

Menu Form for children ages 1-12 years

Month Menu #10 Year 2017

| | Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---|---|---|---|---|--|
| Breakfast | <ul style="list-style-type: none"> • Bread or bread alternate (including cereal) • Juice or fruit or vegetable <ul style="list-style-type: none"> • Milk, Fluid | Cereal Juice Milk | Cereal Juice Milk | Cereal Juice Milk | Cereal Juice Milk | Cereal Juice Milk |
| Snack | <ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate | Water Applesauce Rosemary Olive Triscuits | Water Banana Nutella Tortilla | Water Pretzels Cheese | Juice Biscuits Honey | Juice Strawberry Oatmeal Bars |
| Lunch | <ul style="list-style-type: none"> • Meat or meat alternate • Vegetable and/or fruit • 2nd Vegetable or fruit • Bread or bread alternate <ul style="list-style-type: none"> • Milk, fluid | Pigs N Blankets Baked Beans Fruit Cocktail Crescent Roll Milk | Chicken Burrito Fresh Spinach Peaches Tortilla Milk | Cowboy Cassarole Salad Apples Roll Milk | Chicken Penne Bake Coleslaw Watermelon Noodles Milk | BBQ Rib Sandwich Corn Grapes Buns Milk |
| Snack | <ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate | Juice Trail Mix (dried fruit, raisins, chex, pretzels, marshmallows) | Juice Nutri Grain Bars | Water Fruit Salsa Chips | Water String Cheese Saltines | Popcorn Mix (dried cherries, popcorn, yogurt covered raisins) |

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal