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Instructions for Prostate Biopsy Done in Hospital

You should experience only a minimal amount of discomfort from the biopsy. You will be able to go home immediately after the procedure, but you should have someone drive you home.

The risk of the procedure, as explained by your doctor, may include bleeding and infection. You may see a small amount of blood in the urine for up to 7 days after the procedure. You should drink plenty of water to help wash out this small amount of blood from the urine. You may also see some blood in the stool during the first 24 hours after the procedure. These are expected occurrences after the biopsy. If you see large clots or continued heavy bleeding in the urine or from the rectum, call the office immediately.

The risk of infection is reduced by following the preparation outlined below. The risk of infection after following the outlined steps is approximately 1-3%. If, however, you develop a fever (greater than 100.0 F), experience sweats, chills or rigors, or if you cannot urinate, call the office immediately.

Preparing for Your Procedure:

- Use a Fleet's enema the night before the procedure and the morning of the procedure. If you have kidney dysfunction, (renal failure, even mild), do not do the biopsy, but talk to the doctor.
- Use the antibiotic given to you by the office; one the night before and one the morning of the procedure. You should also take an antibiotic the night of the procedure and the morning after the procedure. You will be given a prescription by the doctor or one will be sent to your pharmacy.
- It is advisable to eat a light breakfast or lunch before your procedure. Do not fast.
- You must stop any blood thinners (e.g., Coumadin, Plavix, Celebrex) as instructed by your doctor prior to the procedure.
- You must stop all aspirin (including baby aspirin or 81mg daily aspirin) or medicines containing aspirin for 7-10 days before the procedure. You may use Tylenol as needed prior to the procedure.

After the procedure:

- Limit your activities for the first 24 hours after the procedure.
- It is common to see blood in the ejaculate for several weeks following the procedure. This will not harm you or your partner.
- If you cannot contact the doctor for any problems after the procedure, go to the nearest Emergency Room.

I HAVE READ AND UNDERSTANT THE ABOVE PRE/POST PROCEDURAL GUIDELINES

Signed: _____

Date: _____