

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">October 2021 McMinn Senior Activity Center Mon-Fri 8:30a-4p 205 McMinn Ave Athens, TN 37303 www.mcminnseniors.com office@mcminnseniors.com 423-745-6830 <i>Please note that this schedule is subject to change.</i></p>			<p align="center">The Pool Room, Computer Lab, Exercise Room, Card Room and Library are always available!</p> <p align="center"><i>Do you have an idea for a program? See Diane!</i></p>	<p>1 Happy Birthday Linda B! 9a-12p Walgreens Flu Shot Clinic 9:30a Jam Session 11:30a Lunch 11:45a Nutrition Education Happy Birthday October 2 Teresa M!</p>
<p>4 National Golf Day 10a Bingo 11:30 a Lunch No Yoga Today</p>	<p>5 National Do Something Nice Day 9a Blood Pressure Check 9:30a Quilting 10a Choir 11:30a Lunch</p>	<p>6 National Mad Hatter Day Wear Your Best Hat!!! 9:30a Knitting & Crocheting 10a Bingo w/Caris 11a Crafts 11:30a Lunch 12p Yoga w/Nancy</p>	<p>7 10a Pool Tournament 11:30a Lunch 1p TWU Afternoon Stretch-Manicures 12p Dr. Bubba's Bluegrass Gospel w/Hearth</p>	<p>8 National Fire Prevention Day 9:30a Jam Session 11:30a Lunch Happy Birthday October 9 Shelia Q & October 10 Leon R!</p>
<p>11 The Senior Activity Center will be closed today for Columbus Day</p>	<p>12 Happy Birthday Faye! 9a Blood Pressure Check 9:30a Quilting 10a Choir 11a Fire Safety w/Athens Fire Department 11:30a Lunch</p>	<p>13 9:30a Knitting & Crocheting 10a Bingo w/HOC 11a Crafts 11:30a Lunch 12p Yoga w/Nancy</p>	<p>14 10:30a Ocoee/Hiwassee State Park Wildlife Presentation (w/animals!)- Grandparents Day Out-Bring your grands to the program! 11:30a Lunch</p>	<p>15 9:30a Jam Session 11:30a Lunch</p>
<p>18 10a Bingo w/Decatur Wellness 11:30 a Lunch 12p Yoga w/Nancy</p>	<p>19 TWU Day of Service 9a Blood Pressure Check 9:30a Quilting 10a Choir 11:30a Lunch</p>	<p>20 Medicare Part D Open Enrollment 9a-3p 9:30a Knitting & Crocheting 11:30a Lunch No Yoga Today</p>	<p>21 10a Cornhole Tournament 11:30a Lunch 1p TWU Afternoon Stretch-Exercise</p>	<p>22 Cleveland State Make a Difference Day 9:30a Jam Session 11:30a Lunch</p>
<p>25 10a Bingo 11:30 a Lunch 12p Yoga w/Nancy</p>	<p>26 9a Blood Pressure Check 9:30a Quilting 10a Choir 11:30a Lunch</p>	<p>27 National Black Cat Day 9:30a Knitting & Crocheting 10a Bingo 11a Crafts 11:30a Lunch 12p Yoga w/Nancy</p>	<p>28 10a Horseshoe Tournament 11:30a Lunch 11:30a Celebrate October Birthdays w/Caris 1p TWU Afternoon Stretch-Halloween Fun!</p>	<p>29 National Frankenstein Day 9:30a Jam Session 11:30a Lunch</p>

