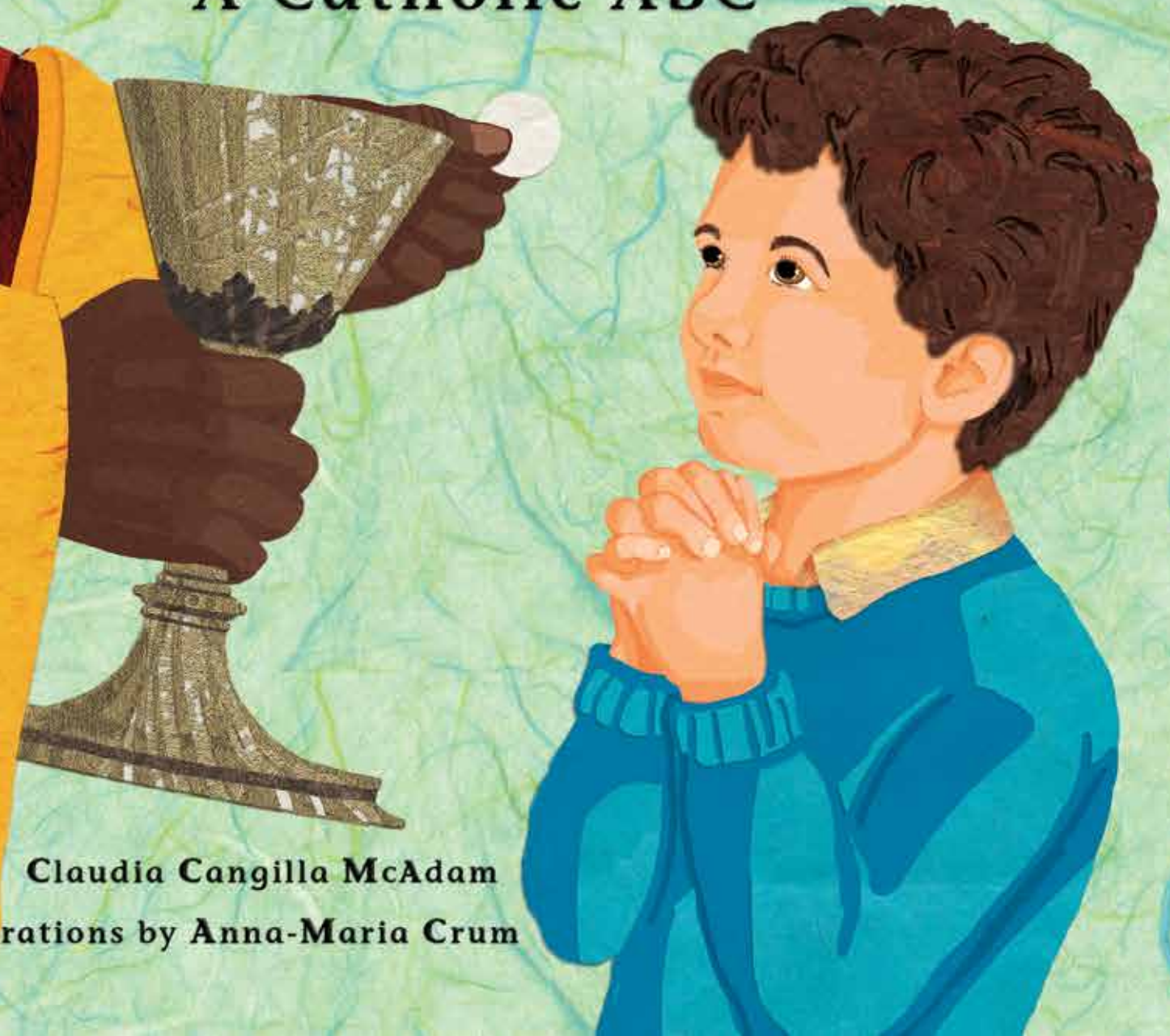


"E" is for Eucharist
A Catholic ABC



Claudia Cangilla McAdam
Illustrations by Anna-Maria Crum

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Dedication

*With love for my grandson Finnean,
whose beautiful faith strengthens my own –C.C.M.*

*With thanks to Claudia, whose friendship and faith
are an inspiration –A.L.C.*



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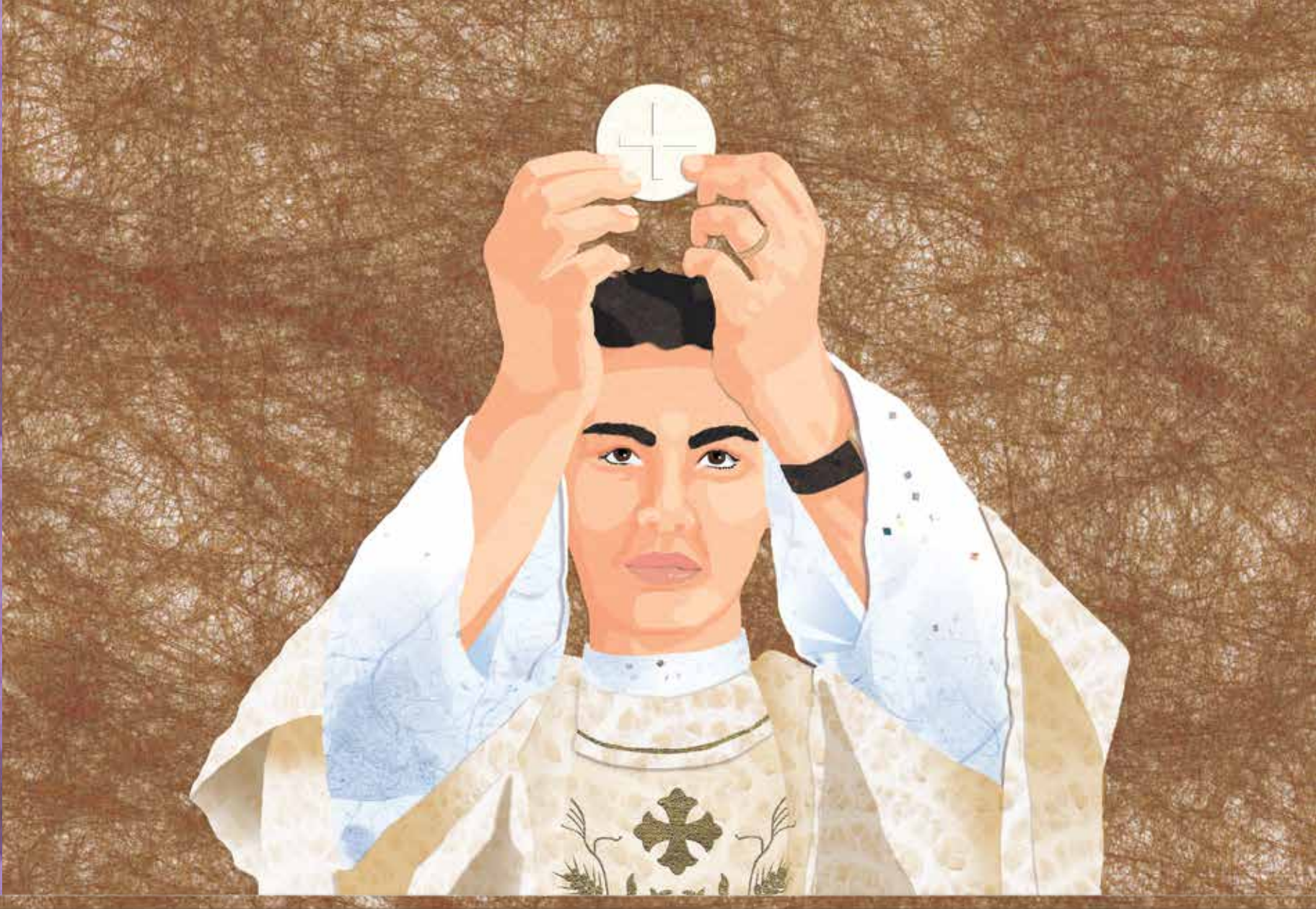


ur Catholic faith is a cherished gift,
Given by Jesus to you and me.
Rich in beliefs, traditions, and truths,
So many treasures from A to Z!



Ashes

At Lent, they're smudged upon your head



Blessed Sacrament

The Body of the Lord, once bread



Crucifix

The cross on which our Savior died



Deacon

Ordained to serve at Father's side



Eucharist

A sacred feast; thanksgiving meal



Fasting

To give up things with great appeal



Genuflect

To honor God on bended knee



Holy Spirit

Third Person of the Trinity



I ncense

Sweet scents lift pleas to God above



J esus

Redeemer King who died for love



Kyrie Eleison

Means “Lord have mercy” in the Greek



Liturgy

Works of worship and words we speak



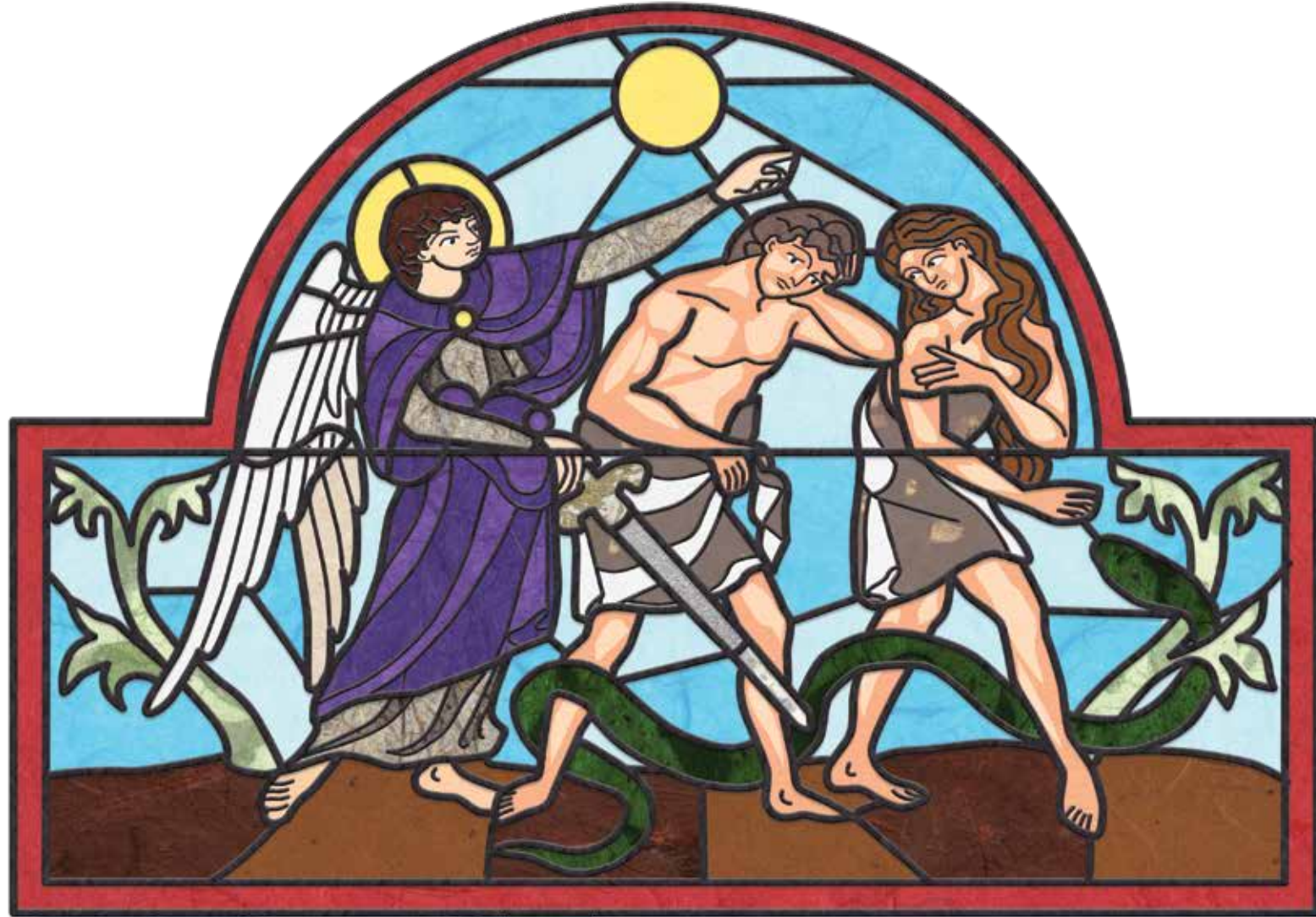
Mary

Christ's mother, pure and free from sin



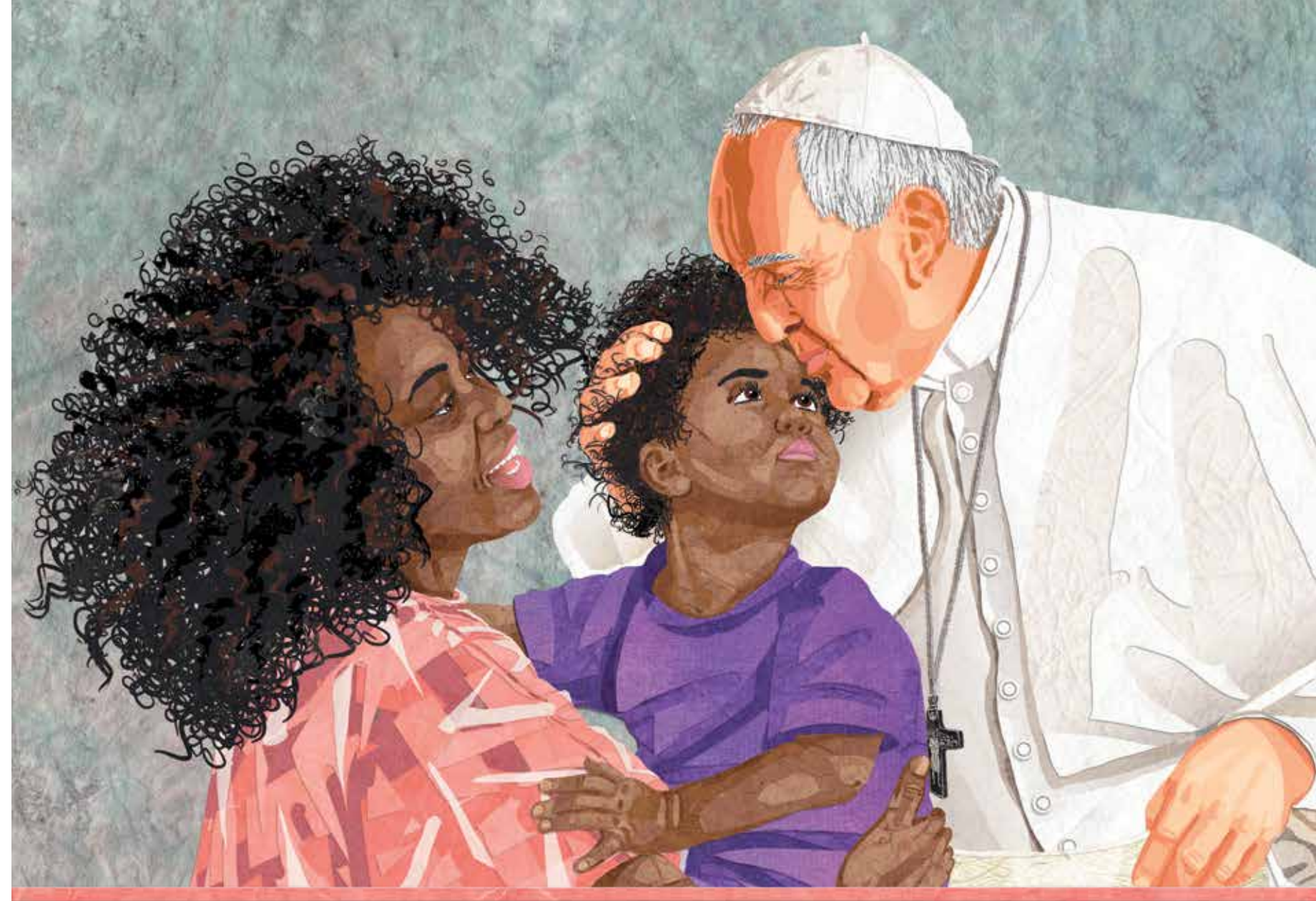
Narthex

Church entry space; it's just within



O
riginal Sin

First parents' failure marks us all



P
ope

Church leader who hears Spirit's call



Queen of Heaven

Our Blessed Mother's royal name



Rosary

Beaded prayers that we proclaim



Sacraments

Outward signs of inward grace



Tabernacle

Eucharistic dwelling place



U
niversal

This word explains what “Catholic” means



V
estments

Priests’ robes in reds, whites, purples, greens



Wine

The blood of Jesus, sacrificed

X

First letter of Greek word for "Christ"





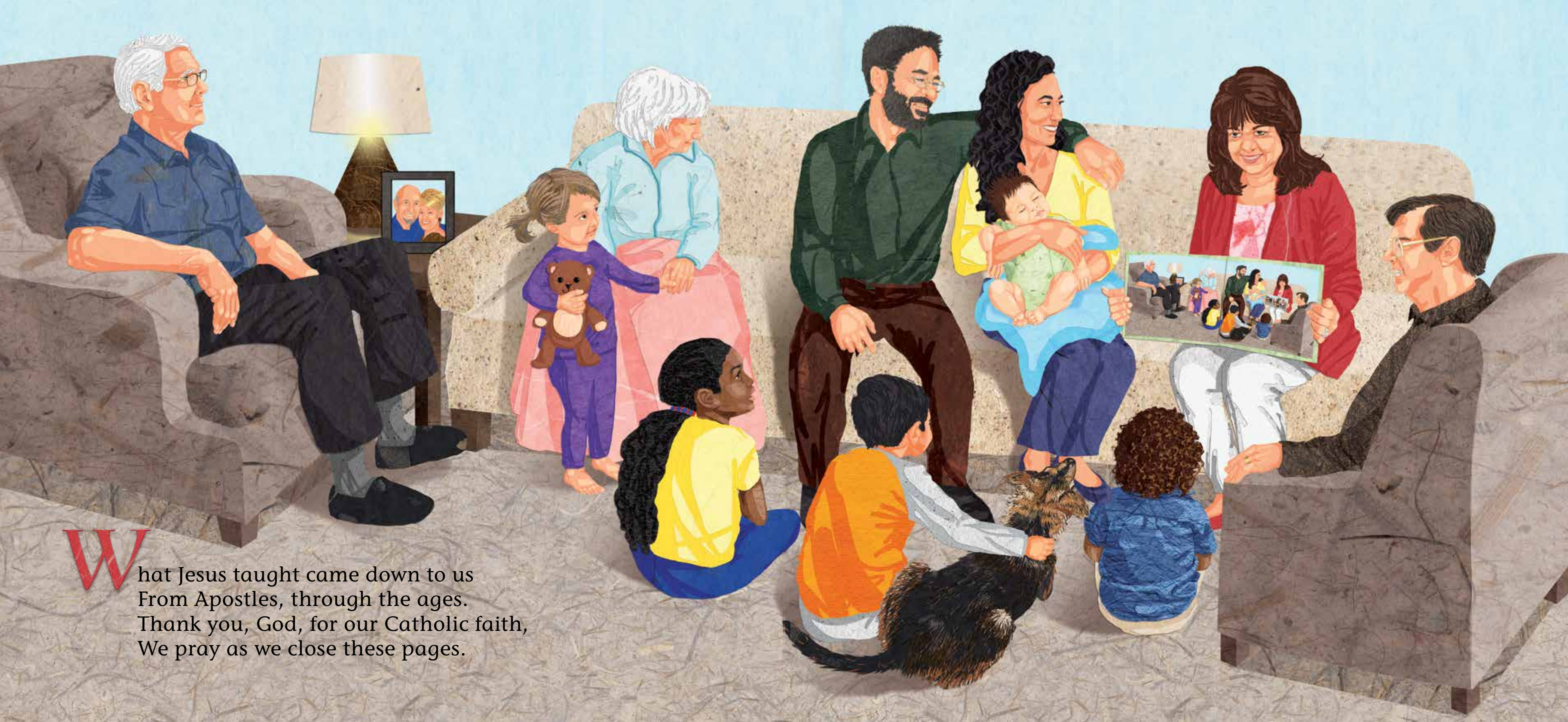
Yahweh

God's holy name, from way back when



Zucchetto

A round cap worn by clergymen



What Jesus taught came down to us
From Apostles, through the ages.
Thank you, God, for our Catholic faith,
We pray as we close these pages.

Author's Note:



Claudia Cangilla McAdam is an award-winning children's author and a lifelong Catholic. She has penned two dozen books, most of them for youth. Claudia holds a master's degree in theology, and her works invite young readers and their families to explore the beauty of the faith. *"E" is for Eucharist* is her second alphabet book. The first was about the state of Colorado, where she and her husband live not far from their children and grandchildren.

For a free Discussion and Activities Guide for *"E" is for Eucharist*, visit www.ClaudiaMcAdam.com. You'll find fun stuff to do, you can investigate more "Catholic things" for various letters, and you'll learn additional bits of information about the items included in this book. For example, did you know that priests' vestments come in more than the four colors listed on the "V" page?

If you look closely, you'll find one of the illustrations in this book shows vestments in the color "rose." That color is only worn on two days during the whole year. Do you know which days those are? What does that color symbolize? Those answers are in the Discussion and Activities Guide!

Illustrator's Note:



Anna-Maria Crum started writing and illustrating her stories when she was seven years old. Today she's an award-winning illustrator and the author of 22 grade school readers.

The illustrations in this book were done using a new technique she calls "digital cut-paper." Anna-Maria carefully selects handmade art papers for their color and texture. She scans the papers into the computer and then creates shapes using the selected papers in Adobe Photoshop and Illustrator. She further enhances the illusion of depth by adding cast shadows and layer masks.

One of the illustrations in this book has almost 600 layers! Can you guess which one it is? For the answer, go to www.annamariacrum.com. There is also a downloadable activity sheet there where kids can assemble their own artwork using a type of paper collage reminiscent of the ones in this book.