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From Mentor City Council



Mentor City Council

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake – Councilperson, Ward 1; John A. Krueger – Councilperson, Ward 4

Emergency Home Repair Programs Available to Qualifying Mentor Residents

Low-to-moderate income Mentor homeowners in need of critical home repairs may qualify for assistance through programs offered by the City of Mentor.

These programs are designed to help homeowners in need make their homes safe, sanitary, and secure. Projects could include, but are not be limited to heating, roofing, electrical, or plumbing repairs as well as providing or enhancing ADA accessibility.

In order to qualify, the applicant must be the owner/occupant of a home in the City of Mentor, meet income requirements, and be either disabled or a veteran.

These programs are funded through the Department of Housing and Urban Development Community Development Block Grant Program which provides communities with resources to address a wide range of unique community development needs.

This program is administered by Western Reserve Community Development Corporation for the City of Mentor. Western Reserve may be reached at (440) 357-4400.

Mentor Public Library: Children & Teen Programs

Our library programs are hosted in-person at one of our branches, unless indicated otherwise. When registration is required, you can sign up by calling the library or at www.mentorpl.org.

Snappy Little Story Time

Mondays, except Sept. 6, at 10 a.m. James R. Garfield Room, Main Branch

Kids from birth to five years old can enjoy a story time that combines songs, rhymes, books, and flannel stories – all geared to the little listener. This story time does not include a craft. Please register beforehand.

Homework Help

Mondays, starting Sept. 13, from 4:30 to 5:30 p.m. The HUB

Kids of any age can get some homework help with a certified teacher. No registration necessary. Availability on a walk-in basis.

Tiddlywinks

Tuesdays and Wednesdays, starting Sept. 7, at 10 a.m.

James R. Garfield Room, Main Branch

Kids (from birth to three years old) will love this interactive story time filled with stories, songs, and rhymes. Please register beforehand.

Storytime Stars

Tuesdays, starting Sept. 14, at 10:30 a.m. Lake Branch

Kids (ages five and younger) can enjoy stories, music, rhymes and a craft. All kids must be accompanied by an adult. No registration necessary.

Preschool Story Time

Tuesdays, starting Sept. 7, at 11 a.m. James R. Garfield Room, Main Branch

Kids (ages three to six) can enjoy stories, songs, rhymes, and a craft. Adults don't need to attend this story time along with their child. Please register beforehand.

Pre-K Pop Party

Wednesdays, starting Sept. 8, at 11 a.m. James R. Garfield Room, Main Branch

Does your little one have energy to burn? Then they'll love the library's Pre-K Pop Party. Each week, the library throws a party full of music, movement, rhymes, a story, and lots of dancing. Open to kids ages three to five without an adult. Please register beforehand.

PJ Family Story Time

Wednesdays, starting Sept. 8, at 6:30 p.m. James R. Garfield Room, Main Branch

Children can wear their snuggliest pajamas while they enjoy stories, songs, rhymes, a craft, and a snack. All ages welcome. Children must be accompanied by an adult. Please register beforehand.

Musical Munchkins

Thursdays, starting Sept. 16, at 10:30 a.m. Lake Branch

Kids (ages five and younger) can enjoy an interactive musical story time with music, singing, stories, and exploration of simple musical concepts. All kids must be accompanied by an adult. No registration necessary.

Tyke Time

Thursdays at 11 a.m. Headlands Branch Lawn

Come to the Headlands Branch for story time in the sunshine. All kids must be accompanied by an adult. Registration encouraged, because of limited space.

Family Favorites Story Time

Fridays, starting Sept. 10, at 11 a.m. James R. Garfield Room, Main Branch

All ages will enjoy stories, music, rhymes and a craft. Children must be accompanied by an adult. Please register beforehand.

I Can Read Book Club

Monday, Aug. 30, at 6 p.m. Headlands Branch

Kids (ages four to eight) can take turns reading from the I Can Read beginner books. A wonderful way to practice reading and build confidence in a supportive atmosphere! Registration required.

Back to Hogwarts

Wednesday, Sept. 1, at 6:30 p.m. Headlands Branch

Kids can compete in a friendly Quidditch match, take a picture in our Azkaban photo booth, and enjoy butterbeer and other magical munchies. Registration required.

'Roar by the Shore' Annual

Cruise In

Saturday, Sept. 4, from noon to 4 p.m. Lake Branch

Visit the library on the way to Mentor-on-the-Lake's annual cruise in. The library will have a car craft for kids, a raffle for adults, and everyone can get a free book or two from MPL's Pop-Up Library.

Wildlife Game Day

Saturday, Sept. 4, at 2 p.m. Headlands Branch

Kids of all ages can celebrate National Wildlife Day at the library's Headlands Branch. They'll playing games, asking trivia questions, painting and drawing all kinds of stuff about animals, plants, and life on Earth. Registration required.

Grandparents Day Trinket

Wednesday, Sept. 8, at 5 p.m. The HUB

Kids (ages five to 10) can use The HUB's laser engraver to make a special present for their grandparents. The library will also provide paint, ribbons and more decorations so the kids can customize their gift. Registration required.

Wiggle, Giggle, and Shake

Thursday, Sept. 9, at 11 a.m. James R. Garfield Room, Main Branch

Kids (ages two to six) and their caregivers can have fun clapping, marching and moving. Registration required.

Family Game Night: Quiplash

Thursday, Sept. 9, at 7 p.m. Village Room, Main Branch

Families can gather to play Quiplash from the Jackbox Party Park together. Each family will

Continued on page 8

In Rosey's Words....



Always I have looked into the soul of a person regardless of handicaps, oddities, race, color or creed.

Nobody was ever strange to me. What I saw was the beauty within and the possibilities of each individual.

Everyone was interesting in different ways; the journey was remarkable. It's as if I can truly see the culmination of a great work of art so different from another.

It brings joy to my life and clarity and understanding.

We have all met someone who won't give us the time of day and isn't that interesting. Somewhere, somehow that behavior may be covering up a genius in some form

or another who hasn't realized their full potential.

Anger often camouflages a much softer side of one who feels caught in a lifestyle they grew up in.

There is beauty, hope and possibilities in everyone, in my opinion.

Observation done quietly reveals so much about a person without provocation. We are the most interesting and complex beings ever who observe everything from birth.

I love people regardless - wanting only for them to be better at everything and honest about their wishes and dreams.

What makes a man who has no formal education become the richest man in the world? Or what makes a man unknown to the outside world invent a life-changing mechanism for a handicapped individual? And so on & so on.

We are never at our full potential in creativity, communication and problem solving. It's all there just waiting to be tapped into in our hearts and minds.

I love the diversity in all of us,

and what a gift!

Confidence, faith, and love for yourself are key ingredients in any success story.

Happiness is different for all of us because we each have a different soft spot for what makes us feel good it seems.

Perhaps sitting on a beach in the warm sun is something that brings joy and contentment, therefore triggering your challenge to make that possible. Or maybe your happiness is a marriage, children, and grandchildren.

There may be a cause that needs your input and an adrenaline rush to make a difference.

You are a unique and wonderful person who can endure all it takes to get you to your happy place.

A friend, even at an elder age, hadn't fulfilled a dream to graduate college, falling into a depressed state.

What's stopping you? Only you can make it happen by knowing you're able and confident to do so.

Taking risks sometimes puts

you in a place that challenges your obvious ability to make it happen.

He graduated with honors and has written a book about his own awareness of the potential within.

It's never too late, but I suggest starting now. You can do this.

Look into yourself and know

that you are the best you can be.

We are amazing creatures I tell you!

Enjoy the rest of summer and know someone out here sees you as incredible!

Love, Rosey

Mentor Farmers Market

The popular Mentor Farmers Market returns Fridays from 2:00 PM to 6:00 PM at Eleanor B. Garfield Park through September 24, 2021.

Visitors can enjoy an afternoon under century-old shade trees while shopping for delicious, locally-sourced fruits and vegetables, pies, plant starts, honey, specialty baked goods, and other farm-related

products.

Fantastic Fridays take place the last Friday of each month (July 30, August 27, and September 24). In addition to the wonderful selection of produce and fresh items, Arts and Crafts vendors will be on hand with a wide variety of handmade items.

For additional information, visit mentorfarmersmarket.com or call (440) 974-5735.

Eleanor B. Garfield Park is located at 7967 Mentor Avenue, near the Great Lakes Mall.

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A Lake Community News Publication

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How to Take the Bite Out of Dental Care

Taking care of your teeth is about more than having a nice smile. Recent research has found that the oral hygiene is closely linked to your overall physical health. Yet, more than half of older Americans have not been to a dentist in the past year.

Unfortunately, Original Medicare's (Part A and Part B) dental benefits are very limited. Original Medicare does not cover the cost of routine treatment including exams, teeth cleaning, fillings, extractions, x-rays, and dentures, leaving you responsible to pay out of pocket for these services. But that is no reason to forego a healthy mouth. Here are some ways to cut the cost of dental care down to size.

My first recommendation is to investigate the various private insurance plans and Medicare Advantage plans with dental

coverage. Both types of insurance offer affordable options for routine care. Most policies pay for a set of annual x-rays as well as cleanings and checkups every six months. Other plans offer more comprehensive coverage that will pay a significant percentage of major dental services including crowns, bridges, root canals and dentures.

As you are comparing plans, ask yourself the following questions:

- What procedures will I likely need next year?
- What is the policy's maximum benefits?
- Is there a waiting period before I get treatment that's been put off?
- What dentists accept this insurance?

If you are not in the market for insurance, you can contact dental colleges and dental hygiene schools in the area. Many,

including Lakeland Community College and Case Western Reserve University offer dental clinics where students provide services at a reduced cost and under the supervision of licensed professionals.

Another approach is to ask your dentist whether he or she participates in a dental savings plan. These work like warehouse clubs where you pay an annual fee for discounts of up to 60% on check-ups, cleanings, root canals,

crowns, and bridges.

If you are interested in learning more, call me at 440-255-5700 or email me at Lmutsko@mutskoinsurance.com. I will show you some affordable dental insurance options for you and your family. You can also visit our website at www.mutskoinsurance.com and click on **online quotes/dental insurance** where you can check out several plans and find the one that's right for you.

Laura Mutsko is a licensed

insurance broker offering a complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio 44060. Laura can be reached at 440-255-5700 or through email at Lmutsko@mutskoinsurance.com. For more information, visit www.mutskoinsurance.com.

Lake County Genealogical Society Meeting - Sept. 30th

The Lake County Genealogical Society (LCGS) meeting will be held on September 30 from 10:00 am to approximately noon. The LCGS has been meeting on Zoom due to Covid-19. Please join us for a short business meeting then we will have our speaker, Donna Moughty talking about "Strategies for Finding Your Irish Ancestors."

Donna Moughty has been conducting family research for over 30 years. She teaches and lectures on the Internet, Irish research, methodology and computer topics locally and at national and regional conferences and institutes. In addition, she provides consultations, research assistance and training. Donna takes groups to Ireland each year

to research and is the author of the Quick Reference Guides for Irish Research. Her blog can be found at www.irishfamilyroots.com.

Success in Irish research is highly dependent on discovering the exact location in Ireland of ones ancestors and typically clues to the location are in records in the United States. Although researching in Ireland can be a wonderful experience, research at home is key to successful Irish research. The fire at Four Courts in 1922 (the Public Records Office) was devastating, but contrary to popular belief, not ALL records were destroyed.

Visit our web site at www.lcgsOhio.org to find the email

address so you can email us for an invitation to our Zoom Meeting. You can also go to our web site to learn more about us. If you do not have a computer, you can join the ZOOM meeting from your phone, so call Bonnie or Cynthia to get the phone number for the meeting.

If you have any questions you can call Bonnie at 440-428-3783 or Cynthia at 440-951-0914.

Please join us to learn how to research and organize your findings on your ancestors, find your "Roots", and create your own "Family Tree." You can also join our genealogy group and meet new people, and get help from other members besides from listening to the speakers.

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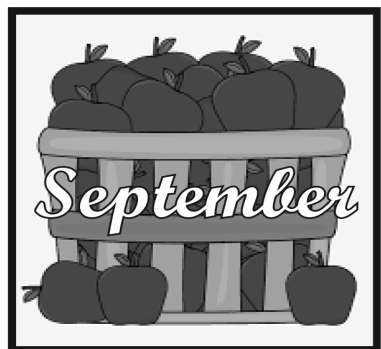
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MORLEY LIBRARY
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Thur., Oct. 14 • 6-7:30pm
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Taylor Made Home Care

Taylor Made Home Care is a locally owned and operated Non-Medical home care agency located in Mentor, OH.

The past 11 years have shown a lot of growth, but our mission has never changed. Our clients and their families have been and always will be our number one priority.

The past year has brought a lot of changes for everyone. We saw the need for non-medical home care rise. Families wanted to keep their loved one's home...knowing that if they were to go to a facility, they would not be able to see them. +

Our service not only takes care of your loved one, but also helps you, the caregiver. You experience a sense of comfort knowing that your loved one is in good hands. This peace of mind allows you to take a real break so you can relax, recharge, and refocus.

Our Services

Taylor Made Home Care provides non-medical home care services to seniors, those recovering from surgery, and respite. Our staff is fully committed to providing outstanding care to meet our clients' needs 24/7.

We are custom fit for your in-home needs, there is no "one size fits all" solution. Our complimentary in-home assessment will help create and follow a care plan that supports our clients' needs and preferences.

Our Caregivers

All our caregivers are carefully screened, bonded, and insured so you can trust you are getting the best possible assistance. We conduct a background check on all applicants prior to hire which includes criminal, DMV driving record and sexual offender check. Our staff receives extra training including courses in HIPPA compliance, detection and prevention of elder abuse, home safety assessments, meal preparation, and Alzheimer's care, just to name a few.

If needed, Taylor Made Home Care also provides services to individuals who may reside in an assisted living facility or nursing home.

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Bankruptcy 101:

The two types of bankruptcy that most people hear about are chapter 7 and chapter 13. The word chapter refers to the chapter (like in a book) in the bankruptcy code. Chapter 7 is a liquidating

bankruptcy and chapter 13 is a non-liquidating bankruptcy. Liquidating means they (the government) can take your stuff. Non-liquidating means they can't. However, there are

Relay for Life of Lake County: Saturday, September 18th

Relays across the U.S provide major funding for the American Cancer Society. Our local Relay takes place Saturday, September 18, from 4:00 pm to 10:00 pm at Wes Point Park, located between Euclid Ave. and River St. in downtown Willoughby.

Join us for food trucks, raffle baskets, games, music, team fundraisers, and a whole lot of fun for the entire family. Eighteen teams will have a walker moving around the park during the event as well as raising funds throughout. There always is something awesome going on at Relay.

Our event opens with a celebration as we honor the strength and courage of cancer survivors and their caregivers. At dusk is a moving ceremony in which luminaries are lit that contain names of people touched by cancer--those lost, battling the

disease, or who have survived it. The event closes by all of us making a commitment to fight for a world free of cancer.

Since most Relays were canceled last year, this is a very important year for us to raise funds for cancer research and various programs provided by the American Cancer Society.

For more information, go to www.relayforlife.org/lakecountyoh. We hope to see you there!



exceptions to this. I will try to lay this out in a simplistic fashion:

In a chapter 7 you will be able to discharge all of your debts without paying anything back. However, if you have any equity in anything (your home, your car, your bank account, your boat- anything) you must surrender it to the bankruptcy trustee (the person who looks out for the creditors) so that it can be sold (liquidated) to pay back the creditors to the largest extent possible. Equity is what determines which chapter of bankruptcy you can file under. Fair Market Value minus Amount Owed equals Your Equity in anything.

A chapter 13 is a non-liquidating

This means you get to keep everything, but you have to pay back a percentage of your equity. It is also used for people who are in foreclosure or behind on their mortgage and in fear of foreclosure. A chapter 13 requires a payback plan from between three to five years. The payment is monthly. The amount is determined, again, by the amount of equity you have accumulated in your life. This is referred to as your bankruptcy estate. Obviously, everyone wants to do a chapter 7 because it is no pay back. However, since 2005 it has become much harder to file chapter 7. In 2005, legislation was passed which tightened up the income restrictions on people with regard to the Chapter 7

bankruptcy. The intended result was that more people must file under Chapter 13 of the Bankruptcy code and pay back, at least, what the government thinks they can afford.

It is the bankruptcy attorney's job to advise you which is the best chapter to file under. It is also the attorney's job to make sure you keep your home, your car, and everything else you have accumulated throughout your life.

A good bankruptcy attorney will do those all of those things. He or She will also stop the creditors from harassing you, protect you from lawsuits, garnishments, put you back on your feet and give you a fresh start in life.

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Class of 2022 - It is time for College Planning

Choosing which college to attend is a big decision. How much can you afford? Near or far? Big or small? You have a lot of options, so explore all the possibilities!

Here are three important factors to consider:

1. COST

Paying for college is a big consideration. Lakeland's tuition is one-third the cost of four-year public universities. Financial aid and scholarships are available to those who qualify. Lakeland credits easily transfer to four-year colleges and universities. Save thousands

by starting your bachelor's degree at Lakeland.

2. EARNINGS POTENTIAL

When choosing a career, your future earnings potential is worth considering. Lakeland offers more than 140 degree and certificate programs that prepare

you for a high-demand career or a four-year university. Ninety-six percent of Lakeland graduates find employment or continue their education.

3. QUALITY EDUCATION

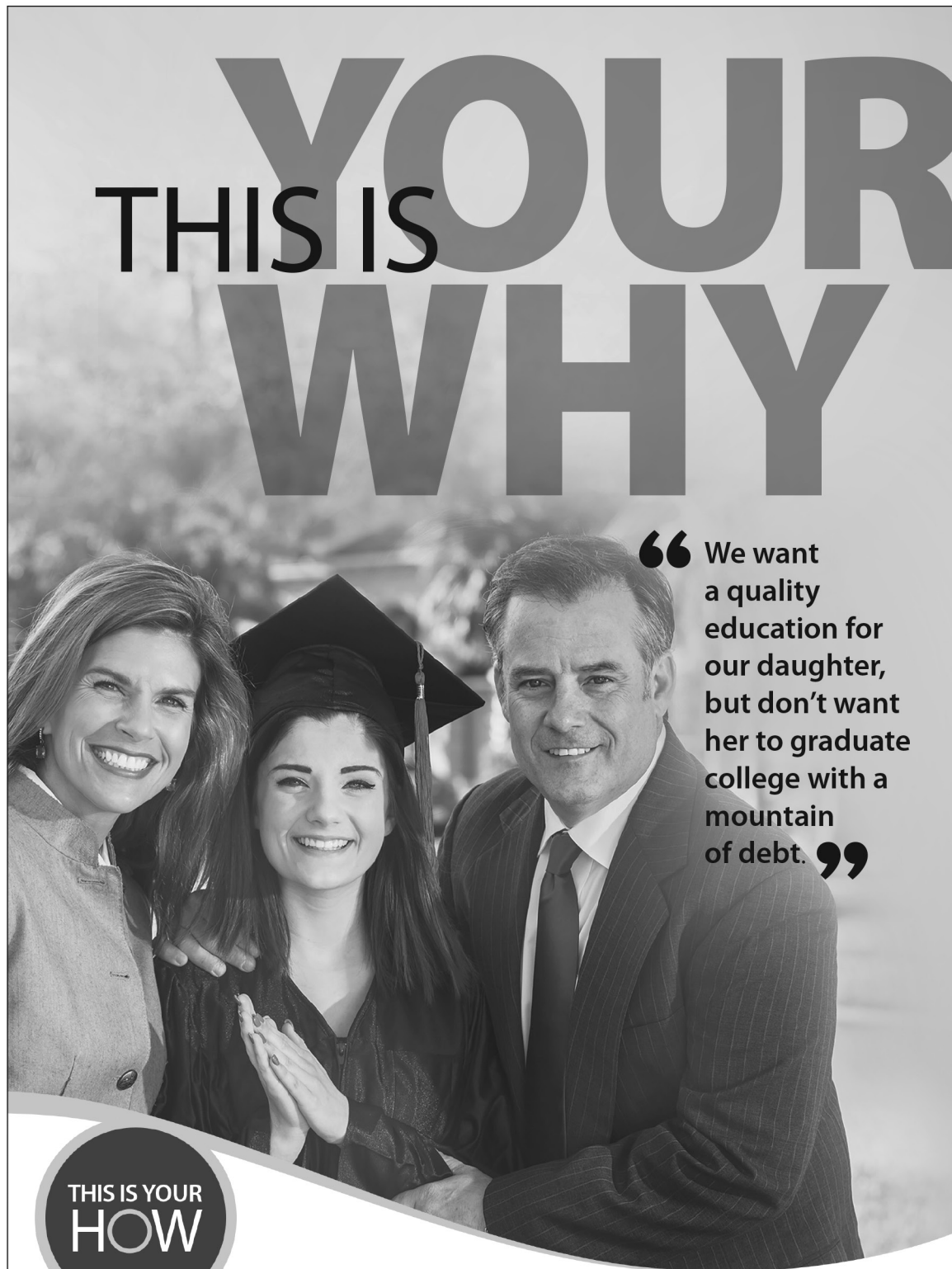
Lakeland was recognized as one of the nation's Best Community Colleges 2020 by College Consensus, a unique college ratings website that aggregates publisher rankings and student reviews.

Lakeland also ranked No. 1 in Ohio and No. 2 in the nation for students reaching their educational

goals based on a combination of three student success measures, according to The Chronicle of Higher Education, the leading publication for the higher education sector.

Applying to college

October begins the college application season, and it is no different at Lakeland. The Fall 2022 admissions application opens Oct. 1, 2021. The \$15 application fee is being waived for a limited time. Visit lakelandcc.edu/apply.



“ We want a quality education for our daughter, but don't want her to graduate college with a mountain of debt. ”

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With tuition that is one-third the cost of four-year public universities and credits guaranteed to transfer through the Ohio Transfer Promise, Lakeland is the smart choice for high school seniors looking to earn their general education credits cost effectively. Parents can feel confident in the quality of a Lakeland education. Lakeland ranked one of the top 50 best community colleges in the nation, and also ranked number one in Ohio and two in the nation for students reaching their educational goals.

LEARN MORE AT LAKELANDCC.EDU/YOURHOW

Lakeland
COMMUNITY COLLEGE

Safe Dog Handling for Seniors

Owning a pet can contribute to better health and a more active lifestyle. As more seniors become/continue to be pet owners, the benefits of owning a pet dog may come with some unfortunate side effects.

A recent University of Pennsylvania study found emergency room patients 65 and older with injuries from walking leashed dogs increased from 1,671 injuries in 2004 to nearly 4,400 in 2017. Nearly 80 percent of those patients were women, most commonly with hip fractures followed by injuries to the wrist or upper arm.

While some of these incidents can be attributed to the environment (slippery sidewalks etc.) many of the incidents were likely a result of a dog that was not trained to walk on leash. Leash skills are critical for any dog owner, but become increasingly important as the dog-owning population ages and more seniors are enjoying pet ownership.

Things to consider if you

are a senior or know a senior considering adding a dog to the household:

- *Energy Level:* Make sure that your physical condition and lifestyle can accommodate the dog's exercise needs
- *Size of the Adult Dog:* Large and giant breeds may be too physically demanding for a senior, particularly if the dogs have poor leash skills and manners (jumping.) Large dogs may also prove difficult to transport.
- *Training:* Can the dog be physically managed while participating in obedience training to improve manners?

We encourage seniors to do a compatibility assessment of a potential pet to assure that the dog can be safely handled at home and in public before committing to the new pet.

For more information about training and dog behavior contact Digging Dogs Training Center (440) 255-3500 or visit www.diggingdogs.biz.

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H&H Paper Removal and Painting, Inc.

Hello Mentor; I would like to introduce myself. My name is Hal Walker and I'm the President of H&H Paper Removal and Painting Inc. We at H&H have been in business since 1970 and we have been a father and son team for a little over 27 years. My father started this business and is a 3rd generation painter. That now makes me the 4th generation in the business with my son also working in the summers which makes him a 5th generation. We have had a great business relationship with Mike from MDM Painting. We want to congratulate Mike on his retirement. We certainly hope he has a great time fishing, vacationing, or whatever it is he would like to do. We are very excited to take over his ad space in this publication. H&H has been making decorating dreams come true one home at a time. H&H has and will travel all around Northeast Ohio, Mentor, and surrounding areas.

Over the years, we have earned a remarkable reputation as leaders in the field of professional Painting, Wallpaper Removal, Wallpaper Hanging,

Drywall Repairs, and Faux Finishes. We also have a few Carpenters, Flooring, Heating and Air professionals that we can recommend to you. We want you to have whatever work you need done to be done right and efficient with a reputable company and that is why we don't believe in

any kickbacks of any type from any referrals to you. H&H is family owned, fully insured, and take pride and commitment in every job.

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is prepped properly before any finish is applied. We use top of the line products such as PPG and Benjamin Moore Paints.

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up or down on our price unless changes are discussed. We don't like surprises and we don't want you to be surprised either. We want this to be the best experience you have ever had with a contractor. Most of our customers are repeat clients and we are hoping to add you to our list.

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VAX & RIDE Contest Announced for Transit Riders

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(Follow signs at Mentor Ave. entrance)



Lake County residential waste only,
Business waste PROHIBITED.

Most household chemicals are ACCEPTED: See website for full list, automotive fluids: motor oil, gasoline, coolants, antifreeze, grease, oil-based paints, varnish, shellacs, stains, aerosols, polyurethanes, primers, & grout, bulbs & batteries: all sizes (lead acid & household) & fluorescents. Household cleaners & solvents: thinners, kerosene, turpentine, lighter fluid, & paint strippers. Liquids/solids: pool, lawn & garden chemicals, pesticides, weed killers, spray insecticides, photography, "hobby" chemicals, mercury, empty propane tanks, roofing tars, drive sealers, and adhesives.

PROHIBITED: Ammunition, explosives, latex paint, prescription medicines, medical waste, smoke alarms or any other item not listed above.

COVID Safety Requirements: Leave products in original container, or label contents if known. Masks are required while in line. Masked personnel will be on hand to remove items from vehicle. All items must be in the trunk area of the vehicle or in a trailer, any item located in the front or back seat area will **NOT** be accepted.

More information at:

LakeCountyOhio.gov/Utilities or call 440-350-2645

Ohio Department of Transportation's Rides to Community Immunity program will fund a VAX & RIDE contest in Lake County to encourage public transit riders to get vaccinated and support the safety of transit drivers.

In partnership with ODOT and Lake County General Health District, Laketrans announced details for a VAX & RIDE contest to encourage

public transit riders to get the COVID-19 vaccine.

Anyone who has received at least one dose of the COVID-19 vaccine can enter to win a \$100 Laketrans bus pass. Those interested in a chance to win the VAX & RIDE contest can complete an entry form online at www.laketrans.com/vaxandride.

"COVID-19 presented a lot of challenges for public transit," shared Laketrans CEO Ben Capelle. "We have worked very hard to keep transit safe while continuing to get people to work, shopping, vaccinations, as well as ongoing medical care, like dialysis.

"We appreciate that the state has continued to recognize transit employees as essential workers throughout this pandemic and has provided financial support and incentives to keep them safe," continued Capelle.

The VAX & RIDE contest is open until September 17, when Laketrans will randomly select 300 entries to win the \$100 prize.

ODOT's Rides to Community

Immunity program has already funded 1,200 free Laketrans trips provided to residents, primarily seniors and people with disabilities, to access vaccination opportunities.

Laketrans will continue to provide free transportation to any COVID-19 vaccination appointment.

"Laketrans has done a great job keeping public transit safe for its riders throughout the various phases of this pandemic," shared Health Commissioner Ron Graham.

"Over 57% of Lake County residents have begun their COVID-19 vaccination, but we'd like to see that number improve. We appreciate ODOT and Laketrans's help in making vaccinations accessible to everyone, and hope those who haven't been vaccinated will be motivated by this contest."

A list of local vaccination clinics is available on the Lake County General Health District website.

The contest limits one entry per person.

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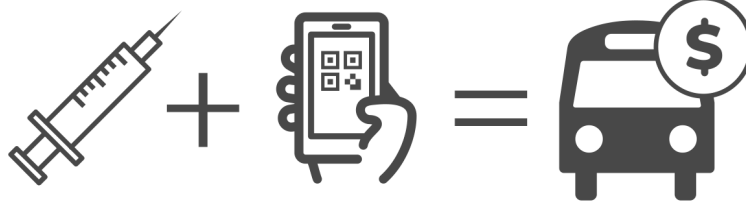
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VAX & RIDE CONTEST



Complete contest entry form with proof of COVID-19 vaccination for a chance to win a \$100 Laketrans bus pass. Scan the QR code or visit laketrans.com/vaxandride to enter.



Mentor Window Earns Yet Another Angie's List Super Service Award - 9 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 9th year in a row. This award reflects exemplary years of service provided to customers throughout Northeast Ohio, along with honest, fair prices.

MPL Children/Teen

Continued from page 1

get a computer or tablet to play on. Players will give their answers on different prompts and earn points by giving the most popular answers. Registration required. Families will play the family-friendly version of Quiplash, which is rated E10+. Family Game Night is open to family groups with kids ages 13 and younger with an adult.

Yoga for Kids

Monday, Sept. 13, at 6:30 p.m.
Headlands Branch

Kids can stretch their minds and bodies during an outdoor yoga session at the library's Headlands Branch. Certified yoga instructor Miss Rachel will teach the children basic yoga positions. Bring a towel or mat and positive vibes. Due to limited space, registration is required.

Laser Cut Backpack Pins

Wednesday, Sept. 15, at 5 p.m.
The HUB

Kids (ages five to 10) can spice up their backpack with custom pins made with The HUB's laser engraver. Choose from several designs. Paint and glitter will also be provided. Registration required.

Alphabet Express

Thursday, Sept. 16, at 10 a.m.

James R. Garfield Room, Main Branch

Kids (ages three to five) can hop aboard the Alphabet Express and journey through their ABC with books, songs, activities, and printable resources to take home. Registration required.

ACT/SAT Math Refresher

Saturday, Sept. 18, at 10 a.m.

Village Room, Main Branch

Anyone preparing for the ACT or SAT can refresh their math skills and test-taking techniques. This session will include practical problem solving, instruction on how to prepare for the test, and recommendations on how to approach the actual exam. Registration required.

Saturday Stories

Saturday, Sept. 18, at 10:30 a.m.

James R. Garfield Room, Main Branch

Families can enjoy stories, rhymes, and fingerplays at the

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to hear any buy 1 get 1 free nonsense. They want a fair,

honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like family."

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2020 winners have met strict eligibility requirements, which include an "A" rating in

overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

Mentor Window offers a full range of home improvements, including Energy Star Tilt-In double hung windows, slider styles, bay windows, casement

windows, patio doors, fiberglass and steel entry doors, vinyl siding in over 50 colors & styles, cedar shake style siding, seamless gutter systems, gutter covers, blown in insulation, and a complete line of backyard storage buildings.

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With all the supply issues that Covid has put on the US industry, now is the time to think ahead for the fireplace season. As we continue to face problems with consumers purchasing all types of consumer goods throughout the US, it is no different with fireplace

products.

American Home and Energy Products, in Painesville Township for over 20 years, prides itself in picking top notch fireplace suppliers that provide quality dependable heating products. "In years past, if we didn't have a

product in stock, we would order it, and 95% of the time have it available in about a week. Now some products are taking 2 or 3 months," owner Chris Bedrick explains. To counteract some of these supply problems, American Home has been stocking their

warehouse deeper to help with some of these concerns as more customers come in towards the fall.

They are also seeing more fireplace customers coming into the store making purchases now to have their products installed over the next few months ahead of winter. "At this point we have a pretty good inventory for the wood burning side of business, but the gas fireplace line has a few hiccups here and there, and it will only get worse as we head into the colder months. We are urging customers to start now...looking at options and get pricing quotes," Chris Bedrick says.

American Home and Energy Products specializes in indoor

and outdoor living products. The fireplace side of the business carries a full line of gas and wood burning products. Visiting the retail showroom across from the Lake County Fairgrounds is the place to start. They have many built-in burning displays on hand to show you how a unit could look at your own home. Their knowledgeable staff will walk you through the many new options that are available today when it comes to your fireplace project.

For more information contact:
American Home & Energy Products 440-358-5858 at 1270 Mentor Ave. Painesville Twp (across from Lake County Fairgrounds.)

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5 Things a Water Treatment Dealer Can Do to Improve Your Water

DeBord's One Hour Heating & Air Conditioning and Benjamin Franklin Plumbing
(Refer to our Ad for More Information & Special Offers!)

Many homeowners with well water have hard water issues, like ugly mineral deposits, or dingy stains on laundry. On the other hand, people with city water may not like the "pool water" taste and smell of the additives in city treated water. If you are among those who are not satisfied with the water in your home, here are five things a water treatment dealer can do to improve your water.

1. A Free Consultation

The first step in solving your water problems is to get an accurate assessment of your specific problems. While many like a DIY solution, a water

treatment dealer can provide expert analysis and identify the best solution based on a number of factors, like how much daily water usage is needed for your family.

2. Test Your Water

This point goes along with why an expert consultation with a water treatment dealer is beneficial. As an experienced water treatment professional, your local dealer understands local water, and is equipped to test your water to know exactly what problems need to be addressed. They can perform onsite evaluations of the source of your water as well as what is coming out of the tap to isolate specific issues you may be dealing with. Before they even leave, you will know all the details of exactly what is in your water.

3. Recommend the Right Product for Your Home

There are a wide range of products on the market that promise to resolve water problems. Unless you find the one suited to your specific issues, your money will not be well-spent. It's not just a matter of knowing what is in your water, but how much of it is there. Low levels of a contaminant may be better resolved by one product while high levels would need to be addressed by a different product entirely. An experienced water treatment dealer can recommend the right product to address your specific problems.

4. Install Your Water Treatment Product

If you are not experienced with plumbing and piping, the installation of a water treatment system can be complicated. The

location of any water treatment will depend on certain factors around your home, like where you water is coming into your home in relation to the ability to drain the unit and provide power to the system. Yet another benefit of working with a water treatment dealer is that they can provide fast, expert installation, integrate it into your existing plumbing, and provide the best environment for your unit.

5. Provide On-going Maintenance and Service

This is essential peace-of-mind that your water treatment system will perform as expected. If there are any potential problems or issues, your technician will address them, so you can be assured of continuous, quality water. Whether that's scheduling preventive maintenance or helping with an emergency, having a relationship with a

local dealer you can trust is the quickest way to worry-free water.

Keep in Mind - The elements in hard water cause many problems, including dry hair and skin, discolored laundry, stained tubs and sinks, scale build-up in pipes and damaged heating elements in appliances.

A water filtration system can help improve high chlorine content, foul taste, bad smelling water and rust stains on sinks and tubs.

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MPL Children/Teen

Continued from page 8

library.

Studio MPL Art Club

Monday, Sept. 20, from 3 to 7 p.m. Lake Branch

Calling all creative kids! Each month, children can enjoy a fun art project and corresponding activity featuring a different famous artist and their work. For kids in kindergarten through fifth grade. Walk-in program with no registration required.

Personalized Lanyards

Tuesday, Sept. 21 and 28, at 3:30 p.m.

The HUB

Make a personalized lanyard at The HUB. Registration required. Kids from five to 12 can sign up for the Sept. 21 session. Teens from 12 to 18 can sign up for the Sept. 28 session.

DIY No-Sew Emoji Pillows

Wednesday, Sept. 22, at 6:30 p.m.

Lake Branch

Kids in fourth through eighth grade can make a pillow with their favorite emoji. No sewing experience is necessary and supplies will be provided. Registration required.

ACT/SAT English Refresher

Saturday, Sept. 25, at 10 a.m.

Village Room, Main Branch

Anyone preparing for the ACT or SAT can refresh their English skills and test-taking techniques. This session will include practical approaches to language and reading problems, instruction

on how to prepare for the test, and recommendations on how to approach the actual exam. Registration required.

Author Visit: Rachele Alpine

Wednesday, Sept. 29, at 6:30 p.m. Lake Branch

Kids can talk to author Rachele Alpine during a special Q & A at the library. First, kids are encouraged to read "Home Sweet Forever Home" - the first book from Alpine's new series, The Invincible Girls Club. Then they can come to the Lake Branch and ask her about her book, the series, author life, and writing, in general. She'll also lead the kids in some writing activities and would be happy to sign their books, as well.

Registration required.

Art Journaling for Teens & Tweens

Wednesday, Sept. 29, at 7 p.m. Headlands Branch

Teens and tweens can express themselves through journaling, doodling and collage. Registration required.

Paint a 3D Printed Cryptid

Thursday, Sept. 30, at 6:30 p.m. Village Room, Main Branch

Kids (ages seven to 12) can learn about the lore behind infamous creatures like Bigfoot, Mothman, and the Loch Ness Monster while painting their own cryptid that was 3D printed at the library. There will even be cryptid-themed treats. Registration required.

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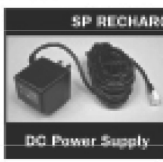
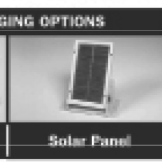


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Better At Home, LLC is not a chain or a franchise. We are a locally owned and operated agency located in Willoughby, backed by the experience of a paramedical professional with over 10 years experience in both the paramedical sector and the home care industry, as well as over 20 years direct care experience. Our staff is an exceptional team of home care professionals who are bonded, insured and backed by real-world experience, education and skills.

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www.LakeCommunityNewsOhio.com

Michelle's Preschool & Childcare Celebrates Learning

It has been so exciting to watch each class go through Preschool and graduate! Children leave Michelle's Preschool with a passion towards education and the confidence to guide them through a lifetime of

learning! My Preschool offers a Montessori approach to learning in the areas of Reading, Art, Science, Music, Geography, Math, Gardening, History, Cooking, and many other enriching activities!

The Montessori method of education was developed by Dr. Maria Montessori. She believed that children are naturally eager for knowledge. Montessori creates a carefully prepared learning environment full of materials that are designed to appeal to a child's senses and stages of development.

Most importantly, the children have a great time and really LOVE coming to school!

Michelle's Preschool will end the school year with our annual Luau and graduation. For the summer months, we will take the classroom outside. Children will tend to a garden, plant potted herbs, and create a pumpkin patch! Play and discovery learning is always encouraged!

You are welcome to contact Michelle DeMastry-Rosu at 614-975-2303 or check us out on Facebook!

Michelle's Preschool and Childcare offers Part-time and Full-time options. Enrollment is still open for the Fall program with limited spaces available. References available.



Michelle's Preschool & Childcare

Michelle's Preschool would like to welcome you to a lifelong love of learning!

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-  Nurturing Home Environment
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Estate Liquidators Antiques & Collectible Flea Market Hosts Labor Day Outdoor Flea Market on Sept. 6th & Grand Opening on Friday, September 10th

Join us Monday, September 6th for our Labor Day Outdoor Flea Market!

****VENDOR SPACE AVAILABLE** - Call my cell for info on this one day event and availability. You will do your own set up and manage your own table space.

Also mark your calendars and join us on Friday, September 10th for the **GRAND OPENING** of Estate Liquidators Antiques & Collectibles Flea Market. We will officially start Friday, September 10 through Sunday, September

12. Shop hours will be 10am - 5pm.

Our location is 35500 Lakeland Blvd., Eastlake, Ohio 44095 (just past East 361st if you are coming from Mentor.) From the freeway it will take you to exit at Rt. 305 making a right than a left on Lakeland Blvd. At that point it's about 1 mile on the right hand side... there is a big 'for lease' sign you will see before our sign...turn in there.

The flea market will continue every weekend with the regular hours listed above. This is a

multi-vendor market featuring new, antique, collectibles, tools, glassware, tools, books, records, new and nearly new furniture, toys, kitchenware, lamps, pictures, jewelry, clothing, vintage, handmade items and more!

The market will feature special events on other days than the regular shop hours.

We are excited to welcome not only our new vendors, but to welcome all our new customers. I feel that at some point we have all crossed paths with common

interests making it feel like family and friends rather than customers.

As always call or text my cell

at 440-382-6789 or email for information at estates2sell@gmail.com.

SOLAR & ELECTRIC CAR TOUR IS BACK!

Installing clean renewable solar at your home or business has never been more affordable. It's one of the best things YOU can do to reduce pollution and offset your impact on the climate. And with the recently exposed evidence of bribery at the Ohio Statehouse and First Energy, installing solar is YOUR WAY to push back against the corruption!!

To help convince you, dozens of homes, parks, and businesses throughout Ohio have joined with the American Solar Energy Society and Green Energy Ohio to host VIRTUAL tours this coming October 2nd and 3rd. Plans are also in the works for possible guided tours of some form. For more information, go to www.nationalsolartour.org and search for the OHIO "Wish You Were Here" tour.

A typical commercial solar energy investment can pay for itself in less than 8 years. Residential systems are often

projected to pay for themselves in less than 12 years. And this is for systems with a 25 YEAR life expectancy!! A federal 26% tax credit is still in effect, and there may be other incentives and credits available. Invest in long term energy self-sufficiency and let the sunshine give you many, many years of free energy and protection from rising utility costs.

From the 2,500 watt home array in Eastlake, to the 400,000 watt commercial array in Mentor, all around you people are harvesting THEIR electricity from the SUN!! This year's virtual tour will showcase various renewable energy applications including solar water heating, solar electric generation, wind power, electric cars, living roofs, solar water pumping, geothermal, and energy efficient construction.

If you have questions that are not answered on the nationalsolartour.org website, call Valerie at 440-231-0842.



Opening Friday
Sept. 10th

Estate Liquidators Antiques & Collectible Flea Market

35500 LAKELAND BLVD.
estates2sell@gmail.com

Cell: 440.382.6789 (call or text) Shop : 440.571.5212
Shop Hours: Friday-Sundays 10-5 pm

Labor Day Flea Market

Vendor space available(text 440-382-6789)

Had enough yet ?

**Push back... Install
SOLAR
on YOUR home
or business.**

Federal prosecutors charge FirstEnergy with conspiracy over House Bill 6 scandal

Updated on 03/23/2021. Printed on 02/22/2021

FirstEnergy fires top executive for 'inaction' over \$4 million payment to regulator

Updated on 05/28/2021. Printed on 05/28/2021

THE PLAIN DEALER
HOUSE BILL 6 AUDIT
FirstEnergy gave out millions in questionable payments

Time to hold Republicans accountable for HB 6 and all that it represents

Non Whiskey

It is 11:00 a.m. Each week, we receive 100,000+ views and more about the House Bill 6 scandal, which U.S. Attorney General William Barr has described as "likely the largest bribery, money-laundering and kickback scheme perpetrated against the people in the state of Ohio." We want to get enough up in the national media, the \$40 million in alleged bribes to Ohio GOP House Speaker Larry Householder and his construction company.

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This Fall Get the Most Thorough Carpet Cleaning Ever...Guaranteed!

For really clean carpets & upholstery this fall, leave the dirty work to your local professionals at Quick Dry!

We offer an affordable 4-step, cleaning process that enables your carpet to dry in about 45 minutes PLUS every job comes with our 30-day ironclad guarantee! After an enzymatic pre-treatment to heavily soiled areas, we do an industrial vacuuming. By using state-of-the-art equipment containing a non-residue solution, we remove stubborn dirt and stains; then a nylon lifter is used to groom the beautifully cleaned carpeting.

Offering economical disinfectants, deodorizers, and protectors; we also specialize in

upholstery, Oriental and area rug cleaning throughout residential and commercial Lake County; plus we are listed with the Better Business Bureau. Unlike most companies, Quick Dry stands behind every job 100%. If you are not happy with our work, within 30 days we will re-clean the area in question for FREE! You pay nothing! Not one cent!

Weekend and evening service available at no additional charge. Look for the money saving COUPON within this issue, then contact Quick Dry at (440) 269-4971 or visit us at www.quickdryohio.com for all your professional carpeting and upholstery cleaning needs!

QuickDry

carpet & upholstery cleaning

(440) 269-4971

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two rooms*.....\$75
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four rooms.....\$135
chair.....\$35
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*great room is considered two rooms

Call for prices on stairs, dining chairs, oriental rugs & open areas of rooms.

Call for commercial quotes!

Mentor Public Library Adult Programs - September 2021

Most library programs are hosted in-person at one of the library's branches. A few are hosted online via Zoom. When registration is required, you can sign up by calling the library or online at www.mentorpl.org.

All Booked Up with Cailey & Meg Saturdays, Sept. 4 and 18, at 12 p.m.

Every other week, MPL's librarians Cailey and Meg recommend and discuss books on a specific theme. They rotate their suggestions between teen and adult books. All Booked Up can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

'Roar by the Shore' Annual Cruise In

Saturday, Sept. 4, from noon to 4 p.m. Lake Branch

Visit the library on the way to Mentor-on-the-Lake's annual cruise in. The library will have a car craft for kids, a raffle for adults, and everyone can get a free book or two from MPL's Pop-Up Library.

No More Cable

Tuesday, Sept. 7, at 10 a.m.

Concord Township Community Center (7671 Auburn Road, Concord Township)

Think your cable bill is too expensive? Want an introduction to the many streaming services out there? A MPL librarian will show you how to stream movies and TV shows over the Internet, explain the many options available, and share some free streaming services that are available with a library card. To RSVP for this free talk, call the Concord Township Community Center at (440) 639-4650.

Hand-Stamped Key Chains

Tuesdays, Sept. 7 and 14, at 5 p.m. The HUB

Adults can use The HUB's makerspace to create a customized key chain. Two sessions will be offered for this program. Attendees may only sign up for one session to make room for as many people as possible. Registration required.

It's a Mystery Book Club

Tuesday, Sept. 7, at 6:30 p.m.

Village Room, Main Branch

This monthly book club reads crime-related genres such as thriller, suspense, true crime and mystery/detective. In September, they will discuss "First Mistake" by Sandie Jones.

Leaders & Legacies of the Civil War: General Casement in Ohio

Wednesday, Sept. 8, at noon

Village Room, Main Branch

Learn about the Union general with Lake County ties. General John "Jack" Casement was a native New Yorker who married a woman from Painesville and became an adopted northeast Ohioan. When the Civil War began, he served with the Seventh Ohio and then the 103rd Ohio. Learn more about General Jack and his service from speaker Joan Kapsch of the James A. Garfield National Historic Site. Registration encouraged for this

Continued on page 18

Glad to be back...

Now seeing patients!

- Making Your Feet Comfortable

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Why Suffer? Let Us Help You To Walk With Comfort



Dr. William Tenney
Podiatrist- Foot Specialist

Curled toes are often the cause of painful corns and irritations.

Dr. Tenney uses modern techniques to relieve this problem in his office without pins or stitches. In a few minutes, you can walk out of the office in your own shoes and have straight, comfortable toes.

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Do you have difficulty caring for your toenails because of:

- Vision problems?
- Diabetes?
- Back or Hip problems?
- Fungus Toenails?

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Your session includes:

- ◆ Pedicure
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Phone: (440) 357-7776

508 Mentor Ave • Painesville, OH (across from Lake Erie College)

Marketplace Coverage and the American Rescue Plan Act of 2021

Do you have an individual health insurance plan through the Marketplace? Do you have an individual health insurance plan off the exchange? Are you in need of health coverage? If so, from now until August 15th you can enroll in Marketplace coverage and update your application to see if you may be eligible for a lower

cost plan and/or qualify for extra savings. If you didn't qualify for help in paying for health coverage in the past you may now qualify. This is all because of the American Rescue Plan Act of 2021.

Starting July 1st, if you received unemployment income for at least one week this year, you may be eligible for a tax credit that could

cover your monthly premium.

To find out if you qualify for extra savings you can contact your broker or log in to update your application on healthcare.gov. You can also wait until you file and reconcile your 2021 taxes to get any additional premium tax credits if you currently have a Marketplace plan.

Group Benefit Associates is located at 8518 Mentor Ave. E2 in Mentor, Ohio. We would be happy to help you explore additional options on the Marketplace or answer any questions. We can be reached at 440-266-0333 x 3 or at jackiegreene@gbaoh.com

Seniors, Please Stop Apologizing When You Call...We are at Your Service!

Mentor seniors just keep apologizing. Many inbound calls for Monthly Upkeep start out with the senior apologizing for being a bother. Listen, this is why Monthly Upkeep Handyman Service exists. We specialize in solving problems in customers homes.

Over a period now, Monthly Upkeep Mentor has been receiving some specific calls from seniors every day with the statement "I'm sorry to bother you guys with this..." As Mentor's top handyman remodeling company, we want to be very clear that customers are a blessing, not a bother. We can't wait to hear from you. Right now with everyone at home more than ever, Monthly Upkeep's phone has been ringing off the hook. The more notice customers can give the more likely we can help. Emergency services are always available though.

remodeling service provider. It's a pleasure to serve the elderly community.

Call or text (440)363-6400.

Mentor's Preferred

Handyman

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-  Electrical
-  Furniture Assembly
-  Bathroom Remodels
-  Kitchen Remodels
-  Doors

Save \$25

Any work over \$100

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Save \$50

Any work over \$250

Valid only with coupon. Cannot be combined with other offers. Expires 10/1/2021

Save \$100

Any work over \$750

Valid only with coupon. Cannot be combined with other offers. Expires 10/1/2021

Senior Discounts!

WE ACCEPT



Customer satisfaction is a priority at Monthly Upkeep. Don't think you are disturbing us because we are happy to help and serve you.

We exist because of you and we want you to remember that repairing, improving, and maintaining your homes is what we enjoy doing most.

Seniors in Mentor have been some of our favorite customers to work with. Monthly Upkeep is committed to giving them the best. Employees and management get worried anytime they receive calls from seniors stating that "I'm sorry to bother you guys with this." The apologies are unnecessary and make us feel uncomfortable because we are ready and eager to attend to you.

Feel free and call at any time you want, but please don't apologize. No matter the size of the repair, Monthly Upkeep is your most reliable handyman

Holiday Happenings Craft Show

Painesville Church Of The Brethren
10410 Buckeye Road (Off Fairgrounds Road)

Saturday - October 2, 2021
9:00 am - 3:00 pm
Crafts by Local Artists
and a few commercial vendors

Homemade Goodies: Pies, Cakes, Cookies and Apple Butter

Luncheon Served

Donations accepted at the door

For More Information Call Lynn at (440) 354-0043

MEDICARE MONDAYS ARE BACK!



WHEN: Monday, September 20th & Monday, September 27th

WHEN: 10:00 AM

WHERE: GBA SOLUTIONS
8518 MENTOR AVE., SUITE E2

WHY: LEARN ABOUT MEDICARE

CALL 440-266-0333 X 3 TO REGISTER



These events are for educational purposes only and no plan specific benefits or details will be discussed. Pre-registration required. Limited seating.

JACKIEGREENE@GBAOH.COM
8518 MENTOR AVE. SUITE E2
MENTOR, OHIO 44060



Mentor Salt Cave

7501 Mentor Ave. (Colonial Plaza) Mentor, OH

Services Available:

- 45 minute Salt Cave Session - \$25.00
- 30 minute Ionic Foot Detox - \$29.00
- Combine Salt Cave Session and Foot Detox in the same visit for \$45.00



Monthly specials & savings available when signing up for email updates.

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Email: mentorsaltcave@att.net

www.mentorsaltcave.com

Heating Preventative Maintenance Special --- Only \$69.95!

Based in Eastlake, Ohio Hoernig Heating & Air Conditioning has been a family owned and operated business for over 56 years. Dennis, along with his sons, proudly carry a complete line of quality Rheem products including high efficiency Rheem Air Conditioning and Gas

Furnace units. With summer winding down and colder weather approaching, now is the time to have us perform a Heating Preventative Maintenance Safety Check for the low price of only \$69.95 (Regular price \$95.95). The gas furnace

tune-up and safety check includes:

1. Clean burners
2. Clean, light pilot
3. Check Heat Exchanger
4. Check main gas valve
5. Adjust burner & pilot
6. Adjust blower belt
7. Check & adjust furnace controls

8. Check safety pilot operation
9. Oil blower.

7. Check condenser
8. Check drain
9. Check operation of thermostat
10. Operational check of systems.

Even though those hot & humid days will be fading away, you still may want to take advantage of Hoernig Heating and Air Conditioning's Central Air Conditioning Tune-Up Special for only \$69.95 (Regular price \$95.95). This cooling preventative maintenance safety check includes:

1. Check refrigerant charge
2. Leak test unit if necessary
3. Check and adjust fan belt
4. Check bearings
5. Align pulleys & lubricate motor
6. Check Filters

For those of you looking to save even more, take advantage of a package deal! Have us service both systems at the same time for only \$98!!

Hoernig Heating & Air Conditioning offers free estimates, 24 hour service, 10% senior citizen discounts, and can service any brand. We're also licensed, bonded, and insured.

Give us a call today to schedule a preventative maintenance check at (440) 942-8175.

Are You Ready to "Cut the Cable?"

In the past, many of you have asked me "Is it possible to cut the cable?" My reply has always been "not yet, but soon". I've been saying it for 7 years. Well,

"SOON" is HERE!!

After many months of research, I have finally come to the conclusion that it IS POSSIBLE to "CUT THE CABLE" and save a substantial amount of money. Since everyone has their own needs, I can customize a solution to allow you to cancel your U-verse, cable or satellite service.

If you have any questions or would like more information on getting rid of your cable or satellite company, please contact me.

Mobile Computer Solutions is a mobile computer repair service that comes to your home or business. I have over 20 years experience. I pride myself on building my business on reliability, honesty and finding multiple solutions for each client's personal budget.

I specialize in virus removal, networking (wired and wireless), upgrades, security, data recovery, data transfer and printer installation and much more.

Mobile Computer Solutions is your best source for onsite computer, repair and upgrades. We sell new and refurbished towers and laptops. We also can help you with mobile device solutions such as adding your device to your network, data syncing, security, printing options and more. MCS was established to provide fast affordable onsite service to anyone in need. We provide the fastest service in the industry and are available 7 days a week!

My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

Corporate Clients Include Parker Hannifin, Progressive Insurance and Wendy's International.

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| 2. Clean, light pilot | 7. Check & adjust furnace controls |
| 3. Check heat exchanger | 8. Check safety pilot operation |
| 4. Check main gas valve | 9. Oil blower |
| 5. Adjust burner & pilot | |



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Custom Facials at Cosmetic Therapy Medi-Spa

Your skin visually tells your history like how well you take care of yourself, both inside and out. Improving skins texture, color, and luminosity helps you look better which makes you feel better. You may be using an appropriate cleanser and moisturizer for your skin type. However, if you're not addressing normal buildup of dead skin cells the best results won't be achieved. Margarita a licensed Esthetician of Cosmetic Laser Medi-Spa & More, is passionate about skin care and helping you

achieve your skin goals! She uses quality, effective products with scientifically proven results to enhance your experience in the treatment room. She also incorporates relaxation massage and essential oils to help you look and feel your best.

Margarita has researched and tested all brands of products from drugstore buys to special order but chooses IMAGE Skincare are her preferred beauty line. IMAGE uses the highest level of proven active ingredients and compliments them with smart botanicals. The product

uses ingredients intentionally and leaves out what your skin doesn't need. Made by professionals in the industry, an esthetician and plastic surgeon, some products are so active you can only obtain them from a licensed professional. Margarita carries the product line for purchase and has samples available to test.

As we age dead skin cells take longer to shed away which prevents full absorption of products. That's when exfoliation, the mechanical or chemical process of removing

the oldest skin cells from the outer skin layer, comes in. What you do at home for your skincare routine may not be able to produce optimal exfoliation alone. Monthly facial peels can address advanced concerns like fine wrinkles, uneven tones and improve texture. Our facials come with a skin consultation so we can advise on the proper exfoliation methods best for your lifestyle, in the treatment room and at home.

Margarita offers a custom blend facial that pampers you with deep cleaning, exfoliation, arm/hand and lower leg/foot massage, and aromatherapy. If you're short on

time, a Fast Results Facial can get you in and out in 30 minutes and is still personalized to your skin needs. Find time to indulge in a Best of Both Worlds service where the relaxation massage is extended to create a truly luxurious investment into self-care. The Signature facial peel is \$110 and are available at our Mentor and Chardon locations.

Contact Margarita to schedule a facial! Call or text 440-231-6671. Let us help you find your glowing, luscious skin so you can put your best face forward!

Visit us on FB Cosmetic Laser Inc. or www.takeawayhair.com.

MPL Adult Programs Continued...

program.

Meet Us in the Garden

Saturday, Sept. 11, at 10 a.m.

Lake County Master Gardeners share their expertise in a monthly series of gardening talks. In September, they'll share how to best select, plant and store fall flowers such as dahlias, cannas and gladiolas. This program will be hosted online via Zoom. Registration is required. To sign up, email mgvlakecounty@gmail.com.

Bridgerton Tea

Saturday, Sept. 11, at 11 a.m.

Lake Branch

Celebrate the world of "Bridgerton" with tea, light snacks, games and trivia. Period attire is encouraged by not required. Registration, however, is required.

Pride of Cleveland: Hometown Rockers from the Sixties and Early Seventies

Monday, Sept. 13, at 6:30 p.m.

Village Room, Main Branch

Local historian and master storyteller Dennis Sutcliffe is back with another slice of Cleveland history. Revisit the era of The Agora, The Plato and the Hullabaloo Clubs. Come share your memories and listen to clips from bands with local ties like The Raspberries, Rastus, Glass Harp and The James Gang. Registration required.

Introduction to LinkedIn Learning & The Great Courses

Tuesday, Sept. 14, at 10 a.m.

Concord Township Community Center (7671 Auburn Road, Concord Township)

Want to learn how to use a computer? Play guitar? Study astronomy? A MPL librarian will introduce LinkedIn Learning and The Great Courses – two great resources where people can educate themselves on a variety of topics – and demonstrate how to use them effectively. To RSVP for this free talk, call the Concord

Township Community Center at (440) 639-4650.

Dementia Conversations

Tuesday, Sept. 14, at 2 p.m.

The Alzheimer's Association Cleveland Area Chapter provides advice for discussing dementia with your family, so you can talk about some of the common issues that are important but difficult to discuss. These topics include: going to a doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care. This program will be hosted via Zoom. Registration is required to get the Zoom link.

Senior Center Book Club

Wednesday, Sept. 15, at noon

Mentor Senior Center

The book club is, once again, meeting at the Mentor Senior Center! In September, the club will discuss "The Book Woman of Troublesome Creek" by Kim Michele Richardson. Copies of the book are available to pick up at Mentor Public Library. For more information, email cailey.williams@mentorpl.org.

Gathering Moss Book Club

Wednesday, Sept. 15, at 6:30 p.m.

Mentor Headlands Community Center

Join the library's new book for nature lovers! The Gathering Moss Book Club reads some of today's best nature titles. For its September meeting, the club will discuss "Half-Earth: Our Planet's Fight for Life" by popular naturalist E.O. Wilson. Copies are available at your local library. Join us at the Mentor Headlands Community Center for the discussion.

Life Hacks: Clothing Care

Thursday, Sept. 16, at 6:30 p.m.

James R. Garfield Room, Main Branch

Mentor Public Library's Life Hacks series continues. Learn tips for laundry and practice basic mending skills that are useful for

repairing garments and household fabrics. Attend this program and take one step closer to being an empowered and independent adult. You'll also earn a Life Hacks button, which enters you into a raffle to win a Life Hacks basket from the library. Registration is required to attend this program.

Men's Book Club

Monday, Sept. 20, at 7 p.m.

James R. Garfield Room, Main Branch

This month's book is "The Feather Thief: Beauty, Obsession, and the Natural History Heist of the Century" by Kirk Johnson. Copies of the book are available at the reference desk at MPL's Main Branch.

Computer Class: Basic Computers

Tuesday, Sept. 21, at 2 p.m.

Village Room, Main Branch

Learn the basic skills needed to use a computer. No skills required. Registration begins Sept. 7 and is mandatory for this class.

Computer Class: Word I

Tuesday, Sept. 21, at 6:30 p.m.

Village Room, Main Branch

Learn how to use Microsoft Word to create, open and save documents, as well as how to select text and change its formatting. Registration begins Sept. 7 and is mandatory for this class.

Computer Class: Facebook Basics

Wednesday, Sept. 22, at 10 a.m.

Village Room, Main Branch

Learn how to use Facebook. This free, hands-on class will demonstrate basic Facebook features. Please come to class with your Facebook login information and password. Registration is required for this class and begins Sept. 7.

Computer Class: Basic Internet Skills

Wednesday, Sept. 22, at 2 p.m.

Village Room, Main Branch

Learn the basics of searching the web. Mouse and typing skills are required. Registration begins Sept.

7 and is mandatory for this class.

Holistic Wellness & Yoga

Wednesday, Sept. 22, at 2 p.m.

Mentor-on-the-Lake Branch

Yoga instructor Darlene Kelbach will lead an hour-long class that includes a relaxing yoga session and tips on holistic therapies. Please bring a yoga mat and wear comfortable clothing. Registration required.

Front Door Decor

Wednesday, Sept. 22 and 29, at 5 p.m. The HUB

Adults can use The HUB's Critic to create a unique Welcome sign for your front door. Two sessions will be offered for this program. Attendees may only sign up for one session to make room for as many people as possible. Registration required.

Computer Class: Word II

Wednesday, Sept. 22, at 6:30 p.m.

Village Room, Main Branch
Learn how to use Microsoft Word, including the following features: Quick Access &

Mini Toolbars; Line/Paragraph Spacing & Alignment; Margins & Orientation; Spell & Grammar Check; Find & Replace; Thesaurus; and how to print a document. Registration begins Sept. 7 and is mandatory for this class.

Computer Class: Basic Email

Thursday, Sept. 23, at 2 p.m.

Village Room, Main Branch

Learn how to send, reply to, label and archive emails, as well as how to send attachments. Registration begins Sept. 7 and is mandatory for this class.

Computer Class: PowerPoint

Thursday, Sept. 23, at 6:30 p.m.

Village Room, Main Branch

Learn how to use Microsoft PowerPoint, including tips for formatting, background design and creating basic presentations. Registration begins Sept. 7 and is mandatory for this class.

Additional programs and events available, please visit www.mentorpl.org.

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There's More to Mold Than Just the Spore!

Mold can emit a fungal gas! When particular molds colonize and they progress through their life cycle they emit a gas (musty

smell). As the reservoir of fungus grows to several billion spores in the colony, our noses detect the smell of these fungal gases.

When a closed indoor environment continues to fill with the mycotoxic gases, they can become a health risk. The

affect it has on the human body is dependent on three variables. Our individual immune systems, the type of spore and the volume of fungal gas, determines the impact on our bodies.

Additionally, the longer the exposure to these gases, the greater the likely hood we will develop a sensitivity. Much like other environmental allergens we are exposed to, the longer the exposure, the greater the chance our bodies will have an adverse reaction.

Some health effects include, headaches, shortness of breath, dizziness, lethargy, fever, and digestive problems. More severe reactions are hypersensitivity, and asthma symptoms. Although

rare, certain Aspergillus species release aflatoxins that are carcinogenic.

There are many things in life we cannot control, but exposure to fungal gases is not one of them. With a little effort, we can reduce or eliminate this health hazard by using a disinfectant or removing the affected material. In some instances, it may be necessary to seek a professional opinion or get professional help.

Gregory L. Drenik
CIE (Certified Indoor Environmentalist) Mr. Drenik is the president of Monarch Group, LLC. He has performed thousands of mold tests over the last 20 years & completed over 3,000 mold remediation projects (440) 537-4024.

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Blackbrook Audubon Co-Sponsors Chagrin River Bird Quest

Two local chapters of the National Audubon Society challenge everyone who enjoys birds to safely explore the Chagrin River Valley and find as many bird species as they can in the 7th annual Chagrin River Bird Quest.

Bird alone or in teams and record species in one 24-hour period from 4 p.m. Friday, September 10 to 4 p.m. Saturday, September 11. Audubon Society of Greater Cleveland and Blackbrook Audubon Society are co-sponsoring this birding event which includes parts of Lake, Geauga, Cuyahoga and Portage counties.

All Bird Quest activities and materials are free, but registration is required by September 10. Register at <https://clevelandaudubon.org>.

Team check-in will be 4:00 - 6:00 p.m. September 10 at The West Woods Nature Center, 9465 Kinsman Road in Russell Township. Each check-in packet will have a map, checklist, a list of scheduled walks and t-shirts. Teams must turn in their checklists for judging by 4 p.m. Saturday.

This year's Quest Celebration will be 4:00 - 6:30 p.m. September 11 at The West Woods Nature Center. Audubon will award prizes for the most species overall, most warblers seen, most habitats visited and most creative team name.

For more information, visit <https://clevelandaudubon.org> and click the Chagrin River Bird Quest logo or email birdquest@clevelandaudubon.org.

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