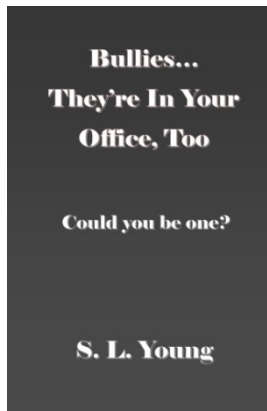


# Workplace Bullying: It Doesn't Lead to Healthy Work Environments

*Workplace bullying is used to dominate by the use of power, influence, and control. This behavior can lead to short-term gains, but can also create long-term consequences.*



## Course Summary

Learn about workplace bullying and its negative impact on individuals and organizations.

## Target Audience(s)

- Entry
- Mid-Level
- Executive

## Course Description

Bullying behavior is often considered to be related to the antics of developing children. However, the same or similar behavior is experienced in many offices, too. Workplace bullying is an issue with great significance that isn't discussed enough, impacts productivity in offices around the world, and can lead to emotional or psychological damage. This session addresses: the types of workplace bullying; reasons individuals bully; differences between a bully, a bad manager, and someone who has bad manners; strategies to help workplace bullies.

### Learning Objectives

- Define workplace bullying
- Identify types of workplace bullying
- Distinguish the differences between a bully, bad management, and bad manners
- Identify the challenges related to working with a workplace bully, the impact that bullying can have on an organization, and strategies to minimize bullying behavior
- Identify methods to protect an organization and employees from workplace bullying
- Identify ways to help workplace bullies

### Questions Covered

- Is workplace bullying similar to bullying in schools?
- Do workers have legal protection from bullying?
- What types of workplace bullying are used?
- Is workplace bullying an effective leadership tool?
- What organizational or legal issues are associated with workplace bullying?
- What can and/or should be done if workplace bullying is witnessed?
- What assistance can be provided to help a workplace bully?

## About Beyond SPRH, LLC

Beyond SPRH, LLC is an innovative, solution-oriented, and dynamic service provider, which delivers customer focused, creative, and quality services without a significant cost investment. Beyond SPRH helps individuals and organizations maximize output potential. Beyond SPRH's goal is to deliver quality services with minimal time, effort, and cost with an objective of highly satisfied customers and measurable performance outcomes.

**Vision:** Become an industry leader that provides cost effective training, publishing, and consulting services that aid in individual and organizational development at a reasonable cost.

**Mission:** Deliver quality, cost effective, and customer focused solutions, which help individuals and organizations to deliver superior performance.