

Opening Doors

Living...

Learning...



Lowenstein House was originally located in the historic Lowenstein Mansion in Memphis, TN. The program is modeled after New York's Fountain House, the oldest and most successful psychiatric rehabilitation facility in the country. We were created by local mental health facilities in answer to a need - the need to help consumers of mental health services return to be productive members of our society.

Contributions are always needed and are tax deductible. As we continue to grow, we can use furnishings for our apartment and housing programs, items for our Thrift Shop, computers, office furnishings and equipment.

We are an "Open Door" where consumers can find comfort, support and mental health recovery.

For more information or to make a referral to Lowenstein House, contact the Manager of Intake at the number listed below (main location), or visit our website at www.lowensteinhouse.com

Lowenstein House is a



Member Agency

Contact us

Lowenstein House
(Main Location)
821 South Barksdale St.
Memphis, TN 38114
Phone: (901) 274-5486
Fax: (901) 278-6927

Lowenstein House East
6590 Kirby Center Cove, Suite 103
Memphis, TN 38115
Phone: (901) 334-3200

Lowenstein House, Inc.



Hope

Recovery

Education

JOB SKILLS



Growing...

Recovering.

Welcome to Our Club!

After people have received treatment for a mental illness, where do they go when they're doing better? Too many end up back in the hospital, not because they are still coping with a mental illness, but because of isolation, lack of hope, job skills and nothing to do.



There is hope for those wanting to improve their lives - **Lowenstein House.**

Our Mission

The mission of Lowenstein House is to help persons with mental illnesses work towards recovery and achieve self-sufficiency through job skills training, job placement, life skills development, education, housing, case management and support.

Your Journey to Recovery Begins Here

Lowenstein House is a psychosocial rehabilitation facility serving adults diagnosed with mental illness. It utilizes a clubhouse model approach in which participants are "members" of a club, as opposed to "clients" or "patients". The Clubhouse Model of Psychiatric Rehabilitation asserts that all persons are capable of change and growth. Lowenstein House is committed to this philosophy and provides a program of support, education, recreation and mental health recovery for its participants. Members are encouraged and supported throughout their personal journey of recovery.

Training Units

Lowenstein House has four units in which members can receive job skills training and/or develop activities of daily living. The units are: Food Services, Environmental, Clerical/Computer Technology and Peer Services. Members choose a unit based on their individual needs and goals. Staff assist members with goal setting and provide guidance, training and case management.



Lowenstein House Services

MENTAL HEALTH RECOVERY

Promoting mental health recovery is a key component of the Lowenstein House program. Individuals are assisted with developing a WRAP (Wellness Recovery Action Plan), which will assist them with managing their illness and learning how to prevent setbacks. In addition, various groups and other activities are provided to help members develop interpersonal and life skills essential to living productively in the community.

OTHER SERVICES

- Job Skills Training
- IPS Supported Employment Services
- Groups / Individual Counseling
- Basic Living Skills Training
- Peer Support Services
- Recreational and Social Activities
- Adult Basic Education / GED prep
- Transitional / Emergency Housing
- Wellness /Exercise Programs
- Substance Abuse Education Groups

For More Info

Visit our website at
www.lowensteinhouse.com

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