



Canmore

Bow River

Quarry
Lake Park

START

2km Pavement
From Lake

FINISH

Olympic

Coyote

Swamp

Silver Tip

Banff Trail

EKG

Meadow



XTERRA
CANMORE

Sprint Bike Course
2 X Nordic Centre Loops
Plus 2km Ride From
Quarry Lake.
Total Distance 14km