

Good morning!

Hope you have had a great week so far and ready for tonight's game(s)!

Today's clip....take a look [here](#).

So this is a screen....legal or not? Here is the screen definition from rule 4-40.

SECTION 40 SCREEN

ART. 1 . . . A screen is legal action by a player who, while touching the playing court, without causing contact, delays or prevents an opponent from reaching a desired position.

ART. 2 . . . To establish a legal screening position:

- a. The screener may face any direction.
- b. Time and distance are relevant.
- c. The screener shall be stationary, except when both the screener and opponent are moving in the same path and the same direction.
- d. The screener shall stay within his/her vertical plane with a stance approximately shoulder width apart.

ART. 3 . . . When screening a stationary opponent from the front or side (within the visual field), the screener may be anywhere short of contact.

ART. 4 . . . When screening a stationary opponent from behind (outside the visual field), the screener shall allow the opponent one normal step backward without contact.

ART. 5 . . . When screening a moving opponent, the screener shall allow the opponent time and distance to avoid contact by stopping or changing direction. The speed of the player to be screened will determine where the screener may take his/her stationary position. The position will vary and may be one to two normal steps or strides from the opponent.

ART. 6 . . . When screening an opponent who is moving in the same path and direction as the screener, the player behind is responsible if contact is made because the player in front slows up or stops and the player behind overruns his/her opponent.

ART. 7 . . . A player who is screened within his/her visual field is expected to avoid contact by going around the screener. In cases of screens outside the visual field, the opponent may make inadvertent contact with the screener and if the opponent is running rapidly, the contact may be severe. Such a case is to be ruled as incidental contact provided the opponent stops or attempts to stop on contact and moves around the screen, and provided the screener is not displaced if he/she has the ball.

ART. 8 . . . A player may not use the arms, hands, hips or shoulders to force his/her way through a screen or to hold the screener and then push the screener aside in order to maintain a guarding position on an opponent.

So this IS A LEGAL SCREEN!!!! Article 6 is exactly what happened here. IF the screener had held her arms out/down extending them to not allow the defender past, we have a foul. This would be a hold or illegal screen. This is a great example of the screener and defender moving in the same direction and the screener slowing down!

Friday Extra: THIS is an illegal undershirt! Make him take it off, even if in the last 30 seconds of a spinner!



Have a great game tonight!

Tim