



Fitness • Dance • Community

Located just past Smart & Final. 999 Andersen Drive, Suite 170. San Rafael, CA

Current Ongoing Class Calendar (June 2018)
Always Confirm Classes Online | BodyVibeStudio.com
 (AM classes in red. PM classes in blue)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Available For Your Class Or Program!	8-9am NIA CARDIO DANCE Deborah Walker Drop In: \$13	Available For Your Class Or Program!	8-9am NIA CARDIO DANCE Deborah Walker Drop In: \$13	Available For Your Class Or Program!!	Available For Your Class Or Program!	Available For Your Class Or Program!
Available For Your Class Or Program!	Available For Your Class Or Program!	Available For Your Class Or Program!	Available For Your Class Or Program!	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13
Available For Your Class Or Program!	Available For Your Class Or Program!	10-11am Shake Your Shakti with Hannah 10am-11am • \$15	Available For Your Class Or Program!	Available For Your Class Or Program!	10:30-11:30am Salsa-Reggaeton Efren Buzzo Drop In: \$15	10:30-11:30am ZUMBA Efren Buzzo Drop In: \$15
12:15-1pm Chair Yoga Yoga For Lunch Katie Killebrew Drop In: \$10	Available For Your Class Or Program!	12:15-1pm Chair Yoga Yoga For Lunch Katie Killebrew Drop In: \$10		Available For Your Class Or Program!	Check it out! Workshops online! Hannah Romanowsky, Katie Killebrew & more! Yoga with Katie View schedule ONLINE www.KatieKillebrew.net Shake Your Shakti With Hannah Romanowsky Wednesday mornings 10-11am BIODANZA Thursday 7:30pm Contact Julie 415-717-3578 Frank Flores Ballroom! 7:30pm Beginner. 8:30pm Intermediate Call Frank at 415-308-5639 www.DanceWithFrank.com	
5:30pm-6:30pm Butts n' Guts Yoga Katie Killebrew Class card or drop-in	5:30-6:30pm BALLROOM DANCE Andrea Nelson Drop In: \$15	5:30pm-6:30pm Gentle Candlelight Yin Yoga Katie Killebrew Drop In: \$20	Available For Your Class Or Program!	Available For Your Class Or Program!		
6:30-7:30pm ZUMBA & CORE Fernanda Cedeño Drop In: \$15	6:30-7:30pm ZUMBA Marion Boumans Drop-In: \$12	6:45-7:45pm ZUMBA Efren Buzzo Drop-In: \$15	6:30-7:30pm ZUMBA Fernanda Cedeño Drop In: \$15	6:45-7:45pm ZUMBA Efren Buzzo Drop-In: \$15		
Available For Your Class Or Program	Ballroom Dance With Frank Flores 7:30pm: Beginner 8:30p: Intermediate Call: 415-308-5639 DanceWithFrank.com	Available For Your Class Or Program	7:30-9pm BIODANZA Contact Julie 415-717-3578	Available For Your Class Or Program!		

Check online [daily](#) for updates and class details!

Phone:
415-577-4621

- No membership fee!
- Come take a class whenever you want.
- Teachers are independent so please pay them directly.
- Drop In fees noted.
- Class discount cards available from teacher.
- For details, click SCHEDULE tab on website and click on the class!
- Rent us for your class, workshop, special event.

We are not a membership club

Just come try one of our great classes!

999 Andersen Drive
across the street from Rafael Lumber!