

September 16, 2017

Overall Finish List

10 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Niki Jacques	4892	1 40-49	45:39	4:34/K
2	Gillian Waldichuk	8993	1 30-39	46:34	4:39/K
3	Misako Braaten	4818	2 30-39	48:53	4:53/K
4	Helene Decarie	4852	3 30-39	48:54	4:53/K
5	Kyra Danielson	4847	1 0-19	51:06	5:07/K
6	Karin Adande	63099	4 30-39	52:58	5:18/K
7	Erin Obsniuk	7922	5 30-39	53:37	5:22/K
8	Stacie Truong	8942	1 20-29	53:57	5:24/K
9	Lynn Muscat	7906	6 30-39	53:57	5:24/K
10	Carolyn Caranci	4828	2 40-49	54:32	5:27/K
11	Sinead Joy	4896	3 40-49	54:52	5:29/K
12	Brianne Higo	4880	2 20-29	55:34	5:33/K
13	Brenna Pett	8999	1 99-99	55:50	5:35/K
14	Brander Michelle	62911	4 40-49	56:38	5:40/K
15	Brittaney Boone	4817	3 20-29	56:40	5:40/K
16	Angela Lee	7576	7 30-39	56:58	5:42/K
17	Stephanie Ross	7965	4 20-29	57:45	5:47/K
18	Brenie Clamer	4833	5 20-29	57:52	5:47/K
19	Rachelle Peters	62946	5 40-49	58:01	5:48/K
20	Monique Osborne	62922	6 40-49	58:23	5:50/K
21	Marnel Presto	7936	6 20-29	58:27	5:51/K
22	Charlotte Heffelfinger	4878	7 20-29	58:30	5:51/K
23	Pam Voros	8960	7 40-49	59:12	5:55/K
24	Janine Inotai	4891	8 40-49	59:34	5:57/K
25	Sandra Ristak	7957	8 30-39	59:40	5:58/K
26	Diane Swartzberg	8927	1 50-59	59:41	5:58/K
27	Mary MacLellan	7583	2 50-59	59:56	6:00/K
28	Alia Kallo	4898	9 30-39	1:00:07	6:01/K
29	Cassie Paul	7929	10 30-39	1:00:07	6:01/K
30	Beth Zapadka	8988	9 40-49	1:00:34	6:03/K
31	Zara McGrath	7591	11 30-39	1:01:24	6:08/K
32	Elizabeth Winston	8973	12 30-39	1:02:01	6:12/K
33	Amy Stevenson	62905	13 30-39	1:02:12	6:13/K
34	Andrea Widdowson	8971	14 30-39	1:02:12	6:13/K
35	Olivia Fournier	4866	8 20-29	1:02:15	6:14/K
36	Brigitte Potvin	7934	9 20-29	1:02:26	6:15/K
37	Celia McGrath	7592	15 30-39	1:02:33	6:15/K
38	Clare Whelan Sadike	8970	16 30-39	1:02:38	6:16/K
39	Christine Jones	4895	10 40-49	1:03:47	6:23/K
40	Kayla Holloway	62903	2 0-19	1:03:48	6:23/K
41	Jessica Broomfield	4823	17 30-39	1:03:49	6:23/K
42	Mabel Fong	62937	3 50-59	1:04:03	6:24/K
43	Kim Turik	8946	11 40-49	1:04:09	6:25/K
44	Nelly Kaye	4900	1 60-69	1:05:24	6:32/K
45	Darcie Holdsworth	4884	18 30-39	1:05:25	6:33/K
46	Colleen Chow	4832	4 50-59	1:05:43	6:34/K
47	Hanae Kon	7557	10 20-29	1:06:29	6:39/K

Race Date

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MEC LOWER MAINLAND: ROAD RACE EIGHT, 5K/10K

Overall Finish List

10 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Jen Swanston	8924	2 99-99	1:08:33	6:51/K
49	Susanna Ng	7913	19 30-39	1:09:15	6:56/K
50	Lora Smith	62940	12 40-49	1:09:16	6:56/K
51	Zoe Walker	8961	11 20-29	1:11:36	7:10/K
52	Anick Dube	4856	20 30-39	1:22:50	8:17/K
53	Karen Woodfield	8979	13 40-49	1:29:32	8:57/K
54	Jodi Wildman	62927	21 30-39	1:32:50	9:17/K
55	Jeannette Kim	7553	14 40-49	1:32:51	9:17/K
56	Pamela Clarke	4836	15 40-49	1:32:52	9:17/K

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1	Pierre-Henri Poudre	62918	1 30-39	38:47	3:53/K
2	David Tapia	8938	1 99-99	39:02	3:54/K
3	Patrick Jones	62907	1 40-49	39:17	3:56/K
4	Eric Muller	7902	2 40-49	39:22	3:56/K
5	Patrick Lawlor	62955	2 30-39	40:33	4:03/K
6	Adam Finley	4864	3 30-39	40:43	4:04/K
7	Alistair Pattullo	8997	1 20-29	40:50	4:05/K
8	Frank Adande	63098	2 20-29	41:02	4:06/K
9	Jose Leal	8994	4 30-39	42:12	4:13/K
10	Conrad Cormier	62954	2 99-99	43:35	4:22/K
11	Blair Cramb	4845	5 30-39	44:40	4:28/K
12	Scott Wotherspoon	8982	3 40-49	45:27	4:33/K
13	Cameron Morrell	7599	1 50-59	45:29	4:33/K
14	Nikita Slivinski	7989	1 0-19	45:48	4:35/K
15	Colin Bell	62942	6 30-39	45:50	4:35/K
16	Jason Chong	4831	4 40-49	47:03	4:42/K
17	Ben Lythe	7581	5 40-49	47:03	4:42/K
18	Phil Vermette	62929	2 50-59	47:18	4:44/K
19	Jim Winter	8996	3 50-59	47:25	4:45/K
20	Rodolfo Espinosa	8991	6 40-49	47:44	4:46/K
21	Dan Hackett	4873	7 30-39	47:48	4:47/K
22	Dong Xuw	8984	7 40-49	47:59	4:48/K
23	Scott Logue	7579	4 50-59	48:26	4:51/K
24	Ryan Racine	7948	3 20-29	49:10	4:55/K
25	Mark Wong	8977	8 30-39	49:15	4:56/K
26	Mike Barnard	4807	8 40-49	49:34	4:57/K
27	Simon So	7999	3 99-99	50:40	5:04/K
28	Manav Sekhri	7983	4 99-99	51:09	5:07/K
29	Polo Cebrero	4830	9 30-39	51:14	5:07/K
30	Bill Russell	62923	5 50-59	51:37	5:10/K
31	Steven Pearce	7930	6 50-59	51:39	5:10/K
32	Jim Bradley	4819	9 40-49	52:59	5:18/K
33	Tom Sherlock	7988	1 60-69	53:05	5:19/K
34	Neil Harrington	4877	10 40-49	53:56	5:24/K
35	Jonathan Weresch	8969	11 40-49	54:19	5:26/K
36	Stuart Richardson	7956	7 50-59	54:53	5:29/K
37	Chris Worsnup	8981	12 40-49	56:12	5:37/K
38	Marcus Tang	8937	4 20-29	56:20	5:38/K
39	Sergio Garcia	4867	5 20-29	57:51	5:47/K
40	Dong Baik Kim	7056	13 40-49	58:05	5:49/K
41	Peter Buckley	4824	14 40-49	58:30	5:51/K
42	Wai Keung Tsang	8943	5 99-99	58:46	5:53/K
43	Tyler Baek	4804	6 20-29	59:18	5:56/K
44	Raymond Tsow	8945	8 50-59	1:00:00	6:00/K
45	Tom Kallo	4897	10 30-39	1:00:07	6:01/K
46	David Kwan	7572	11 30-39	1:00:13	6:01/K
47	Ron Higo	4879	9 50-59	1:06:22	6:38/K

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48	Enrique Radillo	7949	15 40-49	1:06:32	6:39/K
49	Jeremy McElroy	7590	6 99-99	1:18:31	7:51/K
50	Dylan Marchant	7586	2 0-19	1:21:08	8:07/K
51	Dennis Marchant	7585	12 30-39	1:21:09	8:07/K

Overall Finish List

5 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Angela Enman	678	1 30-39	24:01	4:48/K
2	Cathy Morton	8251	1 50-59	26:43	5:21/K
3	Josephine Morgan	8250	1 20-29	27:38	5:32/K
4	Winnie Timko	8278	1 40-49	28:36	5:43/K
5	Virginia Mao	8242	2 30-39	29:02	5:48/K
6	Lorna Crumley	669	2 50-59	29:19	5:52/K
7	Daniela Sierra	8270	1 99-99	29:45	5:57/K
8	Lissa Paul	8258	2 99-99	30:32	6:06/K
9	Kim Sunghee	8291	3 99-99	31:05	6:13/K
10	Dalia Alvarez	620	3 30-39	31:23	6:17/K
11	Chanel Miller	8246	2 20-29	31:42	6:20/K
12	Claire Badali	623	4 30-39	32:01	6:24/K
13	Roxanne Nickason	8292	4 99-99	32:01	6:24/K
14	Katherine Thain	8277	3 50-59	32:30	6:30/K
15	Anna Whelan	8290	5 99-99	32:54	6:35/K
16	Darla Alford	8284	2 40-49	34:23	6:53/K
17	Catherine Nolan	8286	6 99-99	34:58	7:00/K
18	Helen Rex	8285	3 40-49	34:58	7:00/K
19	Marite Rivera De Cardin	8264	4 40-49	35:25	7:05/K
20	Amanda Greenlees	3855	5 30-39	36:21	7:16/K
21	Cassidy Little	8217	1 0-19	36:31	7:18/K
22	Sylvia Little	8210	5 40-49	36:32	7:18/K
23	Bree Kozak	3939	6 40-49	36:38	7:20/K
24	Jane Adams	618	6 30-39	39:31	7:54/K
25	Margot Miller	8245	4 50-59	42:08	8:26/K
26	Rochelle Chan	651	7 40-49	42:26	8:29/K
27	Norma Esparz	690	8 40-49	42:35	8:31/K
28	Sarah Neeson	8253	7 30-39	43:18	8:40/K
29	Krista Wallace	8282	9 40-49	55:33	11:07/K
30	Adriana Navarrete	8252	8 30-39	59:52	11:58/K
DQ	Natalie Berkheimer	631	DQ 30-39	---	---

Overall Finish List

5 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Alejandro Ramero	8288	1 0-19	17:41	3:32/K
2	Roberts Ryan	8289	2 0-19	19:14	3:51/K
3	Michael Taylor	8275	1 40-49	19:58	4:00/K
4	Aidan Flavin	8293	1 20-29	20:16	4:03/K
5	Mark Francis	3844	1 50-59	20:24	4:05/K
6	Curtis Day	671	2 40-49	20:36	4:07/K
7	Pierre Chan	647	1 30-39	21:07	4:13/K
8	Aiden Oleary	8256	3 0-19	22:11	4:26/K
9	Darren Oleary	8255	3 40-49	22:49	4:34/K
10	Markus Schaible	8265	2 20-29	24:22	4:52/K
11	Felipe Ferreira	3842	2 30-39	24:30	4:54/K
12	Curtis Molitor	8248	2 50-59	24:48	4:58/K
13	Chris Seppelt	8267	3 50-59	25:28	5:06/K
14	John Kwon	3952	3 30-39	27:56	5:35/K
15	Pascal Dube	673	4 40-49	29:31	5:54/K
16	Josh Potter	8259	4 30-39	29:36	5:55/K
17	Jason Nesbitt	8254	5 30-39	30:32	6:06/K
18	Jamie Duncan	674	6 30-39	30:37	6:07/K
19	Derek Little	8213	4 0-19	30:51	6:10/K
20	Tony Little	8211	5 40-49	30:53	6:11/K
21	Greg Taylor	8276	6 40-49	31:15	6:15/K
22	Ken Miller	8247	4 50-59	31:42	6:20/K
23	Andrew Abel	606	7 40-49	31:55	6:23/K
24	Paul Richardson	8261	7 30-39	32:12	6:26/K
25	Roy Swartzberg	8274	5 50-59	32:19	6:28/K
26	James Badali	627	3 20-29	32:46	6:33/K
27	Kalman Sutker	8273	8 30-39	34:14	6:51/K
28	Henry Chang	658	6 50-59	34:15	6:51/K
29	Bhapinder Sandhu	8287	8 40-49	34:18	6:52/K
30	Nicola Cardin	638	5 0-19	35:25	7:05/K
31	Meng Chien Lee	3993	9 30-39	37:58	7:36/K
32	Chuck Oliver	8257	1 60-69	39:31	7:54/K
33	Mason Marchant	8243	6 0-19	42:36	8:31/K
34	Shane Schoonen	8266	9 40-49	50:21	10:04/K
35	Joaquin Rincon	8262	10 30-39	59:50	11:58/K
36	Benjamin Rincon Navarrete	8263	7 0-19	59:51	11:58/K