

May 2019
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

April 28, 2019

306-761-0556 eastsideunited@sasktel.net
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 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Rev. Ken Powers
 Greeting: Anita Tessier and Holly Mah
 Prayers: Jayne Krueger-Jickling
 PowerPoint: Michael Tessier
 Music ministry: Michelle Dickie, pianist; Barry Sudom, Brian Abrahamson and Maitland McNeil
 Last week's attendance: 104
 Last week's offering: \$1777.11

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Russell is off this weekend. Next week: Tuesday through Thursday in the office, and working from home Friday.
 Coffee Shop Office Hours, Wednesday afternoon from 2 to 4:30 pm, at the Quance Street Second Cup for the month of May.

PRAYER SERVICES: *Russell is inviting anyone who wishes to join him for a short service of prayer. **Tuesday, at 12 noon, Wednesday at 8:15 am, and Thursday at 4 pm.***

Scripture Readings: 2 Corinthians 9:6-9

Songs:

This is the Day That God Has Made MV #122
 In the Garden
 Hey Now, Singing Hallelujah
 What a Friend we Have in Jesus
 It's a Song of Praise to the Maker MV #30
 Near the Cross
 Love Lifted Me

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
28 Worship 11:15 Stwrdship 1 POTLUCK	29 Meditation 7 pm AA 8 pm	30 Cards 9:30 Prayer 12 pm TOPS 6:30	1 Prayer 8:15 am	2 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm	3 Harold Howard Funeral 2 pm Regina Funeral Home	4 LBC Cleanup 10 am Messy Church 4 pm
5 Worship 11:15 Communion Stwrdship 2	6 Meditation 7 pm AA 8 pm	7 Cards 9:30 Prayer 12 pm TOPS 6:30	8 Prayer 8:15 am Music and You	9 Craft/Study 1:30 Prayer 4 pm Regina Cluster @ St. James 5 pm	10	11 Women's Breakfast 8 am LBC Banana Sprint 1 pm
12 Worship 11:15 Open Hearts Stwrdship 3 Response Cards due	13 Meditation 7 pm AA 8 pm	14 Cards 9:30 Prayer 12 pm TOPS 6:30 St Andrew's Gala 5 pm	15 Prayer 8:15 am Music and You	16 Craft/Study 1:30 Prayer 4 pm	17	18
Russell away at Festival of Homiletics, Minneapolis						
19 Worship 11:15 Prayer Candles	20 Meditation 7 pm AA 8 pm	21 Cards 9:30 Prayer 12 pm TOPS 6:30 Grat. Team 7 pm	22 Prayer 8:15 am Leadership Team, 7 pm Music and You	23 Craft/Study 1:30 Prayer 4 pm Community Dinner Faith Form. 7 pm	24 St. Philip Lobster Supper 6 pm INI Café 6 pm	25 ICF Breakfast 9 am
26 Worship 11:15	27 Meditation 7 pm AA 8 pm	28 Cards 9:30 Prayer 12 pm TOPS 6:30 Film&Faith Holy Yoga fundraiser 7 pm	29 Prayer 8:15 am	30 Craft/Study 1:30 Prayer 4 pm	31	1 Messy Church 4 pm
Living Skies Annual Meeting						

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

LSC Meditation Group: April 29 at 7 pm join us as Delia Baidoo leads our meditation. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Inconvenient Indian: A Curious Account of Native People in North America* by Thomas King.

BAPTISM SERVICE COMING UP ON SUNDAY, JUNE 23: Do you or someone you know have a family that would appreciate knowing about this service? Please talk to Russell.

An Evening for St. Andrew's Gala & Fundraiser, Tuesday, May 14, 2019
Gathering 5 pm Dinner 6:15 pm at Wascana Country Club, Regina
Tickets \$125 (partial tax receipt), ticket deadline May 6, 2019
Contact your United Church or call the college at 1-877-644-8970.
GUEST SPEAKER Archbishop Don Bolen, EMCEE Shauna Powers
PRINCIPAL Dea. Richard Manley-Tannis, ENTERTAINMENT QuarterNotes
Flute Ensemble.

Lobster Supper: St. Philip's annual Lobster Supper will be held on Friday, May 24. Doors open at 6 and lobsters will be served after 6:30. Tickets are \$35 per person (or chicken for \$20). Dinner includes salads, baked potato, buns, dessert and hot butter. Wine and beer will be available to purchase. For tickets or more information, contact Don Metz at 306-789-5241 or dmetz@accesscomm.ca.

If you have recently submitted a Gratitude Program Response Card with increased givings and have not yet received a thank you card, please check your Eastside mail slot.

LSC Forever... in Motion program is taking a break until September!
Forever... in Motion is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! More info will be available toward end of summer. **Start date Thursday, September 5 at 10 am.**

LUMSDEN BEACH CAMP NEWS

Registration is Open! Lumsden Beach Camp has programs for children from ages 5-18, plus a super fun Family Camp. Join us for a summer you won't forget. www.lumsdenbeachcamp.com

Camp Clean Up

Saturday, May 4 – 10 am until 3 pm

This is a really fun day in the valley. We need a large number of hands to get the site up and running for the summer. Jobs vary, but we will find something for everyone! LBC will also provide a hotdog roast lunch for volunteers. Please bring your own drinking water. Gates open at 9:30 am.

LBC Banana Sprint - Run, Walk, Roll or Stroll!

Join your friends from Lumsden Beach Camp on Saturday, May 11 at 1 pm in Wascana Park. This fun-run starts and ends behind the Royal Sask Museum. Friends and spectators are welcome!

Whether you want to take it slow or run as fast as a chee-qui-tah, the Banana Sprint will have you peelin' good. Participants will be given a banana at the beginning of the 3KM course and encouraged to eat their banana in a banana split at the end. There will also be a few camp-themed challenges along the way. Participants of all ages are welcome! There will be prizes for fundraisers, best costume, and more! To get more information or sign up contact Vicki at info@lumsdenbeachcamp.com or 306-539-7772.

The Big Shred

Saturday, June 8 – Living Spirit Centre parking lot (3018 Doan Drive)

In partnership with Crown Shred Recycling Management, Lumsden Beach Camp is inviting you to bring your paper recycling to us on June 8th.

Whether you are Tidying Up with Marie Kondo, want to get rid of your tax documents, or work in an office that needs to confidently dispose of private information, this event is for you!

The experienced professionals of Crown Shred will be on-hand and donating their services to take and confidentially shred whatever you bring. A single bag or a van load, we will deal with it for a donation (recommended \$5/bag or \$10/ box). Plus, you will be supporting Lumsden Beach Camp!

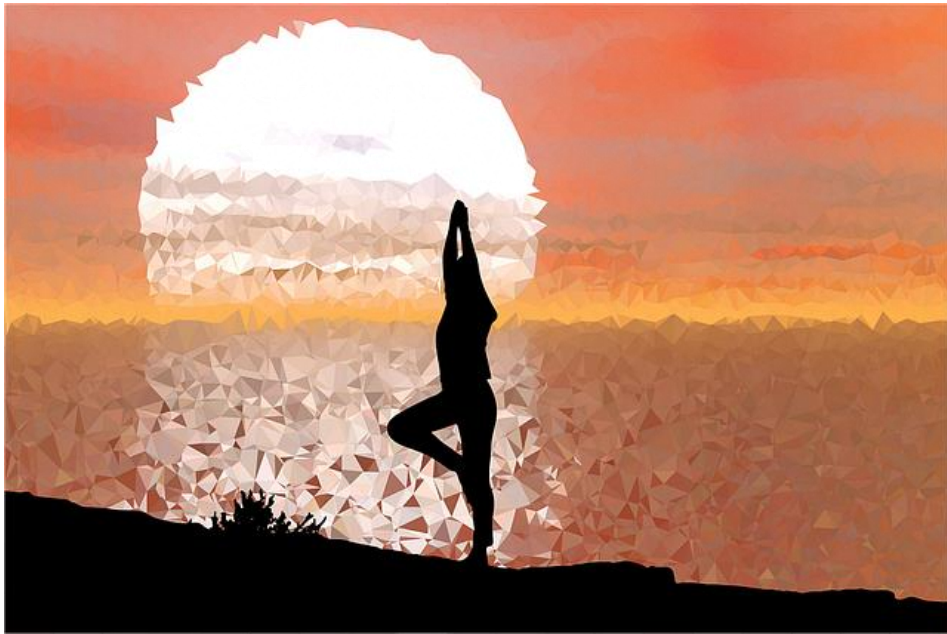
More info on Facebook -

<https://www.facebook.com/events/407046830071993/>

Holy Yoga for Eastside

Have you ever wondered what *Holy Yoga* is? Want to find out and support Eastside United? On Tuesday, May 28 at 7 pm, Connie Moker Wernikowski has agreed to offer a Holy Yoga session at the Living Spirit Centre as a fundraiser for Eastside United Church. Whether you are new to Holy Yoga or a regular, you are welcome. Men who have been looking for an opportunity to try out yoga are especially encouraged. Minimum donation \$10, can be paid at the door.

Space is limited to 26 people so pre-register by calling 306-761-0556 or emailing eastsideunited@sasktel.net. Wear comfortable clothing that you can stretch in, and bring a yoga mat. If you need a yoga mat, please indicate that in your email RSVP as Connie has some extras.



“Tribute to the Legends of Country Music” (Dolly, Patsy, Jim Reeves, Johnny Cash and many more) performed by Country Blend on Friday, May 3 at St. James United Church, 4506 Sherwood Drive. Show Time: 7:30 pm. Tickets - \$25, available at St. James United Church at 306-543-2626. Listen to their music at www.countryblend.ca.

Music & You at the LSC

Join us for this series of three 90-minute sessions, running evenings of May 8, 15 and 22. Wendy Hardman will lead us through this program that uses music to help you reduce stress, let go of tension, and release worry (which can translate into your feeling more relaxed, sleeping better, and being more energetic!) It's best to attend ALL the sessions, for you to derive the greatest benefit. Maximum 5-8 participants. All materials provided. Cost \$40 for all three sessions, with portion of proceeds going to Eastside United.

Living Skies Regional Council needs volunteers to do the work required of the region.

Please consider putting your name forward or encouraging others to put their names forward the work of the region. Often, we need encouragement from others to give us enough confidence in our ability to put our names forward.

The work of nominations is difficult without presbytery and presbytery reps who knew members in their area. Presbytery was often the starting place for volunteers in our church.

The nominations committee is looking for UC members for the following committees and commissions:

- Regional Council Executive including a treasurer
- Regional Council Planning Committee
- Regional Council Property Commissions
- Regional Council Nominations Committee
- Committee on Communities of Faith Support
- Committee on Lay Leadership Support
- Committee on Ministry Personnel Support

If you are interested in any of these positions, the Structure Document describing them is on the SK Conference website on the Region 4 page.

To put your name forward for any of these positions, please complete the Expression of Interest form which is on SK Conference website under Resources > Forms.

The links to the Structure document and Expression of interest form can be found in the April Region Ramblers.

For more information contact a member of the nominations committee:

Miles Russell at psuc@sastel.net
Linda Gunningham at lindag@sasktel.net
Jason Richards at jasonrichards@shaw.ca
Lesley Parkin at lparkin4912@gmail.com
Diane Thurlow at dlht.thurlow@sasktel.net
Bev Kostichuk, chair at bkosti@gmail.com

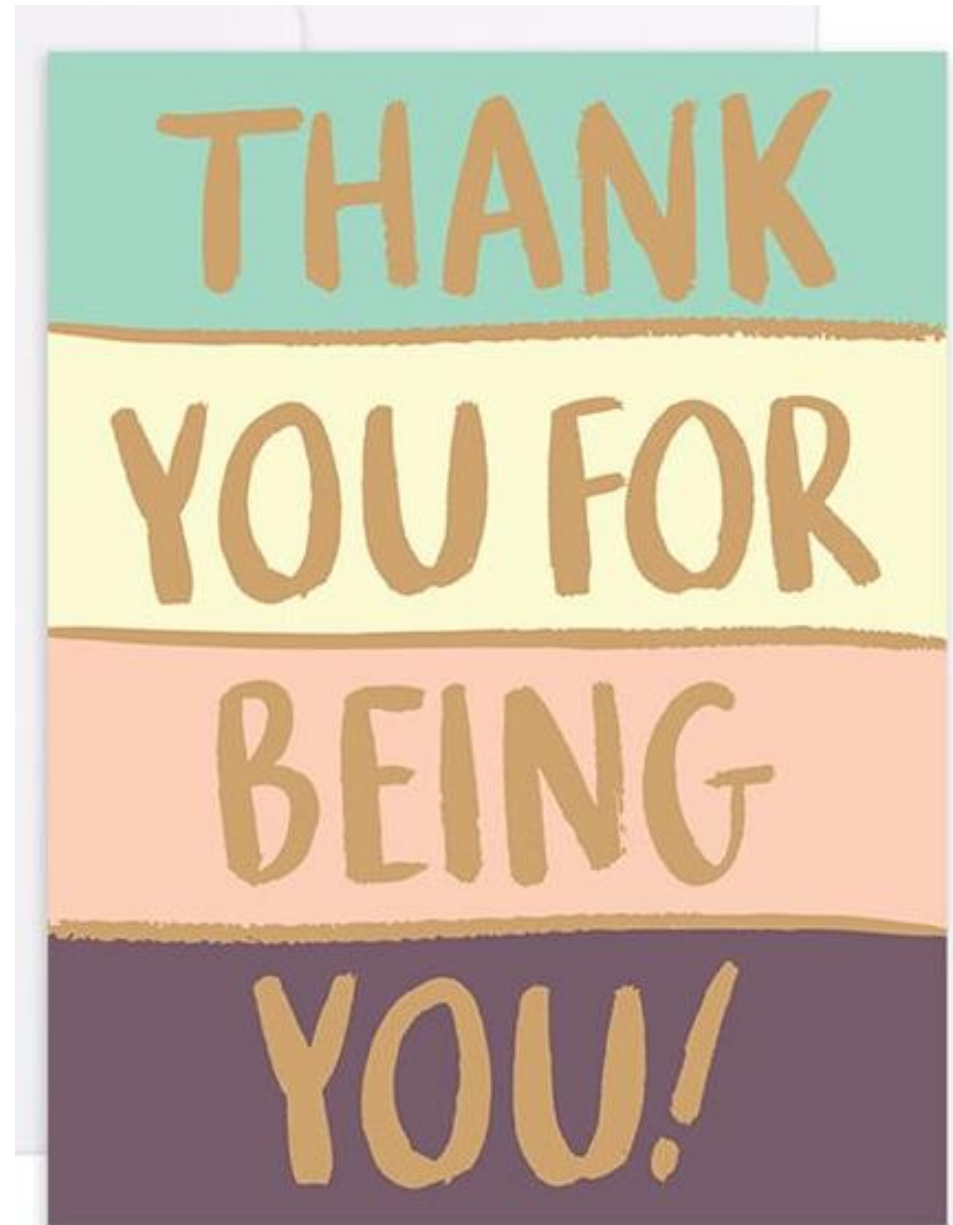
Quarterly Financial Update: January 1 – March 31, 2019

Eastside recorded a surplus of \$18,532 during the first three months of 2019 (see below). Of this amount, \$16,474 has been applied to reduce the M&S liability, and the remaining \$2,058 has been used to increase Eastside’s bank balance to a more prudent level.

At March 31, 2019, Eastside’s M&S liability has been reduced to \$9,103. In addition, Eastside continues to owe \$7,180 to the Region with respect to the 2018 Presbytery Assessment that remains unpaid. Eastside continues to make progress in reducing its share of the Living Spirit Centre mortgage. At March 31, 2019, the remaining balance on this obligation was \$45,896.

The congregation has significantly increased its giving. For example, PAR giving increased by \$882 per month between December and March, which translates into more than \$10,000 per year. The current level of giving is sufficient to enable Eastside to meet its obligations as they come due, however further generosity will be needed to eliminate the M&S liability and the debt to the Region. ***Update, the M&S Liability has been cleared!*

The congregation should be proud of its efforts to return Eastside to financial health. Keep up the good work!



Eastside United Church

Statement of Surplus (Deficit) for January 1 - March 31

	2019	2018	2017
Revenue to Support Eastside United Church	\$ 39,976	\$ 32,966	\$ 35,901
Revenue to Reduce M&S Liability ¹	16,474	0	0
Revenue to Support Mission & Service Fund	433	3,202	3,858
Total Revenue	56,883	36,168	39,759
Eastside's Operating Expenses	35,168	37,488	34,354
Contribution to Mission & Service Fund ¹	433	3,202	3,858
Total Operating Expenses	35,601	40,690	38,212
Operating Surplus/(Deficit)	\$ 21,282	\$ (4,522)	\$ 1,547
Less: Mortgage Payments (principal & interest)	2,750	2,475	2,500
Add: Drawdown of Mortgage Fund ²	0	(2,475)	(2,500)
Equals: Surplus/(Deficit)	\$ 18,532	\$ (4,522)	\$ 1,547

¹ amounts raised for the M&S liability have been paid to the M&S fund. They do not appear as M&S contributions because they relate to funding amounts reported as contributions in prior years.

² the mortgage fund was depleted in November 2018