

3rd Annual Spring Race Half-Marathon, 10K & 5K Race

<u>Saturday, May 16th 9 am</u> Great Guernsey Trail 63500 Corduroy Rd, Cambridge, Ohio 43725

RACE INFO: This event is meant to showcase the Great Guernsey Trail and will consist of a Half-Marathon, a 10k, a 5k and a Fun Run. This will be a bibbed timed race with timing services provided by Muskingum Multi-Sports.

Proceeds raised at this event will support the Guernsey County Community Development's (CDC) Great Guernsey Trail and Coal Ridge Park & Trails Development Projects. The CDC built and maintains the 7

mile paved Great Guernsey Trail as well as Coal Ridge Park & Trails. There are plans in the works to add over 7 miles of hiking and walking trails on property owned and maintained by the CDC. All trails and parks are opened to the public and are free of charge. Funding for the maintenance of the trails and the parks is by donations only.

Race COURSE: The Half-Marathon, 10k and 5k races and Fun Run are out and back events held entirely on the paved (and flat) Great Guernsey Trail. The route starts in at the Corduroy Rd Trail Head and follows the trail to each turn around and then returns to Corduroy Rd. This is a scenic, traffic free route that follows Leatherwood Creek. There will be water at all of the turnarounds, first aid stations and finish line, in addition there will be fruit, and water and Gatorade at the half marathon turn around. Food will be provided at the finish line as well. Time limit for the half-marathon is 4 hours.

<u>AWARDS</u>: Engraved plaques will be issued to the **top** <u>three overall finishers</u> and medals will be awarded to the top three finishers in each of the following age categories: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ Walkers are welcome! **Custom made finisher's medals (with unique logo)** will be awarded to every individual that completes the race, whether running or walking.

EARLY PACKET PICK-UP & RACE DAY REGISTRATION: Race Day registration and packet pick-up will be at the registration building at 63500 Corduroy Rd. Cambridge, Ohio - starting at 7:30am

RACE PACKETS & FINISH LINE PERKS: Your race packet will include a T-shirt with race logo, swag and more. <u>All</u> **participants registered by May 5th are guaranteed a Race T-shirt.** Extra t-shirts will be available for on a first come first serve basis on race day.

ENTRY FEES: (non-refundable)

5k Race and Fun Run & Walk \$20.00 through May 15th – **Day of Entry \$25.00** 10k Race \$25.00 through May 15th – **Day of Entry \$30.00** Half-Marathon \$30.00 through May 15th – **Day of Entry \$35.00** *Registration forms and fee made out and mailed to: <u>Guernsey County CDC P.O. Box 1175 Cambridge, Ohio 43725</u> <u>memo line Great Guernsey Trail Half-Marathon</u>

RACE CONTACT: For any questions please contact Race Director Ron Gombeda @ 740-439-0020 or email at rgombeda@guernseycountycdc.com

More Race details or register online at www.muskingummultisports.com

Name:	Tel. #	PLEASE FILL OUT COMPLETELY BEL Age (Day of Race) M/F	
Address		Half-Mar10K Race 5K Race Fun Run	:
City/State	Zip	T-shirts (ADULT): M/F	
E-mail		S M L XL XXL	XXXL

Waiver: In consideration for the acceptance of this entry, I waive for myself and my beneficiaries, all rights and claims for damages which I might have against the Great Guernsey Trail Half-Marathon Race, the Guernsey County Community Development Corporation its employees, board members and volunteers, sponsoring organizations, businesses, or individuals as a result of any and all injuries or illnesses I suffer in this event. I attest and verify that I have full knowledge of the risk involved in this event. I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it, and my signature confirms its full acceptance. (Must be signed by a guardian if under the age of 18).

Parent Guardian signature, if under 18: