



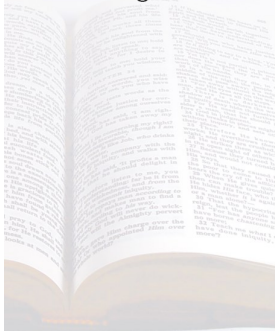
With your fatherly blessing, Lord, strengthen these servants of yours in their resolve to dedicate themselves as catechists. Grant that in your grace they may be able to do that they themselves derive from pondering your word and studying the church's teaching. And let them gladly join those they teach in honoring and serving your name. We ask this through Christ our Lord.

*— Pope Francis, Book of Blessings*

# Catechetical Sunday

Parents are truly the primary catechists of their children.

They prepare the soil and plant the first seeds of faith. On Catechetical Sunday, we not only highlight the work of catechists in parishes and schools, but we also commend parents and guardians and encourage them to take seriously their role of making their Catholic households a place where faith is passed on to the next generation.



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**Our Lady of the Visitation Catholic Church**  
 305 N. Prince St. Shippensburg, PA 17257  
**Pastor and Campus Minister—Rev. Ben Dunkelberger**  
 frbdunkelberger@hbgdiocese.org

*Schedule of Masses*

**Weekend Masses:**  
**Saturday 5:00 pm,**  
**Sunday 8:00 am and 11:00 am**

**Daily Mass:**  
**Tuesday, Thursday & Friday 8:30 am,**  
**Wednesday 6:30 pm,**  
**First Saturday of the Month 9:00 am**

**(Only During the College Fall and Spring semesters: Weekday Mass: Mon. 9PM & every Sat. 9AM)**



Church (717) 532-2912  
 Campus (717) 477-1244  
 Emergency (717) 323-2679

Office Hours Monday-Thursday  
 9:00 am—4:00 pm  
 Closed Holy Days & Holidays

Website-www.olvshippensburg.org  
 You Tube-Shippensburg Catholic

**24<sup>TH</sup> SUNDAY IN ORDINARY TIME**

The Conditions of Discipleship

*“Whoever wishes to come after me must deny himself, take up his cross, and follow me.”*

**Adoration of the Most Blessed Sacrament:**  
 1st Friday of the Month.....7:30am –8:20 am  
 Fridays.....9:00am-7:00 pm  
 Wednesdays.....5:30pm-6:20 pm

**Reconciliation:**  
 Saturdays.....3:30– 4:30 pm  
 Wednesdays.....5:30- 6:20 pm  
 1st Fri. of the Month.....7:30–8:20 am  
 1st Sat. of the Month.....8:00–8:45 am

*(Only During the College Fall and Spring semesters: **Sacrament of Penance: Monday 8:30 - 8:50PM & every Sat. 8-8:50AM)***

**Rosary:** Tuesday—Friday..... 8:00am  
**Morning Prayer:** Wednesday.....8:30am

**2024 Diocesan Annual Campaign**

as of 8-31-24  
 Parish Goal for 2024:  
 \$34,769.30  
 Gifts Received:  
 \$40,210.94  
 Outstanding Pledges:  
 \$1,989.70  
 Shortfall Payments:  
 Over/(under) goal in  
 cash: \$5,441.64  
 Total Committed:  
 \$42,200.64

**Parish Staff Contact Info.**

Associate Director of CCM....John Klarmann  
 jtklarmann@ship.edu.....(717) 477-1244  
 Parish Office Manager.....Tracy Plotner  
 tplotner@hbgdiocese.org...(717) 532-2912  
 Religious Ed. Coordinator.....Jolene Cramm  
 jccramm@hbgdiocese.org...(717) 532-2912  
 Music Ministry ...Michael Adams  
 madams@hbgdiocese.org

**Parish Ministry Contact Info.**

**Homebound Minister Coordinator**....John S. Bonitz  
 jsbonitz@comcast.net.....(717) 262-3614  
**Finance Chairperson**.....Charlie Albright  
 charltonalbright1@gmail.com  
**Parish Council Chairperson**.....Lyn Solder  
 lyndasolder@gmail.com .....(410) 259-8954  
**Greeter Ministry**.....John Thornton  
 johnnie7746@gmail.com..... (508) 868-5640  
**Usher Ministry**.....Joe Cretella  
 pjcretella1@gmail.com.....(717) 377-1480

**Sept. 7-8, 2024 (in pew)**

Weekend Collection: \$2,745.00  
 Building Improvements: \$150.00  
 Parish Youth Education: \$50.00  
 Social Outreach: \$10.00  
 Peter Pence: \$486.00  
 Votives: \$23.00  
**TOTAL INCOME: \$3,464.00**



If you would like to give to

the Sunday collection online either with an individual gift or with a recurring donation of your choice, please visit [olvshippens-burg.weshareonline.org](http://olvshippens-burg.weshareonline.org)



**2nd Annual Oktoberfest**

The 2nd Annual Oktoberfest will be held on Saturday the 12th of October immediately following the 5 pm mass. The menu is

Fuseli (long spiral pasta) with sauce and a choice of either ground meat and sausage or vegetables. Garlic bread and salad will also be served. And dessert of Canoli. Entertainment will follow the meal. The price is \$10 for adults, \$5 for students and free for children under school age, payable at the door the night of the event. A sign up sheet is in the back of the church to ensure the proper amount of food is prepared.

**The Word of God Alive:**

**Discussing the Readings with your children**

**Today, James, in the second reading, writes that faith without works is dead. What do you think he means?**

If something is dead, it is lifeless. It does not do anything. It does not have a purpose. So, if our faith is dead, our faith does not inspire us to do anything. Anybody who sees us would not have any idea that we have faith. We would not go to church. We might not be kind to people. We would not go out of our way to care for others.

**How do you show that your faith is not dead?**

**In the Gospel, Jesus asks the disciples. "Who do you say that I am?" What is Peter's answer?**

Believing in Jesus is more than just believing what Jesus said and did. Those beliefs transform our hearts and change our lives. Then we desire to live as a follower of Jesus and do what he did. For example. We can help those in need, offer friendship to someone who is alone, share food with those who do not have enough to eat and treat everyone with kindness and respect. Jesus shows us that living as his followers, is not always easy. Even Jesus was rejected by the leaders of the synagogue. Jesus tells us we must take up our cross and follow him. We too may suffer rejection.

**How would you answer Jesus, "Jesus I believe you are..." Why is living as a follower of Jesus hard sometimes?**

**Living our Faith:** Do one thing this week that shows you believe in Jesus and follow him.



It is time again for Box of Joy. The goal this year is 100 boxes. \$9.00 is still the shipping cost per box. A reminder that things don't have to be brand new but not heavily used. This year I discovered that old Magnificat's, prayer cards, etc. can be used.

Thanks for supporting the children. The boxes will be available soon. If you have any questions please contact Heather Kauffman at 223-220-6913



Please submit a couple of your family favorite recipes for the 75th anniversary cookbook please put the category, your name and phone number. You can put the recipe in the box in the back of the church or submit to [tiprecipe@yahoo.com](mailto:tiprecipe@yahoo.com).

Please contact Tammy Polifka at [polifka.t@yahoo.com](mailto:polifka.t@yahoo.com) if you have any questions. Thank you!

**MASS FOR HOPE & HEALING**

to pray for the survivors of clerical sexual abuse

**A Mass for Hope & Healing will be celebrated by Bishop Timothy Senior on Wednesday, October 9 at 7 p.m. at Saint Joseph Parish, York. During this Mass, we will pray for and with survivors of clerical sexual abuse. All are encouraged to attend.**



## Eucharistic Revival in the Catholic Church:

### Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2<sup>nd</sup> year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.

### Are you REALLY helping out/participating at Mass? – How Silence Unlocks the Key to Active Participation from the Heart

We have a wonderful group of volunteers here at Our Lady of the Visitation Catholic Church who help out during Masses on the weekend. From Sacristans, to Extraordinary Ministers of Holy Communion, to Lectors, to Ushers, to Greeters, to Cantors, to Altar Servers, to Musicians, and the list goes on and on! Now, even though we can always use more help/volunteers in these areas (please see the bulletin to ask if you can help!), the question remains for many people – if I'm not doing something active or some ministry, am I really helping out OR am I *really* participating at Mass every Sunday?

The answer is that the most important and essential type of participation at Mass is not done with our physical actions and our visible ministries that we accomplish. **The most important type of helping or participating at Mass is done within our hearts and our souls** as we try to worship the One True God and Jesus Christ who becomes present at every single Mass we attend. This worship involves adoration from the heart, petitionary prayers from our hearts for others, listening of the heart to what God may be saying to us from His Word, and loving from our hearts with Faith, Hope, and Love. This all happens in the hidden places of our minds and souls that no one else can see from the outside. It often will happen in silence, and it is what God cares about most at each and every Mass!

One quick analogy to help you begin to understand the Church's perspective on this is simply thinking about students during their classes at school. If students are not teaching the class, are they no longer good students? Of course not! Students are supposed to be engaging with the information and trying to their best to take notes and allow the information to sink into their minds and hearts the best that they can. The Catholic Mass is meant to be this same way, but not just in regards to learning book information. We are supposed to try our best to engage every word that is said during the ceremony: from the prayers, to the songs, to the readings from Scripture, to the words of the homily, and the prayers of consecration and worship from the priest as well. Our goal is for these words to sink into our hearts and minds because they are truly God's words spoken to us and to our personal life and situation.

For example, Pope Saint John Paul II said in 1998 to the U.S. Bishops,

*"Worshippers are not passive, for instance, when listening to the readings or the homily, or following the prayers of the celebrant, and the chants and music of the liturgy. These are experiences of silence and stillness, but they are in their own way profoundly active."*

In other words, if you are bored during Mass or distracted during Mass, or if you are tempted to think that you are not DOING SOMETHING IMPORTANT because you are sitting in the pews, then just try to remember to engage in a conversation with Christ in the depths of your heart. Just try your best to do this. One place to start would be with a Prayer of Thanksgiving right after you received Holy Communion or during that time of the Mass. Talk to Christ about your life and



your desires, but also more importantly, try to listen to Him speaking His words into your heart, mind, and soul. What word, or prayer, or experience might God be using today to speak to me at this Mass and at this moment!! That is what is most important to God. May we thank him for giving us the ability to help out during the Mass (myself included – as I'm trying to be an instrument the best as possible), and may we ask Christ to convince us that whether we physically help out or not, the best way we can truly help out/participate at Mass is by engaging our hearts, minds, and souls with His Words and with His presence.

## Host Coffee Hour

**Coffee Hour starts Sunday September 15th** following the 8am Mass in Mary's Kitchen. **All are welcome!** If you would like to host coffee hour please sign up in the lobby of the church.

## CHURCH

## Potluck

**The next potluck will be Sun. Sept. 15th**

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided

## YOUTH GROUP News

All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday, September 14th from 6-8pm** in the social hall. **Feel free to invite your friends!!**



### Run with a Priest! (...or walk or bike!)

Every 1<sup>st</sup> & 3<sup>rd</sup> Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.

**The next run will be Saturday Sept. 21st.**



**Join us for coffee, snacks, and good conversation** in the social hall after the 8:30am Mass on Thursday morning. All are welcome!



### Interested in Becoming Catholic ?

RCIA classes will begin on **Tuesday, September 24th** from 7pm-8:15pm in the social hall.

All are welcome to attend!



## Choir Rehearsal

The next choir practice will be

**Wednesday, September 18th** from 7:15pm-8:30pm.



## Knights of Columbus & The Ladies Auxiliary



**The next Knights meeting will be Thursday, Oct. 3rd at 7:00 pm** in the social hall. Please see Pat Shay for more information.

**The next Ladies meeting will be Wednesday, Oct. 2nd at 2:00 pm** in the social hall. For more info, please contact Donna Bonitz at 717-860-4909 or ddbonitz@gmail.com.



## FOOTBALL SWEEPSTAKES TICKETS

Please support the Knights of Columbus who are selling "Football Sweepstakes" tickets after the Masses during the month of September. Each \$10 ticket will be valid for 10 weeks

of the pro football season. \$2500 is given away each week across our state in cash prizes. Winners are contacted automatically. Remember that your donation helps the Knights of Columbus support your church.

# Mass Intentions

**Saturday,**  
9:00am  
5:00pm

**Sunday,**  
8:00am  
11:00am

**Monday,**  
9:00pm

**Tuesday,**  
8:30am

**Wednesday,**  
6:30pm

**Thursday,**  
8:30am

**Friday,**  
8:30am

**Saturday,**  
9:00am  
5:00pm

**Sunday,**  
8:00am  
11:00am

## September 14

Intentions of Father Ben Dunkelberger  
People of the Parish

## September 15

In Memory of the Kanc Family  
In Memory of William DeChene

## September 16

Intentions of Sheila Hurst

## September 17

In Memory of William McAdams

## September 18

In Memory of Thomas Mullen

## September 19

Intentions of Fr. Ben Dunkelberger

## September 20

In Memory of Daniel Barnett

## September 21

In Memory of Kathleen O'Donnell Dalton  
People of the Parish

## September 22

In Memory of Thomas Sutch  
In Memory of Richard Kreusch



The flowers at the tabernacle are placed in memory of **Tara Porter**



Health, Safety and Security Committee

The next meeting of the Health, Safety and Security Committee will be held on **Tuesday the 17th of September at 6:30 pm** in the parish Social Hall. All

interested parishioners are invited to attend the meeting and continue to ensure Our Lady of the Visitation church is a welcoming and safe environment for members and visitors to worship the Lord."

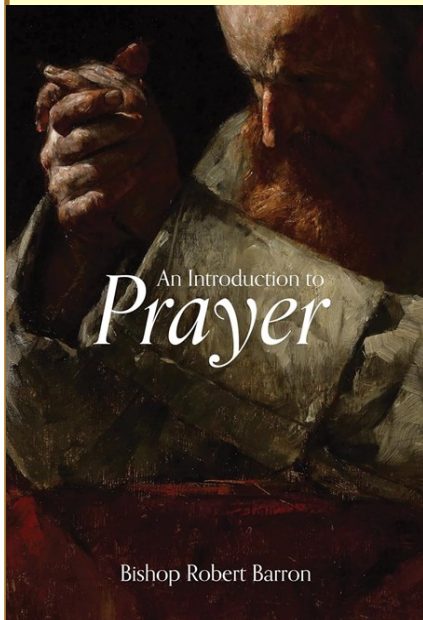
## Religious Education Classes

Class time for grades K-12th is from 9:30 AM to 10:45 AM on most Sunday mornings during the school year. The preschool class meets on Sundays from 9:30 AM to 10:30 AM in the church basement (across from Mary's Kitchen)





## Book of the Month September and October 2024



The Book of the Month for both September and October of 2024 will be *An Introduction to Prayer* written by Bishop Robert Barron and published by Word on Fire. I personally love talking to people about prayer. For example, engaging some very important questions such as: How much should I pray every day? When I try to pray, what kind of things do I try to say to God? How do I hear God's voice? Are there different types of prayer, and if so, why does that matter for my life?

The problem is that I only have so many hours in

each day to talk to people one on one about prayer. One really helpful solution to this problem is to read a solid Catholic book on the topic, and Bishop Barron just came out with this gem at the perfect time! He does a wonderful job of hitting on so many of the essential topics when it comes to prayer like – how to deal with distractions or different approaches and mindsets to take when you try to pray. Prayer can seem intimidating, but I promise you that if you continue trying your best to pray and learn about prayer (for example, by reading this book or just coming to the discussion of it!), you will grow in your ability to encounter Christ in your heart and soul when you are praying.

We will get together to discuss this book on Wednesday, November 6<sup>th</sup> from 7:30 – 8:30 pm, and this book is only about 125 pages long, so it is very readable even if it takes you some time to snag a copy! Even if you don't have time to read this book, please consider coming to meeting in the social hall on Nov. 6<sup>th</sup>, and I will do my best to summarize my favorite parts and bring some good discussion into the room as well. Thank you again, and God Bless you.



## Welcome to all students!

Fr. Ben & I (John Klarmann Associate Director of Catholic Campus Ministry) are pumped for this year of Catholic Campus Ministry here at Shippensburg University and we can't wait to share it with you. Our goal here at CCM is to love God, love our neighbors, and make disciples and we do all three in a variety of ways. To grow our love of God we always participate in the weekend liturgy at Our Lady of the Visitation, but we also join the parish for daily Mass and weekly adoration. To love our neighbor, we will grow in friendship through super fun events especially our weekly FREE Thursday night dinner (5pm at the Spiritual Center on campus) and we will also serve our community through different service opportunities. Finally, as we strive to make disciples, we invite everyone to participate in a small group bible study and we look forward to providing opportunities for retreats, conferences, mission trips, and pilgrimages. Contact info: [jtklarmann@ship.edu](mailto:jtklarmann@ship.edu) 7174771244



## Be Connected

EMAIL/CAMPUS GROUPS:

Contact [catholic@ship.edu](mailto:catholic@ship.edu).

Join our [https://groupme.com/join\\_group/101072875/FBq1gfNB](https://groupme.com/join_group/101072875/FBq1gfNB)

INSTAGRAM: Follow us on Instagram: [@ccm\\_ship](https://www.instagram.com/ccm_ship)



Want to recycle? We have 2 recycle bins, one is placed in the social hall and the other bin is placed in the lobby of the church closest to the social hall entrance. On front of the bins are guidelines as well as copies of the guidelines that you may take with you. Our goal is to collect 1,000lbs in a years time. Please contact Heather Kauffman for more information, 223-220-6913.

## PENNSYLVANIA MARCH FOR LIFE

The 2024 Pennsylvania March for Life will be Monday, September 23, in Harrisburg. Overnight Adoration of the Blessed Sacrament at the Cathedral of St. Patrick will be offered leading up to the March. Please sign up to spend time with the Lord at <https://www.hbgdiocese.org/marchpa>. The full PA March for Life schedule includes:

### Sunday, September 22, 2024

7:00 P.M. - Mass - Cathedral of St. Patrick, 212 State Street, Harrisburg

8:00 P.M. - 9:00 AM - Overnight Adoration of the Blessed Sacrament at the Cathedral of St Patrick. Street parking is free on Sunday and overnight until Monday morning at 8:00 am.

### Monday, September 23, 2024

9:00 A.M. - Benediction – Cathedral of St. Patrick, 212 State Street, Harrisburg

9:30 A.M. - March for Life Opening Mass – Cathedral of St. Patrick, 212 State Street, Harrisburg

11:00 A.M. - March for Life Rally – State Capitol steps

12:00 Noon - March for Life March

1:30 P.M. - March for Life Closing Mass – Cathedral of St. Patrick, 212 State Street, Harrisburg

Bus seats are available. For more information visit: <https://www.hbgdiocese.org/marchpa>

