

Coach:

Qualf: USSF Youth (United States)

## Clean Up Your Yard



| Date: | 6/Feb/2022 | Measurement: | $20 \times 20$ |
| :--- | :--- | :--- | :--- |
| Time: | N/A:N/A | Players: | 14 |
| Duration: | N/A | Level: | U5-U14 |

## Objective:

Description: Two teams, All have a ball. One team is trying to get all the soccer balls "out of their yard" and to the other side. Play for a set amount of time. The team with the least number of soccer balls on their side wins. (Or whichever team gets the most soccer balls to the other side wins)

Coaching Points: - Shooting or Passing technique

- Go fast
- Chase the ball coming over the line quickly
(Any skill can be the focus if one is a desired topic)

Progression: Make multiple goals where each team is assigned to each to kick the ball through. This encourages turning the ball, dribbling, turning standing foot and hips to shoot the ball over.

