



PEP TALK



PULMONARY EDUCATION PROGRAM LITTLE COMPANY OF MARY HOSPITAL
July 2017

Recap: PEP Pioneers Tour Private Honda Museum

(by Kurt Antonius)

About twenty-five members of PEP were treated to a private tour of the Honda Museum on Thursday, June 29th in Torrance. They were given a behind the scenes tour by Kurt Antonius of many of Honda's historically significant automobiles, race cars, motorcycles, concept cars, and power equipment that are housed in the building.

The Honda museum is a private museum and is not open to the public, which added to the excitement to see the facility.



On display were Honda's very first automobiles sold in the US, the N600 and Z600 Coupe; Honda's very first motorcycle, the Super Cub; Acura's very first automobiles sold in the US, the Acura Legend and Integra; early models of the Accord, Civic, and Prelude; and the legendary NSX super sports car.

Kurt had the opportunity to share from first-hand experience many behind the scenes stories about the development and introduction of many of the vehicles.



Following the tour many of the PEP Pioneers met at local restaurants for lunch.

New Board Chair Members

(by Mary Lee Coe)

Because of the resignation of Dan Buck, a new chair of PEP Pioneers, and new members were elected by the board.

A nominating committee was formed at the June board meeting. Mary Lee Coe volunteered to be chair, and Edna Murphy, Karen Thompson, and Jackie Tosolini volunteered as committee members. The committee met twice and had numerous telephone calls. All the board members gave input.

The nominating committee recommended Kurt Antonius for chair, Sarah Albright for board

member staff liaison, and Ann Jones and Fin Martin for board members at large. After discussion and voting at the July board meeting, the nominating committee's recommendations were accepted. All were elected unanimously.

Kurt, in addition to being chair, will handle outreach. He will also back up Sarah as editor. Sarah will edit the newsletter and become co-webmaster along with Art Cottrell. Ann Jones will continue her responsibilities as bereavement counselor and happy hour coordinator. Fin Martin will be a member at large. Bebe Bonnell moves up to chair of ways and means. Three new people: Maryann Williams, Gwen Files, and Betsy Barnes, have volunteered to become callers. All other board members and committees will continue with their current duties.

As per the PEP by laws, the central membership will be asked to ratify the board members at the July luncheon.

A Few Seats Still Available for Autry Museum

(by Kurt Antonius)

There are still a few seats available for the Autry Museum of the American West trip on Thursday,

July 13 at 9:30 AM. If you have not seen this museum at Griffith Park in Los Angeles, you are missing a very special place. The newly renovated facility features original western art, sculptures, unique western displays and artifacts, gun collections, and more.

The cost is a mere \$15 and you can reserve your seat by calling Karen at 404-293-9306. There is a very nice cafe on the premises with a terrific menu. The bus returns to PEP at 2:00 PM.



Aloha

(by Sarah Albright)

It's time for the annual PEP Hawaiian luncheon on Thursday, July 20th at the Sizzler. Dig out some sweet Hawaiian outfits and join your fellow Peppers. This particular luncheon was originally going to celebrate Dr. Chang's retirement, but that is being rescheduled. Now, Dr. Stringer will be speaking about music and medicine.



Wanted: Raffle Donations

(by Mary Lee Coe)

It's been a long time since I've asked, but the bin is no longer full. Everything is wanted except clothes and books. Gently used please. Please bring them to the July luncheon.

Looking Ahead



Come One, Come All

(by June Robinson)

Join us for our Annual picnic to be held at Victor Park, Torrance, CA on August 17, 2017. It will be from 11:30 AM to 2:00 PM. There will be a fee of \$5.00 per person.

The lunch is a Potluck, so please bring your favorite dishes, salads or desserts. They can either be homemade or store bought. All are welcome. PEP will supply their delicious Italian sausages, hot dogs, and hamburgers with all the fixings. Cold drinks, lemonade, and other drinks will be included by PEP. Get ready for the Bingo games after lunch.

Hope you Peppers can donate either books, or miscellaneous items to be used for the Bingo winners. It will be appreciated. I have enjoyed this picnic for several years and I know you will too. So come along and have fun.

Get Lucky!

(By Sarah Albright)

Let's get ready to gamble! There is an upcoming trip to the casino in the works. It will likely take place in October. Be on the look out for more information soon!

July Babies

2 Arlene Thomas	22 Joseph Sakamaki
3 Donald Hill	23 Freddie Hildreth
16 Gail Edwards	26 Mary Clark
22 Renie Haleen	28 Homer Lowe

In Memoriam

We send our condolences and prayers to the families and friends of the following PEP members. They will be missed.

- Jan 18- Bob Rupkey
- Jiro Shikuma- returned email; wife Doris grad '13; died previously
- Mar 17- Joann Oestreich
- June 10- Archie Buchanan's son Bruce



Jackie Tosolini will be out on leave for about a month. If you need pulmonary assistance, please reach out to Joseph Moir or Sarah Albright.

PEP PIONEERS is a non-profit corporation comprised of graduates of the Pulmonary Rehabilitation Program at Providence Little Company of Mary Hospital. We are dependent on private donations and fundraisers to finance events and purchase equipment that benefit all of its members. Tax Deductible donations may be made to:

PEP PIONEERS

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