



Combat Hapkido at Action Arts Academy USA



Combat Hapkido: “*The Science of Self-Defense*”

Available Classes:

- York County: 3 classes/week (Mon, Thu, Sat)
- Langley Air Force Base: 2 classes/week (Wed, Sat)

For more information contact:

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- Brad Tinnon (757) 303-5456; email: actionarts@cox.net

What is it?

Combat Hapkido is an extremely realistic and versatile system of self protection/defense which includes topics such as joint locks, pressure points, weapon disarming, ground survival, break-away techniques, take-down techniques, etc. The system is designed to be practical, comprehensive, contemporary, enjoyable to learn, and effective in realistic situations.

Action Arts Academy USA is Chartered with the [International Combat Hapkido Federation](http://www.actionartsacademy.com).