 family maximum)
- 4. Attend tryout times for your age.
- 5. Wear shirt and shorts, tennis shoes and hair up. Presentation is considered.

Relax.... It will be fun!!!! No stress allowed ©.

# Raglan Coast Cheer Obligations, Rules and Regulations

- \* Parents are to make sure your son or daughter is on time and attends all practices, events, and competitions.
- \* Parents are to inform the coach if the competitor is to be late or absent from practice.
- \* Parents are to fulfill all financial obligations on time, whoever signs the release form is financially responsible.
- \* Parents are to encourage and support Raglan to be the best they can be.
- \* If parents are unable to stay for the whole competition, other arrangements must be made so that the member can stay for the whole competition. This way, we can show support to ALL of our Raglan family!!
- \* Additional practices and and extra competitions may be added occasionally as needed throughout the year.
- \* Parents need to maintain manners and civility at all functions.
- \* Any negative behavior towards a Raglan Team member or to another gym (i.e. Social Media); will result in disciplinary action.
- \* No inappropriate pictures or language to be used on any account (i.e. Social Media).
- \* Any un-sportsman like behavior, will result in disciplinary action.
- \* Athletes are to never approach an official or judge of a competition to voice a negative opinion. Compliments are accepted.
- \* Team members will set and maintain high examples of behavior and are always working to achieve personal and squad goals.
- \* Team members must be aware that it is a privilege to be a part of Raglan and be aware of the responsibilities required and commitment to the team.

# **Attendance Policy**

- I. Members must be on time to practice.
- 2. If an absence must occur, a request must made by speaking with a coach.
- 3. No absences will be allowed two weeks prior to a competition!
- 4. Three unexcused absences will call for dismissal from team.
- 5. If you are sick or injured, you must still attend practice. You will not be required to participate, but will watch.
- 6. All competitions are mandatory. Extra practices and competitions may be added throughout the year.

The staff has family and outside lives also, if an extra practice is scheduled, they are for the benefit of the team and the coaches deem it necessary for their success. Raglan staff is committed to your athletes! They are always willing to go the extra mile for them.

Summer attendance is **VERY** important to the development of the team and individual. If you are in town, then you are at practice. Practices are still a high priority during the summer, low attendance will effect team placement. We take the month of July off for family vacations etc., however; each member is required to attend clinics during the month of July. Regular tuition will apply, so it is in your best interest to attend clinics and make the most of the July clinics. Additional information will be sent soon for times of the summer clinics.

No Practices will be held:
May 23-27, 2019 – Graduation and Memorial Day
Sept 2, 2019 – Labor Day
Oct 16-17, 2019 – Fall Break
October 31, 2019 – Halloween
November 20-15 – Thanksgiving
December 23, 2019 – January 3, 2020 – Christmas Break
March 16-20, 2020 – Spring Break
April 9-13, 2020 – Easter Break

# **Financial Information**

1. Tuition will be due the <u>I<sup>st</sup> OF EACH MONTH</u>, <u>EVERYONE</u> is required to fill out an automatic withdraw from at the front desk. This will be **STARTING MAY** 8th:

#### Monthly tuition will goes as follows:

1.5 Hours per week - \$60 per month

2 hours per week - \$70 per month

2.5 hours per week - \$90 per month

3 hours per week - \$100 per month

3.5 hours per week - \$110 per month

4 hours per week - \$120 per month

5 hours per week - \$135 per month

Cross-over fee - additional \$20 a month depending on team

## 2. **DUE MAY 8, 2019:** Total: \$35 per member:

**-USASF Fee:** Each cheerleader is required to be a part of the USASF in order to compete.

## 3. DUE MAY 2019: approximately \$400 for uniform

All teams will be purchasing new uniforms this year. Uniforms will not be orderd until payment in full. The order will be placed on June 21, 2019. The cost of the uniform will be approximately \$425 – this will include uniform top, bottom, and bow. We will send out information to purchase the required makeup! All athletes are required to purchase **WHITE** cheer shoes. These can be purchased online or locally. Warm ups are not required, but can be purchased at uniform fitting. More information of uniform fitting date and times coming soon.

\*In addition to uniforms, we require each participant to purchase practice attire; the t-shirt they receive at tryouts will be used as their first practice attire, each participant will be required to purchase a tank top and shorts as well. The cost of the second practice attire will be approximately \$40, this will be due at uniform fitting on May 20, 2019.

## 4. DUE SEPTEMBER 30, 2019: Fee schedule below:

Competition Fees: Each Athlete is required to pay nonrefundable competition fees for the season. This fee pays for each member to compete at the competitions, music, and choreography. It does not include travel or parents entrance fees to the competitions. The competition fee for last year was between \$400 and \$800, depending on team. This will be due by September 30, 2019. Competition fees must be paid in full in order to compete. Each year the fee schedule for each competition changes, we will have totals along with the competition dates by the end of August when competition companies have solidified their schedule.

#### Each athlete is required to be making payments with their tuition starting in June. Payments will be:

Teams	June	July	August	September
Youth, Jr, Sr	\$150	\$200	\$150	remainder
Tiny, Mini	\$150	\$200	\$100	remainder

\*\*\* Anyone who chooses to terminate membership after August 1, 2019 will be required to pay an immediate fee of \$200. \*\*\*

Here is a list of Tentative Competition Dates to put on your Calendar! Each team will compete in 3-7 of these dates depending on level of Team. These dates will be finalized by September 2, 2019.

December 14, 2019 - Sandy UT

December 14-15, 2019 - Las Vegas NV

January 25, 2020 - Sandy UT

February I-2, 2020 - Palm Springs CA(W)

February 8, 2020 - Las Vegas NV

February 16-17, 2020 - Las Vegas NV(W)

February 21-22, 202 - SLC UT

February 22-23, 2020 - Las Vegas NV

March 7, 2020 - Farmington UT

March 27-28, 2020 - SLC UT

April 4, 2020 - St George UT

May 9, 2020 - US Finals Las Vegas NV

May 2020 - Worlds/ Summit - Orlando FL