Recruitment 2023 Guide

Sororities offer lifelong support for leadership development, personal growth, academic success and community service all in the context of friendship. If you are interested in going through recruitment on your campus:

- **1-** Register with your university panhellenic for recruitment. Do this now. You may have to arrive before school starts and it helps to plan your summer. Your campus' panhellenic website is a great place to get information about recruitment at your campus.
- **2-** Clean up your social media! This is very important. The sororities want to get to know you so they will look at all your social media ahead of time.
- **3** Check out the sororities on your campus online. All of them have social media and websites. Look at their charity and see what events they have.
- **4-** Request recommendations if needed. Contact Elmhurst Panhellenic using the google form and send in your photos.
- 5- Keep an open mind.
- **6-** Be yourself

Tips:

HONESTY AND ATTITUDE------No matter how tired you are during recruitment, the last sorority chapter you visit that day is just as important as the first. Don't look around the room, act bored or answer questions with just a yes or no. Sororities are not really a big mystery. They are filled with women just like you.

Think about what stands out to you when you are at an event/party here or a friend's home with a lot of other women you've just met. The only difference with recruitment is that your grades and activities are also factored in.

GRADES AND ACTIVITIES-----sororities are academic-based organizations. The higher your GPA, the better. You will be expected to maintain a high GPA once you are a member of a sorority. If your recruitment is not until late fall or over the winter break, the chapters will be looking at your 1st semester college GPA. And they are not looking to offer a bid for sisterhood to women with minimum GPA's.

Sororities look for well-rounded individuals. If you go thru Recruitment in the winter, you might want to join a campus activity, 1stsemester, but only if it fits within your study/sleep time management schedule.

OTHER- Bring a small bag with you filled with essentials like an umbrella, tissues, comb, travel size deodorant, small notebook and pen to write down first impressions. Break in new shoes before recruitment. You will be running from house to house and standing for long periods of time. Wear comfortable shoes.