

## **Return to School Policy**

- **A. Purpose.** The purpose of this Policy is to set the guidelines by which a student or staff member who has experienced any of the below may return to the School's premises. These guidelines are to be in compliance with applicable guidance at all times. If at anytime these guidelines do not comply with this guidance the School shall endeavor to update this Policy as soon as possible and may, in the meantime, refer students, legal guardians, and staff directly to the New Mexico Department of Health's (NMDOH), the New Mexico Public Education Department's (NMPED) website, or any other applicable governmental entity website for current guidance.
  - 1. "Close Contact" with a non-household member positive for COVID-19.;
  - 2. Living with a household member that tested positive for COVID-19;
  - 3. A positive test for COVID-19 and/or symptomatic of COVID-19 where the individual does not have a severe illness or severe immunosuppression;
  - 4. A positive test for COVID-19 and/or symptomatic of COVID-19 where the individual has a severe illness or severe immunosuppression;
  - 5. Acute COVID-19-like Symptoms;
  - 6. COVID-19-like Symptoms from a Chronic Condition.
- **B.** For the purposes of this Policy and pursuant to guidance from NMDOH and NMPED "close contact" occurs when someone who over a 24-hour period, has a cumulative exposure of fifteen minutes or longer within six feet of a confirmed COVID-19 case with or without a face covering.

Exception: In the K-12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a clinically compatible illness) where

- 1. Both students were engaged in consistent and correct use of well-fitting face masks; and
- 2. Other K-12 school prevention strategies (such as universal and correct mask use, physical distancing, increased ventilation) were in place in the K-12 school setting.

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

C. For the purposes of this Policy proof of vaccination may be in the form of the vaccination card indicating the individual completed a course of COVID-19 vaccination at least 14 days prior to the current date or a print out or screen shot from NMVaxView indicating the individual completed a course of COVID-19 vaccination at least 14 days prior to the current date.

# D. "Close Contact" with a non-household member positive for COVID-19.

In order to return to School premises or events the following criteria must be met:

- 1. At least 10 consecutive days have passed since the last date of contact with the infected individual:
- 2. No one in the student or staff member's family has tested positive for COVID-19 since the date of exposure; and
- 3. The student or staff member has not developed symptoms since the date of exposure.

**Exception:** For the first 90 days after a positive PCR or school-based BinaxNOW test, individuals who have had COVID-19 infections and who have completed their self-isolation periods, do not need to quarantine if they are a close contact of a COVID-19 infectious person. It is recommended that the individual get tested for COVID-19 five days after exposure if asymptomatic, and should isolate and test immediately if symptoms develop.

**Exception:** Fully Vaccinated Persons. A student or staff member who is fully vaccinated against COVID-19 and has a close contact with someone who tests positive for COVID-19 and the contact occurred during that person's infectious period is not required to quarantine if all of the following criteria are met:

- The individual has been fully vaccinated (≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine); and
- Has remained asymptomatic since the current COVID-19 exposure.

**However**, if a fully vaccinated individual develops symptoms following the close contact, they must quarantine and are strongly encouraged to be tested.

Exception: Test to Stay (Modified Quarantine). Test to stay is available to those individuals who are exposed to COVID-19 in the school setting *only*. To participate in test to stay requires an individual to test negative on rapid COVID-19 tests on days one, three, and five following exposure (day zero is the day of exposure). When there is a delay in being notified of exposure, the testing sequence begins on the first day in which a school is notified of the exposure and the individual is in attendance. When a testing day falls on a day that schools are not in session, or a day that a student is absent, the testing sequence resumes on the subsequent school day.

Failure to test (regardless of the reason) when the individual is at school on a required testing day terminates test to stay for the individual and a return to quarantine at home for the duration of the quarantine period is required.

In the case that an individual participating in test to stay has a second close contact exposure while on modified quarantine, the testing sequence must be restarted for the most recent close contact.

If an individual on test to stay exhibits COVID-19 symptoms requiring self-isolation, then modified quarantine is terminated and the individual must self-isolate at home pending confirmation of a negative test for COVID-19 and ideally, an alternative explanation for the symptoms. If COVID-19 is confirmed, then self-isolation continues for 10 days following the day that symptoms began.

**E.** Living with a household member positive for COVID-19. In order to return to School premises or events the following criteria must be met:

Quarantine for household members is 20 days from symptom onset date or positive test so long as no other COVID-19 infections are identified in the household and there are no severely immune-suppressed individuals in the home.

If a second individual in the home tests positive then the quarantine clock is reset and the 20 days of quarantine starts from the symptom onset date or positive test date for the second positive individual.

If the household member positive for COVID-19 has a severe illness or severe immunosuppression the individual having contact and living in the home with that household member will need to quarantine for 20 days after that member's symptom onset or positive test. The individual will then quarantine for an additional 10 days after. This is a total of 30 days of quarantine.

**Exception:** For the first 90 days after a positive PCR or school-based BinaxNOW test, individuals who have had COVID-19 infections and who have completed their self-isolation periods, do not need to quarantine if they are a close contact of a COVID-19 infectious person. It is recommended that the individual get tested for COVID-19 five days after exposure if asymptomatic, and should isolate and test immediately if symptoms develop.

**Exception:** Fully Vaccinated Persons. A student or staff member who is fully vaccinated against COVID-19 and has a close contact with someone who tests positive for COVID-19 and the contact occurred during that person's infectious period is not required to quarantine if all of the following criteria are met:

- The individual has been fully vaccinated (≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine); and
- Has remained asymptomatic since the current COVID-19 exposure.

**However,** if a fully vaccinated individual develops symptoms following the close contact, they must quarantine and are strongly encouraged to be tested.

- F. A positive test for COVID-19 and/or symptomatic of COVID-19 where the individual does not have a severe illness or severe immunosuppression. In order to return to School premises or events the following criteria must be met:
  - 1. At least 10 consecutive days have passed since the day after symptoms first appeared or since the positive test; and
  - 2. At least 1 day (24 hours) has passed with no fever without the use of fever-reducing medications; and
  - 3. There is improvement in symptoms.

Students and staff members should not use at-home rapid COVID tests for surveillance testing. However, if they do and a students or staff member tests positive with an at-home rapid COVID test kit they must quarantine, and the School must notify close contacts of exposure.

**Exception:** This does not apply to VAULT testing because it is PCR testing. A negative PCR test with a sample collected within 48 hours of the positive at-home rapid COVID test would negate the positive test and would not require continued self-isolation or quarantine based off of the at-home rapid COVID test.

- G. A positive test for COVID-19 and/or symptomatic of COVID-19 where the individual has a severe illness or severe immunosuppression. In order to return to School premises or events the following criteria must be met:
  - 1. At least 20 consecutive days have passed since the day after symptoms first appeared or since the positive test; and
  - 2. At least 1 day (24 hours) has passed with no fever without the use of fever-reducing medications; and
  - 3. There is improvement in symptoms.

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**Exception:** This does not apply to VAULT testing because it is PCR testing. A negative PCR test with a sample collected within 48 hours of the positive at-home rapid COVID test would negate the positive test and would not require continued self-isolation or quarantine based off of the at-home rapid COVID test.

## H. COVID-19-like Acute Symptoms

Both vaccinated and unvaccinated students and staff with no known exposure to COVID-19 but with new onset COVID-19 symptoms, such as headache or runny nose, will be sent home from school to self- isolate for 10 days and are encouraged to test.

**Exception:** If the student or staff member provides proof of a negative PCR test result, they may return to school before the full 10 days of isolation.

**However**, if an unvaccinated symptomatic person has had a known exposure to COVID-19, the person should be tested at five days after exposure and must quarantine for the full 10 days regardless of a negative test.

**Exception:** If a person is positive for COVID-19, completes their self-isolation, recovers, and then develops new COVID-like symptoms within 90 days of their first infection, they should stay home until fever-free for at least 24 hours without fever reducing medication and with improvement in symptoms.

#### L. COVID-19-like from a Chronic Condition.

- 1. Students who have not provided evidence of vaccination and who exhibit chronic, mild non-specific COVID-19 symptoms should have their symptoms assessed either by a school nurse or primary care provider.
  - a. If there are no changes in symptoms from the baseline state, students do not need to be tested and may participate in school.
  - b. If students have a change in symptoms from their baseline as assessed either by a school nurse or a primary care provider, then the students should be tested for COVID-19 and be placed in isolation until the results are available. A negative result will discontinue the isolation.
  - c. If a student has a change in their baseline state and the student does not get tested, the student must self-isolate for 10 days and be fever-free without fever reducing medication for 24 hours and have improving symptoms before returning to school.
- 2. Staff with allergies, asthma, or other non-infectious chronic disease which may present with mild non-specific COVID-19 symptoms should contact their primary care provider. The primary care provider may furnish the staff member with medical documentation stating that present, non-specific mild symptoms do not differ from the patient's baseline, indicating the individual may return to school without being tested for COVID-19.
- 3. Students or staff who have not provided evidence of COVID-19 vaccination, who have tested negative for COVID-19 in the past two weeks and who have no known exposure to COVID-19, do not need to be tested again in the presence of chronic symptoms that have not changed in a meaningful way during that interval. If those symptoms were to change from their baseline, then the student or staff should begin home isolation.

**Exception:** Students or staff with mild, chronic conditions, such as asthma or allergies, who have not provided evidence of COVID-19 vaccination and who receive a negative BinaxNOW COVID-19 antigen test, are not required to quarantine and may participate in

school and extracurricular activities until such time as the individual has a positive COVID-19 test or has a change in symptoms.

### J. Notification

- 1. Any staff member experiencing any of the above situations must notify the Head Administrator immediately to arrange for an alternative work setting or for leave under the Coronavirus Emergency Paid Sick Leave Policy if also unable to telework.
- 2. If the individual is a student, the student or legal guardian should notify the Head Administrator immediately so that arrangements for the student to be kept current with his or her or their school work can be made.

### K. Penalties for Non-Compliance.

- 1. Failure of a staff member to comply with this Policy may result in disciplinary action including termination or discharge.
- 2. Failure of a student or legal guardian to comply with this Policy may result in disciplinary action including suspension from school.